Deerfield Park District

Recreation Center Advisory Committee

Minutes of August 25, 2022

(1) Call to Order

The meeting of the Recreation Center Advisory Committee was called to order at 7:00 p.m. by General Manager Tony Korzyniewski at the Sachs Recreation Center, Room E-1. The following were in attendance:

Present: Alan Barasky, Anne Dickerson, Jay Keltner, Nick Solomon, Ilyse Steiner,

Michael Brown, Jeff Nehila, Laura McCarty, Tony Korzyniewski, Amy Kanzler,

Chris Moilanen

Absent: Steve Bierig, Laurie Gordon

(2) Matters from the Public

There were no matters from the public.

(3) Review of Minutes

The Committee reviewed the meeting minutes of April 28, 2022, with no changes or additions.

(4) General Manager Report

(4)(a) Facility Projects Update

(i) Tennis Court Resurfacing with Four (4) Pickleball Court Lines

The tennis courts were resurfaced in early June and pickleball court lines have been added to the courts. The courts have a new bottom layer and color coat. Overall, staff has been receiving a lot of positive feedback. There are already a couple hundred people registered for pickleball classes in fall.

(ii) Main Lobby Renovation

The main lobby renovation was off to a slow start due to the Village of Deerfield permitting process. Work eventually commenced on July 29th and since then, the construction team has made significant progress. New ceiling grid has been installed and the flooring tile install is partially complete. Once the flooring is complete, staff will reopen the main entrances and communicate this to patrons via e-mail. Staff's target date for the main lobby renovation is mid-September.

(iii) HVAC Roof Top Unit Replacements, Two Steam Generators & Hot Water Holding Tank

Since the last Committee meeting, the two HVAC roof units that service different portions of the building have been replaced. A 500-gallon hot water holding tank was also replaced in early July. Staff is still waiting on the steam generators for the steam rooms but they should arrive by Labor Day.

(4)(b) Chicago Sky, RUSH Physical Therapy and North Shore Rhythmic Gymnastics - Updates

The Chicago Sky had another successful year. They are moving onto the second round of playoffs – if they win the series, they will advance to the finals. Staff is rooting for them.

RUSH Physical Therapy continues to be busy. They have expressed an interest in getting involved with different Park District events and activities. They will be present at the Moonlight Golf Outing and the Halloween family Fun Fest events and are seeking to perform a shoulder screen for the Coho Swim Club.

Northshore Rhythmic Gymnastics continues to produce world champions. They would like to host another Regional Tournament event next spring. Staff will be initiating discussions shortly about a contract renewal for the space.

(5) Fitness Operations Supervisor Report

(5)(a) September-December 2022 Group Exercise Schedule

Fitness Operations Supervisor Amy Kanzler circulated the current group exercise schedule effective September 1st. She has added some evening/weekends classes to expand program offerings and accommodate more members. Staff has successfully transitioned all Zoom classes to in-person onsite classes and outdoor classes. The Zoom recorded library will continue to be sent out once a month as members pay for this service and it remains utilized. In other news, Pat Constabileo has taught yoga classes through the district at the Deerfield High School for many years now. Her yoga classes will be transitioning to the SRC under Amy's supervision and her classes will be opened to SRC members as well. Staff is excited to have her part of the team. There was a brief discussion about potentially offering more evening group fitness classes.

(5)(b) Personal Training/Nutritional Counseling Update

Since Supervisor Kanzler has joined the agency, she has hired three new personal trainers – seven total on staff. The website has recently been updated with their biographies.

Starting September 1st, staff has adjusted how packages are offered to nonmembers. Previously, nonmembers had been receiving the member rate for personal training. Moving forward, nonmembers receiving personal training will receive a 25% fee increase. Manager Korzyniewski added staff had given nonmembers the member fee during the pandemic to attract more patrons to personal training. Staff hopes this increased fee will encourage patrons to become members. Supervisor Kanzler is also working with the personal trainers on testimonials for the website.

There is a free Nutritional Seminar coming up on September 15th from 10-11 a.m. which will be a Meal Planning Bootcamp. The last Nutritional Seminar of the year will take place November 6th and discuss Gut Health. Kim Blum, staff's registered Dietitian will lead the seminars.

(5)(c) SRC Spring Fitness Survey Results

A Spring Fitness Survey was formulated and sent out in May to all SRC members to gauge several areas of interest – Fitness Center Equipment, Group Exercise Classes, Personal Training and Nutritional Services. These results were sought to help determine areas of focus for the rest

of 2022 and beyond. Of roughly 700 SRC members surveyed, there were 152 respondents. Staff reviewed the results of the survey with the Committee in-depth and answered questions the Committee had. It was agreed that staff keep a running list of patron inquiries with respect to childcare as another potential target demographic.

(5)(d) New Fitness Floor Equipment – Capital Purchase

Staff traded in 38 pieces of fitness equipment as part of the purchase of the new 31 new pieces of equipment and has received great feedback. Overall, it has been a positive experience for both staff and patrons.

(6) Facility Operations & Membership Supervisor Report (6)(a) SRC Membership Enrollment Update

SRC Facility Operations Supervisor Chris Moilanen reported that there are 59 Group Exercise memberships, 129 All Access memberships, 427 Fitness Center memberships and 38 All Access members (Renew Active) for a total of 738 active members. Student memberships have dropped off as the beginning of the school year approaches. There has been some speculation that Renew Active and Silver Sneakers may merge which would boost overall membership numbers significantly.

(6)(b) Current SRC Operations Overview

Supervisor Moilanen reported that rentals across the SRC are low due to the warmer weather. However, pickleball court rental remains incredibly high. There seems to be much excitement around pickleball. Additionally, birthday parties are picking back up again. Commissioner Brown initiated a brief discussion regarding how staff will schedule pickleball while being respectful of existing tennis players and any anticipated issues. Supervisor Moilanen advised that Park District programming will take priority over court rentals. Director Nehila also provided a brief update with respect to the dedicated pickleball courts.

Facility Events

Reuse-A-Rama took place Saturday, June 11^{th} from 11 a.m. -1 p.m. The SRC did not experience the same success as it did last year but all numbers are good numbers with respect to this event. Over 1,000 pounds of items were collected.

(7) Lead Facility Engineer Report

In Lead Facility Engineer Sesar Botello's absence, Manager Korzyniewski reported that the pool was drained, and power washed in August. The pool decks and locker rooms were also cleaned. Chemical feeder lines in the mechanical room were replaced. Staff also anticipates an annual service call for the UV disinfection system within the next two weeks. Staff is pleased that Miguel Gomez has since joined the SRC staff as Custodial Supervisor in July and between Sesar and Miguel, the District was able to recognize a substantial cost savings due to their demolition work in the main lobby renovation.

(8) Other Items

New Safety Initiatives and Improvements

Manager Korzyniewski advised that as part of the District's recent safety assessment, all of the entry points at the SRC have been numbered for identification purposes. The District is still

awaiting the full results of the safety assessment and hopes to share these results and subsequent safety improvements as they are developed.

(9) The next meeting is scheduled for Thursday, October 27, 2022, at 7:00 p.m.

(10) There being no further business or additional discussion, the meeting of the Recreation Advisory Committee was adjourned at 8:00 p.m.