The Patty Turner Center is a Deerfield Park District program for adult enrichment in partnership with the Village of Deerfield.

Our mission is to support the independence and well-being of adults 50 years and older; to encourage their participation in all aspects of life; to provide programs which serve their social, recreational, intellectual, and physical needs and to further enrich their lives.

PTC Special Events!

“Polynesian Nights!”
Sponsored by Whitehall of Deerfield
Enjoy a tropical island getaway as the Patty Turner Center presents the return of it’s Polynesian Nights Tropical Island Dinner and Luau. Feast upon island favorites catered by Hel’s Kitchen of Northbrook while The Barefoot Hawaiian brings “the Aloha” to Deerfield with music and traditional dance. It will be a terrific night of Tikis, Tom-Toms and Hula fun! Please invite a friend and take a break from the cold, Chicago winter! Mahalo!

Date: Thursday, January 23rd
Time: 5:30pm – 8:00pm
Fees: $28M/$38NM
#213231-01
Register by: Monday, January 20th

PTC Deerfield Firemen’s
“5-Alarm” Chili Bowl!
Hosted by the Deerfield Fire Department
Don’t miss this annual event as the PTC warmly welcomes the return of Deerfield’s Finest! Take a break from the cold and warm up as the Deerfield Fire Dept. crew takes over our kitchen and prepares a delicious homemade chili luncheon just for you! Come and enjoy delicious homemade chili and sweet cornbread. Advanced registrations are required for this afternoon of food, fun, games and more!

Date: Friday, February 7th
Time: Noon-2:00pm
Fees: $5M/$8NM
#213231-02
Register by: Friday, January 31st
**Excursions**

The PTC offers a variety of new, fun and affordable, chartered day trips each month. All trips are escorted by PTC staff with transportation provided by Windy City Charters. “Happy Travels!”

*Please note – Due to unforeseen weather conditions, excursions are subject to change and/or cancellation. Registrants will be contacted (24) hours in advance should weather conditions pose a threat.*

**January**

**The Milwaukee Art Museum presents**

**A Modern Vision: European Masterworks of the Phillips Collection**

Join David Shamrock and Art Educator Debra Levie as we travel to see this premiere exhibit! A Modern Vision presents a selection of the most iconic works from The Phillips Collection, America’s first museum of modern art, which opened in Washington, DC, in 1921. The exhibition features 50 masterworks by towering figures of European modernism, including Edouard Manet, Claude Monet, Vincent van Gogh and more! Lunch on own at the Café Calatrava.

Date: Wednesday, January 15th
Departure: 9:30am
Return: 4:30pm
Fees: $75M/$85NM
Registrations: 13

**February**

**The Milwaukee Symphony presents**

**“Simply Swingin’ – Sinatra and Friends”**

Come Fly with Me.” “Mack the Knife.” “Fly Me to the Moon.” If songs like these make you long to don a fedora and sip a martini, then you’re in the right place. Hear vocal sensation Steve Lippia croon the classics by icons such as Nat King Cole, Tony Bennett, Sammy Davis, Jr. and Ol' Blue Eyes himself, all backed by your favorite swingin’ band, the MSO. Lunch on own prior at the Milwaukee Public Market.

Date: Sunday, February 9th
Departure: 10:30am
Return: 6:00pm
Fees: $85M/$95NM
Registrations: 13

**February**

**“Casino Royale”**

**A Day at the Potawatomi Casino in Milwaukee**

Cards, dice, or slot machines- pick your pleasure! Milwaukee’s Potawatomi Casino has nearly 100 tables across a massive casino floor! Join us in February on a day-trip up north to one of the best entertainment destinations in the Midwest! You'll find plenty of gaming and dining options available! Lunch on own.

Date: Tuesday, February 18th
Departure: 9:30am
Return: 4:30pm
Fees:$65M/$75NM
Registrations: 20

**Coming in March**

**The Drury Lane Theater presents**

**“An American in Paris”**

Based on the Academy Award winner for Best Picture, An American in Paris brings breathtaking moments of dance and song to the stage. Come away with Jerry Mulligan, an American GI doing his best to make it as a painter in the bustling city of Paris following the end of World War II. The storied streets of the City of Lights become the dancefloor to a ravishing and passionate voyage into art, friendship, and love. Set to the music of George and Ira Gershwin, this four-time Tony Award winner and Grammy Award nominee is sure to please! Lunch

Date: Wednesday, March 11th
Departure: 10:00am
Return: 5:00pm
Fees: $95M/$105NM (Includes Lunch)
Registrations: 13

# 213250-04
Register by: Friday, March 6th
Programs

PTC Men’s Club
The PTC Men’s Club is a group of over 85 members who meet every Tuesday morning for high quality programs. Coffee, pastries, and camaraderie begin at 8:15am. Programs are from 8:45am – 10:00am. Members come to hear presentations by professional speakers on history, art, travel, science, government, and local, national, and international current events. Members consistently characterize the speakers as well informed, engaging, challenging, interesting, and educational. To join in the PTC Men’s Club, you must be a member of the Patty Turner Center. For questions please contact, John Maxson at: (847) 945-3927 or the PTC at (847) 940-4010.

January
- January 7th – “Bombshells of Hollywood”
  Speaker: Dr. Annette Bohenick

- January 14th – “News and Views”
  Speaker: Lynn Samuels

- January 21st – “Famous Comedians”
  Speaker: Tim Wilsey

  Speaker: Gary Midkiff

February
- February 4th – “Bob Fosse: Life was a Cabaret”
  Speaker: Susan Benjamin

- February 11th – “Ugly Prey: The True Story of an Italian Immigrant Convicted of Murder”
  Speaker: Dr. Emilie Luchesi

- February 18th – “Heroes On The Air”
  Speaker: Steve Darnall

- February 25th – “The House and Senate Election Map for 2020”
  Speaker: Dr. Julie Strauss

The PTC wishes to thank Burt Snider for his many years of hosting the PTC Men’s Club! If you are interested in hosting, please see John Maxson.

PTC Women’s Club
The PTC Women’s Club meets on the second Tuesday of every month for either a light dessert or luncheon and, dramatization or lecture presentation. Women and guests of the PTC come to gather to enjoy a delicious menu of fare and presentation by some of the North Shore’s finest speakers and dramatists. Open to all, guests need not be members.

January Dessert & Program
“Queen Elizabeth II”
with Dramatist Leslie Goddard
Sponsored by Elevate Care Riverwoods

In this new historical portrayal, historian Leslie Goddard, Ph.D., explores the life of Britain’s famous monarch, from her childhood, the abdication of her uncle, her marriage to a navy officer named Philip, her World War II service, and her struggle to balance her roles as queen and mother. Get to know the woman behind the images, her sense of humor and savvy intelligence with which she meets her demanding obligations.

Date: Tuesday, January 14th
Time: Dessert at 12:30pm (Doors will open at noon)
  1:00pm Program
Fees: $10M/$15NM
#213121-01
Register by: Friday, January 10th

February Luncheon & Program
“The Wonder of Nature’s Best”
with Rochelle Pennington
Sponsored by Brookdale of Vernon Hills

Join us for a luncheon at the PTC followed by a presentation by award-winning author Rochelle Pennington. Rochelle will guide us on a walk-through nature, along garden paths and forest floors, as she shares observations and poetry from some of the world's most remembered nature writers: John Muir, Emily Dickinson, Henry David Thoreau, Ralph Waldo Emerson, and others.

Date: Tuesday, February 11th
Time: 12:00 (Doors open at 11:45)
  1:00pm Program
Fees: $20M/$25NM
#213121-02
Register by: Friday, February 7th
Programs

“Germany’s Liquid Bread”
A Refreshing Look at the History of Beer
With Lecturer & Historian Anette Isaacs
Once so essential to daily diets that it was referred to as “Liquid Bread,” German beer to this day is a source of great culture and national pride. Join German Historian Anette Isaacs for a fascinating exploration into the history of this iconic drink while discussing the era of prohibition in the United States! Price includes lecture and beer samples.

Date: Wednesday, January 29th
Time: 2:00pm
Fee:$15M / $20NM
# 213135-01
Register by: Friday, January 24th

“Remember Then” Discussion Group
The PTC is delighted to welcome back members Bruce and Donna Stupple for their very popular drop-in, reminiscence program entitled, “Remember Then.” Please come and share your memories and stories of earlier days. All are welcome! Programs are hosted at the PTC from 1:00-2:00pm on the first and third Wednesdays of each month. Please join us!

Date: Wednesday, January 15th
Topic: Memories: Why Are They Important?

Date: Wednesday, February 5th
Topic: Once More, Let’s Play!

Date: Wednesday, February 19th
Topic: Letters: Writing, Receiving, and Saving Them

“Paint-N-Sip” Paint Party
With Val McCune of Smart Art Studio
Local Artist Valerie McCune returns to the Patty Turner Center to host and teach her popular social Paint-N-Sip painting class! Choose between two winter scenes while sipping wine and socializing with friends! All levels are welcome; no painting experience required. Join us for an afternoon of fun and creativity while sipping on your favorite choice of wine!

Date: Friday, January 31st
Time: 2:00pm
Fees: $15M/$20NM
#213129-01
Register by: Wednesday January 29th

Demystifying Gold & Silver
With David Kaz of DMK Metals
Gold and silver; why are these metals so valuable? Join David Kaz of DMK Metal as he teaches us a thing or two about gold and silver in this free program! He will share some of the history and how to identify the value of any precious metal items you may own. Audience participation is encouraged! Please bring a few items if you are interested in their worth and enter the raffle for a chance to win a .999 fine one-troy-ounce silver round replica dime in a random drawing.

Date: Wednesday February 12th
Time: 10:30am
Fees: FREE
#213135-02
Register by: Monday, February 10th

Great Decisions
This is the name of a briefing book and Foreign Policy Association program which engages adults in learning about our world. Participants must be PTC members and must have pre-registered. For details please contact Ken Birchard at (847) 363-5810.

Great Decisions will begin February 12th and take place the second and fourth Monday of each month.

It’s Paczki Day at the PTC!
Join us at the PTC as we celebrate and enjoy Paczki Day at the PTC. Join us on Tuesday, February 25th in the Atrium following Men’s Club for a delicious jelly-filled Paczki and a hot cup of coffee! First come, first serve!

Date: Tuesday, February 25th
Time: 10:30am – 12:00pm
Fees: $1.00
**Programs**

**“At the Conductor’s Podium”**  
**January: The Melodious Mozart!**
Yes, we all agree Mozart's music is melodious. But how about Mozart’s VERY melodious works? January is Mozart's birthday month and Jim Kendros starts 2020 with a celebration of some of Mozart's finest examples of melodic beauty! From serenades to symphonies, chamber music to concertos, you’ll delight in these melodious marvels! Join Jim Kendros for a wonderful January morning of Mozart!

Date: Friday, January 24th  
Time: 10:00am -11:00am  
Fees: $12M/$15NM  
#213235-01  
Register by: Wednesday, January 22nd

**February: The Romantic Chopin**
It is the month of romance, and also the birthday month of Chopin! What better time is there to celebrate the romantic outpourings of this timeless genius! Join Jim Kendros as we revel in the mazurka, polonaise and other favorite genres of Chopin! We'll especially explore a yearning work for piano and orchestra which stood as Chopin’s eternal testament of his first love.

Date: Friday, February 28th  
Time: 10:00am -11:00am  
Fees: $12M/$15NM  
#213235-02  
Register by: Wednesday, February 26th

**Studio Painting & Drawing**
In this studio class, we will explore different techniques in a variety of media including, pencil, watercolor, acrylic paint, pastel and more. Although the focus will primarily be on drawing and painting realistically, experimenting and trying new things is highly encouraged! Students of all levels welcome.

Dates: Mondays, 1/6-3/16 (8M)  
Time: 12:30-3:00pm  
Fee: $155R/195NR  
#213233-01  
No Class 1/20, 2/17, 3/2  
Min. 8 / Max. 16  
Register by: Friday, January 3rd

**“Art Alive”**  
**with Art Educator Debra Levie**
Explore the Masterpieces of the art world with Columbia Art School Art Educator, Debra Levie. Learn about the history and paintings of the world’s most beloved artists. Each class will feature larger-than-life masterworks (on the big screen) and the history behind each composition. Experience different countries, different periods of art and the incredible artists who pathed the way! This very popular art class is one of Patty Turner Center’s signature programs!

**January: A Modern Vision: European Masterworks of the Phillips Collection**
Date: Friday, January 3rd  
Time: 10:00am – 11:30am  
Fees: $12M/$15NM  
#213127-01  
Register by: Thursday, January 2nd

**February: Louise Nevelson: An American Sculptor**
Friday, February 7th  
Time: 10:00am – 11:30am  
Fees: $12M/$15NM  
#213127-02  
Register by: Wednesday, February 5th

**Continuing Spanish Class**
Ana Trbojevich teaches this continuation class with emphasis on basic speaking, listening, reading, and writing in Spanish. Story telling methodology is used to comprehend and grammar is taught in context. This class is designed for students who have completed a Beginning Spanish class.

Dates: Fridays, 1/10-3/27 (12F)  
Time: 10:00am – 11:30am  
Fee: $180M/$195NM  
#213116-01  
Register by: Wednesday, January 8th

**Digital Drop-In!**
The Deerfield Library staff will joining us to answer any questions you have about your digital devices! Please bring your questions and we’ll try to help!

Dates: Tuesday, February 11th  
Time: 9:30-11:30am  
Fees: FREE
Programs

Deerfield Community Band Concert
Please join us on Sunday, February 16th as Director Todd Smith and the Deerfield Community Band takes to the stage to perform a delightful afternoon band concert of familiar song titles and compositions especially for you! This concert is a definite must-see and hear for all music lovers! Please invite a friend!

Date: Sunday, February 16th
Time: 2:00-3:30pm
Fees: $8
#213221-01
Register by: Friday, February 14th

Reid Schultz Film Series
“The Road Films”
Join writer, filmmaker, and academic Reid Schultz as he analyzes the changing roles for women in American film in the 1970s and discuss some of the most powerful and influential films of the times. Having won regard as perhaps the greatest decade in American cinema, the 1970s is lauded for introducing new kinds of heroes, worlds, and sociopolitical topics to audiences. In this class, six feature films will be screened and include: Cabaret, Lady Sings the Blues, The Way We Were, Alice Doesn’t Live Here Anymore, Opening Night, and An Unmarried Woman.

Dates: Tuesdays, 1/21-2/25 (6)
Time: 6:00-9:30pm
Fees: $215
#213216-01
Register by: Friday, January 17th
Min. 8 / Max. 16

Soup and Sandwich Days!
Join your hosts David and Nicole as we try and stay warm this winter by hosting Soup and Sandwich Days just for you! Come and enjoy soup, sandwiches, sides and socialization! Just perfect on a cold, winter day!

January
Dates: Friday, January 10th
Time: Noon-1:00pm
Fees: $10M/$12NM
#213209-01
Register by: Wednesday, January 8th; Min. 8 / Max 16

February
Dates: Friday, February 14th
Time: Noon-1:00pm
Fees: $10M/$12NM
#213209-02
Register by: Wednesday, February 12th; Min. 8 / Max 16

Movies for Members
Each week, members of the PTC are invited to join us on Thursday afternoons from 1-3 for a FREE movie, hot popcorn, and cold refreshments! All movies are subtitled and are projected onto our big screen!

January:
1/2 - “We’re No Angels"
1/9 - “New Year’s Eve”
1/16 - “Big Eyes”
1/23 - Crooked House
1/30 - “The Padre”

February:
12/6 - “The Lunchbox”
12/13 - “Old Man and A Gun”
12/20 - “Best of Enemies”
12/27 - “LBJ”

Coming in March 2020…Theater D
Tickets for this year’s Theater D production of “Alone Together Again” will be going on sale at the Jewett Park Community Center. This year’s performance will be held over the weekends of March 13th and 20th. Interested parties may purchase tickets online at: www.theaterd.com, or, at the Jewett Park Community Center. Register early and get the seats you wish! Tickets are $21 and include the famous dessert buffet! For further information, please contact Donna Price at: (847) 650-6598.
Fitness Programs

Hatha Yoga
Instructor Joy Luster will help you relax and release tensions from your body and mind through the practice of Hatha Yoga, which includes yoga postures, breathing practice, deep relaxation, and meditation.

Date: Mondays, 1/6-4/13 (15M)
Time: 7:00pm - 8:15pm
Fees: $210R/$250NR
#232801-01
Min. 6 / Max. 20
Register by: Friday January 3rd

Feldenkrais®
Joyce Ann, OT shows us through guided awareness and gentle persuasion, the Feldenkrais method. All classes can be adapted and can be taught in sitting, standing, walking, and other positions.

Dates: Wednesdays, 1/15-2/26 (7W)
Time: 9:00am -10:00am
Fees: $90M/$105NM
#213234-01
Min. 4 / Max. 8
Register by: Friday, January 10th

Tai Chi Yang
Enjoy the ancient healing art of Tai Chi: the practice of controlled, relaxed body movements. Learn authentic Tai Chi forms at your own pace with stretching, strengthening, and range of motion exercises included. Work on posture, balance, breathing, and mental focus as you gain deeper relaxation. Beginners welcome.

January – February
Dates: Tuesdays, 1/7-2/25 (8T)
Times: 10:45-11:45am
Fees: $100M/$115NM
#213217-01
Register by: Friday January 3rd

Dates: Thursdays, 1/9-2/27 (8Th)
Times: 10:45-11:45am
Fees: $100M/$115NM
#213217-02
Register by: Monday, January 6th

Dates: Tuesdays & Thursdays, 1/7-2/27 (16T/Th)
Times: 10:45-11:45am
Fees: $200M/$230NM
#213217-03
Register by: Friday January 3rd

March - April
Dates: Tuesdays, 3/3-4/28 (9T)
Times: 10:45-11:45am
Fees: $115M/$130NM
#213217-04
Register by: Friday February 28th

Dates: Thursdays, 3/5-4/30 (9Th)
Times: 10:45-11:45am
Fees: $115M/$130NM
#213217-05
Register by: Monday March 2nd

Dates: Tuesdays & Thursdays, 3/3-4/30 (18T/Th)
Times: 10:45-11:45am
Fees: $230M/$260NM
#213217-06
Register by: Friday February 28th

Pilates
Julie Cheifetz’s Lifted ™ mat classes promote strength, injury prevention and a healthy mind-body connection. Using Pilates-based movement with props and light weights, these group classes help improve posture, balance, and overall fitness. Lifted™ functional-based classes teach you to take what you learn on the mat out into your day. Modifications are offered. Must be able to get up and down from a mat.

Date: Tuesdays, 1/7-3/24 (12T)
Time: 8:45am-9:45am
Fees: $187R/$227NR
#232805-01
No class: 2/4, Min. 8 / Max. 12
Register by: Friday January 3rd
Fitness Programs

50+ Light and Lively
Taught by experienced fitness instructor, Judy Samuelson; this class includes chair exercises, stretching, strengthening, and gentle impact aerobics. Students will increase their strength, flexibility, and mobility while improving their posture and balance. Exercises will be simple, easy, and fun!

Dates: Mondays 1/6-3/23 (12M)
Times: 9:00am - 10:00am
Fees: $180M/$195NM
#213201-01
Min. 6/ Max. 20

Dates: Thursdays 1/9-3/26 (12Th)
Times: 9:00am - 10:00am
Fees: $180/$195NM
#213201-03
Min. 6/ Max. 20

“Forever Fit” Dance Fitness
This is a fun and friendly dance fitness class for mature adult exercisers who love music, dancing and exercising. Combining chair fitness with standing barre work, this fun and energetic dance fitness class will introduce students to a variety of rhythmic steps, simple dance sequences and brief choreographed routines. Learning, remembering, and executing choreography is fitness for the brain and body. Taught by experienced senior fitness instructor, Judy Samuelson, this class promises to be a great workout filled with fun and music.

Dates: Tuesdays, 1/7-2/11 (6T)
Times: 10:30am - 11:30am
Fees: $90M / $105NM
# 213201-04
Min. 6/ Max. 20
Register by: Friday, January 3rd

Dates: Tuesdays, 2/18-3/24 (6T)
Times: 10:30am - 11:30am
Fees: $90M / $105NM
# 213201-05
Min. 6/ Max. 20
Register by: Friday, February 14th

“Forever Fit” Dance Ensemble I
The Forever Fit Dance Ensemble is currently rehearsing at the PTC. For further information about this class, please see Judy Samuelson for details.

Dates: Tuesday Afternoons, 1/7-3/24 (12T)
Times: 3:30pm - 5:00pm
Fees: $45M/$60NM
# 213201-06

“Forever Fit” Dance Ensemble II
For the intermediate dance fitness student, the “Forever Fit” Dance Ensemble combines all the elements of Dance Fitness I into a rehearsal and performance experience. For more information about this class, please see Judy Samuelson for details.

Dates: Wednesday Afternoons, 1/8-2/12 (6W)
Times: 3:30pm - 5:00pm
Fees: $90M/$105NM
# 213201-07
Min. 8 / Max. 12

Dates: Wednesday Afternoons, 2/19-3/25 (6W)
Times: 3:30pm - 5:00pm
Fees: $90M/$105NM
# 213201-08
Min. 8 / Max. 12

Tone & Firm
Improve your muscle tone and gain added strength and flexibility. Emphasis will be on the arms, hips, stomach, and legs; no jumping or jogging in routines.

Dates: Tuesdays, 1/7-3/24 (12T)
Times: 6:45pm - 7:45pm
Fees: $190R/$220NR
#232804-01
Register by: Friday, January 3rd

Dates: Thursdays, 1/9-3/26 (12Th)
Times: 6:45pm - 7:45pm
Fees: $190R/$220NR
#232804-02
Register by: Monday, January 6th

Dates: Tuesdays & Thursdays, 1/7-3/26 (24T/Th)
Times: 6:45pm - 7:45pm
Fees: $380R/$420NR
#232804-03
Register by: Friday, January 3rd
Card & Game Play

Private Member Card Play
Due to our busy program calendar, private PTC member card play is only available on the following days/times:
- Mondays: Mixed Card Games: Noon - 4:00pm
- Wednesdays: Mixed Card Games: Noon - 4:00pm
- Thursdays: Mixed Card Games: Noon - 4:00pm

Mah-Jongg for PTC Members
Mah-Jongg for Members meets every Monday and Friday afternoon at Noon. This group is for advanced players only.

Open Canasta for PTC Members
Members of the PTC are invited to join us on Wednesday afternoons at 12:30pm for open canasta. Play is self-led.

Social Bridge for PTC Members
Social Bridge for Members is held on Monday afternoons at the PTC between 12:30 pm - 3:30 pm. Players must have a solid understanding of the game and equal play skillset. Please call: (847) 940-4010 for details.

Open Poker for PTC Members
Open Poker for Members is held at the PTC on Tuesday afternoons at Noon.

Townley Bridge
The Townley Bridge Group meets on the first Tuesday of each month October through May, socializing starts at 11:30 and games begins promptly at 12:00 Noon. For more information, please contact Doris Kurtz at: (224) 515-8053.

Women’s Club Bridge “Round Robin”
Women’s Club Round Robin Bridge meets the third Monday of the month at Noon except for December. We play the same partner the whole season. Socializing starts at 11:30 and games begins promptly at Noon. All are welcome! If you are interested in joining us or, would like to substitute, please contact Doris Kurtz at: (224) 515-8053.

Women’s Open Social Bridge
Open Bridge is played the fourth Tuesday of the month at Noon except November and December. If you are interested in playing, please contact Maxine Zelski at (847) 945-4931. All are welcome!

Men’s Social Bridge
Men’s Social Bridge is currently underway! Game play is scheduled weekly on Friday mornings, year-round between the hours of 10:00 – Noon. Contact Allan Fink for details, (847)945-2517

Table-Top Game Corner
Looking for a fun new way to spend a Thursday or Friday morning? It's playtime!! At present, we are seeking new players for games like Gin Rummy, Rummikub, Scrabble, puzzles etc. Join us at 11:00am on Thursdays, or 12:30pm on Fridays.

Duplicate Bridge
These games are held at the PTC and are for the serious player. Games are sanctioned and supervised by teacher and instructor Elaine Morrison.
Dates: Wednesday Mornings
Times: 9:30am – 2:30pm
Fees: $10M/$11NM per session

Ping Pong
Do you enjoy playing ping pong? Test your skills, find opponents, and have fun! All players must be PTC members. Players may bring their own ping pong paddles. Play is offered between the hours of 1:00pm and 3:00 pm. Locations of play are pre-determined and are subject to change and/or cancel based upon Center activities and events.
Days: Tuesdays & Fridays
Times: 1:00pm-3:00pm

PTC Bocce Ball & Bowling
If you are interested in playing Bocce Ball, please call PTC member Bob Fincutter at: (847) 948-9523.

If you are interested in Bowling, please contact PTC Member John Sanner at: (847) 945-6514
Social Services

At Your Service!

Our part-time staff member, Margie Fischer, M.A., offers a variety of helpful information to members of our community. Topics include in-home services, community resources, help with applying for benefits, Medicare information, caregiver support and more. Margie has compiled a handy resource booklet tailored to our local area. The 40-page Guide to Community Services for Older Adults and Their Families is available for free at the Patty Turner Center. It can be mailed out upon request. Margie is generally in the office on Tuesday and Wednesday. Stop in, call, leave a voicemail, or send an email to Margie@pattyturnercenter.org. PTC Social Services is a partnership between West Deerfield Township and the Deerfield Park District. Service is friendly, free, and confidential.

Blue Bag Program

Keeps Documents Handy

Be prepared! The Blue Bag is a handy all-in-one packet containing your information ready to grab in an emergency-- health info, medication lists, POA, DNR, emergency contacts, and more. It comes with instructions to be placed where our local EMTs know to look for it. The Program is a collaboration between the PTC and the Deerfield-Bannockburn Fire Department. FREE for residents.

Loss/Bereavement Group

Patty Turner Center and Heartland Hospice have joined together once again to offer a grief support group. After a loved one’s death, it can be difficult to cope with emotions, navigate your shifting place in the world, and recreate yourself. Facilitated by a professional bereavement counselor, the group meets weekly on Wednesday mornings for six weeks. If you would like information on the next round of sessions, please contact Margie at PTC.

Need Transportation?

The Deerfield area is one of the richest around when it comes to providing transportation services for older adults. Options include the Village Taxi Program; the West Deerfield Township handicapped-accessible…

...“Going Places” van; a variety of specialty volunteer programs and the Lake County transportation grant.

Caruso “GrandFriends” Fund

There is a small fund available to assist lower income older adults to pay a portion of their membership and program fees at the PTC. The GrandFriends Fund was originated and is supported by the fundraising efforts of the students at Caruso Middle School. Margie can provide eligibility and program information. Participation is strictly confidential.

SHIP Answers Your Medicare Questions

PTC is a host site for the Illinois Department on Aging’s SHIP (Senior Health Insurance Program). How convenient is that?! SHIP is a national program that provides FREE counseling and information on:

- Enrollment
- Prescription Drug Plans
- Supplemental Plans
- Subsidies to offset the cost of Medicare
- Claims and Appeals

Trained volunteers are ready to answer your questions. Appointments are required and can be made by calling the Front Desk or Margie in Social Services. Smart beneficiaries use SHIP because “The Best Choice is an Educated Choice!”

Thank You, EVERYONE! Another season of Medicare Open Enrollment is behind us. Our SHIP counselors assisted nearly 140 beneficiaries to find their personal best Medicare Plan!! The annual event, which runs from Oct 15-Dec 7, was especially trying this year because CMS (Center for Medicare/Medicare Services) rolled out a brand new PlanFinder, the first overhaul in over a decade. Believe me, it wasn't without its glitches! It also requires set up of MyMedicare accounts for all our SHIP clients. THANK YOU to all our members/clients for your patience through the process, to our reception desk staff for fielding hundreds of phone calls, and especially to our SHIP Counselors: Phil, Mike, Steve, Mark, and Jane for the gift of your time and expertise! We couldn't have done it without you! All added up, we saved our PTC clients thousands and thousands of dollars, making it all worthwhile!
Social Services

ACES: Family Caregiver Support
Over the years, many of your neighbors have sat around our table with others who are navigating the path of being a family caregiver for their loved one. If you find yourself caring for a spouse or parent, maybe it's time for you to join us! Studies show caregivers reduce their stress, enjoy improved health and provide better care when receiving support. ACES is a group of super people that meets twice a month for valuable information on relevant topics, leads on resources, and to share concerns and tips with other caregivers. We have fun, too! You do not have to live with your care recipient to be considered a caregiver. We meet from 1:00 – 2:30 pm on the 2nd and 4th Wednesdays of the month in the PTC library. FREE and open to all family caregivers of older adults. Call Margie for more information.

Do care obligations keep you from attending our Support Groups? Here’s a solution! Through our treasured partnership with Faith in Action Volunteers, we are able to offer some respite options. On-site supervision of your loved one in our front lobby may be available during the Alzheimer and ACES meetings. Care recipients must be comfortable being apart from their loved one, have appropriate behavior, and be able to use the restroom on their own. Also, on a more limited basis, a trained Faith in Action volunteer may come to your home, if needed, while you attend the ACES meeting. For both services, pre-screening and reservations are required at no fee. to join ACES, a non-disease specific group for family caregivers that meets twice monthly at PTC.

NEW! Dementia Caregiver Support Group
The PTC will be hosting this facilitator-led support group as represented by the Alzheimer’s Association. If you are caring for a family member or friend with a form of Dementia, this group will provide a safe, confidential, and supportive environment and a chance for participants to develop informal mutual support and social relationships. Meetings are FREE and will be held the 3rd Wednesday of the month starting February 19th at 3:00PM. Please call Nicole at 847-572-2653 or visit alz.org for more details.

Save Money on License Plate Sticker, Local Vehicle Sticker, and Public Transit
If you are age 65+ or totally disabled AND have income less than $27,610 as an individual or $36,635 as a couple, you can apply for the Benefit Access Program. You may be entitled to a big reduction in your Secretary of State License Plate renewal sticker and get the RTA Senior Rides FREE card! If you’re already part of the program, it is suggested you renew at the first opportunity, which is three months prior to expiration. The application is good for two years. ALL applications and documentation must be submitted online; no paper forms exist. You can do it yourself at the Illinois Department on Aging’s website. Residents of Deerfield, West Deerfield Township, and PTC members may make an appointment with Margie and she will do it for you!! Also, the Village of Deerfield offers resident who are seniors LIHEAP recipients (monthly income <$1508 for individuals) the village sticker for just $1.

Teen Connect Program!
Teen Connect links Deerfield teens with Deerfield older adults to assist with outdoor jobs such as lawn care, snow shoveling, leaf removal, etc. Upon request, older adults will be mailed/emailed a list of participating teens, along with their availability and expected rate of pay. The senior is responsible for contacting the teen and making the financial and scheduling arrangements. The program is intended for those unable to do the work themselves, unable to afford the cost of a professional contractor on a regular basis, or only requiring assistance on an as-needed basis.

AARP Tax Aide 2020
Appointments now being taken!
In February, the PTC will host its AARP Tax Aide assistance program. This service is provided by AARP and is designed to assist area seniors with FREE tax service support. Service begins on Friday, February 7th and will end on Friday, April 10th. Appointments must be made in advance and are scheduled only on Friday afternoons at the PTC between the hours of 12:00pm and 4:00pm. Call (847) 940-4010 for an appointment. Appointments will be scheduled beginning the week of January 27th.
Wellness

The PTC offers an array of wellness services for both members and non-members. Please contact the Front Desk for details and appointments or call: (847) 940-4010. We will be more than happy to assist you!

Low Vision Group

Join the gathering that reflects the common and unique lifestyles of those with low vision! Meetings are enlightening and interactive; a place to share ideas and tools to live meaningfully and independently. We meet every other month on the second Monday. It is FREE and open to anyone. No matter your age or your town, if you are interested, join us! If you are reading this without magnification, please tell your friends who can't. Our next meeting will be held on January 13th from 10:00-11:30. Please Join us! All are welcome!

Blood Pressure Testing

Free Blood Pressure / Blood Sugar testing is offered at the PTC on the first Tuesday of each month at 9:30 a.m. This service is FREE and offered through North Shore University Health Systems. No appointment!

Cholesterol Testing

Cholesterol testing will be offered (by appointment only) at the PTC on the second Tuesdays of every other month. Tests are $25.00 per person. Checks are to be made payable to North Shore Health Systems. To make an appointment call: (847) 940-4010. *Cholesterol Testing will be held on November 12th

Podiatry Appointments

The PTC offers podiatry services monthly by Dr. Nick Ivancevic and now, Dr. Elizabeth Pacocha. Dr. Ivancevic provides on-site podiatry services one Friday per month between 9:15am – 12:15pm. Dr. Pacocha provides on-site podiatry services third Thursday between 9:30 am – 1:30 pm. To schedule an appointment please call: 847-940-4010. Please be advised that appointment times are limited to 15 minutes

Lending Closet

The PTC lends, on a short-term basis, a variety of durable medical equipment. This service is available to members and residents of Deerfield, Riverwoods, Bannockburn, and Lincolnshire. Items such as wheelchairs, walkers, canes, commodes, and bath benches, are generally available. Items are expected upon return date. Please call prior to your visit. We also accept your donation of clean, gently used equipment. Closet hours are Mon-Fri 9:00am-4:00pm. Please contact the PTC front desk for details!

Massage Therapy

The PTC is proud to offer Massage Therapy as one of its many services. Make your reservation today for a private massage with the PTC’s very own licensed massage therapist, Linda Walker. Linda joins us at the PTC alternating Wednesdays from 10-3. Please call the Center to schedule your appointment.

Dates: Alternating Wednesdays
Times: 10:00am – 3:00pm
Fees: Per 1/2 hour: $35M–$40NM
Per 1 hour: $65M–$75NM

Arthrossage

Arthrossage is an acupressure-based technique that eases the pain and tension from osteoarthritis, rheumatoid arthritis, and fibromyalgia. A full body treatment that loosens joints and muscles and is performed while clothed.

Dates: Alternating Wednesdays
Times: 10:00am – 3:00pm
Fees: $45M/$55NM – 45 minutes

Hand, Foot, Neck & Shoulders

New ½ Hour Massages!

Linda will be offering ½ hour hand, foot, neck and shoulder massages! This new service will be available by appointment only. Half-hour rates will apply. Please see Linda for details.
Art Wall
Through the support of the PTC Members Council, the PTC Art Wall allows members and resident artists to display their artwork. This month check out the work of local artist Ruth Schneiderman, and in February, we will feature student artwork from Deerfield Park District Art Teacher Mari Krasny.

Book Club
Do you LOVE to read? Do you enjoy discussing good books? Join the PTC Book Club which meets the second Friday of each month at 10:30 am to discuss the current book being read. On Friday, January 10th, we will discuss the book, *The Breakdown*, by B.A. Paris. On Friday, February 14th, we will discuss the book, *Ordinary Grace*, by William Kent Krueger. If you have any interest in joining this group, please call Phyllis Wallach for more information (847)821-8229

Copier Services
Copier services for small projects are available to all members of the PTC. If you need assistance, please contact the front desk.

Hummers & Strummers
Do you love music? If so, why not consider becoming a member of the PTC’s very own “Hummers & Strummers” ukulele group! Practices are held at the PTC on Thursday afternoons at 12:45pm.

Knitting Group
The PTC Knitting Group meets every Thursday in the PTC Atrium at 1:00 p.m. Please bring your knitting or crochet projects and join us!

PTC Library
The PTC Library is available to all our members. Members have access to our computers, along with the use of books, CD’s, and DVDs.

Be Our Guest!
If you have a friend who might be interested in becoming a member, please let us know. We will be more than happy to tour your guest as well as discuss our many programs and services with them.

Notary Public
Notary Public services are available to members and guests at the PTC. Please contact David Shamrock.

Room Rentals
The PTC offers room rental packages to members, guests and community groups. Rooms are available to rent but only after hours or on weekends. Please see David or Nicole for details.

Suggestion Box
Do you have an idea for a program, trip, or themed-dinner event? If so, we would like to hear from you! Know that the PTC has a suggestion box which is located near the pop machine. Please fill out a form and place it in the suggestion box. Thank you!

Thermostats
As the PTC is climate controlled, thermostats must not be adjusted. Please contact David Shamrock if you have any concerns.

Donations
The PTC is accepting of donations. If you are interested in making a gift to the Center, please contact David Shamrock. Thank you!

In Support of PTC Programming
Don Baker
Jerry Becker
Tom Cox
Bill Lutz
Chuck Caruso
Paula Grasso
Candice Hansen
John Maxson
Bill Seiden
Teri Turner

In Memory of Marilyn Sanner
Tom Cox
Jack and Leona Jashelski

In Memory of Dean Pagano
Linda Keller
Bonnie Koch
Diane Max
**Member Information**

Are you or someone you know interested in becoming a member of the PTC? Fill out the Registration Form and Waiver in the back of our bulletin and drop it off at the Patty Turner Center or feel free to mail in your form with your payment. Let us know how you heard about us and become a member today!

**Membership Fees**

*Per Person Costs:*

- $30.00 – Deerfield Residents
- $45.00 – Non-Deerfield Residents

**Registration Information**

To ensure your registration is confirmed, and to help keep class cancellations to a minimum, we strongly recommend registering at least one week prior to the date of your program, trip, or event. Payment is due at time of registration. To accommodate busy schedules, we do accept registration and payments in person, via fax at 847-317-2564, or by mail. Our mailing address is 375 Elm Street, Deerfield, IL, 60015. For themed dinner events, or any event that is being catered, please understand that we cannot accept walk-in registrations the day of an event. If you are interested in attending, please register as soon as possible. Know that food orders must be placed in advance. If you have any questions, please contact the front desk at 847-940-4010.

**Refund Policy**

If you are participating in a trip but must cancel, please know that refunds will not be given unless a waiting list has been established and a replacement can be found for your spot. A refund may be obtained two (2) business days prior to the first day of a class/program; a 10% service charge ($5 minimum-$10 maximum) will be deducted from the amount paid for all classes, programs, and trips. Credits may be applied to household accounts.

**Dietary Restrictions**

If you have dietary restrictions or allergies to specific foods, contact David Shamrock or Nicole Britz. Let us know how we can better accommodate your needs so that you can better enjoy our programs, events and outings!

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**Staying Connected to the PTC**

The Patty Turner Center has its own website full of information on programs, trips, the most current PTC bulletin and more! It’s a good place to keep current on happenings. You can find it by searching ‘Patty Turner Center’ in Google or type the following in your web browser: [www.pattyturnercenter.org](http://www.pattyturnercenter.org)

**PTC Monthly E-mail Newsletter**

Stop by the front desk with your email address or provide it on your program registration form to see the monthly programs and events happening at the Patty Turner Center sent straight to your inbox!

**LIKE us on Facebook!**

We are posting pictures, and details on upcoming programs on our Facebook page! If you have a Facebook, “Like" us and you will receive PTC program announcements and photos right to your Facebook newsfeed! [www.facebook.com/PattyTurnerCenter](http://www.facebook.com/PattyTurnerCenter)

**New Members**

The PTC is proud to welcome our newest members to the Center! On behalf of the PTC members’ Council and staff, we welcome you!

If there anything we can do to make your visit more enjoyable, please let us know!

Joyce Beckman
Andrea Brim
Thomas Croak
Israel Friedman
Jaya Huprikar
Vernon Kagan
Sheila Korr
Lisa Nelken
Faye Pais
Julia Smith
Janice Sutherlin
Daniel Weitzman

Erna Blitzer-Gorman
Anna Croak
Dottie Friedman
Gary Greenberg
Deloris Jackson
Bernard Kirk
Andrea Lansing
Audrey Nelson
Roger Salemi
Constance Spenko
Linda Thorpe
## January

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**Happy New Year! PTC CLOSED**

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<td>9 Light &amp; Lively</td>
<td>12 Mah-Jongg</td>
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<td>12:30 Social Bridge</td>
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<td>8:30 Men’s Club</td>
<td>8:45 Pilates</td>
<td>9:30 Blood Pressure</td>
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<td>10:45 Tai Chi</td>
<td>11:30 Townley Bridge</td>
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<td>1 Ping Pong</td>
<td>3:30 Forever Fit Dance</td>
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<td>9:30 Duplicate Bridge</td>
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<td>1 ACES</td>
<td>12:30 Open Canasta</td>
<td>3:30 Forever Fit Dance Ensemble II</td>
<td>9 Members’ Council</td>
<td>10:45 Tai Chi</td>
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<td>11 Table-Top Games</td>
<td>12 Private Member Game Play</td>
<td>1 Movies for Members</td>
<td>1 Sit &amp; Knit</td>
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<td>8:30 Men’s Club</td>
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<td>9 Feldenkrais</td>
<td>9:30 Duplicate Bridge</td>
<td>9:30 PTC Excursion: Milwaukee Art Museum</td>
<td>9:30 Duplicate Bridge</td>
<td>12:30 Open Canasta</td>
<td>1 Remember Then</td>
<td>3:30 Forever Fit Dance Ensemble II</td>
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<td>9 Light &amp; Lively</td>
<td>10:45 Tai Chi</td>
<td>11 Table-Top Games</td>
<td>12 Private Member Game Play</td>
<td>12:45 Hummers</td>
<td>1 Movies for Members</td>
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<td>9 Feldenkrais</td>
<td>9:30 Duplicate Bridge</td>
<td>10 Loss Support Group</td>
<td>10 Townley Board Meeting</td>
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<td>3:30 Forever Fit Dance Ensemble II</td>
<td>9 Light &amp; Lively</td>
<td>10 Conversation Club</td>
<td>10:45 Tai Chi</td>
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<td>12:45 Hummers</td>
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<td>1 Movies for Members</td>
<td>1 Sit &amp; Knit</td>
<td>6:45 Tone &amp; Firm</td>
<td>5:30 Polynesian Nights!</td>
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<td>2 “Germany’s Liquid Bread” Beer Tasting</td>
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<td>1 Movies for Members</td>
<td>6:45 No Tone &amp; Firm</td>
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10 “At the Conductor’s Podium” 10 Continuing Spanish 10 Men’s Bridge 12 Mah-Jongg 12:30 Table-Top Games 1 Ping Pong 2 Sip-N-Paint Party
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<td>10:30 PTC Excursion: Milwaukee Symphony</td>
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<td>2 Deerfield Band Concert</td>
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<td>11:30 Bridge “Round Robin”</td>
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# PTC - Program Registration Form

Make checks payable to the Deerfield Park District
Fax: 847-317-2564 | Phone: 847-940-4010
Mail or Drop Off with payment: 375 Elm Street. Deerfield, IL 60015

---

**Payment Information**

- Check #
- Check (Make payable to the Deerfield Park District)
- Cash ✓
- Visa ✓
- MasterCard ✓
- Discover ✓

Cardholder's Name ___________________________ Total Payment $ ____________

Cardholder's Signature ____________________________

Credit Card Number ____________ Expiration Date ________

---

We encourage participation by everyone and provide reasonable accommodations in accordance with ADA standards. If you require program assistance for special needs, check the box to be contacted by our NSSRA Inclusion Liaison, Linda Anderson. A diagnosis is not necessary. Linda can also be reached at 847-572-2615 or lindaa@deerfieldparks.org.

For this registration to be valid please sign waiver on reverse side.

---

## Name

---

## Address

---

## City

---

## Zip (Required)

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## Phone

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## Email

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## PTC Member □ Non-Member □

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## Activity #

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<th>Cost Per Person</th>
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Payment Total

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For this registration to be valid please sign waiver on reverse side.
GENERAL WAIVER & RELEASE - IMPORTANT INFORMATION
The Deerfield Park District is committed to conducting its recreation programs and activities in a safe manner and holds the safety of participants in high regard. The Deerfield Park District continually strives to reduce such risks and insists that all participants follow safety rules and instructions that are designed to protect the participants' safety. However, participants and parents/guardians of minors registering for this program/activity must recognize that there is an inherent risk of injury when choosing to participate in recreational activities. You are solely responsible for determining if you or your minor child/ward are physically fit and/or skilled for the activities contemplated by this agreement. It is always advisable, especially if the participant is pregnant, disabled in any way, or recently suffered an illness, injury or impairment, to consult a physician before undertaking any physical activity.

WARNING OF RISK
Despite careful and proper preparation, instruction, medical advice, conditioning and equipment, there is still a risk of serious injury when participating in any recreational activity/program. Understandably, not all hazards and dangers can be foreseen. Participants must understand that certain risks, dangers and injuries due to acts of God, inclement weather, slipping, falling, equipment failure, in supervision, premises defects and all other circumstances inherent to recreational activities/programs exist. In this regard, it must be recognized that it is impossible for the Deerfield Park District to guarantee absolute safety.

WAIVER AND RELEASE OF ALL CLAIMS AND ASSUMPTION OF RISK
Please read this form carefully and be aware that in signing up and participating in this program/activity, you will be expressly assuming the risk and legal liability and waiving and releasing all claims for injuries, damages or loss which you or your minor child/ward might sustain as a result of participating in any and all activities connected with and associated with this program/activity (including transportation services, when provided). I recognize and acknowledge that there are certain risks of physical injury to participants in this program/activity, and I voluntarily agree to assume the full risk of any and all injuries, damages or loss, regardless of severity, that my minor child/ward or I may sustain as a result of said participation. In the event of an emergency, I authorize District officials to secure from any licensed hospital physician, and/or medical personnel any treatment deemed necessary for me or my minor child’s immediate care. Participants and parents/guardians of minor participants are solely responsible for any and all expenses associated with emergency medical treatment, including but not limited to, transportation services to the nearest available medical facility/provider or to an alternative medical facility/provider requested by the participant or parent/guardian. I further agree to waive and relinquish all claims I or my minor child/ward may have (or accrue to me or my child/ward) as a result of participating in this program/activity against the Deerfield Park District, including its officials, agents, volunteers, and employees (hereinafter collectively referred to as “Deerfield Park District”). I do hereby fully release and forever discharge the Deerfield Park District from any and all claims for injuries, damages or loss that my minor child/ward or I may have or which may accrue to me or my minor child/ward, arising out of, connected with, or in any way associated with this program/activity.

I have read and fully understand the above important information, warning of risk, assumption of risk and waiver and release of all claims. For this registration to be valid please sign both sides of this form.

X sign here _______________________________ Participant’s Signature _____________ Date _____________
Coming to the Patty Turner Center on Thursday, January 23rd

“Polynesian Nights”

A Tropical Island Theme-Dinner Event & Luau!

“Enjoy a tropical island getaway as the Patty Turner Center presents the return of its Polynesian Nights Tropical Island Dinner and Luau featuring a delicious buffet of authentic island fare and luau dance performance by the Barefoot Hawaiians!”

Thursday, January 23rd

Time: 5:30 p.m. – 8:00 p.m.

Fees: $28.00 M / $38.00 NM

#213231-01

Register Deadline: Friday, January 17th

“IT’s a Terrific Night of Tikis, Tom-Toms & Tropical Tastes!”

The Patty Turner Center ~ 375 Elm Street ~ Deerfield, Illinois 60015 (847) 940-4010
Deerfield Park District
836 Jewett Park Drive
Deerfield, Il 60015

To support the independence and well-being of adults 50 years and older; to encourage their participation in all aspects of community life; and to provide programs which serve their social, recreational, intellectual and physical needs and enhance their lives.

CURRENT RESIDENT OR

The Patty Turner Center is a Deerfield Park District program for adult enrichment in partnership with the Village of Deerfield.

Location:
375 Elm St., Deerfield, IL 60015

Telephone:
847.940.4010

Fax:
847.317.2564

E-mail:
info@pattyturnercenter.org

Website:
www.pattyturnercenter.org

PTC STAFF
Manager: David Shamrock
Program Coordinator: Nicole Britz
Social Service: Margie Fischer
Front Desk Team:
  Marcella Garrett
  Kay German
  Geri Goldberg
Building Services Team:
  Antonio Mata
  Marcus DuBose
  David Stirsman

PTC COUNCIL
Lorraine Jette,
President
Karen MacDonald,
Vice President
Carol Mellem,
Treasurer
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