

PTC BULLETIN



Patty Turner Center is a Deerfield Park District Program for Adult Enrichment in Partnership with the Village Of Deerfield

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Welcome Fall!

On behalf of the Deerfield Park District, the Patty Turner Center wishes you well. We hope that your autumn days are filled with crisp mornings, changing colors and starry, nights!

If we can be of any assistance to you, please give us a call at: 847-940-4010.

From the Patty Turner Center

Beginning in October, the PTC will continue with its re-opening plans as we look forward to scheduling more of our established programs and services both virtually and in-person!

Please join us for daily, afternoon scheduled card and table game play, our Tuesday morning Men's Club lecture presentations or our Thursday afternoon "Movies for Members."

Entering the Fall, we are delighted to announce that both Dr. Nick Ivancevik and Dr. Liz Pacocha have returned to the PTC to provide on-site podiatry services. Please call (847) 940-4010 on Monday or Wednesday morning to schedule an appointment!

Enclosed with this bulletin you will find a registration form which is to be used to enroll in a program, event or trip.

Please complete the form and forward your payment to the Patty Turner Center.

If you are participating in a virtual program, once registered, you will be sent an e-mail with a ZOOM link to participate.

Masking & Prevention

For your safety and the safety of others, the PTC continues to follow current COVID-19 face covering guidelines.

October 2021

Healthy Lifestyle Expo 2021

This year's Healthy Lifestyle Expo will be held at the PTC on Saturday, October 2nd from 9:00am-Noon. However, due to restrictions, this year's event will be modified, smaller in scale and held outdoors. This year's event will include outdoor shredding services by First Midwest Bank, a mobile flu shot clinic by Walgreens and much more. Designed for active, older adults, please join us for this morning event. FREE!

Date: Saturday, October 2nd

Time: 9:00am - Noon

Location: Patty Turner Center Outdoor Parking Lot

Fees: FREE

"RAGTIME!" Presented by Music Theatre Works!

Join us Thursday October 28th for an afternoon of award-winning music and performance at the Northshore Center for the Performing Arts! *Ragtime* tells the unforgettable story of an upper-class wife, a determined Jewish immigrant and a young, daring Harlem musician living during the early years of the 20th century showcasing the great struggle that accompanies the American Dream. Tickets are located on the main floor with minimal stairs. Hurry and book your tickets! Transportation provided by Windy City Limo.

Date: Thursday, October 28th

Time: 12:00pm - 5:00pm

Fees: \$75M /\$85NM

#113250-02

Reservations: (12)

All registrations must be received by Friday, October 8th

UPCOMING! Holiday Inn at the Drury Lane!

Join us in December as we travel to the Drury Lane Theater to enjoy this grand production of Irving Berlin's *Holiday Inn*! Treat yourself with this special gift that includes round-trip transportation, luncheon and a show! What a delightful way to ring in the holidays!

Date: Wednesday, December 1st

Time: 10:30am - 5:30pm

Fees: \$130M /\$140NM

#113250-03

Reservations: (12)

All registrations must be received by Wednesday, November 10th

Virtual Programs

The PTC will continue to offer virtual programs as part of our calendar of activities. Please contact Nicole Britz at: 847-572-2652 for details.

Fitness Programs

Virtual 50+ Light and Lively

Taught by experienced fitness instructor, Judy Samuelson, this class includes chair exercises, stretching, strengthening, and gentle impact aerobics. *Students are to provide their own music and fitness equipment. Enrolled participants will receive a ZOOM link prior to start of class.*

Dates: Wednesdays: Sept 8th – Nov 17th (11)

Times: 9:00am - 10:00am

Fees: \$115M / \$130NM

#113201-02

Class is in session. New students may register.

In-Person Programs

The PTC is thrilled to bring back some of your favorite programs! We warmly welcome you back to the center to reunite with your favorite teachers, friends, and staff!

Men's Club

The Patty Turner Center Men's Club is proud to announce the return of in-person lectures! All Men's Club presentations begin at 9:00 a.m. and offered FREE to PTC Members. **Please note that due to restrictions, lectures will also be made available virtually. Please refer to the ZOOM link as found in your monthly e-mail from the Deerfield Park District.** Members and guests interested in joining us in-person must be masked and practice social distancing. Attendees are encouraged to arrive no earlier than 8:15 a.m.

September

October 5th - **"Ft. Sheridan"**

Speaker: Nicole Stocker of The Dunn Museum

October 12th – **"Overlooked Americans"**

Speaker: Gary Midkiff

October 19th - **"Polarized Parties & Democracy"**

Speaker: William Adler

October 26th – **"Access to the Polls"**

Speaker: Julie Strauss

Welcome Back! Women's Club

Rick Pickgren presents "Hits of the 50s and 60s"

Sponsored by Whitehall of Deerfield

The Patty Turner Center is proud to announce the return of its in-person Women's Club programs. Join us Wednesday, October 13th at 12:00 as we open up our season with singer-songwriter Rick Pickgren and his musical tribute to the hitmakers of the 50s and 60s.

Please note that due to current restrictions, no food or beverages will be served. All attendees must adhere to masking and social distancing guidelines.

Date: Wednesday, October 13th

Time: 12:00pm – 1:00pm

Fees: \$10M / \$12NM

#113131-01

Register by: Friday October 8th

Art Educator Debra Levie presents

"Art is Alive!"

Explore the Masterpieces of the art world with Columbia Art School Art Educator, Debra Levie. Joining us live and in-person, learn more about the history and paintings of this most beloved artist.

October: "Edgar Degas"

Date: Friday, October 1st

Time: 10:00am -11:30am

Fees: \$12M / \$15NM

#113127-02

Register by: Thursday, September 30th

Music Historian Jim Kendros presents

"At the Conductor's Podium"

October: A Mozart Festival!

Celebrate the colors of Autumn as Jim brings us beautiful treasures of Mozart! Revel in the majestic strains of the unforgettable Symphony No. 35, the Haffner Symphony, and Mozart's Clarinet Concerto.

Date: Friday, October 22nd

Time: 10:00am - 11:00am

Fees: \$12M / \$15NM

#113208-02

Register by: Thursday, October 21st

Book Club is back!

The PTC Book Club meets in-person on the second Friday of each month at 10:00am. On Friday, October 8th we will discuss the book, *Book Woman of Troublesome Creek* by Kim Michele Richardson. If you are interested in joining this group, please call Phyllis Wallach for more information at: (847) 821-8229.

In-Person Programs (Cont.)

50+ Light and Lively

Taught by experienced fitness instructor, Judy Samuelson, this in-person class includes chair exercises, stretching, strengthening, and gentle impact aerobics. *All students will be required to wear masks and will be social distanced as per room arrangements.*

Dates: Mondays: Sept. 13th – Nov. 22nd (11)

Times: 9:00am - 10:00am

Fees: \$170M / \$185NM

#113201-01

Register by: Friday September 10th

Chair Yoga & Meditation

Join yoga therapist Isabel Raci for a session of mindful movement/chair yoga and guided meditation.

Dates: Tuesday, October 5th

Tuesday, October 26th

Times: 1:00pm – 1:45pm

Fees: \$12M / \$15NM

#113105-01

#113105-02

Register by: Monday Oct 1st & Monday Oct 25th

PTC Member Card Play

The PTC is delighted to offer in-person, masked, open card and table game play to all active members. No reservations needed. Please no food or drink.

Mondays: Billiards

Time: Noon - 3:00pm

Mondays: Open Mah Jongg

Time: Noon - 3:00pm

Tuesdays: Ping Pong

Time: Noon - 3:00pm

Wednesdays: Open Bridge

Time: Noon - 3:00pm

Fridays: Open Poker, Canasta, Rummikub, Scrabble

Time: Noon - 3:00pm

Social Services

Margie Fischer, our Social Services Coordinator, is in the office on a very limited basis. If you have a question, she can be reached via email margie@pattyturnercenter.org or voicemail, 847-572-2658. Our SHIP Medicare Counseling Program is also operating, but at a limited capacity.

ACES: Family Caregivers are Back In-Person

After 15 months of meeting via ZOOM, our fabulous group of Family Caregivers are BACK at PTC meeting LOVE and IN-PERSON. If you're involved with the care of a loved one, please consider joining us! Studies show caregivers reduce their stress, enjoy improved health, and provide better care when receiving support. ACES is a group of great people that meets twice a month for valuable information on relevant topics, leads on resources, and to share concerns and tips with other caregivers. 2nd and 4th Wednesdays of the month. FREE. Contact Margie for more info.

NEW! Grief Support Group Returns!

The Patty Turner Center and Promedica/Heartland Hospice are joining together to offer a grief support group for anyone that has experienced a loss, no matter when the loss took place. Facilitated by a professional bereavement coordinator, the meetings will help you navigate difficult emotions and process life after loss. This will be a six-week session every Monday starting October 11th at 1:00pm. To register for this FREE group, please contact Laura Wilson: 224-361-9848. *Please register by Friday, October 8th*

Dementia Caregiver Support


Do you care for someone diagnosed with dementia? You are not alone. The Alzheimer's Association will host an in-person monthly group facilitated by the PTC. It provides much needed support for friends and family assisting those in the middle to later stages of dementia. The group provides a safe, confidential, and supportive environment to share and learn with others who truly understand your situation. Meetings will be at the Patty Turner Center, the 3rd Wednesday of each month at 3pm. Meetings are FREE and open to all who are caring for someone with dementia. For more information, please call Nicole (847-572-2653) or visit alz.org.

Next Meeting: Wednesday, October 20th

SHIP Answers Your Medicare Questions

PTC is a host site for the Illinois Department on Aging's SHIP (Senior Health Insurance Program). FREE counseling and information on: *Enrollment, Prescription Drug Plans, Supplemental Plans, Subsidies to offset the cost of Medicare, Claims and Appeals*. Trained volunteers are ready to answer your questions. Appointments are required and can be made by calling the PTC at: 847-940-4010.

October 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
					10 Art Alive with Debra Levie: Edgar Degas 12-3 Poker & Open Card Games 1 Knitting Club	9-12 PTC Healthy Senior Expo
3	4	5	6	7	8	9
	9 Light & Lively 12-3 Mah-Jongg 12:30 Studio Painting & Drawing 1 Billiards	9 Men's Club: Ft. Sheridan 1 Townley Bridge 1 Chair Yoga & Meditation 1 Ping Pong 2:30 Dance Ensemble	9 Podiatry 9 Virtual Light & Lively *Zoom 9 Podiatry 12-3 Bridge 5 New Member Reception	9:00 Podiatry 9:30 ESL 1 Movies for Members: City Slickers (1991)	10 Book Club: <i>Book Woman of Troublesome Creek</i> 12-3 Poker & Open Card Games 1 Knitting Club	
10	11	12	13	14	15	16
	9 Light & Lively 12-3 Mah-Jongg 12:30 Studio Painting & Drawing 1 Grief Support Group 1 Billiards Columbus Day	9 Men's Club: Overlooked Americans 1 Ping Pong 2:30 Dance Ensemble	9 Virtual Light & Lively *Zoom 12-3 Bridge 12 Women's Club 1 ACES	9 Members' Council 9:30 ESL 1 Movies for Members: Minari (2020)	9 Bingo! *Zoom 12-3 Poker & Open Card Games 1 Knitting Club	
17	18	19	20	21	22	23
	9 Light & Lively 12-3 Mah-Jongg 12:30 Studio Painting & Drawing 1 Grief Support Group 1 Billiards	9 Men's Club: Polarized Parties and Democracy 1 Ping Pong 2:30 Dance Ensemble	9 Virtual Light & Lively *Zoom 12-3 Bridge 3 Dementia Support Group	9:30 ESL 1 Movies for Members: The Hunt for Red October (1990)	10 At the Podium with Jim Kendros: A Mozart Festival 12-3 Poker & Open Card Games 1 Knitting Club	
24	25	26	27	28	29	30
31 Halloween 	9 Light & Lively 12-3 Mah-Jongg 12:30 Studio Painting & Drawing 1 Grief Support Group 1 Billiards	9 Men's Club: Access to the Polls 1 Chair Yoga & Meditation 1 Ping Pong 2:30 Dance Ensemble	9 Virtual Light & Lively *Zoom 12-3 Bridge 1 ACES	9:30 ESL 1 Movies for Members: North by Northwest (1959) 12 PTC Excursion: "Ragtime!"	12-3 Poker & Open Card Games 1 Knitting Club	