



375 Elm Street, Deerfield, IL 60015

January / February 2019

A DEERFIELD PARK DISTRICT PROGRAM FOR ADULT ENRICHMENT IN PARTNERSHIP WITH THE VILLAGE OF DEERFIELD

UPCOMING!

Thursday, January 31st

“Oh, What A Night” Senior Prom

Friday, February 8th

PTC “5-Alarm” Chili Bowl Luncheon

Sunday, February 10th

Deerfield Community Band Concert

Wednesday, February 20th

The Drury Lane Theater presents “Mama Mia”

Wednesday, February 27th

“King’s Buffet” Chinese New Year Luncheon

SAVE THE DATES!

Weekends of 3/8 and 3/15

Deerfield Park District Theater D – “Almost, Maine”

PTC Special Events!

“Oh, What A Night!”

Senior Prom & Dinner Dance

Hosted by Brookdale Senior Living

As we welcome in 2019, please join us at the PTC as we present our first ever, Senior Prom & Dinner Dance!

Let’s go back in time to celebrate our glorious high school days, crushes, dates, dances, and memories!

Along with a delicious menu of fare, dance the night away to Chicagoland’s very own Frank Lamphere and his Orchestra! Cast your vote for Prom King and Queen, get your picture taken by our Yearbook Committee and be sure to be “True to your School” by wearing your schools’ colors! “Oh, what a night of memories, music and magic it will be!”

Date: Thursday, January 31st

Time: 5:30pm - 8:00pm

Fees: \$30M/\$38NM

#213231-01

Register by: Friday, January 25th

PTC Deerfield Firemen’s

“5-Alarm” Chili Bowl!

Hosted by the Deerfield Fire Department

Don’t miss this annual lunchtime favorite as the PTC warmly welcomes the return of “Deerfield’s Finest” as they prepare and present a delicious homemade chili luncheon just for you! Come and enjoy delicious homemade chili and sweet cornbread! Advanced registrations are required for this afternoon of food, fun, and of course, firemen!

Date: Friday, February 8th

Time: Noon-2:00pm

Fees: \$5M/\$8NM

#213231-02

Inside

Page

Special Events.....	1
Excursions.....	2
Programs.....	3-6
Fitness	7-8
Card & Game Play	9
Social Services.....	10-11
Wellness.....	12
Center Information.....	13
Member Information	14
January Calendar	15
February Calendar	16
Registration Form / Waiver	17-18
“Oh, What A Night!”	19
General Information.....	20



The Patty Turner Center is a Deerfield Park District program for adult enrichment in partnership with the Village of Deerfield.

Our mission is to support the independence and well-being of adults 50 years and older; to encourage their participation in all aspects of life; to provide programs which serve their social, recreational, intellectual, and physical needs and to further enrich their lives.

Excursions

The PTC offers a variety of new, fun and affordable, chartered day trips each month. "Happy Travels!"

January

Holiday Highlights at Chicago's Driehaus Museum

This trip involves moderate walking at your own leisure
Our knowledgeable guides discuss the fascinating history, architecture, and design of the Nickerson mansion decked out in Yuletide finery. Learn about the Museum's collections and gain insight into the three new exhibitions: *Beauty's Legacy: Gilded Age Portraits in America* and its companion exhibitions, *Gilded Chicago: Portraits of an Era* and *Treasures from the White City: The Chicago World's Fair of 1893*. Enjoy tea & cookies in the billiards room, which is not generally on view to the public. The room, paneled in rich walnut, is where men would have retired after dinner to play billiards and cards. Lunch on own at The Grand Lux Café.

Date: Friday, January 4th
Departure: 9:15am
Return: 5:00pm
Reservations: 12
Fees: \$85M/\$95NM
#213250-01
Register by: Friday, December 28th

February

The Drury Lane Presents "MAMA MIA!"

This trip involves minimal walking at your own leisure
The international megahit *Mamma Mia!* uses the greatest songs of ABBA to tell a hilarious story of marriage, family and finding where you belong, proving that in the end the winner takes it all. Come see why more than 54 million people worldwide have laughed and danced to this unforgettable jukebox musical.

Date: Wednesday, February 20th
Departure: 10:15am
Return: 5:00pm
Reservations: 21
Fees: \$95M/\$105NM
#213250-02
Register by: Friday, February 15th

A Visit to Evanston's Halim Time & Glass Museum

This trip involves moderate walking at your leisure.
The Halim Time & Glass Museum showcases one of the world's largest and most comprehensive collections of rare and historic clocks, watches, and immaculately restored stained glass windows. It houses thousands of pieces from around the world, the extensiveness of the museum's diverse and wide-ranging collection is unlike any other in the world. Exhibits included are: *The Timepiece collection*: which includes a mix of art, science, and history & the *Stained-Glass Collection*: which includes a collection of stained glass that tells the complete story of the small group of American Stained-Glass Artists of the 19th century, including windows by Louis Comfort Tiffany. Lunch will be on own.

Date: Wednesday, March 13th
Departure: 10:30am
Return: 4:00 pm
Fees: \$75M/\$85NM
Registrations: 13
#213250-03
Register by: Wednesday, March 6th

A Visit to The Adler Planetarium

This trip involves moderate walking at your leisure
Recently renovated with state-of-the-art exhibits and displays, the Adler Planetarium is a public museum dedicated to the study of astronomy and astrophysics. Founded in 1930 by Chicago business leader Max Adler, the Adler Planetarium is home to the Doanne Observatory Grainger Sky Theater and boasts an incredible 348,000 square feet of collections, interactive displays and exhibits. Join us for a trip that will surely be, "Out of this world!" Lunch will be on own.

Date: Thursday, March 21st
Departure: 8:45am
Return: 4:00pm
Fees: \$65M/\$75NM
Registrations: 13
#213250-04
Register by: Friday, March 15th

Programs

PTC Men's Club

The PTC Men's Club is a group of over 85 members who meet every Tuesday morning for high quality programs. Coffee, pastries, and camaraderie begin at 8:15am. Programs are from 8:45am – 10:00am.

Members come to hear presentations by professional speakers on history, art, travel, science, government, and local, national, and international current events.

Members consistently characterize the speakers as well informed, engaging, challenging, interesting, and educational. To join in the PTC Men's Club, you must be a member of the Patty Turner Center. For questions please contact, John Maxson at: (847) 945-3927 or the PTC at (847) 940-4010.

January

January 1st – **PTC Closed**

January 8th – **“Sports: The Good, The Bad, The Ugly”**

Speaker: Lester Munson

January 15th – **“Johnny Mercer”**

Speaker: Susan Benjamin

January 22nd – **“Germany's Current Affairs”**

Speaker: Anette Isaacs

January 29th – **“Antarctica: Crucible for Climate Change”**

Speaker: PTC Member, Jim Lamont

February

February 5th – **“The Generals: Patton, Rommel, and Montgomery”**

Speaker: Robert Mueller

February 12th – **“Lincoln's Gettysburg Address”**

Speaker: Gary Midkiff

February 19th – **“Presidential Power and Unilateral Executive Actions: Then & Now”**

Speaker: William Adler

February 26th – **“Electoral Security”**

Speaker: Julie Strauss

PTC Women's Club

January Dessert & Program

“Chicago: True Stories”

with Martina Mathisen

Sponsored by Akticare

The 1920s are saturated with surprise, sequins, and murder. Join us as a flapper named Flora tells us how fashion, crime, and Prohibition helped shape the decade of the century. Learn fact from fiction and how reality relates to the 2002 Oscar winning film “Chicago.”

Date: Tuesday, January 8th

Time: 12:30 Dessert (*Doors will open at Noon*)

1:00 Program

Fees: \$10M/\$15NM

#213121-01

Register by: Friday, January 4th

February Lunch & Program

“Songs of Love and Romance”

with Musical Entertainer, Rick Pickren

Sponsored by A Place for Mom

Enjoy this musical performance of romantic titles by entertainer, Rick Pickren. Enjoy timeless classics such as: *Make the World Go Away, The Tennessee Waltz, Love Me Tender, Hey Good Lookin' and Have I Told You Lately That I Love You.*

Date: Tuesday, February 12th

Time: Noon Lunch (*Doors will open at 11:45am*)

1:00 Program

Fees: \$20M/\$25NM

#213121-02

Register by: Friday, February 8th

UPCOMING! March Dessert & Program

“Jacqueline Kennedy: The Aesthetics of Style” with Dr. Michelle Paluch-Mishur

Sponsored by Harbor Chase

Dr. Michelle Paluch-Mishur examines Jacqueline Kennedy's impact on culture in America during her tenure as first lady. Paluch-Mishur's slide lecture illuminates the interrelationship between Jackie's style and grace and her interests in fashion and art.

Date: Tuesday, March 12th

Time: 12:30 Dessert

1:00 Program

Fee: \$10M/\$15NM

#213121-03

Programs

A Walk Down Memory Lane

Presented by Rochelle Pennington

Come and take a walk down Memory Lane to the "Good Old Days" of the 1930's, 40's, and 50's. This historical, light hearted program will detail everyday life during the bygone years of corner phone booths, party lines, percolating coffee pots, doctors who made house calls, wringer washing machines, marble matches, Howdy Doody shows, and mothers in aprons. This presentation will feature vintages photographs and images, complimented by a large collection of antiques for display.

Date: Monday, January 14th

Time: 10:00-11:00am

Fees: \$10M/\$12NM

#213135-01

Register by: Monday, January 7th

Digital Drop-In!

In this FREE program, Deerfield Library staff will be on hand to answer any questions about your devices (iPhone/iPad, Android phone, Kindle, Nook, etc.) and give step-by-step instructions on how to download books, music, and movies from the Library's website. Feel free to bring your questions and devices!

Dates: Tuesday, February 12th

Time: 9:30-11:00am

Fees: FREE

The History of Chocolate

David Letterman jokes that chocolate is one of the four major food groups. Most people do love chocolate! In this presentation, we will follow chocolate from the bud to the bar, from cocoa pods growing in tropical rain forests to processing by modern machinery in industrialized countries. We will see chocolate in the Mayan and Aztec cultures where it originated, and follow it to Europe and the rest of the world. And, we'll learn about different kinds of chocolate and discuss its health benefits.

Date: Thursday, February 14th

Time: 1:00-2:00pm

Fee: \$10M/\$12NM

#213135-02

Register by: Friday, February 8th

Deerfield Community Band Concert

Please join us on Sunday, February 10th as Director Todd Smith and the Deerfield Community Band takes to the stage to perform a delightful afternoon band concert of familiar song titles and compositions especially for you! This concert is a definite must-see and hear for all music lovers! Please invite a friend!

Date: Sunday, February 10th

Time: 2:00-3:30pm

Fees: \$8

#213221-01

Register by: Friday, February 8th

Chinese New Year Luncheon

Back by popular demand, join your hosts David Shamrock and Kailey Schwartzhoff as they present their special "King's Buffet" Chinese New Year Luncheon! This afternoon event will feature the cuisine of Chef Jennifer Noone and a special presentation on the "Treasures of the Ming Dynasty" by Patty Turner's very own art educator, Debra Levie!

Date: Wednesday, February 27th

Time: Noon-2:00pm

Fee: \$10M/\$12NM

#213230-01

Register by: Monday, February 25th

"Remember Then" Discussion Group

Programs are hosted by PTC members, Donna and Bruce Stuppel from 1:00-2:00pm. Please join us!

Date: Wednesday, January 2nd

Topic: "Words of Wisdom"

Date: Wednesday, January 16th

Topic: "Free-range Childhoods"

Date: Wednesday, February 6th

Topic: "Weddings" (pictures are welcome!)

Date: Wednesday, February 20th

Topic: "Mentors, Teachers, and Coaches"

Coming in March...Paczki Party!

Nobody loves Paczki's more than David Shamrock! Join us on Monday morning, March 4th as we celebrate Paczki Day at the PTC! Save the date and enjoy this delicious donut delight with a cup of coffee, friends and fun! Details to follow!

Programs

“Looking at Modern Art”

with Art Educator Debra Levie

Come and explore the world of art with host and art educator, Debra Levie.

January: “*The Persistence of Memory*”

The Works of Salvador Dali

Join your host, Debra Levie, as she explores the works of prominent Spanish surrealist painter, Salvador Dali with you!

Date: Friday, January 4th

Time: 10:00am – 11:30am

Fees: \$12M/\$15NM

#213127-01

Register by: Wednesday, January 2nd

February: “*A Sunday Afternoon on the Island of La Grande Jatte*”

The Works of George Seurat

Join your host, Debra Levie, as she explores the works of French post-impressionist painter, George Seurat with you!

Date: Friday, February 1st

Time: 10:00am – 11:30am

Fees: \$12M/\$15NM

#213127-02

Register by: Wednesday, January 30th

“At the Conductor’s Podium”

January: The *Rarified Mozart*

January is Mozart's birthday month, and Jim Kendros starts 2019 off with offering a feast of rare Mozart treasures! These are rarely heard works, and as Jim says, "The fact that these gems are rarely performed make them even more mysterious and beautiful!" Experience the miracle of Mozart's first symphony, written at age eight! As we revel in this magical symphonic treasure, Jim will share with us the amazing true story of this early masterpiece.

Date: Friday, January 18th

Time: 10:00am -11:00am

Fees: \$12M/\$15NM

#213235-01

Register by: Wednesday, January 16th

February: Musical Valentines!

As our presenter Jim Kendros has often said, "February is the most romantic time of year. Why not celebrate it with beautiful romantic music?" Revel in the spirit of Valentine's Day as we experience the heartfelt strains of the cello, the mystique of the piano and the passion of the violin! Jim will bring us timeless romantic gems by Beethoven, Schubert, Tchaikovsky and much more! Come for a morning of romantic music in February, the sweetest time of year!

Date: Friday, February 22nd

Time: 10:00am -11:00am

Fees: \$12M/\$15NM

#213235-02

Register by: Wednesday, February 20th

“Friday with Friends”

The PTC is excited to continue with its monthly “Friday with Friends” program where friends of the center come together for an enjoyable afternoon program that’s social, friendly and fun! Please join us!

February: Celebrating President’s Day! An Afternoon with President Franklin D. Roosevelt

Join us as we celebrate President’s Day with a special dramatization of President Franklin D. Roosevelt by Chicago Living History Impersonator, R. J. Lindsey! Light refreshments will be served!

Date: Friday, February 15th

Lunch: Noon

Program: 1:00pm

Fee: \$5

#213117-01

Register by: Tuesday, February 12th

March: “SPRINGO B-I-N-G-O!”

What could be more fun than an afternoon of fun, fast-paced, “SPRINGO B-I-N-G-O!?” A favorite among PTC members and friends, come compete for prizes and more! Light refreshments will be served!

Date: Friday, March 22nd

Lunch: Noon

Program: 1:00pm

Fee: \$5

#213117-02

Register by: Tuesday, March 19th

Programs

Studio Painting & Drawing

In this studio class, we will explore different techniques in a variety of media including, pencil, watercolor, acrylic paint, pastel and more. Although the focus will primarily be on drawing and painting realistically, experimenting and trying new things is highly encouraged!"

Dates: Mondays, 1/7-3/18 (11M)

Time: 12:30-3:00pm

Fee: \$216

#213233-01

Register by: Monday, December 31st; Min. 8 / Max 16

Continuing Spanish Class

Ana Trbojevich teaches this continuation class with emphasis on basic speaking, listening, reading, and writing in Spanish. Story telling methodology is used to comprehend and grammar is taught in context. It is expected that the students in this class will have a basic familiarity with essential vocabulary.

Dates: Fridays, 1/11-3/29 (12F)

Time: 10:00am – 11:30pm

Fees: \$160M/\$175NM

#213116-01

Register by: Wednesday, January 9th; Min. 7 / Max. 15

Reid Schultz Film Series:

1969 American Film: "The Year Everything Changed"

Join writer, filmmaker, and academic Reid Schultz as he analyzes one of the most influential film years of all time and the great filmmakers, writers and actors that emerged to reflect a changing America. Examine the films and how they showcased a shifting America on film. Films to be screened include: *They Shoot Horses Don't They*, *Cactus Flower*, *Bob & Carol & Ted & Alice*, *Butch Cassidy and the Sundance Kid*, and *Midnight Cowboy*.

Dates: Tuesdays, 1/15-2/19 (6)

Time: 6:00-9:30pm

Fees: \$215

#213216-01

Register by: Friday, January 11th; Min. 8 / Max 16

Movies for Members

Each week, members of the PTC are invited to join us on Thursday afternoons from 1:15pm - 3pm for a FREE movie, hot popcorn, and cold refreshments. Watch newer releases all on the big screen!

January:

1/3 - "Book Club"

1/10 - "Phantom Thread"

1/17 - "All the Money in The World"

1/24 - "Only the Brave"

1/31 - "Adrift"

February:

2/7 - "Crazy & Rich"

2/14 - "Gifted"

2/21 - "August: Osage County"

2/28 - "All Saints"



Great Decisions

This is the name of a briefing book and Foreign Policy Association program which engages adults in learning about our world. Participants must be PTC members and must have registered. For details please contact Ken Birchard at (847) 363-5810. *Great Decisions will begin February 25th and take place the second and fourth Monday of each month.*

AARP Tax Aide 2019

Appointments now being taken!

In February, the PTC will host its AARP Tax Aide assistance program. This service is provided by AARP and is designed to assist area seniors with tax service support. Service begins on Friday, February 8th and will end on Friday, April 12th. Appointments must be made in advance and are scheduled only on Friday afternoons at the PTC between the hours of 12:00pm and 4:00pm. Call (847) 940-4010 for an appointment.

Soup and Sandwich Day!

The PTC is thrilled to bring back it's popular "Soup and Sandwich Day!" This afternoon event will feature soup, deli-style sandwich, sides, dessert and drink. Come for lunch and "warm up" with friends!

Date: Wednesday, January 23rd

Time: 12:00pm – 1:00pm

Fees: \$10M / \$12NM

#213209-01

Register by: Wednesday, January 16th; Max 20

Fitness Programs

50+ Light and Lively

Taught by experienced fitness instructor, Judy Samuelson; this class includes chair exercises, stretching, strengthening, and gentle impact aerobics. Students will increase their strength, flexibility, and mobility while improving their posture and balance. Exercises will be simple, easy, and fun!

Dates: Mondays 1/7-3/25 (12M)

Times: 9:00am - 10:00am

Fees: \$150M/\$165NM

#213201-01

Maximum: 15

Dates: Thursdays 1/10-3/28 (12Th)

Times: 9:00am - 10:00am

Fees: \$150/\$165NM

#213201-02

Maximum: 15

“Forever Fit” Dance Fitness

This is a fun and friendly dance fitness class for mature adult exercisers who love music, dancing and exercising. Combining chair fitness with standing barre work, this fun and energetic dance fitness class will introduce students to a variety of rhythmic steps, simple dance sequences and brief choreographed routines. Learning, remembering, and executing choreography is fitness for the brain and body. Taught by experienced senior fitness instructor, Judy Samuelson, this introductory class promises to be a great workout filled with fun and music! Perfect for all new students and those interested in taking “Forever Fit” Dance Ensemble.

Dates: Tuesdays, 1/8-2/12 (6T)

Times: 10:30am - 11:30am

Fees: \$75M/\$90NM

#213201-03

Min. 6 / Max. 12

Dates: Tuesdays, 2/19-3/26 (6T)

Times: 10:30am - 11:30am

Fees: \$75M/\$90NM

#213201-04

Min. 6 / Max. 12

“Forever Fit” Dance Ensemble

For the intermediate dance fitness student, the “Forever Fit” Dance Ensemble combines all the elements of Dance Fitness I into a rehearsal and performance experience. Students will perform to choreographed dance routines, using chairs as well as standing dance movement; all while exercising the brain as well as the body. Students will take learned dance steps and choreography and join fellow students as part of this energetic, group dance ensemble. Taught by experienced senior fitness instructor, Judy Samuelson, this class promises to be fun, sociable and, fitness-friendly!

Dates: Tuesday Afternoons, 1/8-3/26 (12T)

Times: 3:30pm - 5:00pm

Fees: \$60M/\$75NM

#213201-05

Min. 8 / Max. 12

Hatha Yoga

Instructor Joy Luster will help you relax and release tensions from your body and mind through the practice of Hatha Yoga, which includes yoga postures, breathing practice, deep relaxation, and meditation.

Date: Mondays, 1/7-4/15 (15M)

Time: 7:00pm - 8:15pm

Fees: \$195R/\$240NR

#232801-01

Min. 6 / Max. 20

Tai Chi

Dates: Tuesdays, 1/8-2/26 (8T)

Times: 10:45-11:45am

Fees: \$90M/\$105NM

#213217-01

Register by: Friday, January 4th

Dates: Thursdays, 1/10-2/28 (8Th)

Times: 10:45-11:45am

Fees: \$90M/\$105NM

#213217-02

Register by: Friday, January 4th

Dates: Tuesdays & Thursdays, 1/8-2/28 (16T/Th)

Times: 10:45-11:45am

Fees: \$180M/\$210NM

#213217-03

Register by: Friday, January 4th

Fitness Programs

Feldenkrais®

Joyce Ann, OT shows us through guided awareness and gentle persuasion, the Feldenkrais method® creates balance and unity in the body. Efficient movement generates more power with less muscular effort and less wear and tear on all connective tissues. All classes can be adapted to any skill level and will be taught in sitting, standing, walking, and other positions, if the individual desires.

Dates: Wednesdays, 1/9-2/27 (8W)

Times: 9:00am -10:00am

Fees: \$90M/\$110NM

#213234-01

Min. 6 / Max. 12

Tone & Firm

Improve your muscle tone and gain added strength and flexibility. Emphasis will be on the arms, hips, stomach, and legs!

Dates: Tuesdays, 1/8-3/19 (11T)

Times: 6:45pm - 7:45pm

Fees: \$145R/\$180NR

#232804-01

Dates: Thursdays, 1/10-3/21 (11Th)

Times: 6:45pm - 7:45pm

Fees: \$145R/\$180NR

#232804-02

Min. 6 / Max. 20

Dates: Tuesdays & Thursdays, 1/8-3/21 (22T/Th)

Times: 6:45pm - 7:45pm

Fees: \$290R/\$360NR

#232804-03

Min. 6 / Max. 20

Bocce Ball

Interested in fun and camaraderie? Play Bocce Ball. Join us the first and third Wednesday from November through March. Open to all members of PTC. New teams are chosen each play date. Come when you can. Haven't played before? New players will learn quickly to play. Games are at the nationally famous Highwood Bocce Courts. The fee is \$5 per play date. For information and to join call Bob Fincutter at 847-948-9523.

Men's Balance Class

This 2-part clinic, taught by MATTER OF BALANCE certified fitness instructor, Judy Samuelson, includes lecture/discussion, strength training, standing balance poses, and dynamic balance moves. Students will increase their strength and flexibility, while improving their posture and balance.

Dates: Mondays, 2/4-3/25 (8M)

Times: 9:00-10:00am

Fees: \$100M/\$115NM

#213103-01

Register by: Monday, January 28th

Pilates

Julie Cheifetz's Lifted™ mat classes promote strength, injury prevention and a healthy mind-body connection. Using Pilates-based movement with props and light weights, these group classes help improve posture, balance, and overall fitness. "Mat strong" means building core strength and stability without the assistance of equipment. Lifted™ functional-based classes teach you to take what you learn on the mat out into your day. All levels are welcome.

Date: Tuesdays, 1/8-3/19 (11T)

Time: 8:45am-9:45am

Fees: \$160R/\$195NR

#232805-01

Register by: Wednesday, January 2nd; Min. 6 / Max. 12

Drop-in Guided Meditation

With Sachs Wellness Coordinator, Jennie Michalik

Join Jennie Michalik for some soothing meditation! No equipment required, just bring an open mind!

Dates: Thursday, February 14th

Thursday, February 21st

Time: 10:00am – 11:00am

Fees: FREE

Ping Pong

Do you enjoy playing ping pong? Test your skills, find opponents, and have fun! Drop-In play is welcome. **All players must be PTC members.** Players must bring their own ping pong paddles. Play is offered between the hours of 1:00pm and 3:00 pm.

Days: Tuesdays & Fridays

Times: 1:00pm-3:00pm

Card & Game Play

New Member Card Play

So that you are comfortable, we encourage you to first observe play to determine whether your skill level matches that of the established group(s). Please contact David Shamrock or Kailey Schwartzhoff and let us coordinate your first visit with us!

Private Member Card Play

Due to our busy program calendar, private PTC member card play is only available on the following days/times:

- Mondays: Mixed card games – Noon-4:00pm
- Wednesdays: Mixed card games – Noon-4:00pm
- Thursdays: Mixed card games – Noon-4:00pm

All private card play, scheduling and cancellations must be made in advance with Kailey at 847-572-2653. Locations of play are pre-determined and are subject to change and/or cancel based upon Center activities and events. To participate in private card games, you must be a member of the PTC.

Mah-Jongg for PTC Members

Mah-Jongg for Members meets every Monday and Friday afternoon at 12:00. This group is for advanced players only.

Open Canasta for PTC Members

Members of the PTC are invited to join us on Wednesday afternoons at 12:30pm for open canasta. Play is self-led.

Social Bridge for PTC Members

Social Bridge for Members is held on Monday afternoons at the PTC between 12:30 pm - 3:30 pm. Players must have a solid understanding of the game and equal play skillset. Please call: (847) 940-4010 for details.

Open Poker for PTC Members

Open Poker for Members is held at the PTC on Tuesday afternoons at 12:00 Noon.

Townley Bridge

The Townley Bridge Group meets on the first Tuesday of each month October through May, socializing starts at 11:30 and games begins promptly at 12:00 Noon. For more information, please contact Doris Kurtz at: (224) 515-8053.

Women's Club Bridge "Round Robin"

Women's Club Round Robin Bridge meets the third Monday of the month at Noon **except for December**. We play the same partner the whole season. If you are interested in joining us or, would like to substitute, please contact Rita Kirby at: (847) 945-5639. Socializing starts at 11:30 and games begins promptly at Noon. All are welcome!

Women's Open Social Bridge

Open Bridge is played the fourth Tuesday of the month at Noon **except November and December**. If you are interested in playing, please contact Maxine Zelski at (847) 945-4931. All are welcome!

Men's Social Bridge

A new PTC Men's Social Bridge Group has recently formed. Game play is scheduled weekly on Friday mornings, year-round between the hours of 10:00 – Noon. Please contact John Charlton for details at (847) 955-1480

Table Top Game Corner

Looking for a fun new way to spend a Thursday or Friday morning? It's playtime!! At present, we have two full tables of Hand and Foot, and we are seeking new players for another Hand and Foot game, or even to play other games like Gin Rummy, Rummikub, Scrabble, puzzles etc. Join us at 11:00am.

Duplicate Bridge

These games are held at the PTC and are for the serious player. Games are sanctioned by the ACBL (American Contract Bridge League) and are supervised by teacher and instructor Elaine Morrison.

Dates: Wednesday Mornings

Times: 10:30am – 2:30pm

Fees: \$10M/\$11NM per session

Social Services

At Your Service!

Our part-time staff member, Margie Fischer, M.A., offers a variety of helpful information to members of our community. Topics include in-home services, community resources, help with applying for benefits, Medicare information, caregiver support and more. Margie has compiled a handy resource booklet tailored to our local area. The 40-page Guide to Community Services for Older Adults and Their Families is available for free at the Patty Turner Center. It can be mailed out upon request. Margie is generally in the office on Tuesday and Wednesday. Stop in, call, leave a voicemail, or send an email to Margie@pattyturnercenter.org. PTC Social Services is a partnership between West Deerfield Township and the Deerfield Park District. Service is friendly, free, and confidential.

Increase your Access to the World!

The West Deerfield Township Accessibility Grant for disabled residents is aimed at improving quality of life through increased access to the community. Grants up to \$1000 per household per year may be awarded. Expenses which may qualify for this program include things like home modifications, mobility equipment, adaptive communication devices, some therapies, etc. Older adults are encouraged to apply!! The program is intended to assist those WDT residents with the greatest financial need, but there is no stated income limit. Application forms are available at PTC, the township office, and online. Grants are awarded quarterly; the next application deadline is March 31st. For more info, call the Township at 847-945-0614 or PTC Social Services.

Caruso “GrandFriends” Fund

There is a small fund available to assist lower income older adults to pay a portion of their membership and program fees at the PTC. The GrandFriends Fund was originated and is supported by the fundraising efforts of the students at Caruso Middle School. Margie can provide eligibility and program information. Participation is strictly confidential.

Answers to your Medicare Questions

If you have questions about the ABC and D's of Medicare, ask SHIP, the Senior Health Insurance Program! Trained volunteers provide FREE one-on-one information and counseling at the Patty Turner Center. Have a question about enrollment? Want to look for a different supplemental plan? Tangled in a billing issue? Call our reception staff to make an appointment! Smart Medicare beneficiaries use SHIP because “The Best Choice is an Educated Choice!” **Our gratitude:** THE PTC SHIP Staff just completed its busiest Open Enrollment Season ever, shattering all previous records. Over 160 beneficiaries were aided in their selection of the best plan at the lowest price. Added together, thousands of dollars were saved by our clients. This could never be achieved without the dedication of our volunteers: Phil Dlouhy, Mike Hill, Steve Morris, Jane Smith, and Esther Craven. Thanks for your time, skill, and cheerfulness throughout the 8 weeks!!!

Blue Bag Program Keeps Documents Handy

Be prepared! The Blue Bag is a handy all-in-one packet containing your information ready to grab in an emergency-- health info, medication lists, POA, DNR, emergency contacts, and more. It comes with instructions to be placed where our local EMTs know to look for it. The Program is a collaboration between the PTC and the Deerfield-Bannockburn Fire Department. FREE for residents.

Need Transportation?

The Deerfield area is one of the richest around when it comes to providing transportation services for older adults. Options include the Village Taxi Program; the West Deerfield Township handicapped-accessible “Going Places” van; a variety of specialty volunteer programs and the Lake County transportation grant. Programs vary in scope, eligibility and availability. Which ones are right for you? Contact Social Services for more information.

Social Services

Interested in A Music Program for People with Dementia?

Music has been shown to have dramatic positive effects on those with dementia. We are seeking participants for a FREE 6-week specially designed program with a music therapist. It requires those with dementia to attend along with their family member (husband/wife, parent/child). Together, you'll have fun using music, movement, and instrument play to promote better connection. The program is provided through a grant but requires a certain number of participants to do it. If we have enough interest, we hope to run the program later this winter. For further information and to get on the contact list, please talk to Margie at PTC 847-940-4010.

ACES: Family Caregiver Support

Join our wonderful group of family caregivers! Studies show caregivers reduce their stress, enjoy improved health and provide better care when receiving support. ACES is a group of super people who are caring for a loved one, usually a spouse or parent. They meet twice a month for valuable information on relevant topics, leads on resources, and to share concerns and tips with other caregivers. We have fun, too! You do not have to live with your care recipient to be considered a caregiver. Come meet others in our community who, like you, are caring for an older adult. We meet from 1:00 – 2:30 pm on the 2nd and 4th Wednesdays of the month in the PTC library. FREE and open to all family caregivers of older adults. Call Margie for more information.

Do care obligations keep you from attending our Support Groups? Here's a solution! Through our treasured partnership with Faith in Action Volunteers, we are able to offer some respite options. On-site supervision of your loved one in our front lobby may be available during the Alzheimer and ACES meetings. Care recipients must be comfortable being apart from their loved one, have appropriate behavior, and be able to use the restroom on their own. Also, on a more limited basis, a trained Faith in Action volunteer may come to your home, if needed, while you attend the ACES meeting. For both services, pre-screening and reservations are required. There is never a fee.

Alzheimer Association

Family Support Group at PTC

Patty Turner Center proudly hosts an Alzheimer Association Support Group. It provides emotional, educational and social support for those family and friends of individuals with Alzheimer's and other related dementias. It's free and there is no need to sign-up; just drop in! The group, facilitated by Tania Herbert, meets on the 1st Monday of every month at 2:00 pm in the PTC conference room. It is intended for family caregivers of individuals in mid to later stages of dementia. For more information, call the Alzheimer Association, Greater Illinois Chapter at 800-272-3900 or go to alz.org/Illinois and click on Support Groups.

Save Money on License Plate Sticker, Local Vehicle Sticker, and Public Transit

If you are age 65+ or totally disabled AND have income less than \$27,610 as an individual or \$36,635 as a couple, you can apply for the Benefit Access Program. You may be entitled to a big reduction in your Secretary of State License Plate renewal sticker and get the RTA Senior Rides FREE card! If you're already part of the program, it is suggested you renew at the first opportunity, which is three months prior to expiration. The application is good for two years. ALL applications and documentation must be submitted online; no paper forms exist. You can do it yourself at the Illinois Department on Aging's website. Residents of Deerfield, West Deerfield Township, and PTC members may make an appointment with Margie and she will do it for you!! Also, the Village of Deerfield offers resident who are seniors LIHEAP recipients (monthly income <\$1508 for individuals) the village sticker for just \$1.

Low Vision Group

Join the gathering that reflects the common and unique lifestyles of those with low vision! Meetings are enlightening and interactive; a place to share ideas and tools to live meaningfully and independently. We meet every other month on the second Monday. It is FREE and open to anyone. No matter your age or your town, if you are interested, join us! If you are reading this without magnification, please tell your friends who can't. Our next meeting will be held on **Monday, January 14th from 10:00-11:30.**

Wellness

The PTC offers an array of wellness services for both members and non-members. Please contact the Front Desk for details and appointments or call: (847) 940-4010. We will be more than happy to assist you!

Blood Pressure Testing

Free Blood Pressure / Blood Sugar testing is offered at the PTC on the first Tuesday of each month at 9:30 a.m. This service is FREE and offered through North Shore University Health Systems. No appointment!
***Blood Pressure Testing will be held on January 8th**

Cholesterol Testing

Cholesterol testing will be offered (by appointment only) at the PTC on the second Tuesdays of every other month. Tests are \$25.00 per person. Checks are to be made payable to North Shore Health Systems. To make an appointment call: (847) 940-4010.
***Cholesterol Testing will be held on January 8th**

Podiatry Appointments

The PTC offers podiatry services monthly by Dr. Nick Ivancevic and now, Dr. Elizabeth Pacocha. Dr. Ivancevic provides on-site podiatry services one Friday per month between 9:15am – 12:15pm. Dr. Pacocha provides on-site podiatry services third Thursday between 9:30 am – 1:30 pm.
To schedule an appointment please call: 847-940-4010.

Lending Closet

The PTC lends, on a short-term basis, a variety of durable medical equipment. This service is available to members and residents of Deerfield, Riverwoods, Bannockburn, and Lincolnshire. Items such as wheelchairs, walkers, canes, commodes, and bath benches, are generally available. Return items are expected upon return date. Please call prior to your visit. We also accept your donation of clean, gently used equipment. Closet hours are Mon-Fri 9:00am-4:00pm. Please contact the PTC front desk for details!

The PTC would like to thank members Joan Gruchot and Eric Graepp for their continued efforts in keeping our closet running so well!

Massage Therapy

The PTC is proud to offer Massage Therapy as one of its many services. Make your reservation today for a private massage with the PTC's very own licensed massage therapist, Linda Walker. Linda joins us at the PTC every Wednesday from 10-3. Please call the Center to schedule your appointment.

Dates: Wednesdays throughout the month
Times: 10:00am – 3:00pm
Fees: Per 1/2 hour: \$35M-\$40NM
Per 1 hour: \$65M-\$75NM

Arthrossage

Arthrossage is an acupressure-based technique that eases the pain and tension from osteoarthritis, rheumatoid arthritis, and fibromyalgia. A full body treatment that loosens joints and muscles and is performed while clothed.

Dates: Wednesdays throughout the month
10:00am – 3:00pm
Fees: \$45M/\$55NM – 45 minutes

Hand, Foot, Neck & Shoulders

New ½ Hour Massages!

Linda will be offering ½ hour hand, foot, neck and shoulder massages! This new service will be available by appointment only. Half-hour rates will apply. Please see Linda for details.

UPCOMING! AARP Driving Course 2-Day Refresher Workshop

The next AARP Driving Course Workshop will be at the PTC in March. Mark your calendars! Learn defensive driving techniques, new traffic laws, rules of the road, and more in this 8-hour course. **You must attend both days to complete the course requirements.** Participants must register in advance. Please call: (847) 940-4010.

Dates: Thursday, March 28th
Friday, March 29th
Time: 9:00 am – 1:00 pm
Fees: \$15 AARP members
\$20 Non AARP members

Center Information

Art Wall

Through the support of the PTC Members Council, the PTC Art Wall allows members and resident artists to display their artwork. Coming this month in January, enjoy the historic banner collection of the Deerfield Rotary Club! In February, join us as we welcome PTC Member Paulette Shimer and her collection of photography!

Book Club

Do you LOVE to read? Do you enjoy discussing good books? Join the PTC Book Club which meets the second Friday of each month at 10:30 am to discuss the current book being read. On Friday, January 11th, we will discuss the book, "The Love Season" by Elin Hilderbrand. On Friday, February 8th, we will discuss the book, "The Heirs" by Susan Rieger. If you have any interest in joining this group, please call Phyllis Wallach for more information (847)821-8229

Copier Services

Copier services for small projects are available to all members of the PTC. If you need assistance, please contact the front desk.

Hummers & Strummers

Do you love music? If so, why not consider becoming a member of the PTC's very own "Hummers & Strummers" ukulele group! Practices are held at the PTC on Thursday afternoons at 12:45pm. Players of all levels are welcome!

Knitting Group

The PTC Knitting Group meets every Thursday in the PTC Atrium at 1:00 p.m. Please bring your knitting or crochet projects and join us for an afternoon of knitting fun, smiles and socialization!

PTC Library

The PTC Library is available to all our members. Members have access to our computers, along with the use of books, CD's, and DVDs.

Winter Weather

Parking and Center Closings

To ensure everyone's safety, please know that our front lot is plowed, salted, and maintained through the combined efforts of the Deerfield Parks Department and the Center's custodial team. As a visitor, we encourage you to utilize our front lot and notify staff if you notice any slick or icy surfaces.

In the event the PTC closes due to inclement weather, please refer to the Patty Turner Center homepage: www.pattyturnercenter.org; If a closure occurs, a notification bar (colored in red) will appear at the top of the page. Up to date information will be posted to alert you as to whether the PTC will be open and, whether or not classes will be held.

Notary Public

Notary Public services are available to members and guests at the PTC. Please contact David Shamrock for details.

Donations

Donations to the PTC are graciously accepted. We wish to extend our many thanks to:

In Support of PTC Programs

Leo Carter
Patty Ellis
John Maxson
Richard Sandgren
Bill Seiden

In Support of the PTC Lending Closet

Gayle Frankhauser

In Memory of Edwin Seidman

Joe and Mary Austin
Gary and Delores Braun
Marvin and Bobbi Ehlers
Daniel and Suzanne Mangin

In Memory of Jolene Luth

Janet Luth

In Memory of Pauline Noland

Kerry Perry

Member Information

Are you or someone you know interested in becoming a member of the PTC? Fill out the Registration Form and Waiver in the back of our bulletin and drop it off at the Patty Turner Center or feel free to mail in your form with your payment. Let us know how you heard about us and become a member today!

Membership Fees

Per Person Costs:

\$30.00 – Deerfield Residents

\$45.00 – Non-Deerfield Residents

Registration Information

To ensure your registration is confirmed, and to help keep class cancellations to a minimum, we strongly recommend **registering at least one week prior** to the date of your program, trip, or event. Payment is due at time of registration. To accommodate busy schedules, we do accept registration and payments in person, via fax at 847-317-2564, or by mail. Our mailing address is 375 Elm Street, Deerfield, IL, 60015. For themed dinner events, or any event that is being catered, **please understand that we cannot accept walk-in registrations the day of an event.** If you are interested in attending, please register as soon as possible. Know that food orders must be placed in advance. If you have any questions, please contact the front desk at 847-940-4010.

Refund Policy

If you are participating in a trip but must cancel, please know that refunds will not be given unless a waiting list has been established and a replacement can be found for your spot. A refund may be obtained two (2) business days prior to the first day of a class/program; a 10% service charge (\$5 minimum-\$10 maximum) will be deducted from the amount paid for all classes, programs, and trips. Credits may be applied to household accounts.

Dietary Restrictions

If you have dietary restrictions or allergies to specific foods, please contact David Shamrock or Kailey Schwartzhoff. Let us know how we can better accommodate your needs so that you can better enjoy our programs, events and outings!

Staying Connected to the PTC

The Patty Turner Center has its own website full of information on programs, trips, the most current PTC bulletin and more! It's a good place to keep current on happenings. You can find it by searching 'Patty Turner Center' in Google or type the following in your web browser: www.pattyturnercenter.org

PTC Monthly E-mail Newsletter

Stop by the front desk with your email address or provide it on your program registration form to see the monthly programs and events happening at the Patty Turner Center sent straight to your inbox!

LIKE us on Facebook!

We are posting pictures, and details on upcoming programs on our Facebook page! If you have a Facebook, "Like" us and you will receive PTC program announcements and event photos right to your Facebook newsfeed!

www.facebook.com/PattyTurnerCenter

Gift Cards

The PTC offers gift cards which are available through the Front Desk. Gift cards can be used for programs, events, excursions and classes at the PTC! For further information, please call: (847) 940-4010

New Members

The PTC Staff and Members Council wish to welcome our newest members!

Penny Berlet

Edward Doyle

Ava Fogel

Monica Lim

Marcia Resnick

John Strauss

Barbara Ann Doepp

Jill Doyle

Billie Hansen

Joel Resnick

Mickey Rodin

John Vuckovich

Be Our Guest!

If you have a friend who might be interested in joining us for a program or, wish to become a member, please let us know. We will be more than happy to tour your guest as well as discuss our many programs and services with them.

January

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	31	1	2	3	4	5
	NEW YEAR'S EVE	NEW YEAR'S DAY PTC CLOSED	10:30 Duplicate Bridge 12:30 Private Member Game Play 1 "Remember Then"	9 Light & Lively M/U 11 Hand & Foot 12 Private Member Game Play 12:45 Hummers 1 Movies for Members 1 Sit & Knit	9:15 PTC Excursion: Holiday Highlights at The Driehaus Museum 10 "Looking at Modern Art" 10 Men's Bridge 10 Scrabble 11 Hand & Foot 12 Mah-Jongg 1 Ping Pong	
6	7	8	9	10	11	12
	9 Light & Lively 12 Mah-Jongg 12 Private Member Game Play 12:30 Social Bridge 12:30 Studio Painting & Drawing 2 Dementia Support Group 7 Hatha Yoga	8 Cholesterol Test 8:30 Men's Club 8:45 Pilates 9:30 Blood Pressure 10:30 Forever Fit 10:45 Tai Chi 12 Open Poker 12:30 Women's Club 1 Ping Pong 3:30 Forever Fit Ensemble 6:45 Tone & Firm	9 Feldenkrais 10:30 Duplicate Bridge 12:30 Private Member Game Play 1 ACES	9 Members' Council 9 Light & Lively 10:45 Tai Chi 11 Hand & Foot 12 Private Member Game Play 12:45 Hummers 1 Movies for Members 1 Sit & Knit 6:45 Tone & Firm	10 Scrabble 10 Continuing Spanish 10 Men's Bridge 10:30 PTC Book Club 11 Hand & Foot 12 Mah-Jongg 1 Ping Pong 1 Closed Poker Game	
13	14	15	16	17	18	19
	9 Light & Lively 10 A Walk Down Memory Lane 10 Low Vision Group 12 Mah-Jongg 12 Private Member Game Play 12:30 Social Bridge 12:30 Studio Painting & Drawing 7 Hatha Yoga	8:30 Men's Club 8:45 Pilates 10:30 Forever Fit 10:45 Tai Chi 12 Open Poker 1 Ping Pong 3:30 Forever Fit Ensemble 6 Film Series Class 6:45 Tone & Firm	9 Feldenkrais 10:30 Duplicate Bridge 12:30 Private Member Game Play 1 "Remember Then"	9 Light & Lively 9 Conversation Club 10:45 Tai Chi 11 Hand & Foot 12 Private Member Game Play 12:45 Hummers 1 Movies for Members 1 Sit & Knit 6:45 Tone & Firm	10 "At the Conductor's Podium" 10 Scrabble 10 Continuing Spanish 10 Men's Bridge 11 Hand & Foot 12 Mah-Jongg 1 Ping Pong	
20	21	22	23	24	25	26
	9 Light & Lively 12 Mah-Jongg 11:30 Women's "Round Robin" Bridge 12 Private Member Game Play 12:30 Social Bridge 12:30 Studio Painting & Drawing 7 Hatha Yoga	8:30 Men's Club 8:45 Pilates 10:30 Forever Fit 10:45 Tai Chi 12 Open Poker 12 Women's Open Social Bridge 1 Ping Pong 3:30 Forever Fit Ensemble 6 Film Series 6:45 Tone & Firm	9 Feldenkrais 9 ESL Book Club 10 Townley Board Mtg 10:30 Duplicate Bridge 12 Soup & Sandwich Day 12:30 Private Member Game Play 1 ACES	9 Light & Lively 10:45 Tai Chi 11 Hand & Foot 12 Private Member Game Play 12:45 Hummers 1 Movies for Members 1 Sit & Knit 6:45 Tone & Firm	10 Scrabble 10 Men's Bridge 10 Continuing Spanish 11 Hand & Foot 12 Mah-Jongg 1 Ping Pong 1 Closed Poker Game	
27	28	29	30	31		
	9 Light & Lively 12 Mah-Jongg 12 Private Member Game Play 12:30 Social Bridge 12:30 Studio Painting & Drawing 7 Hatha Yoga	8:30 Men's Club 8:45 Pilates 10:30 Forever Fit 10:45 Tai Chi 12 Open Poker 1 Ping Pong 3:30 Forever Fit Ensemble 6 Film Series 6:45 Tone & Firm	9 All Staff Meeting 9 Feldenkrais 10:30 Duplicate Bridge 12:30 Private Member Game Play	9 Light & Lively 10:45 Tai Chi 11 Hand & Foot 12 Private Member Game Play 12:45 Hummers 1 Movies for Members 1 Sit & Knit 5:30 "Oh! What a Night!" Dinner Event 6:45 Tone & Firm		

February

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
					10 "Looking at Modern Art" 10 Men's Bridge 10 Continuing Spanish 10 Scrabble 11 Hand & Foot 12 Mah-Jongg 1 Ping Pong	
3	4	5	6	7	8	9
	9 Light & Lively 11 Men's Balance Workshop 12 Mah-Jongg 12 Private Member Game Play 12:30 Social Bridge 12:30 Studio Painting & Drawing 2 Dementia Support Group 7 Hatha Yoga	8:30 Men's Club 8:45 Pilates 9:30 Blood Pressure 10:30 Forever Fit 10:45 Tai Chi 11:30 Townley Bridge 12 Open Poker 1 Ping Pong 3:30 Forever Fit Ensemble 6 Film Series Class 6:45 Tone & Firm	9 Feldenkrais 10:30 Duplicate Bridge 12:30 Private Member Game Play 1 "Remember Then"	9 Light & Lively 10:45 Tai Chi 11 Hand & Foot 12 Private Member Game Play 12:45 Hummers 1 Movies for Members 1 Sit & Knit 6:45 Tone & Firm	10 Men's Bridge 10 Continuing Spanish 10 Scrabble 10:30 PTC Book Club 11 Hand & Foot 12 Tax Aide 12 "5-Alarm" Deerfield Firemen's Chili Bowl 12 Mah-Jongg 1 Ping Pong 1 Closed Poker Game	
10	11	12	13	14	15	16
2 Deerfield Community Band Concert	9 Light & Lively 11 Men's Balance Workshop 12 Mah-Jongg 12 Private Member Game Play 12:30 Social Bridge 12:30 Studio Painting & Drawing 2 Great Decisions 7 Hatha Yoga	8:30 Men's Club 8:45 Pilates 9:30 Digital Drop-In 10:30 Forever Fit 10:45 Tai Chi 12 Open Poker 12 Women's Club 1 Ping Pong 3:30 Forever Fit Ensemble 6 Film Series Class 6:45 Tone & Firm	9 Feldenkrais 10:30 Duplicate Bridge 12:30 Private Member Game Play 1 ACES	9 Members' Council 9 Light & Lively 10 Guided Meditation 10:45 Tai Chi 11 Hand & Foot 12 Private Member Game Play 12:45 Hummers 1 History of Chocolate 1 Movies for Members 1 Sit & Knit 6:45 Tone & Firm	10 Scrabble 10 Men's Bridge 10 Continuing Spanish 11 Hand & Foot 12 Tax Aide 12 Mah-Jongg 12:30 Friday with Friends 1 Ping Pong	
17	18	19	20	21	22	23
	9 Light & Lively 11 Men's Balance Workshop 12 Mah-Jongg 11:30 Women's "Round Robin" Bridge 12 Private Member Game Play 12:30 Studio Painting & Drawing 12:30 Social Bridge 7 Hatha Yoga	8:30 Men's Club 8:45 Pilates 10:30 Forever Fit 10:45 Tai Chi 12 Open Poker 1 Ping Pong 3:30 Forever Fit Ensemble 6 Film Series Class 6:45 Tone & Firm	9 Feldenkrais 10:15 PTC Excursion: The Drury Lane Presents: "MAMA MIA!" 10:30 Duplicate Bridge 12:30 Private Member Game Play 1 "Remember Then"	9 Light & Lively 10 Guided Meditation 10:45 Tai Chi 11 Hand & Foot 12 Private Member Game Play 12:45 Hummers 1 Movies for Members 1 Sit & Knit 6:45 Tone & Firm	10 "At the Conductor's Podium" 10 Scrabble 10 Men's Bridge 10 Continuing Spanish 11 Hand & Foot 12 Tax Aide 12 Mah-Jongg 1 Ping Pong 1 Closed Poker Game	
24	25	26	27	28		
	9 Light & Lively 11 Men's Balance Workshop 12 Mah-Jongg 12 Private Member Game Play 12:30 Studio Painting & Drawing 12:30 Social Bridge 2 Great Decisions 7 Hatha Yoga	8:30 Men's Club 8:45 Pilates 10:30 Forever Fit 10:45 Tai Chi 12 Women's Open Social Bridge 12 Open Poker 1 Ping Pong 3:30 Forever Fit Ensemble 6:45 Tone & Firm	9 All Staff Meeting 9 Feldenkrais 10 Townley Board Mtg 10:30 Duplicate Bridge 12 Chinese New Year Luncheon 12:30 Private Member Game Play 1 ACES	9 Light & Lively 10:45 Tai Chi 11 Hand & Foot 12 Private Member Game Play 12:45 Hummers 1 Movies for Members 1 Sit & Knit 6:45 Tone & Firm		

