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**November / December 2013, 2013**

  **July / August 2019**

***A DEERFIELD PARK DISTRICT PROGRAM FOR ADULT ENRICHMENT IN PARTNERSHIP WITH THE VILLAGE OF DEERFIELD***

SAVE THE DATES!

 PTC Women’s Club: “The Black Dress”- July 9th

CBG Horticulture Workshop - July 10th

 PTC “Shake, Rattle and Mix” - July 18th

 “Friday with Friends” Summer B-B-Q - July 26th

 Arlington Park Race Track - July 31st

“Art Alive” Lecture: Edouard Manet - August 2nd

“Anderson Japanese Gardens” - August 7th

“Sip-n-Paint” with Val McCune - August 9th

PTC Women’s Club: “Hedy Lamarr” - August 13th

CBG Horticulture Workshop - August 14th

PTC & Deerfield Chamber

2019 “Healthy Lifestyle Expo” - September 7th

UPCOMING!

**PTC Special Events!**

**“Shake, Rattle and Mix!”**

**A Fabulous Fifties Theme Dinner Dance!**

**Featuring “The Rockin’ Fenderskirts”**

**Sponsored by Brookdale Senior Living**

Don’t miss this year’s 7th annual 1950’s theme-dinner dance, “Shake, Rattle and Mix!”. Put on your Blue Suede Shoes and get ready to “Twist the night away” as David Shamrock and his nostalgic band, “The Rockin’ Fenderskirts,” take to the stage! Enjoy jukebox hits from all the greats including Elvis Presley, Chuck Berry and Jerry Lee Lewis! Members and guests will enjoy an atrium reception followed by a retro diner-style buffet. “Let’s go to the Hop!”

Date: Thursday, July 18th

Time: 5:30 pm – 8:00 pm

Cost: $30M/$38NM

#413226-03

**Register by: Friday, July 12th**

**“Big Band Night!”**

**Featuring the Big Band Sound of Deerfield!**

Join us for our annual Big Band Night featuring

the Big Band Sound of Deerfield! Listen as the band takes to the stage for a sentimental journey of all your big band favorites! Invite a friend and enjoy this musical trip down memory lane celebrating the music of the Big Band Era! From Basie to Dorsey, we’re sure you’ll enjoy this magical evening of music and memories! Light refreshments will be served.

Date: Wednesday, August 21st

Time: 6:30pm – 8:00pm

Cost: $5M/$8NM

#413108-01

**Register by: Friday, August 16th**

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The Patty Turner Center is a Deerfield Park District program for adult enrichment in partnership with the Village of Deerfield.

Our mission is to support the independence and well-being of adults 50 years and older;

to encourage their participation in all aspects of life; to provide programs which serve their social, recreational, intellectual, and physical needs and to further enrich their lives.



**Excursions**

The PTC offers a variety of new, fun and affordable, chartered day trips each month. All trips are chaperoned by PTC staff with transportation provided by Windy City Charters. As a reminder, please know that we cannot issue a refund unless the PTC can re-sell the ticket. Per Park District Policy, service charges apply. For your safety, we ask that all members and/or guests attending an outing first check in with the front desk before boarding the bus. “Happy Travels!”

**JULY**

**The Grant Park Music Festival presents “The Wizard of Oz”**

**This trip involves moderate walking**

Follow the yellow brick road to the Jay Pritzker Pavilion as conductor Norman Huynh and the Grant Park Orchestra provide the live soundtrack to one of the greatest films in cinema history, all while the movie is projected on the Millennium Park screen. Boxed dinner included.

Date: Wednesday, July 10th

Departure: 6:00pm

Return: 10:45pm

Fees: $80M/$90NM

Registrations: 11

#413250-03

**JULY**

**“A Day at Arlington Park”**

**This trip involves moderate walking**

“And they’re off!” Join us for a delightful afternoon of horse-racing fun as the PTC takes an excursion to Arlington Park RaceTrack! Place your bets early and, often! Lunch on your own. This trip is a “sure bet!”

Date: Wednesday, July 31st

Departure: 11:30am

Return: 6:30 pm

Fees: $50M/$60NM

Registrations: 13

#413250-04

**AUGUST**

**“A Visit to the Anderson**

**Japanese Gardens”**

**This trip involves moderate walking**

Join us as we explore the breath-taking sights and sounds of the Anderson Japanese Gardens. Explore flowers, waterfalls and garden installations. Lunch at own at “Fresco at the Garden.”

Date: Wednesday, August 7th

Departure: 9:30am

Return: 5:00 pm

Fees: $50M/$60NM

Registrations: 13

#413250-05

**AUGUST**

**“A Day at Cantigny”**

**This trip involves moderate walking**

Cantigny is a 500-acre park in Wheaton, Illinois. It is the former estate of Joseph Medill and his grandson Colonel Robert R. McCormick, publishers of the Chicago Tribune. We will tour the grounds and the McCormick Mansion. Lunch on own at Cantigny.

Date: Friday, August 16th

Departure: 10:00am

Return: 5:00 pm

Fees: $50M/$60NM

Registrations: 13

#413250-06

**COMING IN SEPTEMBER**

**The Chicago Cubs vs. The Milwaukee Brewers at Miller Stadium**

**This trip involves moderate walking**

Join us as we travel to Milwaukee for an afternoon of baseball fun. See the Chicago Cubs take on the Milwaukee Brewers. Enjoy your afternoon all within the confines of Miller Stadium. Lunch on own.

Date: Sunday, September 8th

Departure: 11:00am

Return: 6:30pm

Fees: $95M/$110NM

Registrations: 37

#113250-01

**Programs**

**PTC Men’s Club**

The PTC Men’s Club is a group of over 85 members who meet every Tuesday morning for high quality programs. Coffee, pastries, and camaraderie begin at 8:15am. Programs are from 8:45am – 10:00am. Members come to hear presentations by professional speakers on history, art, travel, science, government, and local, national, and international current events. Members consistently characterize the speakers as engaging and educational. To join in the PTC Men’s Club, you must be a member of the Patty Turner Center. For questions please contact, John Maxson at: (847) 945-3927 or the PTC at (847) 940-4010.

**July**

July 2nd – **“District 109 Updates”**

With Dr. McConnell & Rebecca Latham

July 9th– **“Andrew Lloyd Webber:**

**Musical Prodigy” (Part I)**

Speaker: Susan Benjamin

July 16th – **“News and Views”**

Speaker: Lynne Samuels

July 23rd – **“The American Vice President: From Insignificance to Prominence”**

Speaker: William Adler

July 30th – **“History of Chicago Cable Cars”**

Speaker: Greg Borzo

**August**

August 6th – **“Chicago’s 7 Most Endangered List**

**of 2019”**

Speaker: Ward Miller

August 13th – **"Joshua Lawrence Chamberlain:**

**A college professor who was the unlikely hero of the Civil War Battle of Gettysburg”**

Speaker: Gary Midkiff

August 20th – **“Preserving Lake County”**

Speaker: Diana Dretske

August 27th – **“Forensic Detectives: Identifying the Famous and Infamous”**

Speaker: Hal Tinberg

**PTC Women’s Club**

**July Dessert & Program**

**“The Colorful History of The Little Black Dress” with Leslie Goddard**

**Sponsored by Brookdale of Vernon Hills**

Versatile, dependable, and affordable, the Little Black Dress, or “LBD,” has become the fashion equivalent of a Model T Ford. Explore the history of this fashion icon. Learn how Chanel helped dissociate black from mourning, how Audrey Hepburn helped establish the LBD; and how it has been reinvented by everyone from Betty Boop to Prada.

Date: Tuesday, July 9th

Time: 12:30pm Dessert *(Doors will open at Noon)*

 1:00 Program

Fee: $10M/$15NM

#413121-02

**Register by: Friday, July 5th**

**August Luncheon & Program**

**“Hedy Lamarr: A Brilliant Beauty”**

**with Dr. Annette Bochenek**

**Sponsored by Whitehall of Deerfield**

Known as “The Most Beautiful Woman in Films,” Hedy Lamarr was not only a box office bombshell but also an inventor. In fact, the principles of her work are incorporated into some of the technologies we use today. Join Film Historian Dr. Annette Bochenek for a special “Hometowns to Hollywood” tribute to Hedy Lamarr, as she discusses her career, legacy, and early years in Austria and the United States in this multimedia presentation.

Date: Tuesday, August 13th

Time: 12:00pm Luncheon *(Doors will open at 11:45)*

 1:00 Program

Fee: $20M/$25NM

#413121-03

**Register by: Wednesday, August 7th**

**Coming in September**

**“The Roaring 1920’s” with Jeff Mishur**

Date: Tuesday, September 10th

Time: 12:30 pm Dessert *(Doors will open at 12:00pm)*

 1:00pm Program

Fees: $10M/$15NM

#113121-01

**Register by: Friday, September 6th**

**Programs**

**Shirley Todd Sings!**

Join us at the Patty Turner Center in July as vocalist Shirley Todd takes you on a musical journey through America’s Songbook paying tribute to great American composers; Gershwin, Berlin, and George M.Cohan!

Afterwards, enjoy a light reception.

Date: Friday, July 12th

Time: 2:00- 3:00pm

Fee: $7M / $10NM

#413251-01

**Register by: Wednesday, July 10th**

**Drop-in Guided Meditation**

**With Sachs Wellness Coordinator, Jennie Michalik**

Join Jennie Michalik for some soothing meditation! Relax as you are guided through a series of gentle movements; all designed to relax your body, enhance your senses and de-stress your mind. “Wonderful!”

Dates: Thursday, July 11th & 25th

Thursday, August 8th & 22nd

Time: 10:00am - 11:00am

Fees: FREE

#413105-04 (July11th)

#413105-05 (July 25th)

#413105-06 (August 8th)

#413106-07 (August 22nd)

**“Sip-n-Paint” with Val McCune**

**Sponsored by Homecare Assistance**

Val McCune has been an artist all her life and wears many creative hats.She currently teaches social painting classes, where fun is the only requirement. Sharing her knowledge and passion of paint-slinging to help fuel the creative soul, Val believes there is an artist inside all of us. It just needs a little encouragement. Now, if you ever wanted to create your very own masterpiece and enjoy a nice glass of wine while doing so, then this is the class for you. Enjoy this afternoon pairing of “a little paint and a little pour” that is… all the rage! Choose 1 of 2 themes.

Date: Friday, August 9th

Time: 1:00 p.m. – 3:30 p.m.

Fee: $15M/$20NM

#413129-01

**Register by: Wednesday, August 7th**

**Min 15 / Max 25**

**Deerfield Library Digital Drop-In!**

In this FREE program, Deerfield Library staff will be on hand to answer any questions about your devices (iPhone/iPad, Android phone, Kindle, Nook, etc.) and give step-by-step instructions on how to download books, music, and movies from the Library's website. Feel free to bring your questions and devices!

Dates: Tuesday, July 9th

Tuesday, August 13th

Time: 9:30-11:00am

Fees: FREE

**“Art Alive” Art Lecture Series**

**with Art Educator Debra Levie**

Debra Levie, our very own PTC Art Educator, brings to the Center an incredible knowledge base of the art world. In this lecture-style series, come and explore the master painters of the world; all whom have changed the art world and, the history books.

**July: The Works of Berthe Morisot**

Date: Friday, July 5th

Time: 10:00am - 11:30am

Fees: $12M/$15NM

#413127-02

**Register by: Wednesday, July 3rd**

**August: The Works of Edouard Manet**

Date: Friday, August 2nd

Time: 10:00am - 11:30am

Fees: $12M/$15NM

#413127-03

**Register by: Wednesday, July 31st**

**Continuing Spanish Class**

Ana Trbojevich teaches this continuation class with emphasis on basic speaking, listening, reading, and writing in Spanish. Story telling methodology is used to comprehend and grammar is taught in context.

Dates: Fridays, 6/14-8/16 (10F)

Time: 10:00am – 11:30am

Fees: $140M/$155NM

#413116-01

**Register by: Wednesday, June 12th**

**Programs**

**“At the Conductor’s Podium”**

**July: A Heroic American Symphony**

Join Jim Kendros as we celebrate the Spirit of Freedom in July with a great American symphony! Aaron Copland's Symphony # 3 was begun in 1944 and completed in 1946. A timeless monument to heroism and democracy, Copland included his famous "Fanfare for the Common Man" in this symphonic treasure. Jim will share both of these American masterpieces with us and will highlight each.

Date: Friday, July 26th

Time: 10:00am - 11:00am

Fees: $12M/$15NM

#413235-02

**Register by: Wednesday, July 24th**

**August: Summer Piano Serenades**

Enjoy the easy-going days of summer with beautiful piano music and Jim Kendros! Jim will highlight expressive piano concerto movements from Beethoven and Brahms, sharing gems for solo piano by Mozart and Chopin. Jim will then perform some of his own "Summer Piano Serenades"; music he composed for piano and inspired by the summer! You'll revel in the sounds you've always loved, the magical sounds of the piano! Come and join Jim for a summer morning of beautiful piano music!

Date: Friday, August 23rd

Time: 10:00am - 11:00am

Fees: $12M/$15NM

#413235-03

**Register by: Wednesday August 21st**

**Reid Schultz Film Series:**

**“The Road Films”**

Join writer, filmmaker, and academic Reid Schultz as we analyze the mythic journey of the “Road Film.” These films explore the existential air about finding oneself, self- discovery and coming of age. Movies to be screened include: The Wizard of Oz, The Grapes of Wrath, Sullivan’s Travels and Two-Lane Blacktop.

Dates: Tuesdays, 7/9-8/13 (6)

Time: 6:00-9:30pm

Fees: $215

#413216-01

**Register by: Friday July 5th**

**NEW! Horticulture Gardens Workshops**

**with the Chicago Botanic Garden at the PTC**

The PTC has once again teamed up with our friends at the Chicago Botanic Gardens for its final two summertime horticulture workshops of summer. These hands-on classroom workshops are guaranteed to bring out the Green-Thumb in you!

**Classes must have a minimum of 15 students registered in order to be held. Students will create their own individual arrangement to take home. Price includes instruction by returning Chicago Botanic Garden Certified Horticulture Therapist Jamie Plotkin and, all materials.**

**Wednesday, July 10th – “Zen Dish Gardens”**

Time: 11:00am - 12:00pm

Fees: $20M/$25NM

#413104-02

**Register by: Friday, July 5th**

**Wednesday, August 14th – “Flame Foliage Luminaries”**

Time: 11:00am - 12:00pm

Fees: $20M/$25NM

#413104-03

**Register by: Friday, August 9th**

 **“Friday with Friends”**

The PTC is excited to continue with its monthly “Friday with Friends” program where members, guests and friends of the community come together for an enjoyable afternoon program that’s social, friendly and fun! Please note that “Friday with Friends” will only meet in July during the summer months. “Friday with Friends” will again begin after Labor Day. For details, please refer to our September / October Bulletin.

**July: “Summertime BBQ & Luncheon”**

**Sponsored by The West Deerfield Township**

Enjoy this delicious afternoon event as proudly sponsored by West Deerfield Township. Enjoy a delicious summertime grille as prepared by Deerfield’s very own Cherry Pit restaurant, a special appearance by Judy Samuelson’s Dance Ensemble, followed by the Dixie-Style music of the North Shore Senior Stompers!

Date: Friday, July 26th

Refreshments: Noon

Program: 1:00pm -2:00pm

Fee: $5.00

#413117-01

**Register by: Tuesday, July 23rd**

 **Programs**

**Illinois Secretary of State**

**“Super Seniors Day”**

A Secretary of State Mobile Driver Services Unit will be onsite at the PTC from 10:00am – 2:00pm to assist seniors with renewing Driver’s License and ID Cards. \*Please note that for drivers over the age of 75, a road test at a Secretary of State Facility is mandatory.

Date: Monday, August 12th

Times 10:00am - 2:00pm

Fee: FREE

#413105-08

**Register by: Wednesday, August 10th**

**“Movies for Members”**

Each week, members of the PTC are invited to join us for “Movies For Members” each and every Thursday afternoons from 1:15pm – 3:30 pm. Enjoy wonderful titles on the big screen, hot popcorn, and cold refreshments. It’s all FREE and, it’s just for you!

**July**

7/4 - Independence Day (PTC Closed)

7/11 - “If Beale Street Could Talk”

7/18 - “Going My Way”

7/25 - “Stan and Ollie”

**August**

8/1 - “The Bookshop”

8/8 - “Whatever Works”

8/15 - “Swing Time”

8/22 - “Colette”

8/29 - “Same Kind of Different As Me”

**“Drive-In, Dine-In Movies!”**

**Sponsored by Home Instead**

Join us in July and August for our “Drive-In, Dine-In, movie lunches! These lunches will coincide with our Thursday afternoon “Movies for Members” schedule and will include a B-B-Q lunch! “Yummy!”

**Lunch will be served at Noon.**

Date: Thursday, July 25th

Fees: $7M/$10NM

#413230-03

**Register by: Monday, July 22nd**

Date: Thursday, August 29th

Fees: $7M/$10NM

#413230-04

**Register by: Monday, August 26th**

**Deerfield Park District Specials!**

The Deerfield Park District has a lot of wonderful musical events planned for this summer! Why not join us and enjoy a wonderful evening or afternoon concert that’s sure to delight! All ages are welcome!

**Summer Sampler Concert Series!**

Join us each Sunday evening at Mitchell Park for these FREE summer concerts. Come out with your family and friends! Bring a picnic dinner, chairs and maybe a blanket and you’ve just set the mood for a fantastic evening of music under the stars! All ages welcome! All performances will begin at 5:00 p.m. and last until 6:30 p.m. Hope to see you there!

**July**

7/7 – Derrick Procell and the Redeemers (Blues)

7/14 – Billy Croft and the 5-Alarm (Country)

7/21 – Out of Storage (R&R)

7/28 – Johnny Russler and the Beach Bum Band (Tropical Islander)

**August**

8/4 – Spoken Four (Pop)

8/11 – Incendio (Pop)

**“Eat to the Beat!”**

**Lunchtime Concerts in July!**

Why not enjoy lunch with the grandkids at the Jewett Park Pavilion this summer and enjoy our weekly lunch concert series. Bring a picnic lunch, grab a picnic table and listen to a FREE concert while you eat! This afternoon “Concert in the Park” series occurs on Wednesday afternoons throughout July at 11:30 a.m.

7/10 – Jiggle Jam (Music with Puppets)

7/17 - Jimmy Mac (One Man Jukebox)

7/24 – Scribble Books (Solo Acoustic)

7/31 – Dave Rudolph (Musical Show)

**“Walk, Ride and Roll!”**

Choose your healthy mode of transportation and hike, bike, or roll over to Jaycee, Mitchell, Deerspring, Woodland and Jewett Parks on Sunday, August 25th from 1:30 – 3:30 p.m. to try out some fun recreation activities. All ages welcome! Contact Jennie Michalik at: 847-572-2668 for details!

#193302-01

**Fitness Programs**

 **50+ Light and Lively**

Taught by experienced fitness instructor, Judy Samuelson; this class includes chair exercises, stretching, strengthening, and gentle impact aerobics. Students will increase their strength, flexibility, and mobility while improving their posture and balance. Exercises will be simple, easy, and fun!

Dates: Mondays 7/8-9/16 (10M)

Times: 9:00am - 10:00am

Fees: $130M/$145NM

#413201-01

**No Class 9/2; Maximum: 15**

Dates: Thursdays 7/11-9/12 (10Th)

Times: 9:00am - 10:00am

Fees: $130/$145NM

#413201-02

**Maximum: 15**

**“Forever Fit” Dance Fitness**

This is a fun and friendly dance fitness class for mature adult exercisers who love music, dancing and exercising.  Combining chair fitness with standing barre work, this fun and energetic dance fitness class will introduce students to a variety of rhythmic steps, simple dance sequences and brief choreographed routines.  Learning, remembering, and executing choreography is fitness for the brain and body. Taught by experienced senior fitness instructor, Judy Samuelson, this introductory class promises to be a great workout filled with fun and music!

Dates: Tuesdays, 5/28-7/9 (6T)

Times: 10:30am - 11:30am

Fees: $75M/$90NM

#413201-03

**No Class 7/2; Max. 12**

Dates: Tuesdays, 7/16-8/27 (7T)

Times: 10:30am - 11:30am

Fees: $90M/$105NM

#413201-04

**Max. 12**

**“Forever Fit”**

**Dance Ensemble II**

For the intermediate dance fitness student, the “Forever Fit” Dance Ensemble combines all the elements of Dance Fitness I into a rehearsal and performance experience.

Like Dance Ensemble I, all new students enrolling into Dance Ensemble II will perform to choreographed dance routines, using chairs as well as standing dance movement; all while exercising the brain as well as the body. Students will take learned dance steps and choreography and join fellow students as part of this energetic, group dance ensemble. Students will be taught by fitness instructor, Judy Samuelson.

Dates: Wednesday Afternoons, 5/29-7/24 (9W)

Times: 3:30pm - 5:00pm

Fees: $95M/$110NM

#313201-06

**Min. 8 / Max. 12**

**Hatha Yoga**

Instructor Joy Luster will help you relax and release tensions from your body and mind through the practice of Hatha Yoga, which includes yoga postures, breathing practice, deep relaxation, and meditation.

Date: Mondays, 4/22-8/5 (15M)

Time: 7:00pm - 8:15pm

Fees: $195R/$240NR

#332801-01

**No Class 7/1; Min. 6 / Max. 20**

**Feldenkrais®**

Joyce Ann, OT shows us through guided awareness and gentle persuasion, the Feldenkrais method® creates balance and unity in the body.  Efficient movement generates more power with less muscular effort and less wear and tear on all connective tissues. All classes can be adapted to any skill level and will be taught in sitting, standing, walking, and other positions, if the individual desires.

Dates: Wednesdays, 7/17-8/28 (7W)

Times: 9:00am -10:00am

Fees: $80M/$95NM

#413234-01

**Min. 6 / Max. 12**

**Fitness Programs**

**Tone & Firm**

Improve your muscle tone and gain added strength and flexibility. Emphasis will be on the arms, hips, stomach, and legs!

Dates: Tuesdays, 6/25-8/13 (8T)

Times: 6:45pm - 7:45pm

Fees: $115R/$155NR

#432804-01

Dates: Thursdays, 6/27-8/15 (7Th)

Times: 6:45pm - 7:45pm

Fees: $95R/$135NR

#432804-02

**No Class 7/4**

Dates: Tuesdays & Thursdays, 6/25-8/15 (15T/Th)

Times: 6:45pm - 7:45pm

Fees: $210R/$250NR

#432804-03

**No Class 7/4**

**Tai Chi**

Enjoy the ancient healing art of Tai Chi: the practice of controlled, relaxed body movements. Learn authentic Tai Chi forms at your own pace with stretching, strengthening, and range of motion exercises included. Work on posture, balance, breathing, and mental focus as you gain deeper relaxation. Beginners welcome.

Dates: Tuesdays, 6/25-8/20 (9T)

Times: 10:45-11:45am

Fees: $100M/$115NM

#413217-01

**Register by: Friday June 21st**

Dates: Thursdays, 6/27-8/22 (8Th)

Times: 10:45-11:45am

Fees: $90M/$105NM

#413217-02

**Register by: Monday June 24th**

**No Class 7/4**

Dates: Tuesdays & Thursdays, 6/25-8/22 (17T/Th)

Times: 10:45-11:45am

Fees: $190M/$220NM

#413217-03

**Register by: Friday June 21st**

**No Class 7/4**

**Pilates**

Julie Cheifetz's Lifted ™ mat classes promote strength, injury prevention and a healthy mind-body connection. Using Pilates-based movement with props and light weights, these group classes help improve posture, balance, and overall fitness. “Mat strong” means building core strength and stability without the assistance of equipment. Lifted™ functional-based classes teach you to take what you learn on the mat out into your day. Modifications are offered suitable for all levels. Must feel comfortable getting up and down from your mat.

Date: Tuesdays, 7/2-8/27 (9T)

Time: 8:45am-9:45am

Fees: $135R/$175NR

#432805-01

**Min. 8 / Max. 12**

**PTC Golf League**

Each Monday, the PTC Senior Golf League will play at the Deerfield Park District Golf Course. Sign up for golf is at the PTC Tuesday morning Men’s Club. If you are interested, contact John Sanner at 847-945-6514 or Sid Moore at 847-945-1725. League will have 6 tournaments in 2019 with the league championship in September 2019. The league will have open play on Wednesday and Friday this year from April-October. For information on Wednesday or Friday golf contact Sid Moore at 847-945-1725.

**Ping Pong**

Do you enjoy playing ping pong? Test your skills, find opponents, and have fun! **All players must be PTC members**. Players must bring their own ping pong paddles. Play is offered between the hours of 1:00pm and 3:00 pm. Locations of play are pre-determined and are subject to change and/or cancel based upon Center activities and events.

Days: Tuesdays & Fridays

Times: 1:00pm-3:00pm

 **   **

**Card & Game Play**

**New Member Card Play**

So that you are comfortable, we encourage you to first observe play to determine whether your skill level matches that of the established group(s). Please contact David Shamrock and let us coordinate your first visit with us!

**Private Member Card Play**

Due to our busy program calendar, private PTC member card play is only available on the following days/times:

* Mondays: Mixed Card Games: Noon - 4:00pm
* Wednesdays: Mixed Card Games: Noon - 4:00pm
* Thursdays: Mixed Card Games: Noon - 4:00pm

All private card play, scheduling and cancellations must be made in advance with Nicole at 847-572-2653. Locations of play are pre-determined and are subject to change and/or cancel based upon Center activities and events. To participate in private card games, you must be a member of the PTC*.*

**Mah-Jongg for PTC Members**

Mah-Jongg for Members meets every Monday and Friday afternoon at Noon. This group is for advanced players only.

**Open Canasta for PTC Members**

Members of the PTC are invited to join us on Wednesday afternoons at 12:30pm for open canasta. Play is self-led.

**Social Bridge for PTC Members**

Social Bridge for Members is held on Monday afternoons at the PTC between 12:30 pm - 3:30 pm. Players must have a solid understanding of the game and equal play skillset. Please call: (847) 940-4010 for details.

**Open Poker for PTC Members**

Open Poker for Members is held at the PTC on Tuesday afternoons at Noon.

**Townley Bridge**

The Townley Bridge Group meets on the first Tuesday of each month October through May, socializing starts at 11:30 and games begins promptly at 12:00 Noon. For more information, please contact Doris Kurtz at: (224) 515-8053.

**Women’s Club Bridge “Round Robin”**

Women’s Club Round Robin Bridge meets the third Monday of the month at Noon **except for December**. We play the same partner the whole season. Socializing starts at 11:30 and games begins promptly at Noon. All are welcome! If you are interested in joining us or, would like to substitute, please contact Doris Kurtz at: (224) 515-8053.

**Women’s Open Social Bridge**

Open Bridge is played the fourth Tuesday of the month at Noon **except November and December**. If you are interested in playing, please contact Maxine Zelski at (847) 945-4931. All are welcome!

**Men’s Social Bridge**

A new PTC Men’s Social Bridge Group has recently formed. Game play is scheduled weekly on Friday mornings, year-round between the hours of 10:00 – Noon. Please contact John Charlton for details at (847) 955-1480

**Table Top Game Corner**

Looking for a fun new way to spend a Thursday or Friday morning? It’s playtime!! At present, we have two full tables of Hand and Foot, and we are seeking new players for another Hand and Foot game, or even to play other games like Gin Rummy, Rummikub, Scrabble, puzzles etc. Join us at 11:00am on Thursdays, or 12:30pm on Fridays.

**Duplicate Bridge**

These games are held at the PTC and are for the serious player. Games are sanctioned by the ACBL (American Contract Bridge League) and are supervised by teacher and instructor Elaine Morrison.

Dates: Wednesday Mornings

Times: 10:30am – 2:30pm

Fees: $10M/$11NM per session

**Social Services**

**At Your Service!**

Our part-time staff member, Margie Fischer, M.A., offers a variety of helpful information to members of our community. Topics include in-home services, community resources, help with applying for benefits, Medicare information, caregiver support and more.

Margie has compiled a handy resource booklet tailored to our local area. The 40-page Guide to Community Services for Older Adults and Their Families is available for free at the Patty Turner Center. It can be mailed out upon request. Margie is generally in the office on Tuesday and Wednesday. Stop in, call, leave a voicemail, or send an email to Margie@pattyturnercenter.org. PTC Social Services is a partnership between West Deerfield Township and the Deerfield Park District. Service is friendly, free, and confidential.

**Need Transportation?**

The Deerfield area is one of the richest around when it comes to providing transportation services for older adults. Options include the Village Taxi Program; the West Deerfield Township handicapped-accessible “Going Places” van; a variety of specialty volunteer programs and the Lake County transportation grant.

**Increase your Access to the World!**

The West Deerfield Township Accessibility Grant for disabled residents is aimed at improving quality of life through increased access to the community. Grants up to $1000 per household per year may be awarded. Expenses which may qualify for this program include things like home modifications, mobility equipment, adaptive communication devices, some therapies, etc. Older adults are encouraged to apply!! The program is intended to assist those WDT residents with the greatest financial need, but there is no stated income limit. Application forms are available at PTC, the township office, and online. Grants are awarded quarterly; the next application deadline is September 30th. For more info, call the Township at 847-945-0614 or PTC Social Services.

**Caruso “GrandFriends” Fund**

There is a small fund available to assist lower income older adults to pay a portion of their membership and program fees at the PTC. The GrandFriends Fund was originated and is supported by the fundraising efforts of the students at Caruso Middle School. Margie can provide eligibility and program information. Participation is strictly confidential.

**SHIP Answers Your Medicare Questions**

PTC is a host site for the Illinois Department on Aging’s SHIP (Senior Health Insurance Program). How convenient is that?! SHIP is a national program that provides FREE counseling and information on



* Enrollment
* Prescription Drug Plans
* Supplemental Plans
* Subsidies to offset the cost of Medicare
* Claims and Appeals

Trained volunteers are ready to answer your questions. Appointments are required and can be made by calling the Front Desk or Margie in Social Services. Smart beneficiaries use SHIP because “The Best Choice is an Educated Choice!”

**Telephone Reassurance**

Each business day, a West Deerfield Township staff member makes friendly calls to any homebound township resident who wants someone to check on them.  Call the WDT office at 847-945-0614 to set up the service.  A similar program is the Lake County Sheriff’s Office "R.U. OK?" program. It, too, offers a personal telephone wellness check to those who are homebound and living alone. Interested in participating?  Request an application by contacting the Lake County Community Services Team at 847-377-4211.

**Bulletin Board**

Find a teen to mow your lawn. See where to attend a free education session on Parkinson’s disease. Laugh at photos taken at PTC parties. Check out the Bulletin Board in the alcove near the soda machine.

**Social Services**

**Blue Bag Program
Keeps Documents Handy**

Be prepared! The Blue Bag is a handy all-in-one packet containing your information ready to grab in an emergency-- health info, medication lists, POA, DNR, emergency contacts, and more. It comes with instructions to be placed where our local EMTs know to look for it. The Program is a collaboration between the PTC and the Deerfield-Bannockburn Fire Department. FREE for residents.

**Roaring ‘90s Club!**

The most exclusive club around! The Roaring 90’s is a FREE monthly social and educational club for local residents 90 years of age and older (okay, okay, they will accept you as a member “trainee” if you are 85 or older too!) Programs will vary but will always be interesting! Free transportation is provided, if needed. Join in for fun, learning, laughs, and fellowship with other Super-Seniors! Contact Faith In Action

Volunteers for more information and to RSVP for events at 847-721-8414.

**Save Money on License Plate Sticker, Local Vehicle Sticker, and Public Transit**

If you are age 65+ or totally disabled AND have income less than $27,610 as an individual or $36,635 as a couple, you can apply for the Benefit Access Program. You may be entitled to a big reduction in your Secretary of State License Plate renewal sticker and get the RTA Senior Rides FREE card! If you’re already part of the program, it is suggested you renew at the first opportunity, which is three months prior to expiration. The application is good for two years. ALL applications and documentation must be submitted online; no paper forms exist. You can do it yourself at the Illinois Department on Aging’s website. Residents of Deerfield, West Deerfield Township, and PTC members may make an appointment with Margie and she will do it for you!! Also, the Village of Deerfield offers resident who are seniors LIHEAP recipients (monthly income <$1508 for individuals) the village sticker for just $1.

**ACES: Family Caregiver Support**

Over the years, many of your neighbors have sat around our table with others who are navigating the path of being a family caregiver for their loved one. If you find yourself caring for a spouse or parent, maybe it's time for you to join us! Studies show caregivers reduce their stress, enjoy improved health and provide better care when receiving support. ACES is a group of super people that meets twice a month for valuable information on relevant topics, leads on resources, and to share concerns and tips with other caregivers. We have fun, too! You do not have to live with your care recipient to be considered a caregiver. We meet from 1:00 – 2:30 pm on the 2nd and 4th Wednesdays of the month in the PTC library. FREE and open to all family caregivers of older adults. Call Margie for more information.

**Do care obligations keep you from attending our Support Groups?** Here’s a solution! Through our

treasured partnership with Faith in Action Volunteers, we are able to offer some respite options. On-site supervision of your loved one in our front lobby may be available during the Alzheimer and ACES meetings. Care recipients must be comfortable being apart from their loved one, have appropriate behavior, and be able to use the restroom on their own. Also, on a more limited basis, a trained Faith in Action …volunteer may come to your home, if needed, while you attend the ACES meeting. For both services, pre-

screening and reservations are required at no fee.

**Alzheimer Association**

**Family Support Group at PTC**

Important News for Memory Care Family Caregivers

The old group has ended, but a new one is on the horizon! Some exciting changes are in the works! We apologize for any inconvenience this has caused. We are re-tooling our group and plan to resume this fall with a new approach and facilitator. We think you’ll really like it! In the meantime, any dementia family caregiver is welcome to join ACES, a non-disease specific group for family caregivers that meets twice monthly at PTC.

**Wellness**

The PTC offers an array of wellness services for both members and non-members. Please contact the Front Desk for details and appointments or call: (847) 940-4010.We will be more than happy to assist you!

**Low Vision Group**

Join the gathering that reflects the common and unique lifestyles of those with low vision! Meetings are enlightening and interactive; a place to share ideas and tools to live meaningfully and independently. We meet every other month on the second Monday. It is FREE and open to anyone. No matter your age or your town, if you are interested, join us! If you are reading this without magnification, please tell your friends who can't. Our next meeting will be held on **Monday, July 8th from 10:00-11:30.** Join us as we welcome guest speaker Marc Arneson from the Hadley School for the Blind!

**Blood Pressure Testing**

Free Blood Pressure / Blood Sugar testing is offered at the PTC on the first Tuesday of each month at 9:30 a.m. This service is FREE and offered through North Shore University Health Systems. No appointment!

***\*Blood Pressure Testing will be held on July 2nd & August 6th***

**Cholesterol Testing**

Cholesterol testing will be offered (by appointment only) at the PTC on the second Tuesdays of every other month. Tests are $25.00 per person. Checks are to be made payable to North Shore Health Systems. To make an appointment call: (847) 940-4010.

***\*Cholesterol Testing will be held on July 9th***

**Podiatry Appointments**

The PTC offers podiatry services monthly by

Dr. Nick Ivancevic and now, Dr. Elizabeth Pacocha. Dr. Ivancevik provides on-site podiatry services one Friday per month between 9:15am – 12:15pm. Dr. Pacocha provides on-site podiatry services third Thursday between 9:30 am – 1:30 pm.

**To schedule an appointment please call: 847-940-4010.**

**Lending Closet**

The PTC lends, on a short-term basis, a variety of durable medical equipment.  This service is available to members and residents of Deerfield, Riverwoods, Bannockburn, and Lincolnshire. Items such as wheelchairs, walkers, canes, commodes, and bath benches, are generally available. Items are expected upon return date. Please call prior to your visit. We also accept your donation of clean, gently used equipment**.** Closet hours are Mon-Fri 9:00am-4:00pm. Please contact the PTC front desk for details!

***The PTC would like to thank members Joan Gruchot and Eric Graepp for their continued efforts in keeping our closet running so well!***

**Massage Therapy**

The PTC is proud to offer Massage Therapy as one of its many services. Make your reservation today for a private massage with the PTC’s very own licensed

massage therapist, Linda Walker. Linda joins us at the PTC alternating Wednesdays from 10-3. Please call the Center to schedule your appointment.

Dates: Alternating Wednesdays

Times: 10:00am – 3:00pm

 Fees: Per 1/2 hour: $35M–$40NM

 Per 1 hour: $65M–$75NM

**Arthrossage**

[Arthrossage](http://www.youtube.com/watch?v=QNnMQEhMClw) is an acupressure-based technique that eases the pain and tension from osteoarthritis, rheumatoid arthritis, and fibromyalgia.  A full body treatment that loosens joints and muscles and is performed while clothed.

Dates: Alternating Wednesdays

Times: 10:00am – 3:00pm

Fees: $45M/$55NM – 45 minutes

**Hand, Foot, Neck & Shoulders**

**New ½ Hour Massages!**

Linda will be offering ½ hour hand, foot, neck and shoulder massages! This new service will be available by appointment only. Half-hour rates will apply. Please see Linda for details.

**Center Information**

**Art Wall**

Through the support of the PTC Members Council, the PTC Art Wall allows members and resident artists to display their artwork. During the months of July and August, we proudly welcome the photography of the NorthShore Camera Club.

**Book Club**

Do you LOVE to read? Do you enjoy discussing good books? Join the PTC Book Club which meets the second Friday of each month at 10:30 am to discuss the current book being read. On Friday, July 12th, we will discuss the book, “Next Year in Havana” by Chanel Cleeton. On Friday, August 9th, we will discuss the book, “Piece of the World” by Christina Baker Kline. If you have any interest in joining this group, please call Phyllis Wallach for more information (847)821-8229

**Copier Services**

Copier services for small projects are available to all members of the PTC. If you need assistance, please contact the front desk.

**Hummers & Strummers**

Do you love music? If so, why not consider becoming a member of the PTC’s very own “Hummers & Strummers” ukulele group! Practices are held at the PTC on Thursday afternoons at 12:45pm.

**Knitting Group**

The PTC Knitting Group meets every Thursday in the PTC Atrium at 1:00 p.m. Please bring your knitting or crochet projects and join us!

**PTC Library**

The PTC Library is available to all our members. Members have access to our computers, along with the use of books, CD’s, and DVDs.

**Be Our Guest!**

If you have a friend who might be interested in becoming a member, please let us know. We will be more than happy to tour your guest as well as discuss our many programs and services with them.

**Notary Public**

Notary Public services are available to members and guests at the PTC. Please contact David Shamrock.

**Room Rentals**

The PTC offers room rental packages to members, guests and community groups. Rooms are available to rent but only after hours or on weekends. Please see David or Nicole for details.

**Donations**

**In Support of PTC Programs**

Leo and Marguerite Carter

Patty Ellis

Jack Goggin

Jack Jashelski

Elinor Kramer

Ping Ping Rosen

Curt Speed

**In Memory of Ed Collins**

Tom and Mary Gramins

**In Memory of Bernard Forrest**

Tom and Mary Gramins

**In Memory of Ruth Jackson**

Jack Goldberg

Tom and Mary Gramins

Carol Mellem

Stephen and Julie Schneider

PTC Hummers & Strummers

Linda Trytek

**In Memory of Timothy Plummer**

Jack Goldberg

Stephen and Julie Schneider

Bill and Janie Seiden

PTC Hummers & Strummers

Linda Trytek

**In Memory of Sue Benn**

Tom and Mary Gramins

Carol Mellem

**Member Information**

Are you or someone you know interested in becoming a member of the PTC? Fill out the Registration Form and Waiver in the back of our bulletin and drop it off at the Patty Turner Center *or* feel free to mail in your form with your payment. Let us know how you heard about us and become a member today!

**Membership Fees**

*Per Person Costs:*

$30.00 – Deerfield Residents

$45.00 – Non-Deerfield Residents

**Registration Information**

To ensure your registration is confirmed, and to help keep class cancellations to a minimum, we strongly recommend **registering at least one week prior** to the date of your program, trip, or event. Payment is due at time of registration. To accommodate busy schedules, we do accept registration and payments in person, via fax at 847-317-2564, or by mail. Our mailing address is 375 Elm Street, Deerfield, IL, 60015. For themed dinner events, or any event that is being catered, **please understand that we cannot accept walk-in registrations the day of an event**. If you are interested in attending, please register as soon as possible. Know that food orders must be placed in advance. If you have any questions, please contact the front desk at 847-940-4010.

**Refund Policy**

If you are participating in a trip but must cancel, please know that refunds will not be given unless a waiting list has been established and a replacement can be found for your spot. A refund may be obtained two (2) business days prior to the first day of a class/program; a 10% service charge ($5 minimum-$10 maximum) will be deducted from the amount paid for all classes, programs, and trips. Credits may be applied to household accounts.

**Dietary Restrictions**

If you have dietary restrictions or allergies to specific foods, please contact David Shamrock or Nicole Britz. Let us know how we can better accommodate your needs so that you can better enjoy our programs, events and outings!

**Staying Connected to the PTC**

The Patty Turner Center has its own website full of information on programs, trips, the most current PTC bulletin and more!  It’s a good place to keep current on happenings. You can find it by searching ‘Patty Turner Center’ in Google or type the following in your web browser: [www.pattyturnercenter.org](http://www.pattyturnercenter.org/)

**PTC Monthly E-mail Newsletter**

Stop by the front desk with your email address or provide it on your program registration form to see the monthly programs and events happening at the Patty Turner Center sent straight to your inbox!

**LIKE us on Facebook!**

We are posting pictures, and details on upcoming programs on our Facebook page! If you have a Facebook, “Like” us and you will receive PTC program announcements and photos right to your Facebook newsfeed! [www.facebook.com/PattyTurnerCenter](http://www.facebook.com/PattyTurnerCenter)

**New Members**

The PTC Staff and Members Council wish to welcome our newest members!

John Bengier John Chaput

Myrna Cohen Carol Cooke

Ronald Eagle Sandy Gulliver

Leslie Helpern Arthur Hoffman

Michelle Jenkins William Kroll

Delayne Landsman Michael Landsman

Sandye Lerner Norman Madsen

Angela Platt Cecili Romero

Lana Schikman

**Welcome Nicole!**

The PTC is proud to announce the arrival of new program coordinator, Nicole Britz. Nicole joined the PTC on Monday, May 13th and has been busy meeting members, working alongside staff, overseeing daily center programs, participating in larger events and, even chaperoning her first trip; all within her first 3 weeks! With her contagious smile and charming personality, Nicole looks forward to meeting you soon! Come on by and say “Hello!” “Welcome Nicole!”

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| --- | --- | --- | --- | --- | --- | --- |
| **Sunday** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Saturday** |
|  | **1** | **2** | **3** | **4**Image result for welcome clipart black and white | **5** | **6** |
|  | 9:15 Canasta Beginning12 Mah-Jongg 12 Private Member Game Play12:30 Social Bridge | 8:30 Men’s Club8:45 Pilates9:30 Blood Pressure10:45 Tai Chi12 Open Poker1 Ping Pong3:30 Forever Fit Dance Ensemble II 6:45 Tone & Firm | 10:30 Duplicate Bridge12:30 Private Member Game Play12:30 Open Canasta3:30 Forever Fit Dance Ensemble II | **INDEPENDENCE DAY****PTC CLOSED** | 10 “Art Alive!” With Debra Levie10 Continuing Spanish10 Men’s Bridge12 Mah-Jongg12:30 Table Top Games1 Ping Pong |  |
| **7** | **8** | **9** | **10** | **11** | **12** | **13** |
|  | 9 Light & Lively 9:15 Canasta Beginning10 Low Vision Group12 Mah-Jongg 12 Private Member Game Play12:30 Social Bridge7 Hatha Yoga | 8:30 Men’s Club8:45 Pilates9:30 Digital Drop-In10:30 Forever Fit10:45 Tai Chi12:30 Women’s Club12 Open Poker1 Ping Pong3:30 Forever Fit Dance Ensemble II 6 Film Series Class 6:45 Tone & Firm | 10:30 Duplicate Bridge11 “Zen Dish Gardens”12:30 Private Member Game Play12:30 Open Canasta1 ACES3:30 Forever Fit Dance Ensemble II**6 PTC Excursion: Grant Park “Wizard of Oz”** | 9 Members’ Council9 Light & Lively10 Guided Meditation10:45 Tai Chi11 Table Top Games12 Private Member Game Play12:45 Hummers1 Mah-Jongg1 Movies for Members 1 Sit & Knit6:45 Tone & Firm | 10 Continuing Spanish10 Men’s Bridge10:30 PTC Book Club12 Mah-Jongg12:30 Table Top Games1 Ping Pong2 Shirley Todd Sings! |  |
| **14** | **15** | **16** | **17** | **18** | **19** | **20** |
|  | 9 Light & Lively9:15 Canasta Beginning11:30 Women’s “Round Robin” Bridge12 Mah-Jongg12 Private Member Game Play12:30 Social Bridge7 Hatha Yoga | 8:30 Men’s Club8:45 Pilates9 Cholesterol Test10:30 Forever Fit10:45 Tai Chi12 Open Poker1 Ping Pong3:30 Forever Fit Dance Ensemble II 6 Film Series Class 6:45 Tone & Firm  | 9 Feldenkrais10:30 Duplicate Bridge12:30 Private Member Game Play12:30 Open Canasta3:30 Forever Fit Dance Ensemble II  | 9 Light & Lively10:45 Tai Chi11 Table Top Games12 Private Member Game Play12:45 Hummers1 Mah-Jongg1 Movies for Members1 Sit & Knit**5:30 PTC “Shake, Rattle and Mix”**6:45 Tone & Firm | 10 Continuing Spanish10 Men’s Bridge12 Mah-Jongg12:30 Table Top Games1 Ping Pong |  |
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 **July**

**August**

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| **11** | **12** | **13** | **14** | **15** | **16** | **17** |
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