

Deerfield Park District

Recreation Center Advisory Committee

Minutes of April 28, 2022

The meeting of the Recreation Center Advisory Committee was called to order at 7:00pm. The following were in attendance:

Present: Alan Barasky, Anne Dickerson, Laurie Gordon, Ilyse Steiner, Jeff Nehila, Laura McCarty, Tony Korzyniewski, Amy Kanzler

Absent: Steve Bierig, Jay Keltner, Elizabeth Seward, Nick Solomon, Michael Brown, Chris Moilanen, Sesar Botello

**Welcome & Introduction**

Everyone was welcomed and introductions were made.

**Matters from the Public**

There were no matters from the public.

**Review of Minutes**

The committee reviewed the meeting minutes of February 24, 2022, with no changes or additions.

**General Manager Report**

**SRC Community Days Results**

SRC Community Days was held during the week of April 18-22 at the SRC. The open house type event welcomed new members and guests into the facility to view all of the services and programs that are offered at the SRC. Tours were given by staff, member appreciation giveaways were provided daily, informational tables for the SRC and Deerfield Park District programs were on display and our nutritionist was available during three different days to answer member questions on everything nutrition. RUSH Physical Therapy had a table out as well with their clinic information.

**Spring/Summer Facility Projects Update**

**Chicago Sky Gym and Weight Room**

The Sky Gym floor refinishing and wall pad replacement was completed on April 15. A small ribbon cutting was held with a few park board members, staff, Sky Head Coach and Sky staff to welcome the team into their new space, recognize their accomplishments and commemorate the long-standing relationship that is now entering its 12<sup>th</sup> season. Go Sky!

The former babysitting space was transformed into the Sky's new weight room.

### **Tennis Court Re-surfacing with 4 Pickleball Court Lines**

The tennis courts will be resurfaced the first week in June. Pickleball court lines will be added to the courts. This will allow for increased pickleball programming at SRC.

### **Main Lobby Renovation**

The main lobby is scheduled to be renovated this summer. The target timeframe is July and August. The plan was developed prior to COVID and was put on hold due to COVID but we are now ready to proceed with the project.

### **West End Facility Finishes**

The west end carpet replacement took place the week of April 11. The finished product looks great. It lightens up the long hallway back to the Sky Gym and staff has received positive feedback from members and guests about the new look.

### **HVAC Roof Top Unit Replacements, Two Steam Generators, Hot Water Holding Tank**

Bid openings were held on April 12 for the replacement of several key pieces of facility equipment. Two HVAC roof top units, two steam generators and one 500-gallon hot water holding tank. Each item has different lead times for delivery based on the current supply chain. The plan is to have all items onsite and installed by September 1, if not sooner.

### **Chicago Sky, RUSH PT and North Shore Rhythmic Gymnastics - Updates**

The Chicago Sky are back. Training camp officially opened on Sunday, April 17. The team will be filled out and final roster cuts will be made on May 5. The team will host their Media Day at the SRC for the first time in a few years on Tuesday, May 3 to highlight the team and their new practice court and support facilities.

A ribbon cutting was held on April 19 for RUSH PT. We have a 3-year agreement with them through November 2023. They are pleased with the space and with their growing clientele.

SRC recently hosted a Rhythmic Gymnastics Regional Tournament on April 8-10. Over 700 athletes participated in this 3-day event.

### **Fitness Operations Supervisor Report** **May-July Group Exercise Schedule**

The current group exercise schedule is ending at the end of this month and a new schedule spanning May through August has been developed. We are continuing to transition Zoom classes to in-person onsite at the SRC. Several classes will again take place in the parks, and we have changed some program names and times to be more accommodating to the members. There are also a few NEW classes: TRX Bootcamp (HIIT circuit type class), Stretch it Out (Pilates based – body lengthening) and Groov3 (Dance). These have been highlighted in the schedule which is available on the SRC website and throughout the SRC for members and guests to review.

### **Personal Training/Nutritional Counseling Update**

Three new fitness floor staff and 2 personal trainers have been hired and being worked into the staff schedule. This will help properly staff the fitness floor and provide new members with additional options for trainers as they develop or augment their workout routines.

A Nutritional Seminar series of workshops has been developed and was unveiled during the SRC Community Days event during the week of April 18. Topics include May 14-The Facts about Sugar, July 13-Snacking Made Easy (and Healthy!), September 15-Meal Planning Bootcamp, November 6-Gut Health. Kim Blum our registered dietitian will lead the seminars.

### **SRC Spring Fitness Survey**

A Spring Fitness Survey is being formulated and will go out in May to all SRC members to gauge several areas of interest (Fitness Center Equipment, Group Exercise Classes, Personal Training and Nutritional Services) and help determine areas of focus for the rest of 2022 and beyond.

### **Fitness Floor Equipment – Capital Purchase Plan**

Staff engaged Direct Fitness Solutions to prepare an analysis of all current fitness equipment on the fitness floor and weight rooms to help determine most prudent steps moving forward as we look to the capital replacement plan for equipment in 2022 and for the next several years.

### **Spring Fitness Challenge**

The Spring Fitness Challenge will run April 22-May 11. The challenge offers participants 22 exercises to be completed over 20 days. There are 50 people signed up to participate.

### **Tin Man Triathlon**

The Tinman Triathlon is scheduled for Saturday, June 11 at Mitchell Pool.

### **Spin Bikes**

Staff has arranged for an assessment to be done on the spin bikes and any necessary repairs will be made.

### **Village Wellness Committee**

Amy joined the Village Wellness Committee which is made up of employees of the village, library and park district. SRC will be hosting a lunch-n-learn event on June 14, and one of our personal trainers will be presenting.

### **Facility Operations & Membership Supervisor Report**

#### **SRC Membership Enrollment Update**

Tony reported that we have 56 Group Exercise memberships, 129 All Access memberships, 464 Fitness Center memberships, 41 Student memberships and 13 All Access members (Renew

Active) for a total of 703 active members.

### **Current SRC Operations Overview**

Sales totals for the month as of April 28.

- (647) Lap Swim reservations – Swim Lessons are running Monday, Wednesday and Thursday afternoons and Saturday mornings. Aqua Exercise classes are running Monday, Tuesday, Thursday and Saturday. Coho Swim Club returned to practicing at the SRC Monday-Thursday 5:00-8:00pm in April.
- (31) Tennis reservations – play continues to be steady when time is available.
- (26) Racquetball reservations – NSRG is also continuing to use the court 2-3 days/wk
- (26) Gym reservations – NSSRA is on Wednesday evenings. We also have 3 other groups renting weekly 3 different days each week. Open Pickleball on Monday/Wednesday/Friday mornings from 8am-12pm.
- (31) Pickleball Court rentals – we have two groups renting 3 courts for 2 hours each on Sundays from 11am-1pm and 1-3pm.

### **Upcoming Facility Events**

Reuse-A-Rama is scheduled for Saturday, June 11 from 11am-1pm. Promotion of the event is happening through the park district website and social media.

### **Lead Facility Engineer Report**

Tony reported that Sesar did a lot of work on the Chicago Sky weight room and training room prior to training camp starting. He is also busy switching lights to LED throughout the facility.

### **Other Items**

Alan asked about the plan for pickleball programs. Tony responded that after the tennis courts are resurfaced and the pickleball lines added in June, there will be 7 pickleball courts available at SRC. After the current session of classes ends, we will continue with the open play and add additional programs above and beyond what is currently offered. We are looking to add leagues, private lessons and to join in a league with other area facilities this summer.

Park District Director Nehila reported that that six outdoor pickleball courts are slated to be built at Shepard Park beginning this summer. The project has been approved by the village and is out to bid.

Alan asked if staff was looking at the babysitting service as a draw for new members. Tony responded that it was always viewed as a service for members and not a money maker. Amy responded that we added the question to the survey to determine if there is a need for the service. Alan commented that we might get a biased response since we have a biased sampling. Tony

responded that if it is determined that there is a need for it, arrangements will be made to have it in the meeting room.

Ilyse commented that there are a lot of Yoga classes offered. Amy responded that we haven't increased the number of classes except we added a Chair Yoga class. Some of the classes do have low attendance. The Chair Yoga hasn't taken off yet, but staff is hopeful that word will spread.

The next meeting is scheduled for Thursday, August 25, 2022, at 7:00pm.

There being no further business or additional discussion, the meeting of the Recreation Advisory Committee was adjourned at 7:50pm.