

# PTC BULLETIN



Patty Turner Center is a Deerfield Park District Program for Adult Enrichment in Partnership with the Village Of Deerfield

375 Elm Street | Deerfield, IL 60015 | 847-940-4010 | Fax: 847-317-2564 | [pattyturnercenter.org](http://pattyturnercenter.org)

## August / September

### Welcome to the PTC!

*The Patty Turner Center is part of the Deerfield Park District family. We invite you and your guests to join us and look forward to seeing you soon! If there is something we can help you with, please give us a call at: 847-940-4010. We will be more than happy to assist you!*

#### UPCOMING BIG EVENT!

### PTC Summer Special! Elmstock II: Outdoor Concert The Summer Celebration!" with The North Shore Line

Our summer celebration continues along as we proudly welcome the return of PTC Member John Maxson and the North Shore Line. Join us outdoors for this evening concert that's sure to take you back to a much groovier time. **Bring a chair and something to snack on and drink. Please, no alcoholic beverages.**

Date: Wednesday August 16th  
Time: 5:30pm – 7:30pm  
Fee: FREE  
#413251-01  
Register by: Friday, August 11th

#### UPCOMING BIG EVENT!

### PTC Fall Special! PTC 20th Anniversary Gala!

The Patty Turner Center will proudly celebrate its 20th Anniversary in style! It's a grand evening of fare, music, and friends! In addition to a dinner buffet by Italian Kitchen of Deerfield and a schedule of special guest toasters, tributes and surprises, enjoy music and dancing with the Big Band Sound of Deerfield. This event is open to all members and guests. **\*Advanced registrations are required.**

Date: Wednesday September 27th  
Time: 5:30pm – 8:30pm  
Fee: \$20M/\$25NM  
#113120-01

### PTC Members Club Lecture Series

A cornerstone program of the PTC, the Members Club Lecture Series is proud to announce its weekly schedule of August and September in-person lectures! All presentations are held on Tuesday mornings, begin at 9:00 a.m. and are offered to all PTC members at the cost of \$3.00 per lecture. Coffee and donuts are offered FREE compliments of the PTC Members Council. With well-over 80 in attendance, please join us for these top professional presentations along with great camaraderie. Guests are welcome!

#### August

August 1st – **"Hallelujah"**  
Speaker: Susan Benjamin

August 8th – **"Greatest American Speeches (2/5)"**  
Speaker: Gary Midkiff

August 15th – **"My Sister's Mother: A Memoir of War, Exile, and Stalin's Siberia"**  
Speaker: Donna Urbikas

August 22nd – **"Death Defying Acts: The History of the Circus"**  
Speaker: William Pack

August 29th – **"The Presidential Primary in Context"**  
Speaker: William Adler

#### September

Sept 5th – **"Historic Beloved Paintings"**  
Speaker: Kristin Ashley

Sept 12th – **"Greatest American Speeches (3/5)"**  
Speaker: Gary Midkiff

Sept 19th – **"The Civil War Generals: Comrades, Peers, Rivals in Their Own Words"**  
Speaker: Robert Girardi

Sept 26th – **"Space: The Final Frontier"**  
Speaker: Dr. Julie Strauss

# Cultural & Creative

Art Educator Debra Levie presents

## “Art is Alive!”

Explore the Masterpieces of the art world with Fine Art Photography instructor Debra Levie of Columbia College Chicago. Joining us live and in-person, learn more about the history and paintings of the most beloved artists.

### August: “Van Gogh Part II”

Date: Friday, August 11th

Time: 10:00am -11:30am

Fees: \$12M/\$15NM

#413127-03

Register by: Wednesday, August 9th

### September: “Charles White”

Date: Friday, September 8th

Time: 10:00am -11:30am

Fees: \$12M/\$15NM

#113127-01

Register by: Wednesday, September 6th

Art Instructor Susie Mason presents

## Studio Painting & Drawing

Susie Mason brings her warm teaching style to this afternoon adult studio art class. Students are required to bring a Masterson paint keeper box to class.

Dates: Mondays, September 11th – November 27th (12)

Times: 9:00am – 11:30am (sect. 01)

12:30 – 3:00pm (sect. 02)

Fee: \$275M/\$300NM

#113233-01 (9am)

#113233-02 (12:30pm)

Register by: Friday, September 8th

Min.8 / Max 12

## NEW! Memoir Writing for Seniors

This workshop introduces techniques for writing good memoirs from life experiences in this new, 3-day program and workshop. Author and instructor Donna Urbikas teaches you the basics of memoir writing.

Learn more about process technique, editing, and copy. Note- Class minimum is 10. A full commitment must be made to participate, no cancellations.

Dates: Wednesdays, September 6th – September 20th

Time: 10:00am – 11:15am

Fee: \$65M / \$75NM

#113134-01

Register by: Friday, September 1st

Min.10 / Max 15

Music Historian Jim Kendros presents

## “At the Conductor’s Podium”

### August: “Sweet Summer Serenades”

August is here, and Jim Kendros has the perfect musical backdrop for those long, sweet and peaceful August days! Experience beautiful string serenades by Mozart, Dvorak, and Tchaikovsky. Jim will delve into the lives and times of each composer. Come and enjoy a morning of beautiful string serenades with Jim Kendros!

Date: Friday, August 25th

Time: 10:00am - 11:00am

Fees: \$12M/\$15NM

#413235-03

Register by: Wednesday, August 23rd

### September: “Music from the Solstice Chamber Orchestra”

Jim is forming his own chamber orchestra, comprised of great musicians Jim knows and admires! Come for a “sneak preview” into the selections Jim will include in his conducting debut! Experience the majestic melodies of Handel, the eternal harmonies of Bach, and the beloved rustic charms of Vivaldi’s Autumn Concerto. Enjoy the fullness of late summer with Jim Kendros and beautiful music!

Date: Friday, September 22nd

Time: 10:00am - 11:00am

Fees: \$12M/\$15NM

#113208-01

Register by: Wednesday, September 20th

## NEW! “Summer Strings” Concert

Join us as the Deerfield Middle School and High School string students get together for a FUN two-week summer string camp to rehearse at the PTC! Under the direction of DHS Orchestra Director Mr. Velleuer, students will showcase a wide variety of music including pop, jazz, folk, Broadway, rock, movies and classics. We will finish with an exciting free concert on Friday afternoon, August 11 at 3:00pm. Hope to see you there! Note – Interested members may join us for on-site practices.

Date: Friday, August 11th

Time: 1:30pm-3:00pm

Fees: FREE

#413108-02

Register by: Wednesday, August 9th

## Of Special Interest

### **NEW! August Lunch & Learn "Demystifying Acupuncture"**

Al Ladesic of Restorative Acupuncture and Wellness will be at the Patty Turner Center to share how this traditional medical practice can treat a number of conditions from back pain to arthritis. He will share several case studies, perform a quick demonstration, and provide lunch. Advance registration is required. Open to all, first-come first-serve basis.

Date: Tuesday, August 22nd

Time: 11:30am – 12:30 pm

Fee: FREE

#413126-01

Register by: Friday, August 18th

Max 20

### **Coffee & Conversation**

**With PTC Members Carol Mellem and Donna Stupple**

PTC members interested in looking for an opportunity to meet in an informal atmosphere and engage in conversation around pre-selected topics are invited to join "Coffee and Conversation" with PTC members and hosts Carol Mellem and Donna Stupple. Our next meetings will be held on the first and third Fridays of August from 10:00am – 11:00am. Let's get acquainted and share! FREE! *No registration is required.*

Dates: 8/4, 8/18, 9/1, 9/15

### **PTC Book Club**

The PTC Book Club meets in-person the first Friday of each month at 10:00am. On Friday, August 4th we look forward to *When The Apricots Bloom* by Gina Wilkinson and in September, *The Midnight Library* by Matt Haig. If you are interested in joining this group, please call Phyllis Wallach for details at: (847) 821-8229.

### **FREE! PTC "Movies for Members"**

As a member of the PTC, you are invited each week for our Thursday afternoon "Movies for Members." Join us each week in our Members Room at 1:00 for a wide variety of weekly current releases and classic productions. All movies are presented on the big screen with subtitles. Come join us!

## Delicious Dramatizations

### **August Dessert & Program**

#### **"Betty the Pan Am Stewardess"**

**With Leslie Goddard**

**Sponsored by Brookdale Senior Living**

Please join us for dessert and a program at the Patty Turner Center in August as we get ready to travel back to the golden age of travel. Historian Leslie Goddard takes you on an exciting true story journey about the real-life career of a Pan Am stewardess.

Date: Wednesday, August 9th

Time: 12:00pm Dessert / 12:30pm Program

Fees: \$10M/\$15NM

#413121-02

Register by: Friday, August 4th

### **October Dessert and Portrayal:**

#### **"Edith Head: The Woman Who Dressed Hollywood"**

**Sponsored by Whitehall of Deerfield**

Edith Head's dazzling career continues to inspire new generations of designers. She dressed the biggest stars to shine over Hollywood. Adored by some, hated by others, Edith Head's highly competitive and secretive nature drove her career to a meteoric height. Join educational entertainer, Martina Mathisen, to discover why Edith Head was the most influential costume designer in Hollywood history.

Date: Wednesday, October 4th

Time: 12:00pm Dessert / 12:30pm Portrayal

Fees: \$12M/\$15NM

#113121-01

Register by: Friday, September 29th

### **NEW! "Toss It!" Pizza and Bags Day**

**Sponsored by Arbor Terrace**

The PTC is excited to announce its first-ever Pizza and Bags Tournament Day. Enjoy delicious pizza from our friends at Italian Kitchen and have fun playing bags for prizes and more!

Date: Friday, September 1st

Time: 12:00pm -2:00pm

Fees: \$10M/\$12NM

#113124-01

Register by: Wednesday, August 30th

# Excursions

## Van Gogh and the Avant-Garde: The Modern Landscape

Take a trip with us to see the latest installation at The Art Institute of Chicago before it's too late! More than 75 paintings and drawings from this intensely creative period, many from private collections and rarely publicly displayed, come together for this insightful presentation. Debra Levie joins us as our docent on this exclusive tour. Moderate walking. Lunch on own.

Date: Monday, August 14th  
Time: 10:00am Depart / 4:00pm Return  
Fees: \$80M / \$95NM  
#413250-05  
Min.10 / Max 13  
Register by: Friday, August 11th

## Ring of Fire at the Drury Lane Theatre

Join us for this one-of-a-kind experience at Drury Lane Theater! Performed by an incredible group of actor/musicians, Ring of Fire showcases the story of Johnny Cash, from his struggles and triumphs in life, to his iconic music! The show will include round-trip transportation, 3-course meal and ticket.

Date: Thursday, September 14th  
Time: 10:15am Depart / 4:30pm Return  
Fees: \$135M/\$150NM  
#113250-01  
Max 20 tickets  
Register by: Friday, August 25th

## Chicago Cubs vs. Milwaukee Brewers

See the Chicago Cubs take on the Milwaukee Brewers at the American Family Stadium in Milwaukee. Enjoy the game from your shaded seat located between 3rd base line and Left Field in the Terrace Reserved Section. Please make your reservations early and indicate the number of tickets you wish to purchase so that we can sit your group together.

Date: Sunday, October 1st  
Time: 11:30 – 5:30pm  
Fees: \$115M/\$130NM  
#413250-03  
All ticket orders must be placed by August 31<sup>st</sup>. This trip is for members and guests over the age of 21.

## Oktoberfest at the House of Gerhard!

This year the PTC will be taking its Oktoberfest celebration on the road and heading north to the House of Gerhard in Kenosha, Wisconsin. Make your reservations early for a delightful Oktoberfest evening filled with good friends, fare and fun! This evening dinner trip is scheduled for Wednesday, October 18th. Price includes dinner and transportation. "Prost!"

Date: Wednesday, October 19th  
Time: 3:30pm Departure / 9:00pm Return  
Fees: \$85M / \$100NM  
#113250-03  
Register by: Friday, October 6th

## Rescheduled from July!

## Guided Kayak Tour of the Skokie Lagoon

Meet us at the Skokie Lagoon/Tower Road for some exercise and sunshine! Price includes instruction, equipment, and parking is free! Kayaking is an intense, full-body workout so please bring a lunch, plenty of water to drink, and sunscreen/hat. Please see Nicole for details.

Date: Thursday, August 24th  
Time: TBA  
Fees: \$20M / \$30NM  
#413250-02  
Min.8 / Max 12  
Register by: Friday,

## Summertime Grill

### "Drive-In, Dine-In Movie"

Join us for our final Drive-In, Dine-In Luncheon Grill of summer which will be held on the last Thursday of this month. Prior to the viewing of our "Movies for Members" presentation, enjoy a delicious B-B-Q Grill (with all the trimmings) provided by Grill master David Shamrock! Lunch is served at noon!

Date: Thursday, August 31st  
Time: 12:00pm – 1:00pm  
Fee: \$8M / \$10NM  
#413230-03  
Register by: Monday, August 28th



# PTC - Program Registration Form

Make checks payable to the Deerfield Park District

Fax: 847-317-2564 | Phone: 847-940-4010

Mail or Drop Off with payment: 375 Elm Street. Deerfield, IL 60015

Name	
Address	City
	Zip (Required)
Phone	
Email	
<input type="checkbox"/> PTC Member	<input type="checkbox"/> Non-Member

Activity #	Program Name	Cost Per Person	Number of Participants	Amt. Paid
<b>Payment Total</b>				

**Payment Information**

Check (Make payable to the Deerfield Park District)
  Cash
  Visa
  MasterCard
  Discover

Cardholder's Name \_\_\_\_\_ Total Payment \$ \_\_\_\_\_

**Cardholder's Signature** \_\_\_\_\_

Credit Card Number  Expiration Date

We encourage participation by everyone and provide reasonable accommodations in accordance with ADA standards. If you require program assistance for special needs, check the box to be contacted by the Deerfield Park District.

**For this registration to be valid please sign waiver on reverse side.**



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Make checks payable to the Deerfield Park District

Fax: 847-317-2564 | Phone: 847-940-4010

Mail or Drop Off with payment: 375 Elm Street. Deerfield, IL 60015

## GENERAL WAIVER & RELEASE - IMPORTANT INFORMATION

The Deerfield Park District is committed to conducting its recreation programs and activities in a safe manner and holds the safety of participants in high regard. The Deerfield Park District continually strives to reduce such risks and insists that all participants follow safety rules and instructions that are designed to protect the participants' safety. However, participants and parents/guardians of minors registering for this program/activity must recognize that there is an inherent risk of injury when choosing to participate in recreational activities. You are solely responsible for determining if you or your minor child/ward are physically fit and/or skilled for the activities contemplated by this agreement. It is always advisable, especially if the participant is pregnant, disabled in any way, or recently suffered an illness, injury or impairment, to consult a physician before undertaking any physical activity.

## WARNING OF RISK

Despite careful and proper preparation, instruction, medical advice, conditioning and equipment, there is still a risk of serious injury when participating in any recreational activity/program. Understandably, not all hazards and dangers can be foreseen. Participants must understand that certain risks, dangers and injuries due to acts of God, inclement weather, slipping, falling, equipment failure, in supervision, premises defects and all other circumstances inherent to recreational activities/programs exist. In this regard, it must be recognized that it is impossible for the Deerfield Park District to guarantee absolute safety.

## WAIVER AND RELEASE OF ALL CLAIMS AND ASSUMPTION OF RISK

Please read this form carefully and be aware that in signing up and participating in this program/activity, you will be expressly assuming the risk and legal liability and waiving and releasing all claims for injuries, damages or loss which you or your minor child/ward might sustain as a result of participating in any and all activities connected with and associated with this program/activity (including

transportation services, when provided). I recognize and acknowledge that there are certain risks of physical injury to participants in this program/activity, and I voluntarily agree to assume the full risk of any and all injuries, damages or loss, regardless of severity, that my minor child/ward or I may sustain as a result of said participation. In the event of an emergency, I authorize District officials to secure from any licensed hospital physician, and/or medical personnel any treatment deemed necessary for me or my minor child's immediate care. Participants and parents/guardians of minor participants are solely responsible for any and all expenses associated with emergency medical treatment, including but not limited to, transportation services to the nearest available medical facility/provider or to an alternative medical facility/provider requested by the participant or parent/guardian. I further agree to waive and relinquish all claims I or my minor child/ward may have (or accrue to me or my child/ward) as a result of participating in this program/activity against the Deerfield Park District, including its officials, agents, volunteers, and employees (hereinafter collectively referred to as "Deerfield Park District"). I do hereby fully release and forever discharge the Deerfield Park District from any and all claims for injuries, damages or loss that my minor child/ward or I may have or which may accrue to me or my minor child/ward, arising out of, connected with, or in any way associated with this program/activity.

The Deerfield Park District staff has the right to ask a participant not to participate in a program, event or facility activity if they test positive for COVID-19, show symptoms of COVID-19 and/or have had close contact with an individual diagnosed with COVID-19 in the last 14 days.

All participants must comply with COVID-19 related policies (and all other policies), and failure to do so may lead to prompt dismissal from the program.

**I have read and fully understand the above important information, warning of risk, assumption of risk and waiver and release of all claims. For this registration to be valid please sign both sides of this form.**

**X**

sign here

Participant's Signature

Date

# Fitness & Fun

## DAYTIME! 50+ Light & Lively

Taught by experienced fitness instructor, Judy Samuelson, this in-person class includes chair exercises, stretching, strengthening, gentle lo-impact aerobics and balance training. **\*Note – Due to special request a two-day Monday / Thursday session has been added! See special pricing for section #03!**

Dates: Mondays: September 11th – October 30th (8)

Times: 9:00am - 10:00am

Fees: \$135M/\$150NM

#113201-01

Register by: Friday, September 8th

Dates: Thursdays: September 14th – November 2nd (8)

Times: 9:00am - 10:00am

Fees: \$135M/\$150NM

#113201-02

Register by: Monday, September 11th

Dates: Mondays and Thursdays:

September 11th – November 2nd (16)

Times: 9:00am - 10:00am

Fees: \$225M/\$240NM

#113201-03

Register by: Monday, September 8th

## NEW! Total Balance Circuit Training

Fitness instructor Judy Samuelson teaches this new 8-week group-training, balance workshop. This class will focus on fall prevention, balance exercises, strength, and flexibility sequences; all interspersed with a variety of simple marching/walking exercises. Improve your mobility, posture, and balance. Beginners welcome!

Dates: Wednesdays: September 6th – October 25th (8)

Times: 9:00am – 9:45am

Fees: \$135M/\$150NM

#113103-01

Register by: Friday, September 1st

## EVENINGS! Tone & Firm

Improve your muscle tone and gain added strength and flexibility. Emphasis will be on the arms, hips, stomach, and legs! Class is designed for non or limited impact. No jumping or jogging.

Dates: Tuesdays, September 5th – November 7th (10)

Times: 6:00pm – 6:50pm

Fees: \$130M/\$145NM

#132804-01

Min. 8 / Max 12

Register by: Friday, September 1st

## NEW! Sunday Morning Meditation and Conscious Relaxation

Lifestyle Coach Claudia Braun brings us this new, 4-week, Sunday morning workshop of mindful meditation and relaxation. In this workshop, you will focus on stress reduction while being led through a gentle, guided meditation sequence. **\*A FREE introductory session will be held on Sunday, August 20th. Please use #113105-02. Pre-Registration is required.** Yoga mats available upon request. Please wear comfortable, lightweight clothing.

Dates: Sunday, August 20th

Sunday September 3rd – 24th (4)

Time: 10:00am – 11:00am

Fee: \$50M / \$60NM

#113105-01

Register by: Wednesday, August 30th

Min.8 / Max 12

## NEW! Social Square Dancing!

The PTC is thrilled to offer a brand-new weekly, evening square dance program; all beginning this Fall. Under the direction of Square Dance Caller, Candice Hansen, learn more than 50 dance steps in this two-part, session class. **\*A FREE introductory session will be held on Wednesday, August 30th. Please use #113234-03. Pre-Registration is required.**

Dates: Wednesday, August 30th

#01 – Wed. September 6th – November 11th (9)

#02 – Wed. November 8th – January 10th (8)

Time: 6:30pm – 8:30pm

Fee: #113234-01 \$95M / \$110NM

Fee: #113234-02 \$85M / \$100NM

Register by: Wednesday, August 23rd

Min.15 / Max 15

## 2023 Golf League Play

The 2023 Patty Turner Center Golf League is active from April 17th - November 3rd.

Play is 2-3 times per week with a ladies' league and a men's league. Ladies will be paired together.

If interested contact Sid Moore:

[Moore1451@comcast.net](mailto:Moore1451@comcast.net) or 847-945-1725

## FREE! Cornhole Toss

Cornhole (bag toss) is a fun and popular lawn game which will be brought to the Patty Turner Center on Wednesday afternoons from 1 to 3:30. Play is FREE and open to all members. Play singles or form a team! No experience needed! Please wear comfortable, non-slip shoes. Inside / Outside depending on weather.

## Card & Table Play

Whether you enjoy Poker, Canasta, Bridge, Mah Jongg, Rummikub or Scrabble, please let us know and we can put you in touch with many of our card group leaders. Players must be members of the PTC. Card and Table Game Play is scheduled Monday through Friday, begins at noon and concludes by 3:30pm. As we have been working on establishing card play groups, please stop by the front desk if you are interested in a specific game. We can direct you to the right coordinators.

### Mah-Jongg for Beginners

If you ever wondered how to play Mah Jongg, this activity is for you. Learn the basics in this 5-week introductory class as taught by Dale Solow.

Instructor: Dale Solow

Dates: Thursdays, September 7th – October 12th (5)

Time: 1:00pm – 3:00pm

Fees: \$120M/\$135NM

#113106-01

Min. 8 / Max 12

Register by: Monday, September 4th

### Open Canasta Begins in August!

Back by popular demand, Open Canasta Play will be held on Fridays from 12 – 3:30pm in Members A. If you are a Canasta player, please call the center for more details.

### Beginning Canasta

Experienced instructor Terri Argentar teaches this fun and exciting game in a learn-as-you-play format. At the end of class, students are provided with a synopsis of the rules of play and a score card sheet to copy for future games.

Dates: Mondays, October 2nd – November 5th (5)

Time: 9:30am -11:30am

Fees: \$120M/\$135NM

#113122-01

Min.8 / Max 12

Register by: Friday,

### A Special Thank You

The PTC wishes to thank Mr. Sid Moore for all his time and efforts in coordinating this year's PTC Golf League. From schedules to tournaments, to contests and prizes, we say, "Thank You Sid" for a tee-rific job!

## Save-The-Dates!

### Healthy Lifestyle Expo 2023

Please join us at the PTC as we partner with the DBR Chamber to host this year's annual Healthy Lifestyle Expo. Spend your morning with us and talk to staff, community service representatives, instructors, and vendors from leading healthcare agencies, businesses, and more. Designed for active, older adults, this one-stop expo will feature valuable take-home information and resource material to make you aware and better navigate retirement-age living. In addition, flu shots will be provided by Walgreens along with the services of a paper-shredding company. FREE!

### Returning! Chicago Showcase! "South of Disorder"

Coming in October, the PTC will once again open its doors to some of the finest entertainment in the Chicagoland area. In October, join us for South of Disorder; a suburban Chicago-based cover/tribute band dedicated to the music of Jimmy Buffet & the Beach. Join us for a tropical evening full of good times and laid-back vibes. Start with a welcoming reception in our Atrium at 6:30 followed by the show.

Date: Wednesday, October 25<sup>th</sup>

Time: 6:30pm Reception / 7:00pm Concert

Fee: \$20M / \$25NM

#113226-01

### Welcome NEW PTC Members!

The staff and Members Council wish to welcome our newest members to the PTC as of May 2023.

Diane Albert  
Joe Bonucci  
Sue Anne Brown  
Jill Dorfman  
Phil Gerber  
Rick Kanter  
James Levie  
Helen Magid  
Esteen Portnoy  
Nancy Sullivan  
Carolyn Stanek  
Valerie Turk  
Suzanne Zweig

Jacqueline Ball  
Phil Boria  
Linda Crafton  
Laura Duckmann  
Robert Greco  
Susan Kaplan  
Robert Levine  
Nguyen Quang  
Kathi Rucci  
Gregory Stanek  
Steven Turk  
Steven Weinberg



# Social Services

Margie Fischer, our Social Services Coordinator, is in the office two half days each week. For questions, please email: [margie@pattyturnercenter.org](mailto:margie@pattyturnercenter.org) or leave a voicemail at: 847-572-2658.

## ACES: Family Caregiver Support

Our Caregiver Group recently held its 300th meeting. You know you're not alone as a family caregiver when you're part of a group that's had nearly 200 different people sit around the table over the years! If you find yourself caring for a spouse or a parent, maybe it's time to join us! Come for valuable info on relevant topics, leads on resources, and to share concerns and tips. We meet on the 2<sup>nd</sup> and 4<sup>th</sup> Wednesdays of the month from 1-2:30 in the PTC Library. FREE and open to all family caregivers of older adults. For more information, call Margie at PTC.

## Dementia Caregiver Support

Do you care for someone diagnosed with dementia? You are not alone. The Patty Turner Center hosts a monthly in-person meeting here at the center. It provides much needed support for friends and family assisting those in the middle to later stages of dementia. The group provides a safe, confidential, and supportive environment to share and learn with others who truly understand your situation. Meetings will be at the Patty Turner Center, the 3<sup>rd</sup> Wednesday of each month at 3pm. Meetings are FREE and open to all who are caring for someone with dementia. For more information, please call Nicole (847-572-2653).

## Savings via Benefit Access

If you are age 65+ (or totally disabled) AND have income less than \$33,562 (single) or \$44,533 (couple), you can apply for the Illinois Benefit Access Program that will **SAVE MONEY** on your **license plate** renewal sticker and demonstrates your eligibility for the **Senior RIDES FREE transit card!** All applications must be submitted online. You can do it yourself on the Illinois Department on Aging's website. PTC members can also make an appointment with Margie for assistance too!

## SOWN Discussion Group

The Supportive Older Women's Network creates a family of friends among women living alone who are looking for mutual support and upbeat meaningful discussion. The group is professionally led by Robbie Boudreau and meets on the 1<sup>st</sup> and 3<sup>rd</sup> Tuesday of every

month from 1:00pm to 2:30pm. For more information or to register, please call the PTC: 847-940-4010.

## Grief Support Group

The Patty Turner Center and Promedica/Heartland Hospice are joining together to offer another grief support group for anyone that has experienced a loss, no matter when the loss took place. Facilitated by a professional bereavement coordinator, the meetings will help you navigate difficult emotions and process life after loss. To register or inquire about next session dates, please contact coordinator: Laura Wilson 224-361-9848.

## Medicare Questions ANSWERED!

Is your Medicare Supplement Plan the best value and benefits for your needs? Need help understanding the ABC and D's of Medicare? Wonder if you're eligible for extra help paying your Medicare Premiums? PTC is a host site for the Illinois Department on Aging's Senior Health Insurance Program (**SHIP**) providing info on all topics related to Medicare. Our trained counselors are ready to answer your questions. Appointments are FREE and can be made by calling our front desk or Margie in Social Services. Smart beneficiaries use SHIP because "The Best Choice is an Educated Choice!" **Get ready! You may call our front desk for a Medicare Open Enrollment appointment any time after September 18!**

## Caruso "GrandFriends" Scholarship

Did you know there is a small fund available to assist lower income older adults to pay a portion of their membership and program fees at the Patty Turner Center? The GrandFriends Fund was originated and is supported by the fundraising efforts of the students at Caruso Middle School. What a great bunch of kids! Margie can provide you with eligibility and program information.

**Do care obligations keep you from attending our Support Groups?** Here's a solution: Through our treasured partnership with Faith In Action Volunteers, we are able to offer some respite options at no cost. Please call Margie for eligibility requirements.

# August 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<b>1</b> 9 Members' Club: Hallelujah 12-3:30 Poker/Card Play 1 SOWN 1 Ping Pong 2:30 Dance Ensemble 6 Tone & Firm	<b>2</b> 12-3:30 Bridge/Card Play 1 Cornhole	<b>3</b> 9 Light & Lively 12-3:30 Card Play 1 Hummers & Strummers 1 Knitting Club 1 Movie: Ticket to Paradise (2022)	<b>4</b> 10 Book Club 10 Coffee & Conversation 12-3:30 Poker/Card Play Open Canasta 1 Ping Pong	<b>5</b>
<b>6</b>	<b>7</b>	<b>8</b> 9 Members' Club: Greatest American Speeches(2/5) 12-3:30 Poker/Card Play 1 Ping Pong 2:30 Dance Ensemble 6 Tone & Firm Make-up	<b>9</b> <b>12 Betty the Pan Am Stewardess</b> 12-3:30 Bridge/Card Play 1 ACES Support Group 1 Cornhole	<b>10</b> 9 Light & Lively 9 PTC Council 12-3:30 Card Play 1 Hummers & Strummers 1 Knitting Club 1 Movie: The Secret Life of Bees (2008)	<b>11</b> 10 Art Alive 12-3:30 Poker/Card Play Open Canasta 1 Ping Pong	<b>12</b>
<b>13</b>	<b>14</b>	<b>15</b> 9 Members' Club: My Sister's Mother 12-3:30 Poker/Card Play 1 SOWN 1 Ping Pong 2:30 Dance Ensemble	<b>16</b> 12-3:30 Bridge/Card Play 1 Cornhole 3 Dementia Caregiver Support Group <b>5:30 Elmstock II</b>	<b>17</b> 9 Light & Lively 12-3:30 Card Play 1 Hummers & Strummers 1 Knitting Club 1 Movie: Funny Face (1957)	<b>18</b> 10 Coffee & Conversation 12-3:30 Poker/Card Play Open Canasta 1 Ping Pong	<b>19</b>
<b>20</b>	<b>21</b>	<b>22</b> 9 Members' Club: History of the Circus <b>11:30 Demystifying Acupuncture</b> 12-3:30 Poker/Card Play 1 Ping Pong 2:30 Dance Ensemble	<b>23</b> 12-3:30 Bridge/Card Play 1 Cornhole 1 ACES Support Group	<b>24</b> 9 Light & Lively 12-3:30 Card Play 1 Hummers & Strummers 1 Knitting Club 1 Movie: Mandela (2013)	<b>25</b> 10 At the Podium 12-3:30 Poker/Card Play Open Canasta	<b>26</b>
<b>27</b>	<b>28</b>	<b>29</b> 9 Members' Club: Presidential Primary in Context 12-3:30 Poker/Card Play 1 Ping Pong 2:30 Dance Ensemble	<b>30</b> 12-3:30 Bridge/Card Play 1 Cornhole <b>6:30 Square Dancing</b>	<b>31</b> 9 Light & Lively Ends <b>12 Drive-In Dine-In</b> 12-3:30 Card Play 1 Hummers & Strummers 1 Knitting Club 1 Movie: A Man Called Otto (2022)		

# September 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
					10 Book Club 10 Coffee & Conversation <b>12 Pizza &amp; Bags Day</b> 12-3:30 Poker, Card Play Open Canasta 1 Ping Pong	
3	4	5	6	7	8	9
9 Spiritual Gathering Group (Private)	<b>Labor Day PTC Closed</b>	9 Members' Club: Beloved Paintings 12-3:30 Poker/Card Play 1 SOWN 1 Ping Pong 2:30 Dance Ensemble 6 Tone & Firm	9 Total Balance 10 Memoir Writing Workshop 12-3:30 Bridge/Card Play 1 Cornhole	12-3:30 Card Play 1 Hummers & Strummers 1 Knitting Club 1 Movie: My Big Fat Greek Wedding (2002) 1 Beg. Mah-Jongg	10 Art Alive 12-3:30 Poker, Card Play Open Canasta 1 Ping Pong	
10	11	12	13	14	15	16
	9 Light & Lively 9 Studio Painting & Drawing 12-3:30 Mah-Jongg/Card Play 12:30 Studio Painting & Drawing 1 Billiards	9 Members' Club: American Speeches (3/5) 12-3:30 Poker/Card Play 1 Ping Pong 2:30 Dance Ensemble 6 Tone & Firm	9 Total Balance 10 Memoir Writing Workshop 12-3:30 Bridge/Card Play 1 ACES Support Group 1 Cornhole	9 Light and Lively 9 PTC Council <b>10:45 Excursion: Drury Lane</b> 12-3:30 Card Play 1 Hummers & Strummers 1 Knitting Club 1 Movie: The Shawshank Redemption (1994) 1 Beg. Mah-Jongg	10 Coffee & Conversation 12-3:30 Poker, Card Play Open Canasta 1 Ping Pong	
17	18	19	20	21	22	23
9 Spiritual Gathering Group (Private)	9 Light & Lively 9 Studio Painting & Drawing 12-3:30 Mah-Jongg/Card Play 12:30 Studio Painting & Drawing 1 Billiards	9 Members' Club: The Civil War Generals 12-3:30 Poker/Card Play 1 SOWN 1 Ping Pong 2:30 Dance Ensemble 6 Tone & Firm	9 Total Balance 10 Memoir Writing Workshop 12-3:30 Bridge/Card Play 1 Cornhole 3 Dementia Caregiver Support	9 Light and Lively 12-3:30 Card Play 1 Hummers & Strummers 1 Knitting Club 1 Movie: J. Edgar (2011) 1 Beg. Mah-Jongg	10 At the Podium 12-3:30 Poker, Card Play Open Canasta 1 Ping Pong	
24	25	26	27	28	29	30
	9 Light & Lively 9 Podiatry 9 Studio Painting & Drawing 12-3:30 Mah-Jongg/Card Play 12:30 Studio Painting & Drawing 1 Billiards	9 Members' Club: Space: The Final Frontier 12-3:30 Poker/Card Play 1 Ping Pong 2:30 Dance Ensemble 6 Tone & Firm	9 Total Balance 12-3:30 Bridge/Card Play 1 ACES Support Group 1 Cornhole <b>5:30 Anniversary Gala!</b>	9 Light and Lively 12-3:30 Card Play 1 Hummers & Strummers 1 Knitting Club 1 Movie: Guys and Dolls (1955) 1 Beg. Mah-Jongg	12-3:30 Poker, Card Play Open Canasta 1 Ping Pong	



Deerfield Park District  
836 Jewett Park Drive  
Deerfield, IL 60015

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**Program Supervisor:** Nicole Britz  
**Social Service:** Margie Fischer  
**Front Desk:** Marcella Garrett,  
Julie Freireich, Kathy Rucci  
**Building Services:** Antonio Mata,  
David Stirsmann

**CURRENT RESIDENT OR**

**PTC COUNCIL**

**Leo Carter, President**  
**Lorraine Jette, Vice President**  
**Jane Smith, Treasurer**  
**John Maxson, Secretary**  
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Lorraine Clark  
Sharon Harris  
Carol Mellem  
Sid Moore  
Dani Robinson  
Paul Ward  
Mike Zelski

Celebrate the Patty Turner Center's 20th Anniversary in grand style!  
Indulge in a delicious buffet from the Italian Kitchen of Deerfield, savor sparkling champagne and delight in an evening of music.  
*It's night to remember, exclusively for you.*

- 5:30pm** Reception
- 6pm** Welcome & Announcements
- 6:15pm** Dinner
- 7pm** Toasts & Tributes
- 7:30pm** Music & Dancing by the Big Band Sound of Deerfield



**Date:** Wednesday, September 27  
**Register by:** Friday, September 15  
**\$20M/25NM | Activity #113120-01**

The Patty Turner Center is a Deerfield Park District program for adult enrichment in partnership with the Village of Deerfield to support the independence and well-being of adults 50 years and older; to encourage their participation in all aspects of community life; and to provide programs which serve their social, recreational, intellectual and physical needs and enhance their lives.



VILLAGE OF DEERFIELD



Deerfield Park District

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