

375 Elm Street, Deerfield, IL 60015

May Edition 2021

A DEERFIELD PARK DISTRICT PROGRAM FOR ADULT ENRICHMENT IN PARTNERSHIP WITH THE VILLAGE OF DEERFIELD

Happy Spring!

The Patty Turner Center wishes you all the very best in 2021. We are hopeful that you are doing well and enjoying these warmer days of spring. If you would like to give us a call, please do so. We look forward to hearing from you soon!

From the Patty Turner Center

In accordance with state and local guidelines, the PTC has re-opened providing virtual and in-person programming along with curbside lending closet services by appointment only.

As of late March, the PTC has been identified as a designated COVID-19 vaccination site. This program is the result of a collaboration between the Village of Deerfield, the Deerfield Park District, Doctor's Test Center officials, and the Lake County Health Department.

Please know that during this time, the PTC will continue to provide members with a center bulletin containing a wide variety of virtual and in-person programs to select from.

Enclosed with this bulletin you will find a registration form which is to be used to enroll. Please complete the form and forward payment to the Patty Turner Center.

Once registered, you will be sent an e-mail with a ZOOM link to participate in the class you registered for.

Enrollment and registration must be completed prior to the start date of each program.

As a courtesy, registration and payment can be dropped off at the PTC beginning April 30th between the hours of 9:00am and 4:00pm.

We look forward to seeing you soon!

Registration

In order to participate in any virtual or in-person program, advanced registration is required. Please contact the PTC at: 847-940-4010 Please no walk-ins or general visitation.

PTC Upcoming Outdoor Events

Sponsored by Whitehall of Deerfield

PTC Outdoor Antique & Classic Car Show!

Hosted by the PTC Men's Club, this outdoor antique and classic car show will be open to the public and feature fully-restored automobiles from years gone by. Join us as we step back into time and learn more about these vintage automobiles and how they were acquired and restored. To safely accommodate visitors, the event will be hosted in two 45-minute time blocks. Each time block will be limited to 50 participants. Advanced registration required. No walk-ins. Please bring a chair, face coverings are required, and social distancing will be monitored. Please contact the PTC for details.

Date: Saturday, May 22nd

Time Blocks: 9:00am or 10:00am

Section #313104-01: 9:00am- 9:45am

Section #313104-02: 10:00am- 10:45am

Fees: FREE

Registrations must be received by Wednesday, May 19th.

Coming Soon! PTC Parking Lot Music Palooza!

This outdoor concert event will feature the LIVE music of Riverwood's very own, John Maxson and the North Shore Line and Highwood's very own, Roger That! A wide variety of music from the 50's, 60's, and 70's will be covered as both bands take to the stage for two concerts. To safely accommodate visitors, the event will be hosted in two 45-minute time blocks. Each time block will be limited to 50 participants. Advanced registration required. No walk-ins. Please bring a chair, face coverings are required, and social distancing will be monitored. Please contact the PTC for details.

Date: Sunday, June 6th

Time Blocks: 1:00pm or 2:00pm

Section #413104-01: 1:00pm- 1:45pm

Section #413104-02: 2:00pm- 2:45pm

Fees: \$10M / \$12NM

All registrations must be received by Wednesday, June 2nd

Virtual Programs

Virtual Lecture Presentations

Men's Club

The Patty Turner Center Men's Club will continue to hold its weekly morning presentations each Tuesday at 9:00 a.m. and will be offered FREE to all PTC Members. Presentations are graciously supported by Whitehall of Deerfield.

May

May 4th – "The Legendary Bob Hope"

Speaker: Susan Benjamin

May 11th – "The Presidency of Ronald Reagan"

Speaker: Gary Midkiff

May 18th – "Deerfield Fire Department Updates"

Speaker: Brian McCarthy

May 25th – "Masters of the Old West: Remington, Russell, & Schreyvogel"

Speaker: Debra Levie

Art Educator Debra Levie presents

"Art is Alive!"

Sponsored by The Sheridan at Green Oaks

Explore the Masterpieces of the art world with Columbia Art School Art Educator, Debra Levie.

Learn about the history and paintings of the world's most beloved artists.

May: "Frida Kahlo"

Date: Friday, May 7th

Time: 10:00am -11:30am

Fees: \$12M /\$15NM

#313217-02

Register by: Wednesday, May 5th

Virtual Book Club

The Patty Turner Center Book Club has gone virtual! Join the PTC Book Club which meets virtually, the second Friday of each month at 10:00am to discuss the current book being read. On Friday, May 14, we will discuss the book, *The Paris Hours* by Alex George. If you have any interest in joining this group, please call Phyllis Wallach for more information (847) 821-8229.

"At the Conductor's Podium"

May: Spring Music Splendor

Sponsored by The Sheridan at Green Oaks

As we enjoy the arrival of spring, we will experience the rustic charms of Vivaldi's Spring Concerto, the mysterious imaginings of Faure's Pavane, the youthful sweetness of Schubert's Symphony # 5 and the luminance utterances of Mozart's Clarinet Concerto. Jim will delve into the lives of each composer and work.

Date: Friday, May 28th

Time: 10:00am - 11:00am

Fees: \$12M / \$15NM

#313235-02

Register by: Wednesday, May 26th

Fitness Programs

Virtual 50+ Light and Lively

Taught by experienced fitness instructor, Judy Samuelson, this class includes chair exercises, stretching, strengthening, and gentle impact aerobics. Students are to provide their own music and fitness equipment. *Enrolled participants will receive a ZOOM link prior to start of class.*

Dates: Wednesdays: May 5th - June 30th (9)

Times: 9:00am - 10:00am

Fees: \$95M / \$110NM

#313201-02

Register by: Monday, May 3rd

NEW! Fitness Programs

Virtual Chair Yoga & Meditation

Join yoga therapist Isabel Raci for this FREE virtual session of mindful movement/chair yoga and guided meditation. Isabel likes to focus on stress reduction while leading participants in gentle seated movement. You will need a sturdy arm-less chair and comfortable clothing. A yoga mat is not required for this class but have it ready if you own one. *Enrolled participants will receive a ZOOM link prior to start of class.*

Dates: Friday, May 21st

Times: 10:00am - 11:00am

Fees: FREE

#313105-01

Register by: Wednesday, May 19th

In-Person Programs

The PTC is thrilled to be able to offer small group activities for those interested. Advanced reservations must be made, masks must be worn, and social distancing practiced.

50+ Light and Lively

Taught by experienced fitness instructor, Judy Samuelson, this reduced-fee virtual class includes chair exercises, stretching, strengthening, and gentle impact aerobics.

Dates: Mondays: May 3rd - June 28th (8)

Times: 9:00am - 10:00am

Fees: \$125M / 140NM

#313201-01

Register by: Friday, April 30th

No Class: Monday, May 31st

Dates: Thursdays: May 6th - June 24th (8)

Times: 9:00am - 10:00am

Fees: \$125M / 140NM

#313201-03

Register by: Monday, May 3rd

PTC Walking Club

The PTC is delighted to welcome the return of its walking Club. Hosted by PTC Program Supervisor Nicole Britz, this weekly group will meet at a different location each month. All are welcome! Please wear comfortable walking shoes and proper weather attire. Participants must call to RSVP and must sign a waiver. For details, please call Nicole at: 847-572-2653.

Billiards

Offered on Mondays at 1:00 pm.

Knitting Club

Offered on Fridays at 1:00 pm.

Movies for Members

Offered on Thursdays at 1:00 pm.

Limit 10 members.

Advanced registration is required for virtual and in-person programs. Call: 847-940-4010

Social Services

Margie Fischer, our Social Services Coordinator, is in the office on a very limited basis. If you have a question, she can be reached via email margie@pattyturnercenter.org or voicemail, 847-572-2658. Our SHIP Medicare Counseling Program is also operating, but at a limited capacity.

ACES: Family Caregiver Support Virtual Meetings

If you are providing care for a loved one, whether you live together or not, you should consider joining us! Studies show caregivers reduce their stress, enjoy improved health, and provide better care when receiving support. ACES is a group of great people that meets twice a month for valuable information on relevant topics, leads on resources, and to share concerns and tips with other caregivers. We have fun, too! We're on Zoom from 1:00 – 2:30 pm on the 2nd and 4th Wednesdays of the month. Contact Margie for link and more info.

Dementia Caregiver Support

Do you care for someone diagnosed with dementia? You are not alone. The Alzheimer's Association will host a virtual monthly group facilitated by the Patty Turner Center. It provides much needed support for friends and family assisting those in the middle to later stages of dementia. The group provides a safe, confidential, and supportive environment to share and learn with others who truly understand your situation. Meetings will be on Zoom, the 3rd Wednesday of each month at 3pm. Meetings are FREE and open to all who are caring for someone with dementia. For more information, please call Nicole (847-572-2653) or visit alz.org.
Next Meeting: Wednesday, May 19th

May 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3	4	5	6	7	8
	9 Light & Lively 1 Billiards	9 Men's Club: Susan Benjamin presents Bob Hope *Zoom 1:30 Dance Ensemble at Jewett	9 Virtual Light & Lively *Zoom 1 Walking Club	9 Light & Lively 1 Movies for Members: Resistance (2020)	10 Art Alive with Debra Levie: Frida Kahlo *Zoom 1 Knitting Club	
9	10	11	12	13	14	15
Mother's Day	9 Light & Lively 1 Billiards	9 Men's Club: Gary Midkiff presents The Presidency of Ronald Reagan *Zoom 1:30 Dance Ensemble at Jewett	9 Virtual Light & Lively *Zoom 1 ACES 1 Walking Club	9 Light & Lively 1 Movies for Members: The War with Grandpa (2020)	9 Bingo! *Zoom 10 Book Club: The Paris Hours by Alex George *Zoom 1 Knitting Club	
16	17	18	19	20	21	22
	9 Light & Lively 1 Billiards	9 Men's Club: Deerfield-Bannockburn Fire Department Updates *Zoom 1:30 Dance Ensemble at Jewett	9 Virtual Light & Lively *Zoom 1 Walking Club 3 Dementia Caregiver Support Group *Zoom	9 Light & Lively 1 Movies for Members: Bombshell (2019)	10 Chair Yoga & Meditation *Zoom 1 Knitting Club	9 Men's Club Antique and Classic Car Show Time Block #1 10 Men's Club Antique and Classic Car Show Time Block #2
23	24	25	26	27	28	29
30	9 Light & Lively 1 Billiards 31 Memorial Day PTC Closed	9 Men's Club: Debra Levie presents Masters of the Old West *Zoom 1:30 Dance Ensemble at Jewett	9 Virtual Light & Lively *Zoom 1 ACES 1 Walking Club	9 Light & Lively 1 Movies for Members: Dark Waters (2019) 1 Cooking Demo with Jennifer Noone *Zoom	10 At the Podium with Jim Kendros: Spring Music Splendor *Zoom 1 Knitting Club	