

PTC BULLETIN



Patty Turner Center is a Deerfield Park District Program for Adult Enrichment in Partnership with the Village Of Deerfield

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July 2021 Edition

Happy Summer!

On behalf of the Deerfield Park District, the Patty Turner Center wishes you well and hopes that your summer days are filled with sunshine, smiles and the warmth of family and friends. If we can be of assistance to you, please give us a call at: 847-940-4010. We look forward to hearing from you soon!

From the Patty Turner Center

On June 11, 2021, the State of Illinois moved into Phase 5 of the Restore Illinois Plan.

In accordance with state and local guidelines, the PTC re-opened; providing virtual and in-person programming, social services support and lending closet services by appointment.

In the weeks to come, the PTC will continue to add more in-person programs to its calendar as we invite our members and many of our instructors and speakers to return.

We will diligently continue to transition as we fully re-open our center and re-establish our program. We thank you for your ongoing support, patience and understanding.

Enclosed with this bulletin you will find a registration form which is to be used to enroll in a program, event or trip.

Please complete the form and forward your payment to the Patty Turner Center.

If you are participating in a virtual program, once registered, you will be sent an e-mail with a ZOOM link to participate in the class you registered for.

We look forward to seeing you soon!

Registration

In order to participate in any virtual or in-person program, advanced registrations are required. Please call the PTC at: 847-940-4010

PTC Upcoming Events

PTC Cabaret Nights: "A Tribute to Old Blue Eyes!"

Sponsored by the Sheridan at Green Oaks

The Patty Turner Center is thrilled to welcome Chicagoland's very own Bill Pantle as he presents his musical tribute to the Chairman of the Board, Mr. Frank Sinatra! This intimate evening affair will be presented at the PTC and held in our spacious Members' Room. Join us for our first, special event of the year featuring a pre-concert reception, performance and dancing. Friends and guests are welcome!

Date: Wednesday, August 4th

Time: 6:30pm - 8:00pm

Fees: \$15M / \$20NM

#113231-01

Reservations: (75)

All registrations must be received by Friday, July 30th

Coming Soon! The Chicago Cubs VS. Milwaukee Brewers

Let US take YOU out to the Ballgame as the PTC embarks on yet another excursion to Milwaukee to see the Milwaukee Brewers take on our beloved Chicago Cubs at American Family Field. Enjoy round-trip motorcoach service as provided by Windy City Limo. This hassle-free excursion is open to members, guests and friends but don't wait! Only 50 tickets have been put on reserve and they won't last long! Seats are located along the 3rd baseline; between 3rd base and Left Field. Seats are also located near concessions and bathroom facilities with easy escalator / elevator access. This trip involves moderate walking. Lunch and beverages on own.

Date: Sunday, September 19th

Time: 11:00am - 6:00pm

Fees: \$65M / \$75NM

#113250-01

Reservations: (50)

All registrations must be received by Friday, August 27th

Save the Date! Healthy Lifestyle Expo 2021

This year's Healthy Lifestyle Expo will be held at the PTC on Saturday, October 2nd from 9:00am-Noon. Designed for active, older adults, please join us for this morning vendor and resource fair. Flu Shots will be provided by Walgreens along with the services of a shredding company. FREE!

Virtual Programs

The PTC will continue to offer virtual programs as part of our calendar of activities. Please contact Nicole Britz at: 847-572-2652 for details.

Men's Club

The Patty Turner Center Men's Club will continue to hold its weekly morning presentations virtually throughout the month of July. In August, in-person lectures will resume! All Men's Club presentations begin at 9:00 a.m. and offered FREE to PTC Members. Presentations are supported by Whitehall of Deerfield.

July

July 6th - **"Tony Bennett"**

Speaker: Susan Benjamin

July 13th - **"Women's Suffrage in the United States "**

Speaker: Gary Midkiff

July 20th - **"Sign Posts on the Prairie Pt. 2"**

Krista August

July 27th - **"Shanghai: The Holocaust Safe Haven"**

Speaker: Illinois Holocaust Museum

Fitness Programs

Virtual 50+ Light and Lively

Taught by experienced fitness instructor, Judy Samuelson, this class includes chair exercises, stretching, strengthening, and gentle impact aerobics. Students are to provide their own music and fitness equipment. *Enrolled participants will receive a ZOOM link prior to start of class.*

Dates: Wednesdays: July 7th - Sept 1st (9)

Times: 9:00am - 10:00am

Fees: \$90M / \$115NM

#413201-02

Register by: Friday July 2nd

Virtual Chair Yoga & Meditation

Join yoga therapist Isabel Raci for a virtual session of mindful movement/chair yoga and guided meditation. Isabel will focus on stress reduction while leading participants in gentle seated movement. You will need a sturdy arm-less chair and comfortable clothing. A yoga mat is not required. *Enrolled participants will receive a ZOOM link prior to start of class.*

Dates: Friday, July 16th

Times: 10:00am - 10:45am

Fees: \$10M / \$12NM

#413105-02

Register by: Wednesday, July 14th

In-Person Programs

The PTC is thrilled to bring back some of your favorite programs! We warmly welcome you back to the center to reunite with your favorite teachers, friends and staff!

Art Educator Debra Levie presents

"Art is Alive!"

Explore the Masterpieces of the art world with Columbia Art School Art Educator, Debra Levie. Joining us live and in-person, learn more about the history and paintings found within this treasured site.

July: "The Hearst Castle"

Date: Friday, July 2nd

Time: 10:00am -11:30am

Fees: \$12M / \$15NM

#413127-02

Register by: Thursday, July 1st

"At the Conductor's Podium"

July: Melodious American Composers

Celebrate the greatness of American music during the month of Independence! Jim Kendros returns live and in person to the Patty Turner Center to joyfully offer us music from composers which is truly American in spirit! Hear works from Copland, Gershwin, & Bernstein for a wonderfully patriotic morning of great American musical treasures!

Date: Friday, July 23rd

Time: 10:00am - 11:00am

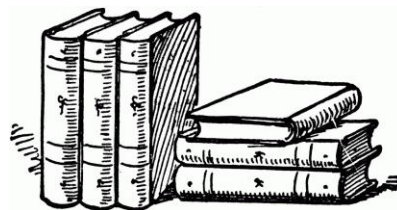
Fees: \$12M / \$15NM

#413235-02

Register by: Wednesday, July 21st

Book Club is back!

The PTC Book Club returns to the Center, in-person! Book Club meets the second Friday of each month at 10:00am to discuss the current book being read. On Friday, July 9th we will discuss the book, *Becoming Duchess Goldblatt*, Anonymous. If you have any interest in joining this group, please call Phyllis Wallach for more information (847) 821-8229.



In-Person Programs

The PTC is thrilled to bring back some of your favorite programs! We warmly welcome you back to the center to reunite with your favorite teachers, friends and staff!

50+ Light and Lively

Taught by experienced fitness instructor, Judy Samuelson, this reduced-fee virtual class includes chair exercises, stretching, strengthening, and gentle impact aerobics.

Dates: Mondays: July 12th - September 13th (9)

Times: 9:00am - 10:00am

Fees: \$135M / \$150NM

#413201-01

Register by: Friday July 2nd

No Class: September 6th

Dates: Thursdays: July 8th - Sept 2nd (9)

Times: 9:00am - 10:00am

Fees: \$135M / 150NM

#413201-03

Register by: Friday July 2nd

PTC Member Open Card & Game Play

The PTC is delighted to offer in-person, open card and table games to all active members of the PTC! In July, we will follow the below schedule as other programs are re-introduced to the calendar. No reservations required. Please no open food or drink.

Mondays: Billiards

Time: 1:00pm - 3:00pm

Location: PTC Front Lobby

Mondays: Open Mah Jongg

Time: Noon - 3:00pm

Location: Members' Room A

Tuesdays: Ping Pong

Time: 1:00pm - 3:00pm

Location: Multi-Purpose Room A/B

Wednesdays: Open Bridge

Time: 1:00pm - 3:00pm

Location: Members' Room A

Fridays: Open Poker, Canasta, Rummikub, Scrabble

Time: Noon - 3:00pm

Location: Members' Room A/B

Movies For Members

If you enjoy a great movie on the big screen, please join us each Thursday afternoon for Movies for Members! Please check the calendar for weekly movie titles!

Social Services

Margie Fischer, our Social Services Coordinator, is in the office on a very limited basis. If you have a question, she can be reached via email margie@pattyturnercenter.org or voicemail, 847-572-2658. Our SHIP Medicare Counseling Program is also operating, but at a limited capacity.

ACES: Family Caregivers are Back In-Person

After 15 months of meeting via ZOOM, our fabulous group of Family Caregivers are BACK at PTC meeting LOVE and IN-PERSON. If you're involved with the care of a loved one, please consider joining us! Studies show caregivers reduce their stress, enjoy improved health, and provide better care when receiving support. ACES is a group of great people that meets twice a month for valuable information on relevant topics, leads on resources, and to share concerns and tips with other caregivers. 2nd and 4th Wednesdays of the month. FREE. Contact Margie for more info.

Dementia Caregiver Support


Do you care for someone diagnosed with dementia? You are not alone. The Alzheimer's Association will host an in-person monthly group facilitated by the PTC. It provides much needed support for friends and family assisting those in the middle to later stages of dementia. The group provides a safe, confidential, and supportive environment to share and learn with others who truly understand your situation. Meetings will be at the Patty Turner Center, the 3rd Wednesday of each month at 3pm. Meetings are FREE and open to all who are caring for someone with dementia. For more information, please call Nicole (847-572-2653) or visit alz.org.

Next Meeting: Wednesday, July 21st

SHIP Answers Your Medicare Questions

PTC is a host site for the Illinois Department on Aging's SHIP (Senior Health Insurance Program). FREE counseling and information on: *Enrollment, Prescription Drug Plans, Supplemental Plans, Subsidies to offset the cost of Medicare, Claims and Appeals*. Trained volunteers are ready to answer your questions. Appointments are required and can be made by calling the PTC at: 847-940-4010.

July 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
				1 Movies for Members: News of the World (2020)	10 Art Alive with Debra Levie: Hearst Castle 12-3 Poker 1 Knitting Club	
4	5	6	7	8	9	10
 Independence Day	PTC Closed No Programming	9 Men's Club: Tony Bennett *Zoom 1 Ping Pong 1:30 Dance Ensemble at Jewett	9 Virtual Light & Lively *Zoom 12-3 Bridge 1 Walking Club	9 Light & Lively 1 Movies for Members: The Current War (2019)	10 Book Club: <i>Becoming Duchess Goldblatt</i> 12-3 Poker 1 Knitting Club	
11	12	13	14	15	16	17
	9 Light & Lively 12-3 Mah-Jongg 1 Billiards	9 Men's Club: Women's Suffrage *Zoom 1 Ping Pong 1:30 Dance Ensemble at Jewett	9 Virtual Light & Lively *Zoom 12-3 Bridge 1 ACES 1 Walking Club	9 Light & Lively 1 Movies for Members: His Girl Friday (1940)	10 Chair Yoga & Meditation *Zoom 12-3 Poker 1 Knitting Club	
18	19	20	21	22	23	24
	9 Light & Lively 12-3 Mah-Jongg 1 Billiards	9 Men's Club: Sign Posts Part 2 *Zoom 1 Ping Pong 1:30 Dance Ensemble at Jewett	9 Virtual Light & Lively *Zoom 9:30 Lake Geneva Cruise 12-3 Bridge No Walking Club 3 Dementia Support Group	9 Light & Lively 1 Movies for Members: Crypto (2019)	10 At the Podium with Jim Kendros: Melodious American Composers 12-3 Poker 1 Knitting Club	
25	26	27	28	29	30	31
	9 Light & Lively 12-3 Mah-Jongg 1 Billiards	9 Men's Club: Shanghai Safe Haven *Zoom 1 Ping Pong 1:30 Dance Ensemble at Jewett	9 Virtual Light & Lively *Zoom 12-3 Bridge 1 ACES 1 Walking Club	9 Light & Lively 1 Movies for Members: A Beautiful Day in the Neighborhood (2019)	9 Bingo! With David & Nicole *Zoom 12-3 Poker 1 Knitting Club	