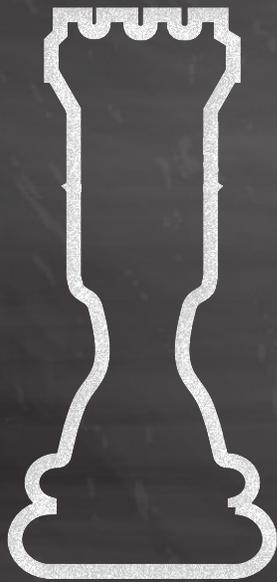




Deerfield Park District

# After School Enrichments

Wilmot - Spring 2019



Register online at [register.deerfieldparks.org](http://register.deerfieldparks.org)  
Registration opens Monday, March 4 at 9 am

All Classes meet at Wilmot School.

All students should meet in the multipurpose room for attendance.

Please contact Megan Carbone at [megan@deerfieldparks.org](mailto:megan@deerfieldparks.org) with any questions.

# WEEK AT A GLANCE

## MONDAY

Class	Instructor	Grade
Chess	Chess Scholars	K-5
Artopia	Tiffany Shaf Platt	K-5
Triple Play	Hot Shot Sports	K-3
Spanish	Fun Fluency	3-5

## TUESDAY

Class	Instructor	Grade
Ceramics	Richard Cohen	1-5
Sticky Fingers Cooking	Sticky Fingers Cooking	K-5
Pulse Youth Bootcamp	Pulse Boxing and Fitness	2-5
Pegasus FC Soccer Clinic	Pegasus FC Soccer	K-3
Let's Build It - Crazy Circuits!	After School Enrichment Solutions	1-5

## WEDNESDAY (EARLY)

Class	Instructor	Grade
Fit 4 Kids	Fit 4 Kids	K-3
Cartooning and More	Susie Mason	K-5
TechStars: Dream It, Design It, Print It	Computer Explorers	2-5
Amazing Minds	Amazing Minds	K-2
Yoga	Barb Kaplan	K-5

## WEDNESDAY (LATE)

Class	Instructor	Grade
Karate	Focus Martial Arts	K-5
Lacrosse	5 Star Sports	1-4
Cartooning and More	Susie Mason	K-5
TechStars: Xbox Video Game Coding	Computer Explorers	2-5

## THURSDAY

Class	Instructor	Grade
Art with Mari	Mari Krasney	K-5
Little Doctors	Dr. Pearl Park	K-5
Thunderbolts Flag Football	Fit 4 Kids	1-4
Little Footlighters	Sarah Hall Theatre Company	K-2
Game On! Rookie Reporters 4 Girls	GameOn! Sports for Girls	Girls 2-3

## FRIDAY

Class	Instructor	Grade
Amazing Art	Sunshine Crafts	K-5
Boxing and Fitness	Ace	2-5
Lil Dribblers Basketball	Hot Shot Sports	K-3
Espanol is Fun	Studio Spanish	K-2

# MONDAY

4/1 - 5/20 | Time: 3:35 - 4:35 pm

7 Classes | No class 4/22

## CHESS

**Activity # 351600-01**

**K-5 Grade | Fee: \$112**

Chess Scholars is designed for both beginners and experienced young players. All participants will learn cool, new strategies at the appropriate level from a renowned Chess Scholars coach. Each class will consist of a fun, interactive teaching period and guided practice time.

## ARTOPIA

**Activity # 351600-02**

**K-5 Grade | Fee: \$147**

If you love arts and crafts projects this class is for you. Each week we do a different fun craft such as sand art, mosaics, clay, modge podge, fimo clay, and more.

## TRIPLE PLAY

**Activity # 351600-03**

**K-3 Grade | Fee: \$107**

This class features three sports: football, soccer and dodgeball. Participants develop skills associated with each sport and have opportunities to use these skills in game situations. Emphasis is placed on skill development, teamwork and sportsmanship.

## SPANISH

**Activity # 351600-04**

**3-5 Grade | Fee: \$147**

Join Fun Fluency on an after school adventure of learning a new language—the way your brain was meant to learn it! Students learn Spanish naturally through immersion, movement, games, songs, rhythm, reading and acting out/listening to stories. Our storytelling-based method focuses on long-term retention, not just memorization. Students will quickly see how fun and easy it is to understand, read, and write in Spanish while being immersed in language, play, and laughter. Class fee includes workbook and useful online resources to continue studies outside of class.

# TUESDAY

4/2 - 5/21 | Time: 3:35 - 4:35 pm

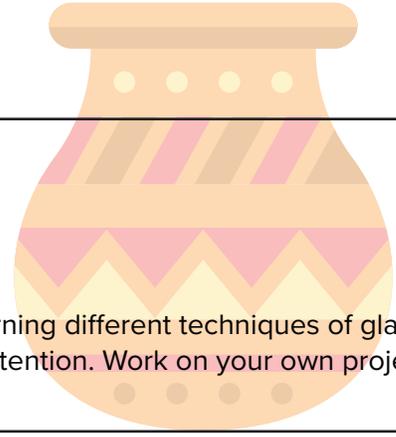
8 Classes

## CERAMICS

Activity # 351600-05

1-5 Grade | Fee: \$154

Learn basic techniques of hand-building. Create decorative items while learning different techniques of glazing, decorative and using surface treatments. Small classes allow for individual attention. Work on your own projects at your own pace.



## STICKY FINGERS COOKING

Activity # 351600-06

K-5 Grade | Fee: \$214

Let your child release their inner chef as they prepare and eat healthy global inspired recipes! Our Chefs reinforce kitchen skills associated with our weekly recipes and each area of cooking terminology, foods and fun nutrition facts. Full recipes will be created each class with our master chef instructors. Sticky Fingers Cooking is 100% nut free. We CAN and WILL accommodate ANY and ALL food allergies.

## PULSE YOUTH BOOTCAMP

Activity # 351600-07

2-5 Grade | Fee: \$179

Pulse Youth Bootcamp engages kids, grades 2-5, with equipment such as medicine balls, resistance bands, agility ladders, ropes, bosu balls and more. This fun-filled and structured format employs games and drills that are guaranteed to improve children's overall coordination and cardiovascular conditioning, strength and flexibility, as well as boost their sportsmanship, leadership, and teamwork skills that seamlessly transfer into all learning and competitive environments.

## PEGASUS FC SOCCER CLINIC

Activity # 351600-08

K-3 Grade | Fee: \$144

Pegasus FC Soccer Clinic is a fun, energetic soccer program run by professional coaches from Pegasus FC Soccer. Our age appropriate curriculum will allow all players to have fun developing their soccer skills. The fundamental techniques of dribbling, passing, shooting and defending will be taught during skill-based activities and small sided scrimmages.

## LET'S BUILD IT - CRAZY CIRCUITS!

Activity # 351600-09

1-5 Grade | Fee: \$156

Students will design, build, and test various circuits and electronic projects, exploring how electricity is part of our daily lives. Instructors will guide students through core concepts of electrical engineering, introducing them to circuits and electrical components. No previous experience is necessary, just a desire to learn and build. Projects will include: a disc launcher, electronic games, musical instruments, alarms, and more, along with fun-filled class activities! Each student will receive an award on the last day of the session, as well as the opportunity to earn engineering belts to demonstrate their learned skills!

# WEDNESDAY

4/3 - 5/22 | Time: 2:35 - 3:35 pm (Early Sessions)

8 Classes

## FIT 4 KIDS

**Activity # 351600-10**

**K-3 Grade | Fee: \$156**

We get kids moving and show them that fitness can be fun! Forget push-ups and sit-ups; we play fun games like noodle tag, mousetrap, gladiator and much more.

Balls, hula hoops, jump ropes, parachutes and more will help guide us through our activities. This program will not only give kids a great workout, but will also let them have fun while learning.

## CARTOONING AND MORE

**Activity # 351600-11**

**K-5 Grade | Fee: \$137**

Have you always wanted to learn how to draw your favorite animated characters? We will draw two to three characters each class following step-by-step instructions while mastering drawing fundamentals as they apply to both animation and realistic figure drawing. Students will explore different drawing styles and media including pencil, colored pencil, watercolor pencil, charcoal and pastel. New projects will be done each session!

## TECHSTARS: DREAM IT, DESIGN IT, PRINT IT

**Activity # 351600-12**

**2-5 Grade | Fee: \$214**

Working with a partner and using Autodesk 123D Design and its easy-to-learn interface, learn how to design simple 3D objects, successfully prepare them for a 3D printer, and observe the 3D print process. Make something from scratch: if you can imagine it, you can create it. The best part? Students will go home with one small 3D printed model and a copy of their 123D Design files ready to send out for printing!

## AMAZING MINDS

**Activity # 351600-13**

**K-2 Grade | Fee: \$179**

Explore interesting topics and learn to use tools that help you solve problems such as calculators, magnifying glasses, microscopes, tape measures and geology kits. Engage in science experiments where you dissect owl pellets, wear prism glasses, and make raisins bounce. Top it all off with exciting topic related take home prizes.

## YOGA

**Activity # 351600-15**

**K-5 Grade | Fee: \$144**

Come to Yoga to relax your bodies and brains after school with Movement Junkies! We will be learning beginning yoga practices, breathing techniques, and many poses that you can bring home with you to share! You may bring your own yoga mat or we can provide one.

# WEDNESDAY

4/3 - 5/22 | Time: 3:40 - 4:40 pm (Late Sessions)

8 Classes

## KARATE

**Activity # 351600-14**

**K-5 Grade | Fee: \$144**

Build coordination, agility, strength and poise; release tension and get in touch with your body. Karate helps foster a strong, positive self-image. The mental aspect builds confidence, control and discipline while developing muscle tone, cardiovascular fitness and skills. Advanced students improve techniques and learn valuable self-defense skills.

## LACROSSE

**Activity # 351600-16**

**1-4 Grade | Fee: \$144**

Lacrosse is the fastest growing sport in the world. New players will be taught basic rules and skills of the game, such as cradling, passing, catching, shooting, and ground balls. Taught by coaches from 5 Star Sports, coaches who love and have played the sport for years!

## CARTOONING AND MORE

**Activity # 351600-17**

**K-5 Grade | Fee: \$137**

Have you always wanted to learn how to draw your favorite animated characters? We will draw two to three characters each class following step-by-step instructions while mastering drawing fundamentals as they apply to both animation and realistic figure drawing. Students will explore different drawing styles and media including pencil, colored pencil, watercolor pencil, charcoal and pastel. New projects will be done each session!

## TECHSTARS: XBOX VIDEO GAME CODING

**Activity # 351600-18**

**2-5 Grade | Fee: \$214**

In this amazing course, you & a partner will work together and use Xbox controllers connected to PCs to design, code and present your own unique video game! Using an amazing software called KODU, learn to add objects & scoring elements, create paths, and add multiple characters. Navigate the Xbox 360 Gamepad and build your coding skills as you create enjoyable, fun, and challenging games to share with your family and friends! Continue mastering your programming skills at home using your own Xbox 360 controller, a PC, and the FREE software.

# THURSDAY

4/4 - 5/23 | Time: 3:35 - 4:35 pm

8 Classes

## ART WITH MARI

**Activity # 351600-19**

**K-5 Grade | Fee: \$137**

Students will create multi-media projects, introducing them to a variety of media including pencil, watercolor, and acrylic. Students will also learn to observe their surroundings, visualize a product, and conceptualize an outcome while drawing and painting. New projects will be offered each session!

## LITTLE DOCTORS

**Activity # 351600-20**

**1-4 Grade | Fee: \$214**

What do you have in common with a balloon, a drum, a building, or even a roller coaster? Find out as we play and explore the science behind real world objects, and how it applies to our own bodies! Thinking caps and fun genes required!

## THUNDERBOLTS FLAG FOOTBALL

**Activity # 251600-21**

**1-4 Grade | Fee: \$214**

Join us this fall for another fun season of flag football with Coach Steve and crew. We have a blast learning all about football in a safe environment. We team up with our buddies to play against kids from the other 3 Deerfield schools on Friday evenings. This year we are teaming up with USA football so every new participant will receive an NFL flag football jersey!

## LITTLE FOOTLIGHTERS

**Activity # 251600-22**

**K-2 Grade | Fee: \$156**

Little Footlighters helps develop creativity and confidence both onstage and off! Through a vocal and physical warm-up, improvisation, theater games, and storybook theater, students learn the basic tools for acting and performance. This class creates a safe and nurturing environment where students are free to explore and discover the magic of theater while working individually and as an ensemble.

## GAME ON! ROOKIE REPORTERS 4 GIRLS

**Activity # 351600-23**

**Girls Grade 2 & 3 | Fee: \$144**

Consistent with the mission of Game On!, this class will empower girls by cultivating the ability to observe and express while enhancing an appreciation for and understanding of sports. This fun and interactive curriculum will cover the power of observation, effectively translating what you see into the written and spoken word, the ABCs of good reporting, and more! A final assignment will include attending a girls sporting event (junior high, high school, college game) and presenting to the class reporter-style on the final day. Ready, Get Set, Game On!

# FRIDAY

4/5 - 5/24 | Time: 3:35 - 4:35 pm

7 Classes | No class 4/19

## AMAZING ART

**Activity # 351600-24**

**K-5 Grade | Fee: \$147**

Amazing Art combines all your favorite art projects and mixed media in this unique class. Kids will make Tie Dye shirts (art smocks for the session), experience pottery painting, create fired ceramic arts, paint a canvas acrylic painting, do recycled arts projects and more. Lessons will include concepts and techniques kids can use for a lifetime and the experience of creating awesome projects will result in great self-esteem and a sense of accomplishment. All new lessons for every session.

## BOXING AND FITNESS

**Activity # 351600-25**

**2-5 Grade | Fee: \$127**

Marco Aceituno has over 20 years of experience as a leading athlete and coach. These experiences span from the Olympics 1996, Pan American Games 1995 and 1999 and the World Cup Boxing Tournament 1998. By participating in boxing training students will learn valuable boxing combinations, foot and hand speed, coordination, strength and balance. Boxing helps strengthen your body and mind, building strong character, discipline, confidence, respect and self-defense skills. There will be no Sparring.

## LIL DRIBBLERS BASKETBALL

**Activity # 351600-26**

**K-3 Grade | Fee: \$107**

Children are introduced to the game of basketball in a safe, fun and exciting environment. Our curriculum uses age appropriate activities and games specifically designed to increase balance, body awareness, motor skills and hand eye coordination. All equipment provided by the staff of Hot Shot Sports.

## ESPAÑOL IS FUN

**Activity # 351600-27**

**K-2 Grade | Fee: \$147**

SPREAD THE WORD AMIGOS! Looking for ways to keep your little ones engaged in learning Spanish while having fun? We offer an extraordinary program that fosters immersion and cultural awareness. This class provides a customized curriculum using games, crafts, art and music. We focus on Spanish fundamentals learned through fun themes. We follow the Core Practices from the Illinois Council on the Teaching of Foreign Languages. Sign up today and get a free tote bag and white board on the first class.

# Registration Information

[www.deerfieldparks.org](http://www.deerfieldparks.org)

## Online Registration

You may register online for most activities. Web registration is quick and convenient. You can view real time availability and save time!

### First time registering online?

Please follow the "Register Online" links at [deerfieldparks.org](http://deerfieldparks.org) to get started.

### Who is eligible?

Any household with a valid email address is eligible to register online. For Deerfield Park District residents to receive resident rates, proof of residence (see information at right) is required.

### What programs are available?

The majority of park district programs are available online, with a few exceptions. These are usually programs that require tryouts, prerequisites, or prior instructor approval.

### Will I know right away if I get in?

Yes. Online registration works in real time, so, as soon as you complete the payment process and get a confirmation email your enrollment is confirmed. If a class is full, you may join the wait list online.

## Program Cancellation

**Please register early!** At some point, we have to determine if enrollment is sufficient to hold a class. If enough participants are not registered, classes may be canceled. Those waiting until the last minute or for the first day of class may find it's too late.

## Registration Forms

Additional registration forms can be downloaded online at [www.deerfieldparks.org](http://www.deerfieldparks.org). Forms are also available at any of our facilities.

## Waiting Lists

If you select a class and it's full, you will be put on a waiting list. We will notify you of all class placements, cancellations, and/or changes.

## Financial Assistance

Residents experiencing difficulty paying program fees should contact the Park District.

## Services for Residents with Disabilities

Deerfield Park District is a partner with Northern Suburban Special Recreation Association (NSSRA). Formed in 1970, NSSRA is an extension of ten park districts, two cities and one village in the northern suburbs of Chicago and provides and facilitates year-round recreation programs and services for children, teens and adults with disabilities. NSSRA offers recreation, sport, cultural, social, and leisure programs and events available throughout the year, creating new experiences, opportunities for skill development, leisure time, and perhaps most importantly, friendship. NSSRA has been creating an environment of belonging through play since 1970, and has the distinction of being the first Special Recreation Association in the country.

We believe that everyone should have the chance to try something new. This means you have the opportunity to participate in any one of NSSRA's nearly 600 annual programs, or that you have the opportunity to participate in one of the Deerfield Park District programs with the assistance of an NSSRA Inclusion companion.

## Inclusion Services

Deerfield Park District program Inclusion services are available to residents with special needs at no additional cost to the family. Inclusion services may include, when necessary, staff training, program modifications/adaptations, modified equipment and program observations.

### Reasons to Request Inclusion Services

- » A parent or family member recognizes that a participant would benefit from additional support in a Deerfield Park District program.
- » Deerfield Park District staff identifies a need for additional support, for safety and programmatic reasons, and communicates this need to the family.

### Requesting Inclusion Services

- » When registering for a Deerfield Park District program for the first time:
- » Mark the accommodation Section of the registration form to indicate that the participant will require assistance from NSSRA.
- » Once your registration form is submitted, the Deerfield Park District will contact you to discuss the type of Inclusion support needed for the participant.
- » The Deerfield Park District will provide NSSRA with an Inclusion request that contains both program and participant information.
- » You will be contacted by NSSRA to discuss the needs of the participant and get input on the type of support required.
- » NSSRA will work with the Deerfield Park District to put the necessary Inclusion accommodations in place for participation in the desired program(s).

Communication between you, NSSRA, and Deerfield Park District staff continues throughout the Inclusion process.

### For more information regarding Deerfield Park District Inclusion services contact:

**Linda Anderson**, Director of Recreation  
Deerfield Park District  
847-572-2615 • [lindaa@deerfieldparks.org](mailto:lindaa@deerfieldparks.org)

**Meggan Davies**, Recreation Manager for Inclusion  
NSSRA 847-509-9400 x6828 • [mdavies@nssra.org](mailto:mdavies@nssra.org)

**For more information about Northern Suburban Special Recreation Association (NSSRA) go to [www.nssra.org](http://www.nssra.org).**

## Refunds for Recreation Programs

A recreation program is defined as a program in which park district personnel teach activities or skills over a period of two or more class meetings. Sports leagues, camps, preschool, After School Club, trips, special events, season passes and one-day classes and workshops are considered special refund categories.

- » A refund may be obtained two (2) business days prior to the first day of class/program. A 10 percent service charge (\$5 minimum; \$10 maximum) will be deducted from the amount paid for the program(s).
- » Once a program or class begins, and prior to it ending, you may request a prorated refund based on the number of classes attended and the date the refund request is received. A 10 percent service charge (\$5 minimum; \$10 maximum) will be assessed.
- » If a class is rescheduled, relocated, or changed by the park district, a total refund will be made if requested by the participant.
- » Refunds will be offered if a class is canceled or closed by the park district.
- » If a participant is dropped from a program at the request and discretion of the district staff, a refund will be made, less prorated cost of classes held.
- » In lieu of a refund, participants may transfer money to other currently offered activities. The amount to be transferred (refunded) will be prorated based on the number of classes that have already been held.
- » All requests for refunds and/or transfers must be in writing and turned in to the Registration Office.

## Program/Participant Conduct

The Deerfield Park District reserves the right to suspend, expel or deny participation in any program or facility to any person whose behavior materially interferes or disrupts the quality of those offerings, the enjoyment of them by other participants or the ability of staff to conduct or manage the activities or facilities. A child's parent or guardian will be notified of the first incident; the second incident shall require the presence of a parent at a meeting with the instructor and a Park District administrator/supervisor; a third incident may result in the expulsion or suspension of the

child from the program, event or facility.

If a child engages in behavior(s) which may result in bodily harm to others, an immediate meeting with the parent may be called. If such behavior warrants it, immediate suspension or expulsion may result. Temporary suspension from participation due to misconduct will not entitle participant to a refund.

An adult shall receive one verbal or written warning. The second incident may result in suspension from the program, event or facility. If an adult physically strikes a person or object or throws an object at another person, or takes any other action that may pose a real threat of bodily harm to others, or is verbally abusive to others, s/he may immediately be suspended or expelled from the program or facility.

## Insurance

Deerfield Park District cannot assume responsibility for injuries or accidents occurring at programs, activities, parks and facilities within our jurisdiction. To do so would make our program and user fees prohibitive. Certain activities, facilities and equipment may, when used improperly, cause harm or personal injury. We make every effort to notify you of potentially dangerous situations and to provide rules for the proper use of equipment and facilities. You can avoid injury by following the rules, using good sense and being considerate of both Park District property and others using it.

## Infectious Diseases, Food Allergies, Medication, Illness

**Infectious Diseases:** To prevent the spread of communicable diseases, such as strep, pink eye and fifth's disease, parents should report any diagnosed cases to the Park District office. If exposure to other participants occurred, a notification is sent home.

**Food Allergies:** Many of our preschool, as well as cooking and other classes, will serve food; therefore, it is imperative that you notify the full-time Recreation Supervisor of any food allergies or dietary restrictions your child may have.

**Medication:** If your child requires medication (inhaler, epi-pen, etc.) during class, medication administration forms must be completed. Please call our registration office (847-945-0650) for details.

**Illness:** Please do not attend class nor send children who are ill to class.

## Photo Permission

Our staff or designees often take pictures or video at programs and events for: brochures and other marketing materials; website; and other print, electronic and online publicity. Most people are delighted to see pictures of themselves or their family members in our publicity. Photographers from print or other media outlets may also take pictures or video on occasion. We welcome the coverage and hope you do too; it is frequently how the public learns what is happening at the Park District. We cannot guarantee that a photo taken will be used or not be used, nor promise that it will only be used in certain circumstances. If you prefer your family members' pictures not be taken, please notify us in writing. NOTE: If you do see a photo posted to our website, Facebook page, or other Park District site of you or your family member that you would like removed, just request the photo to be taken down by commenting on the picture or by emailing [Sherry@deerfieldparks.org](mailto:Sherry@deerfieldparks.org). For questions or more information, you may also call our Communications Manager at 847-945-0650.