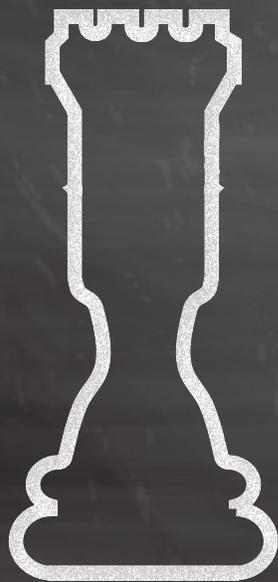




Deerfield Park District

# After School Enrichments

South Park - Spring 2019



Register online at [register.deerfieldparks.org](http://register.deerfieldparks.org)  
Registration opens Monday, March 4 at 9 am

All Classes meet at South Park School.

All students should meet in the multipurpose room for attendance.

Please contact Megan Carbone at [megan@deerfieldparks.org](mailto:megan@deerfieldparks.org) with any questions.

# WEEK AT A GLANCE

## MONDAY

| Class                      | Instructor               | Grade |
|----------------------------|--------------------------|-------|
| Art with Mari              | Mari Krasney             | K-5   |
| Thunderbolts Flag Football | Fit 4 Kids               | 1-4   |
| Amazing Minds              | Amazing Minds            | K-2   |
| Pulse Youth Camp           | Pulse Boxing and Fitness | 2-5   |

## TUESDAY

| Class               | Instructor                 | Grade |
|---------------------|----------------------------|-------|
| Triple Play         | Hot Shot Sports            | K-3   |
| Cartooning and More | Susie Mason                | K-5   |
| Little Footlighters | Sarah Hall Theatre Company | K-3   |
| Yoga                | Barb Kaplan                | K-5   |

## WEDNESDAY (EARLY)

| Class                                    | Instructor         | Grade |
|--|--------------------|-------|
| Fit 4 Kids                               | Fit 4 Kids         | K-3   |
| Amazing Art                              | Sunshine Crafts    | K-5   |
| Guitar                                   | Sasha Brusin       | K-5   |
| Spanish                                  | Fun Fluency        | 3-5   |
| TechStars: Dream It, Design It, Print It | Computer Explorers | 2-5   |

## WEDNESDAY (LATE)

| Class                             | Instructor         | Grade |
|-----------------------------------|--------------------|-------|
| Lacrosse                          | 5 Star Sports      | 1-4   |
| TechStars: XBOX Video Game Coding | Computer Explorers | 2-5   |
| Spanish                           | Fun Fluency        | 3-5   |

## THURSDAY

| Class                    | Instructor             | Grade |
|--------------------------|------------------------|-------|
| Ceramics                 | Richard Cohen          | 1-5   |
| Karate                   | Focus Martial Arts     | K-5   |
| Homework Club            | Mrs. Keidan            | 2-5   |
| Sticky Fingers Cooking   | Sticky Fingers Cooking | K-5   |
| Pegasus FC Soccer Clinic | Pegasus FC Soccer      | K-3   |

## FRIDAY

| Class                    | Instructor        | Grade |
|--------------------------|-------------------|-------|
| Artopia                  | Tiffany Shaf Plat | K-5   |
| Chess                    | Chess Scholars    | K-5   |
| Lil Dribblers Basketball | Hot Shot Sports   | K-3   |
| Little Doctors           | Dr. Pearl Park    | K-5   |

# MONDAY

4/8 - 5/20 | Time: 3:35 - 4:35 pm

6 Classes | No class 4/22

## ART WITH MARI

**Activity # 351610-01**

**K-5 Grade | Fee: \$104**

Students will create multi-media projects, introducing them to a variety of media including pencil, watercolor, and acrylic. Students will also learn to observe their surroundings, visualize a product, and conceptualize an outcome while drawing and painting. New projects will be offered each session!

## THUNDERBOLTS FLAG FOOTBALL

**Activity # 351610-02**

**1-4 Grade | Fee: \$162**

Thunderbolts: Join us this fall for another fun season of flag football with Coach Steve and crew. We have a blast learning all about football in a safe environment. We team up with our buddies to play against kids from the other 3 Deerfield schools on Friday evenings. This year we are teaming up with USA football so every new participant will receive an NFL Flag football jersey!

## AMAZING MINDS

**Activity # 351610-03**

**K-2 Grade | Fee: \$136**

Explore interesting topics and learn to use tools such as calculators, magnifying glasses, microscopes, tape measures and geology kits that help you solve problems. Engage in science experiments where you dissect owl pellets, wear prism glasses, and make raisins bounce. Top it all off with exciting topic related take home prizes. Come and exercise your brain with us after school. All new lessons each session.

## PULSE YOUTH BOOTCAMP

**Activity # 351610-04**

**2-5 Grade | Fee: \$136**

Pulse Youth Bootcamp engages kids with equipment such as medicine balls, resistance bands, agility ladders, ropes, bosu balls and more. This fun-filled and structured format employs games and drills that are guaranteed to improve children's overall coordination and cardiovascular conditioning, strength and flexibility, as well as boost their sportsmanship, leadership, and teamwork skills that seamlessly transfer into all learning and competitive environments.

# TUESDAY

4/9 - 5/28 | Time: 3:35 - 4:35 pm

8 Classes

## TRIPLE PLAY

**Activity # 351610-05**

**K-3 Grade | Fee: \$121**

This class features three sports: football, soccer and dodgeball. Participants develop skills associated with each sport and have opportunities to use these skills in game situations. Emphasis is placed on skill development, teamwork and sportsmanship.

## CARTOONING AND MORE

**Activity # 351610-06**

**K-5 Grade | Fee: \$137**

Have you always wanted to learn how to draw your favorite animated characters? We will draw two–three characters each class following step-by-step instructions while mastering drawing fundamentals as they apply to both animation and realistic figure drawing. Students will explore different drawing styles and media including pencil, colored pencil, watercolor pencil, charcoal and pastel. New projects will be done each session!

## LITTLE FOOTLIGHTERS

**Activity # 351610-07**

**K-3 Grade | Fee: \$156**

Little Footlighters helps develop creativity and confidence both onstage and off! Through a vocal and physical warm-up, improvisation, theater games, and storybook theater, students learn the basic tools for acting and performance. This class creates a safe and nurturing environment where students are free to explore and discover the magic of theater while working individually and as an ensemble.

## YOGA

**Activity # 351610-08**

**K-5 Grade | Fee: \$144**

Come to Yoga to relax your bodies and brains after school! You will learn beginning yoga practices, breathing techniques, and many poses that you can bring home with you to share! You may bring your own yoga mat or we can provide one.

# WEDNESDAY

4/10 - 5/29 | 2:35 - 3:35 pm (Early Session)

8 Classes

## FIT 4 KIDS

**Activity # 351610-09**

**K-3 Grade | Fee: \$156**

Fit 4 Kids™: The original kid's fitness program. We get kids moving and show them that fitness can be fun! Forget push-ups and sit-ups; we play fun games like noodle tag, mousetrap, gladiator and much more. Balls, hula hoops, jump ropes, parachutes and more will help guide us through our activities. This program will not only give kids a great workout, but will also let them have fun while learning something.

## AMAZING ART

**Activity # 351610-10**

**K-5 Grade | Fee: \$191**

Amazing Art combines all your favorite art projects and mixed media in this unique class. Kids will make Tie Dye shirts (art smocks for the session), experience pottery painting, create fired ceramic arts, paint a canvas acrylic painting, do recycled art projects and more. Lessons will include concepts and techniques kids can use for a lifetime and the experience of creating awesome projects will result in great self-esteem and a sense of accomplishment. All new lessons for every session.

## GUITAR

**Activity # 351610-11**

**K-5 Grade | Fee: \$121**

Welcome back to another great session of guitar with Sasha Brusin. Learn new, popular songs in this fun and instructional class that stresses fun and teaching the fundamentals of guitar. Students must bring their own guitar.

## SPANISH

**Activity # 351610-12**

**3-5 Grade | Fee: \$167**

Join Fun Fluency on an after school adventure of learning a new language—the way your brain was meant to learn it! Students learn Spanish naturally through immersion, movement, games, songs, rhythm, reading and acting out/listening to stories. Our storytelling-based method focuses on long-term retention, not just memorization. Students will quickly see how fun and easy it is to understand, read, and write in Spanish while being immersed in language, play, and laughter. Class fee includes workbook and useful online resources to continue studies outside of class.

## TECHSTARS: DREAM IT, DESIGN IT, PRINT IT

**Activity # 351610-13**

**2-5 Grade | Fee: \$214**

Working with a partner and using Autodesk 123D Design and its easy-to-learn interface, learn how to design simple 3D objects, successfully prepare them for a 3D printer, and observe the 3D print process. Make something from scratch: if you can imagine it, you can create it. The best part? Students will go home with one small 3D printed model and a copy of their 123D Design files ready to send out for printing!

# WEDNESDAY

**4/10 - 5/29 | 3:40 - 4:40 pm (Late Session)**

**8 Classes**

## LACROSSE

**Activity # 351610-14**

**1-4 Grade | Fee: \$144**

Lacrosse is the fastest growing sport in the world. New players will be taught basic rules and skills of the game, such as cradling, passing, catching, shooting, and ground balls. Taught by 5 Star Sports academy coaches who love and have played the sport for years!

## TECHSTARS: XBOX VIDEO GAME CODING

**Activity # 351610-15**

**2-5 Grade | Fee: \$214**

In this amazing course, you & a partner will work together and use Xbox controllers connected to PCs to design, code and present your own unique video game! Using an amazing software called KODU, learn to add objects & scoring elements, create paths, and add multiple characters. Navigate the Xbox 360 Gamepad and build your coding skills as you create enjoyable, fun, and challenging games to share with your family and friends! Continue mastering your programming skills at home using your own Xbox 360 controller, a PC, and the FREE software.

## SPANISH

**Activity # 351610-16**

**3-5 Grade | Fee: \$167**

Join Fun Fluency on an afterschool adventure of learning a new language—the way your brain was meant to learn it! Students learn Spanish naturally through immersion, movement, games, songs, rhythm, reading and acting out/listening to stories. Our storytelling-based method focuses on long-term retention, not just memorization. Students will quickly see how fun and easy it is to understand, read, and write in Spanish while being immersed in language, play, and laughter. Class fee includes workbook and useful online resources to continue studies outside of class.

# THURSDAY

4/11 - 5/30 | Time: 3:35 - 4:35 pm

8 Classes

## CERAMICS

Activity # 351610-17

1-5 Grade | Fee: \$154

Learn basic techniques of hand-building. Create decorative items while learning different techniques of glazing, decorative and using surface treatments. Small classes allow for individual attention. Work on your own projects at your own pace.

## KARATE

Activity # 351610-18

K-5 Grade | Fee: \$144

Build coordination, agility, strength and poise; release tension and get in touch with your body. Karate helps foster a strong, positive self-image. The mental aspect builds confidence, control and discipline while developing muscle tone, cardiovascular fitness and skills. Advanced students improve techniques and learn valuable self-defense skills.

## HOMEWORK CLUB

Activity # 351610-19

2-5 Grade | Fee: \$141

Get a jump on homework before you get home! Mrs. Keidan will give you support on homework, and help develop study skills for tests. Students will have the opportunity to use math manipulatives, access XtraMath or Pearson Success Net, as well as one on one support. Students will receive individualized attention and receive help with their homework and specific skills based on their grade level in school.

## STICKY FINGERS COOKING

Activity # 351610-20

K-5 Grade | Fee: \$214

Let your child release their inner chef as they prepare and eat healthy global inspired recipes! Our Chefs reinforce kitchen skills associated with our weekly recipes and each area of cooking terminology, foods and fun nutrition facts. Full recipes will be created each class with our master chef instructors. Sticky Fingers Cooking is 100% nut free. We CAN and WILL accommodate ANY and ALL food allergies.

## PEGASUS FC SOCCER CLINIC

Activity # 351610-21

K-3 Grade | Fee: \$144

Pegasus FC Soccer Clinic is a fun, energetic soccer program run by professional coaches from Pegasus FC Soccer. Age appropriate curriculum will allow all players to have fun developing their soccer skills. The fundamental techniques of dribbling, passing, shooting and defending will be taught during skill-based activities and small sided scrimmages.

# FRIDAY

4/12 - 5/31 | Time: 3:35 - 4:35 pm

7 Classes | No class 4/19

## ARTOPIA

**Activity # 351610-22**

**K-5 Grade | Fee: \$147**

If you love arts and crafts projects this class is for you. Each week we do a different fun craft such as sand art, mosaics, clay, modge podge, fimo clay, and more.

## CHESS

**Activity # 351610-23**

**K-5 Grade | Fee: \$112**

Chess Scholars is designed for both beginners and experienced young players. All participants will learn cool new strategies at the appropriate level from a renowned Chess Scholars coach. Each class will consist of a fun interactive teaching period and guided practice time.

## LIL DRIBBLERS BASKETBALL

**Activity # 351610-24**

**K-3 Grade | Fee: \$107**

Children are introduced to the game of basketball in a safe, fun and exciting environment. Our curriculum uses age appropriate activities and games specifically designed to increase balance, body awareness, motor skills and hand eye coordination. All equipment provided by the staff of Hot Shot Sports!

## LITTLE DOCTORS

**Activity # 351610-25**

**K-5 Grade | Fee: \$188**

What do you have in common with a balloon, a drum, a building, or even a roller coaster? Find out as we play and explore the science behind real world objects, and how it applies to our own bodies! Thinking caps and fun genes required!

# Registration Information

[www.deerfieldparks.org](http://www.deerfieldparks.org)

## Online Registration

You may register online for most activities. Web registration is quick and convenient. You can view real time availability and save time!

### First time registering online?

Please follow the "Register Online" links at [deerfieldparks.org](http://deerfieldparks.org) to get started.

### Who is eligible?

Any household with a valid email address is eligible to register online. For Deerfield Park District residents to receive resident rates, proof of residence (see information at right) is required.

### What programs are available?

The majority of park district programs are available online, with a few exceptions. These are usually programs that require tryouts, prerequisites, or prior instructor approval.

### Will I know right away if I get in?

Yes. Online registration works in real time, so, as soon as you complete the payment process and get a confirmation email your enrollment is confirmed. If a class is full, you may join the wait list online.

## Program Cancellation

**Please register early!** At some point, we have to determine if enrollment is sufficient to hold a class. If enough participants are not registered, classes may be canceled. Those waiting until the last minute or for the first day of class may find it's too late.

## Registration Forms

Additional registration forms can be downloaded online at [www.deerfieldparks.org](http://www.deerfieldparks.org). Forms are also available at any of our facilities.

## Waiting Lists

If you select a class and it's full, you will be put on a waiting list. We will notify you of all class placements, cancellations, and/or changes.

## Financial Assistance

Residents experiencing difficulty paying program fees should contact the Park District.

## Services for Residents with Disabilities

Deerfield Park District is a partner with Northern Suburban Special Recreation Association (NSSRA). Formed in 1970, NSSRA is an extension of ten park districts, two cities and one village in the northern suburbs of Chicago and provides and facilitates year-round recreation programs and services for children, teens and adults with disabilities. NSSRA offers recreation, sport, cultural, social, and leisure programs and events available throughout the year, creating new experiences, opportunities for skill development, leisure time, and perhaps most importantly, friendship. NSSRA has been creating an environment of belonging through play since 1970, and has the distinction of being the first Special Recreation Association in the country.

We believe that everyone should have the chance to try something new. This means you have the opportunity to participate in any one of NSSRA's nearly 600 annual programs, or that you have the opportunity to participate in one of the Deerfield Park District programs with the assistance of an NSSRA Inclusion companion.

## Inclusion Services

Deerfield Park District program Inclusion services are available to residents with special needs at no additional cost to the family. Inclusion services may include, when necessary, staff training, program modifications/adaptations, modified equipment and program observations.

### Reasons to Request Inclusion Services

- » A parent or family member recognizes that a participant would benefit from additional support in a Deerfield Park District program.
- » Deerfield Park District staff identifies a need for additional support, for safety and programmatic reasons, and communicates this need to the family.

### Requesting Inclusion Services

- » When registering for a Deerfield Park District program for the first time:
- » Mark the accommodation Section of the registration form to indicate that the participant will require assistance from NSSRA.
- » Once your registration form is submitted, the Deerfield Park District will contact you to discuss the type of Inclusion support needed for the participant.
- » The Deerfield Park District will provide NSSRA with an Inclusion request that contains both program and participant information.
- » You will be contacted by NSSRA to discuss the needs of the participant and get input on the type of support required.
- » NSSRA will work with the Deerfield Park District to put the necessary Inclusion accommodations in place for participation in the desired program(s).

Communication between you, NSSRA, and Deerfield Park District staff continues throughout the Inclusion process.

### For more information regarding Deerfield Park District Inclusion services contact:

**Linda Anderson**, Director of Recreation  
Deerfield Park District  
847-572-2615 • [lindaa@deerfieldparks.org](mailto:lindaa@deerfieldparks.org)

**Meggan Davies**, Recreation Manager for Inclusion  
NSSRA 847-509-9400 x6828 • [mdavies@nssra.org](mailto:mdavies@nssra.org)

**For more information about Northern Suburban Special Recreation Association (NSSRA) go to [www.nssra.org](http://www.nssra.org).**

## Refunds for Recreation Programs

A recreation program is defined as a program in which park district personnel teach activities or skills over a period of two or more class meetings. Sports leagues, camps, preschool, After School Club, trips, special events, season passes and one-day classes and workshops are considered special refund categories.

- » A refund may be obtained two (2) business days prior to the first day of class/program. A 10 percent service charge (\$5 minimum; \$10 maximum) will be deducted from the amount paid for the program(s).
- » Once a program or class begins, and prior to it ending, you may request a prorated refund based on the number of classes attended and the date the refund request is received. A 10 percent service charge (\$5 minimum; \$10 maximum) will be assessed.
- » If a class is rescheduled, relocated, or changed by the park district, a total refund will be made if requested by the participant.
- » Refunds will be offered if a class is canceled or closed by the park district.
- » If a participant is dropped from a program at the request and discretion of the district staff, a refund will be made, less prorated cost of classes held.
- » In lieu of a refund, participants may transfer money to other currently offered activities. The amount to be transferred (refunded) will be prorated based on the number of classes that have already been held.
- » All requests for refunds and/or transfers must be in writing and turned in to the Registration Office.

## Program/Participant Conduct

The Deerfield Park District reserves the right to suspend, expel or deny participation in any program or facility to any person whose behavior materially interferes or disrupts the quality of those offerings, the enjoyment of them by other participants or the ability of staff to conduct or manage the activities or facilities. A child's parent or guardian will be notified of the first incident; the second incident shall require the presence of a parent at a meeting with the instructor and a Park District administrator/supervisor; a third incident may result in the expulsion or suspension of the

child from the program, event or facility.

If a child engages in behavior(s) which may result in bodily harm to others, an immediate meeting with the parent may be called. If such behavior warrants it, immediate suspension or expulsion may result. Temporary suspension from participation due to misconduct will not entitle participant to a refund.

An adult shall receive one verbal or written warning. The second incident may result in suspension from the program, event or facility. If an adult physically strikes a person or object or throws an object at another person, or takes any other action that may pose a real threat of bodily harm to others, or is verbally abusive to others, s/he may immediately be suspended or expelled from the program or facility.

## Insurance

Deerfield Park District cannot assume responsibility for injuries or accidents occurring at programs, activities, parks and facilities within our jurisdiction. To do so would make our program and user fees prohibitive. Certain activities, facilities and equipment may, when used improperly, cause harm or personal injury. We make every effort to notify you of potentially dangerous situations and to provide rules for the proper use of equipment and facilities. You can avoid injury by following the rules, using good sense and being considerate of both Park District property and others using it.

## Infectious Diseases, Food Allergies, Medication, Illness

**Infectious Diseases:** To prevent the spread of communicable diseases, such as strep, pink eye and fifth's disease, parents should report any diagnosed cases to the Park District office. If exposure to other participants occurred, a notification is sent home.

**Food Allergies:** Many of our preschool, as well as cooking and other classes, will serve food; therefore, it is imperative that you notify the full-time Recreation Supervisor of any food allergies or dietary restrictions your child may have.

**Medication:** If your child requires medication (inhaler, epi-pen, etc.) during class, medication administration forms must be completed. Please call our registration office (847-945-0650) for details.

**Illness:** Please do not attend class nor send children who are ill to class.

## Photo Permission

Our staff or designees often take pictures or video at programs and events for: brochures and other marketing materials; website; and other print, electronic and online publicity. Most people are delighted to see pictures of themselves or their family members in our publicity. Photographers from print or other media outlets may also take pictures or video on occasion. We welcome the coverage and hope you do too; it is frequently how the public learns what is happening at the Park District. We cannot guarantee that a photo taken will be used or not be used, nor promise that it will only be used in certain circumstances. If you prefer your family members' pictures not be taken, please notify us in writing. NOTE: If you do see a photo posted to our website, Facebook page, or other Park District site of you or your family member that you would like removed, just request the photo to be taken down by commenting on the picture or by emailing [Sherry@deerfieldparks.org](mailto:Sherry@deerfieldparks.org).

For questions or more information, you may also call our Communications Manager at 847-945-0650.