

# After School Enrichments

Wilmot - Winter 2020



**Register online at [register.deerfieldparks.org](http://register.deerfieldparks.org)  
Registration opens Monday, November 25 at 9 am**

All Classes meet at Wilmot School

All students should meet in the multipurpose room for attendance.

Please contact Megan Carbone at 847-572-2621 with any questions

# WEEK AT A GLANCE

MONDAY

CLASS	INSTRUCTOR	GRADE
Chess	Chess Scholars	K-5
Total Sports	Hot Shot Sports	K-5
Young Yogis	Nicole Belmont	K-5
Artopia	Tiffany Shaf Platt	K-5
Español is Fun 1	Studio Spanish	K-2

TUESDAY

CLASS	INSTRUCTOR	GRADE
Ceramics	Richard Cohen	1-5
Budding MaSTIR Chef Cooking Class	Sticky Fingers	K-5
Pulse's Warrior Training	Pulse Boxing and Fitness	K-2
Let's Build It – Crazy Circuits	After School Enrichment Solutions	1-5

WEDNESDAY  
(EARLY)

CLASS	INSTRUCTOR	GRADE
Fit 4 Kids	Fit 4 Kids	K-3
Creative Spark	Susie Mason	K-5
Coding I	theCoderSchool	1-4
Amazing Minds	Amazing Minds	K-2

WEDNESDAY  
(LATE)

CLASS	INSTRUCTOR	GRADE
Karate	Focus Martial Arts	K-5
Coding I	theCoderSchool	1-4
Creative Spark	Susie Mason	K-5
Pegasus FC Soccer Class	Pegasus FC Soccer	K-3

THURSDAY

CLASS	INSTRUCTOR	GRADE
Art with Mari	Mari Krasney	K-5
Thunderbolts Flag Football	Fit 4 Kids	1-4
Little Footlighters	Sarah Hall Theatre Company	K-2
Game On! Sports 4 Girls Multi-Sport Class	Game On! Sports 4 Girls	K-2

FRIDAY

CLASS	INSTRUCTOR	GRADE
Amazing Art	Sunshine Crafts	K-5
Dodgeball	Hot Shot Sports	K-5
Spanish	Fun Fluency	3-5
Techstars: Coding with Python & Microbits	Computer Explorers	3-5

# MONDAY

1/13 - 3/16 | Time: 3:35 - 4:35 pm

7 Classes | No class 1/20, 2/17, 3/2

## CHESS

**Registration # 251600-01**

**K-5 Grade | Fee: \$112**

Chess Scholars is designed for both beginners and experienced young players. All participants will learn cool new strategies at the appropriate level from a renowned Chess Scholars coach. Each class will consist of a fun interactive teaching period and guided practice time.

## TOTAL SPORTS

**Registration # 251600-02**

**K-5 Grade | Fee: \$107**

This enrichment program features a new sport each week. Some of the sports taught and played include basketball, floor hockey, football, kickball, soccer, and baseball. In addition, participants play many popular running and group games. Children have the opportunity to acquire new skills and develop confidence in games they have played in previous classes.

## YOUNG YOGIS

**Registration # 251600-03**

**K-5 Grade | Fee: \$120**

In Young Yogis, students will explore elements of yoga through exciting games, activities, and music. We will balance high energy portions of the class with peaceful moments, allowing children to be exposed to mindfulness in an engaging and energetic environment. Join us for this fun class where we will practice yoga sequences, build community, and find inner peace!

## ARTOPIA

**Registration # 251600-04**

**K-5 Grade | Fee: \$147**

If you love arts and crafts projects, this class is for you! Each week we do a different fun craft such as sand art, mosaics, clay, modge podge, fimo clay, and more.

## ESPAÑOL IS FUN I

**Registration # 251600-05**

**K-2 Grade | Fee: \$147**

“Español is Fun 1” is a beginner-level course. Our program fosters immersion and cultural awareness by following Core Practices from the Illinois Council on the Teaching of Foreign Languages. We focus on Spanish fundamentals learned through games, crafts, songs, and a customized curriculum. The theme for this year is Superheroes: “learning a second language is like a superpower, the power to discover new worlds.” We provide crafts, teaching materials, and of course, the fun! Sign up today and get a free tote bag and white board on the first class.

# TUESDAY

1/14 - 3/17 | Time: 3:35 - 4:35 pm

10 Classes

## CERAMICS

**Registration # 251600-06**

**1-5 Grade | Fee: \$191**

Learn basic techniques of hand-building . Create decorative items while learning different techniques of glazing, decorative and using surface treatments. Small classes allow for individual attention. Work on your own projects at your own pace.

## BUDDING MASTIR CHEF COOKING CLASS

**Registration # 251600-07**

**K-5 Grade | Fee: \$266**

Our professional chef instructors guide kid chefs by providing safe, entertaining, hands-on learning throughout the class, but it's the kid chefs who do the prepping and the cooking! We provide all of the tools, ingredients and instruction needed to cook up a delicious, healthy and hearty after-school snack each week. Our online recipe collection is included as well for loads of future family cooking fun at home! [www.stickyfingerscooking.com/recipes](http://www.stickyfingerscooking.com/recipes)

## PULSE'S WARRIOR TRAINING

**Registration # 251600-08**

**K-2 Grade | Fee: \$201**

This after school enrichment class is designed for kids in K-2nd grade. It is a bootcamp style class where our motivating and passionate coaches lead fun classes, coaching kids through different fitness abilities from planks to speed and agilities. Kids will gain both leadership skills and teamwork abilities through fitness. This fun, high energy class is designed to challenge and empower our youngest warriors. Your kids will leave happy, healthy and sweaty ;)

**\*NO CLASS ON 2/25\***

## LET'S BUILD IT – CRAZY CIRCUITS

**Registration # 251600-09**

**1-5 Grade | Fee: \$194**

Crazy Circuits is an exhilarating, cutting-edge area of engineering. In this unit, students will design, build, and test various circuits and electronic projects. Instructors will guide students through core concepts of electrical engineering, introducing them to circuits and electrical components. Students will use hands-on projects and experiments to explore how electricity is part of our daily lives. No previous experience is necessary, just a desire to learn and build. Projects will include: a disc launcher, electronic games, musical instruments, alarms, and more, along with fun-filled class activities! Each student will receive an award on the last day of the session, as well as the opportunity to earn Energy Belts to demonstrate their learned skills!

# WEDNESDAY

## EARLY SESSION

1/15 - 3/18 | Time: 2:35 - 3:35 pm

10 Classes

### FIT 4 KIDS

Registration # 251600-10

K-3 Grade | Fee: \$194

Fit 4 Kids™: The original kid's fitness program. We get kids moving and show them that fitness can be fun!!! Forget push-ups and sit-ups, we play fun games like noodle tag, mousetrap, gladiator and much more. Fun sports like dodge ball and kickball. Balls, hula hoops, jump ropes, parachutes and more will help guide us through our activities. The hour-long program will not only give kids a great workout, but will also let them have fun while learning something at the same time.

### CREATIVE SPARK

Registration #251600-11

K-5 Grade | Fee: \$170

Come discover your creative spark! We will explore a variety of drawing and 3D projects to make all kinds of characters, tell stories with our art and have fun exploring different mediums and supplies.

### CODING I

Registration # 251600-12

1-4 Grade | Fee: \$324

The Coder School Coaches use Scratch to teach kids using their project-based game development curriculum that revolves around multiple games developed in either Scratch. Code Class is an introductory option prior to students moving to more personalized 2:1 Code Coaching offered at The Coder School in Highland Park. Code class is appropriate for beginning coders that have already taken some coding or students who are new to coding. The first 3 weeks of code class are a group moderated project of either a pong game or race. On week 4, everyone will choose their own Scratch project and build with the help of the Code Coaches. Each student will have the option to present their project to their family and friends during the last class of the session. The individual projects can include, but not limited to: Making Music, Making something Fly, Let's Dance, A Catch Game, A Fashion Game or Creating a Virtual Pet.

### AMAZING MINDS

Registration # 251600-13

K-2 Grade | Fee: \$223

Explore interesting topics and learn to use tools that help you solve problems such as calculators, magnifying glasses, microscopes, tape measures and geology kits. Engage in science experiments where you dissect owl pellets, wear prism glasses, and make raisins bounce. Top it all off with exciting topic related take home prizes.

Come and exercise your brain with us after school. All new lessons each session.

# WEDNESDAY

## LATE SESSION

1/15 - 3/18 | Time: 3:40 - 4:40 pm

10 Classes

### KARATE

**Registration # 251600-14**

**K-5 | Fee: \$237**

The Focus Karate program builds confidence and self-esteem. We teach students to set and achieve their goals while respecting themselves and others. We do so in a safe, structured environment where our trained instructors keep students motivated, fit and wanting more. They will learn self-defense and interpersonal communication skills that will last a lifetime. Our youth get better grades, make more friends, and work towards their black belts. We build their confidence and in the process help to nurture tomorrow's leader's!

### CODING I

**Registration # 251600-15**

**1-4 Grade | Fee: \$324**

Code class is appropriate for beginning coders that have already taken some coding or students who are new to coding. The first 3 weeks of code class are a group moderated project of either a pong game or race. On week 4, everyone will choose their own Scratch project and build with the help of the Code Coaches. Each student will have the option to present their project to their family and friends during the last class of the session.

### CREATIVE SPARK

**Registration #251600-16**

**K-5 Grade | Fee: \$170**

Come discover your creative spark! We will explore a variety of drawing and 3D projects to make all kinds of characters, tell stories with our art and have fun exploring different mediums and supplies.

### PEGASUS FC SOCCER CLASS

**Registration # 251600-17**

**K-3 Grade | Fee: \$179**

Our after-school Soccer practices cater to players of all levels, from players that are looking for an introduction to soccer, to the experienced player looking for more training time. We get kids excited about playing soccer through fun and engaging activities that stimulate creativity and develop skills. These activities include a combination of small-sided gameplay, individual ball work, speed and agility and a variety of entertaining games to reinforce the "skill of the day." As a result, players of all skill and age levels are appropriately challenged so they can gain a true love for the game of soccer.

# THURSDAY

1/16 - 3/19 | Time: 3:35 - 4:35 pm

10 Classes

## ART WITH MARI

Registration # 251600-18

K-5 | Fee: \$170

Students will create multi-media projects, introducing them to a variety of media including pencil, watercolor, and acrylic. Students will also learn to observe their surroundings, visualize a product, and conceptualize an outcome while drawing and painting. New projects will be offered each session!

## THUNDERBOLTS FLAG FOOTBALL

Registration # 251600-19

1-4 Grade | Fee: \$214

Thunderbolts: Join us this fall for another fun season of flag football with Coach Steve and crew. We have a blast learning all about football in a safe environment. We team up with our buddies to play against kids from the other 3 Deerfield schools on Friday evenings. This year we are teaming up with USA football so every new participant will receive an NFL Flag football jersey!

\*NO CLASS ON 1/23 & 3/19\*

## LITTLE FOOTLIGHTERS

Registration # 251600-21

K-2 | Fee: \$223

Little Footlighters helps develop creativity and confidence both onstage and off! Through a vocal and physical warm-up, improvisation, theater games, and storybook theater, students learn the basic tools for acting and performance. This class creates a safe and nurturing environment where students are free to explore and discover the magic of theater while working individually and as an ensemble.

## GAME ON! SPORTS 4 GIRLS MULTI-SPORT CLASS

Registration # 251600-22

K-2 Grade | Fee: \$156

SPORTS, TEAM-BUILDING AND MORE: whether you are new to Game On! or returning, join our signature GirlStrong multi-sport class and explore and play different sports every few weeks. We may play volleyball, lacrosse, softball, tennis, soccer, basketball and more in a FUN, empowering, and caring environment. Every girl will leave each class with an enhanced sense of what it means to be strong in body, mind and team and experience the joy in sport. A great way to introduce and expose your daughter to team sports! Please come dressed ready to play in rubber soled sneakers – no sandals, barefeet or boots allowed.

\*NO CLASS 1/23 & 3/19\*

# FRIDAY

1/17 - 3/20 | Time: 3:35 - 4:35 pm

9 Classes | No Class 2/14



## AMAZING ART

**Registration # 251600-23**

**K-5 | Fee: \$188**

Amazing Art combines all your favorite art projects and mixed media in this unique class. Kids will make Tie Dye shirts (art smocks for the session), experience pottery painting, create fired ceramic arts, paint a canvas acrylic painting, do recycled arts projects and more. All new lessons for every session.

## DODGEBALL

**Registration # 251600-24**

**K-5 Grade | Fee: \$121**

Dodgeball provides participants with an opportunity to play the popular game in a safe and supervised environment. The program uses super soft balls and safety is stressed during game play. Each week players learn new variations of the game, keeping class fresh and the kids having fun. Time limits are placed on all games so participants do not sit out too long and remain active throughout the class. **\*NO CLASS ON 2/21\***

## SPANISH

**Registration # 251600-25**

**3-5 Grade | Fee: \$194**

Join Fun Fluency on an after school adventure of learning a new language-the way your brain was meant to learn it! Students learn Spanish naturally through immersion, movement, games, songs, rhythm, reading and acting out/listening to stories. Our storytelling-based method focuses on long-term retention, not just memorization. Students will quickly see how fun and easy it is to understand, read, and write in Spanish while being immersed in language, play, and laughter.

Class fee includes workbook and useful online resources to continue studies outside of class.

## TECHSTARS: CODING WITH PYTHON & MICROBITS

**Registration # 251600-26**

**3-5 Grade | Fee: \$292**

The BBC micro:bit is a pocket-sized computer that you can code, customize and control to bring your digital ideas, games and apps to life. The microbit is a powerful mini-computer! Students will see their code come to life in a physical and tactile environment. They will create emoji displays, games, messages, light and music. Kids will take home a Microbit kit at the end of class. Python is a powerful, expressive programming language that's easy to learn and fun to use! Working with a partner, we'll guide you through the basics as you experiment with unique (and often hilarious) programs including secret agents, thieving ravens, and more. Work on programming puzzles designed to stretch your brain and strengthen your understanding of this new language! You'll learn basic data structures like lists and maps and how to organize and reuse your code with functions and modules. Who knew you could learn a new language in just a week!

# Registration Information

[www.deerfieldparks.org](http://www.deerfieldparks.org)

## Online Registration

You may register online for most activities. Web registration is quick and convenient. You can view real time availability and save time!

## First time registering online?

Please follow the "Register Online" links at [deerfieldparks.org](http://deerfieldparks.org) to get started.

## Who is eligible?

Any household with a valid email address is eligible to register online. For Deerfield Park District residents to receive resident rates, proof of residence (see information at right) is required.

## What programs are available?

The majority of park district programs are available online, with a few exceptions. These are usually programs that require tryouts, prerequisites, or prior instructor approval.

## Will I know right away if I get in?

Yes. Online registration works in real time, so, as soon as you complete the payment process and get a confirmation email your enrollment is confirmed. If a class is full, you may join the wait list online.

## Program Cancellation

**Please register early!** At some point, we have to determine if enrollment is sufficient to hold a class. If enough participants are not registered, classes may be canceled. Those waiting until the last minute or for the first day of class may find it's too late.

## Registration Forms

Additional registration forms can be downloaded online at [www.deerfieldparks.org](http://www.deerfieldparks.org). Forms are also available at any of our facilities.

## Waiting Lists

If you select a class and it's full, you will be put on a waiting list. We will notify you of all class placements, cancellations, and/or changes.

## Financial Assistance

Residents experiencing difficulty paying program fees should contact the Park District.

## Services for Residents with Disabilities

Deerfield Park District is a partner with Northern Suburban Special Recreation Association (NSSRA). Formed in 1970, NSSRA is an extension of ten park districts, two cities and one village in the northern suburbs of Chicago and provides and facilitates year-round recreation programs and services for children, teens and adults with disabilities. NSSRA offers recreation, sport, cultural, social, and leisure programs and events available throughout the year, creating new experiences, opportunities for skill development, leisure time, and perhaps most importantly, friendship. NSSRA has been creating an environment of belonging through play since 1970, and has the distinction of being the first Special Recreation Association in the country.

We believe that everyone should have the chance to try something new. This means you have the opportunity to participate in any one of NSSRA's nearly 600 annual programs, or that you have the opportunity to participate in one of the Deerfield Park District programs with the assistance of an NSSRA Inclusion companion.

## Inclusion Services

Deerfield Park District program Inclusion services are available to residents with special needs at no additional cost to the family. Inclusion services may include, when necessary, staff training, program modifications/adaptations, modified equipment and program observations.

## Reasons to Request Inclusion Services

- » A parent or family member recognizes that a participant would benefit from additional support in a Deerfield Park District program.
- » Deerfield Park District staff identifies a need for additional support, for safety and programmatic reasons, and communicates this need to the family.

## Requesting Inclusion Services

- » When registering for a Deerfield Park District program for the first time:
- » Mark the accommodation Section of the registration form to indicate that the participant will require assistance from NSSRA.
- » Once your registration form is submitted, the Deerfield Park District will contact you to discuss the type of Inclusion support needed for the participant.
- » The Deerfield Park District will provide NSSRA with an Inclusion request that contains both program and participant information.
- » You will be contacted by NSSRA to discuss the needs of the participant and get input on the type of support required.
- » NSSRA will work with the Deerfield Park District to put the necessary Inclusion accommodations in place for participation in the desired program(s).

Communication between you, NSSRA, and Deerfield Park District staff continues throughout the Inclusion process.

## For more information regarding Deerfield Park District Inclusion services contact:

**Laura McCarty**, Director of Recreation  
Deerfield Park District  
847-572-2615 • [laura@deerfieldparks.org](mailto:laura@deerfieldparks.org)

**Meggan Davies**, Recreation Manager for Inclusion  
NSSRA 847-509-9400 x6828 • [mdavies@nssra.org](mailto:mdavies@nssra.org)

**For more information about Northern Suburban Special Recreation Association (NSSRA) go to [www.nssra.org/](http://www.nssra.org/).**  
**[www.nssra.org/](http://www.nssra.org/).**

## Refunds for Recreation Programs

A recreation program is defined as a program in which park district personnel teach activities or skills over a period of two or more class meetings. Sports leagues, camps, preschool, After School Club, trips, special events, season passes and one-day classes and workshops are considered special refund categories.

- » A refund may be obtained two (2) business days prior to the first day of class/program. A 10 percent service charge (\$5 minimum; \$10 maximum) will be deducted from the amount paid for the program(s).
- » Once a program or class begins, and prior to its ending, you may request a prorated refund based on the number of classes attended and the date the refund request is received. A 10 percent service charge (\$5 minimum; \$10 maximum) will be assessed.
- » If a class is rescheduled, relocated, or changed by the park district, a total refund will be made if requested by the participant.
- » Refunds will be offered if a class is canceled or closed by the park district.
- » If a participant is dropped from a program at the request and discretion of the district staff, a refund will be made, less prorated cost of classes held.
- » In lieu of a refund, participants may transfer money to other currently offered activities. The amount to be transferred (refunded) will be prorated based on the number of classes that have already been held.
- » All requests for refunds and/or transfers must be in writing and turned in to the Registration Office.

## Program/Participant Conduct

The Deerfield Park District reserves the right to suspend, expel or deny participation in any program or facility to any person whose behavior materially interferes or disrupts the quality of those offerings, the enjoyment of them by other participants or the ability of staff to conduct or manage the activities or facilities. A child's parent or guardian will be notified of the first incident; the second incident shall require the presence of a parent at a meeting with the instructor and a Park District administrator/supervisor; a third incident may result in the expulsion or suspension of the

child from the program, event or facility.

If a child engages in behavior(s) which may result in bodily harm to others, an immediate meeting with the parent may be called. If such behavior warrants it, immediate suspension or expulsion may result. Temporary suspension from participation due to misconduct will not entitle participant to a refund.

An adult shall receive one verbal or written warning. The second incident may result in suspension from the program, event or facility. If an adult physically strikes a person or object or throws an object at another person, or takes any other action that may pose a real threat of bodily harm to others, or is verbally abusive to others, s/he may immediately be suspended or expelled from the program or facility.

## Insurance

Deerfield Park District cannot assume responsibility for injuries or accidents occurring at programs, activities, parks and facilities within our jurisdiction. To do so would make our program and user fees prohibitive. Certain activities, facilities and equipment may, when used improperly, cause harm or personal injury. We make every effort to notify you of potentially dangerous situations and to provide rules for the proper use of equipment and facilities. You can avoid injury by following the rules, using good sense and being considerate of both Park District property and others using it.

## Infectious Diseases, Food Allergies, Medication, Illness

**Infectious Diseases:** To prevent the spread of communicable diseases, such as strep, pink eye and fifth's disease, parents should report any diagnosed cases to the Park District office. If exposure to other participants occurred, a notification is sent home.

**Food Allergies:** Many of our preschool, as well as cooking and other classes, will serve food; therefore, it is imperative that you notify the full-time Recreation Supervisor of any food allergies or dietary restrictions your child may have.

**Medication:** If your child requires medication (inhaler, epi-pen, etc.) during class, medication administration forms must be completed. Please call our registration office (847-945-0650) for details.

**Illness:** Please do not attend class nor send children who are ill to class.

## Photo Permission

Our staff or designees often take pictures or video at programs and events for: brochures and other marketing materials; website; and other print, electronic and online publicity. Most people are delighted to see pictures of themselves or their family members in our publicity. Photographers from print or other media outlets may also take pictures or video on occasion. We welcome the coverage and hope you do too; it is frequently how the public learns what is happening at the Park District. We cannot guarantee that a photo taken will be used or not be used, nor promise that it will only be used in certain circumstances. If you prefer your family members' pictures not be taken, please notify us in writing. NOTE: If you do see a photo posted to our website, Facebook page, or other Park District site of you or your family member that you would like removed, just request the photo to be taken down by commenting on the picture or by emailing [Sherry@deerfieldparks.org](mailto:Sherry@deerfieldparks.org) or calling 847-945-0650.