



375 Elm Street, Deerfield, IL 60015

December Edition 2018

A DEERFIELD PARK DISTRICT PROGRAM FOR ADULT ENRICHMENT IN PARTNERSHIP WITH THE VILLAGE OF DEERFIELD

UPCOMING IN JANUARY!

January 4th

PTC Excursion

The Driehaus Museum ~ "Tour and Tea"

January 14th

Rochelle Pennington presents

"A Walk Down Memory Lane

January 15th

Reid Schultz presents

"The Films of William Goldman"

January 31st

PTC Theme-Dinner Event

"Oh, What a Night!" Senior Prom

New fitness sessions begin in January 2019!

PTC Special Events!

2018 Members' Winter Party!

Sponsored by Whitehall of Deerfield

The Patty Turner Members' Council is proud to invite you to this year's Members' Winter Party. Members old and new are cordially invited to attend this elegant evening affair featuring a light reception, delicious dinner buffet as catered by Hel's Kitchen of Northbrook, and, the rich, jazz stylings and dance music of the Rose Colella Orchestra. In addition, join the Members' Council as they introduce their new membership nominees for your confirmation. As this is one of the PTC's grandest of celebrations, we encourage you to register well in advance. "Come celebrate the season with us!"

Date: Thursday, December 6th

Time: 5:30pm - 8:00pm.

Fees: \$28M / \$38 Guest

#113241-01

Register by: Monday, December 3rd

"A Sleighride of Song" with The Deerfield Community Band

Just perfect for the season! Under the direction of Conductor, Todd Smith, join the Deerfield Community Band as they perform a program of holiday delights especially for you and yours! This annual concert event is sure to put you in the mood for all things, Merry, Cheery and Bright!

Date: Sunday, December 9th

Time: 2:00 pm Program

3:30 pm Reception

Fees: \$8.00

#113231-03

Register by: Friday, December 7th

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The Patty Turner Center is a Deerfield Park District program for adult enrichment in partnership with the Village of Deerfield.

Our mission is to support the independence and well-being of adults 50 years and older; to encourage their participation in all aspects of life; to provide programs which serve their social, recreational, intellectual, and physical needs and to further enrich their lives.

Programs

PTC Men's Club

The PTC Men's Club is a group of over 85 members who meet every Tuesday morning for high quality programs. Coffee, pastries, and camaraderie begin at 8:15am. Programs are from 8:45am – 10:00am.

Members come to hear presentations by professional speakers on history, art, travel, science, government, and local, national, and international current events.

Members consistently characterize the speakers as well informed, engaging, challenging, interesting, and educational. To join in the PTC Men's Club, you must be a member of the Patty Turner Center. For questions please contact, John Maxson at: (847) 945-3927 or the PTC at (847) 940-4010.

December

December 4th – “Jerome Kern”

Speaker: Susan Benjamin

Sponsored by: Brookdale of Vernon Hills

December 11th – “Festive Strings”

Speaker: Jim Kendros

Sponsored by: North Shore Compassionate Care

December 18th – “Year in Review”

Speaker: Lynne Samuels

Sponsored by: Silverado of Highland Park

December 25th – **Christmas Day, PTC Closed**

PTC Women's Club

The PTC Women's Club hosts monthly catered lunch and dessert affairs featuring a variety of noted guest speakers and dramatists. Please join us!

December Bruncheon & Program **“Best Friends” Champagne Brunch**

with Violinist Martin Lopez

Sponsored by Whitehall of Deerfield

The PTC Is thrilled to present its first-ever “Best Friends Brunch” which will feature the breakfast fare of Deerfield's very own Cherry Pit and the violin stylings of Martin Lopez!

Date: Tuesday, December 11th

Time: 11:00 Bruncheon (*Doors will open at 11:00am*)

Noon Program

Fee: \$15

#113121-04

Register by: Friday, December 7th

Excursions

December

A Visit to the Osthoff Resort

Brunch at the Osthoff Resort &

Visit to the Old-World Christmas Market

This trip involves moderate walking at your own leisure

Located in Elkhart Lake Wisconsin, enjoy this all-day excursion to the historic Osthoff Resort where we will enjoy a fabulous and festive brunch and, a stroll through the resort's Old-World Christmas Market!

Date: Sunday, December 9th

Departure: 8:00am

Return: 5:30pm

Reservations:13

Fees: \$105M/\$115NM

#113250-06

Register by: Monday, December 3rd

UPCOMING...January 2019!

Holiday Highlights at

The Driehaus Museum

This trip involves moderate walking at your own leisure

Our knowledgeable guides discuss the fascinating history, architecture, and design of the Nickerson mansion decked out in Yuletide finery. Learn about the Museum's collections and gain insight into the three new exhibitions: Beauty's Legacy: Gilded Age Portraits in America and its companion exhibitions, Gilded Chicago: Portraits of an Era and Treasures from the White City: The Chicago World's Fair of 1893. Enjoy tea & cookies in the billiards room, which is not generally on view to the public. The room, paneled in rich walnut, is where men would have retired after dinner to play billiards and cards. Lunch on own at The Grand Lux Café.

Date: Friday, January 4th

Departure: 9:15am

Return: 5:00pm

Reservations:12

Fees: \$85M/\$95NM

#213250-01

Register by: Friday, December 28th

Programs

Pearl Harbor Remembrance Day

Join popular Men's Club presenter and lecturer, Gary Midkiff, for an introspective look on the attack of Pearl Harbor on December 7, 1941; all of which led to the United States' direct involvement in World War II.

Date: Tuesday, December 4th

Time: 1:00-2:00pm

Fees: \$5M/\$8NM

#113135-02

Register by: Friday, November 30th

“Remember Then”

Reminiscence Discussion Group

Join PTC members and hosts, Donna and Bruce Stupple for this FREE December reminiscence program. All are welcome and invited!

Date: Wednesday, December 5th

Topic: “Getting Here: Choice? Luck? Serendipity?”

Time: 1:00pm - 2:00pm

“Looking at Modern Art”

with Art Educator Debra Levie

December: *Rainy Day Paris* by Gustave Caillebotte

Gustave Caillebotte, French impressionist painter, combined aspects of the academic and Impressionist styles in a unique synthesis. Explore this exquisite work and others with host and teacher, Debra Levie.

Date: Friday, December 7th

Time: 10:00am – 11:30am

Fees: \$12M/\$15NM

#113127-04

Register by: Wednesday, December 5th

Holiday Decorating Traditions of Colonial Williamsburg

Colonial Williamsburg is a magical place during the Holiday season. Candles shine in the windows and houses are decorated with wreaths, dried flowers and other natural decorations. This slide lecture will look at the beautiful decorations and discuss Williamsburg's role as the colonial capital of Virginia.

Date: Monday, December 17th

Program: 10:30-11:30am

Fee: \$5M/\$8NM

#113135-03

Register by: Monday, December 10th

“Friday with Friends”

The PTC is excited to continue with its monthly “Friday with Friends” program where friends of the center come together for an enjoyable afternoon program that's social, friendly and fun! Please join us!

December: “Frosty Frolic!”

Come celebrate the season as the PTC hosts a special holiday program with you. Enjoy hot chocolate, a musical performance of holiday cheer from PTC Member Ruth Jackson and, a special visit from the world's greatest snowman – Frosty! It's a magical afternoon of yuletide fun, friends and festivity!

Date: Friday, December 14th

Refreshments: 12:30pm

Program: 1:00pm

Fee: \$5

#113117-04

Register by: Monday, December 10th

“At the Conductor's Podium”

December: “Glittering Strings!”

In this joyous time of year, Jim Kendros offers beautiful string music to enhance our Holiday Season! Enjoy the music of Bach, Mozart and Dvorak. Jim will also offer us a special "Holiday Musical Treat."

Date: Friday, December 28th

Time: 10:00am -11:00am

Fees: \$12M/\$15NM

#113208-04

Register by: Wednesday, December 26th

Movies for Members

Please join us this month for our December line-up of newer releases! Showtimes are 1:00 and include hot popcorn, and cold refreshments!

December: “Friends and Family”

12/6 - “Alpha”

12/13 - “The Secret Scripture”

12/20 - “Frantz”

12/27 - “The Man Who Knew Infinity”



Drop-In Guided Meditation

Join Sachs Wellness Coordinator, Jennie Michalik for some soothing meditation.

Dates: Thursday, December 6th, 13th, & 20th

Time: 10:00-11:00am

Social Services

At Your Service!

Our part-time staff member, Margie Fischer, M.A., offers a variety of helpful information to members of our community. Topics include in-home services, community resources, help with applying for benefits, Medicare information, caregiver support and more. Margie has compiled a handy resource booklet tailored to our local area. The 40-page Guide to Community Services for Older Adults and Their Families is available for free at the Patty Turner Center. It can be mailed out upon request. Margie is generally in the office on Tuesday and Wednesday. Stop in, call, leave a voicemail, or send an email to Margie@pattyturnercenter.org. PTC Social Services is a partnership between West Deerfield Township and the Deerfield Park District. Service is friendly, free, and confidential.

Increase your Access to the World!

The West Deerfield Township Accessibility Grant for disabled residents is aimed at improving quality of life through increased access to the community. Grants up to \$1000 per household per year may be awarded. Expenses which may qualify for this program include things like home modifications, mobility equipment, adaptive communication devices, some therapies, etc. Older adults are encouraged to apply!! The program is intended to assist those WDT residents with the greatest financial need, but there is no stated income limit. Application forms are available at PTC, the township office, and online. Grants are awarded quarterly; the next application deadline is December 31st. For more info, call the Township at 847-945-0614 or PTC Social Services.

Caruso “GrandFriends” Fund

There is a small fund available to assist lower income older adults to pay a portion of their membership and program fees at the PTC. The GrandFriends Fund was originated and is supported by the fundraising efforts of the students at Caruso Middle School. Margie can provide eligibility and program information. Participation is strictly confidential.

Your Personal Assistant for Help with Medicare

If you have questions on the A B C and D's of Medicare, ask SHIP! This Illinois Department on Aging program answers your questions about enrollment, drug plans, supplemental plans, advantage plans, subsidies and claims. Trained Senior Health Insurance Program volunteers provide FREE one-to-one information/counseling sessions by appointment at PTC. Smart beneficiaries use SHIP because “The Best Choice is an Educated Choice!” **Medicare Open Enrollment Ends December 7** Our two "Do-It-Yourself Part D" programs at the Deerfield Library in mid-November gave many beneficiaries a friendly, guided "hands-on" experience. Our SHIP Medicare counselors have been busy assisting Medicare beneficiaries with Drug Plan selection. We are booked to capacity, however, with **no appointments** remaining.

Blue Bag Program Keeps Documents Handy

Be prepared! The Blue Bag is a handy all-in-one packet containing your information ready to grab in an emergency-- health info, medication lists, POA, DNR, emergency contacts, and more. It comes with instructions to be placed where our local EMTs know to look for it. The Program is a collaboration between the PTC and the Deerfield-Bannockburn Fire Department. FREE for residents.

Need Transportation?

The Deerfield area is one of the richest around when it comes to providing transportation services for older adults. Options include the Village Taxi Program; the West Deerfield Township handicapped-accessible “Going Places” van; a variety of specialty volunteer programs and the Lake County transportation grant. Programs vary in scope, eligibility and availability. Which ones are right for you? Contact Social Services for more information.

Social Services

We're Taking Names for a Special Program!

Music has been shown to have dramatic positive effects on those with dementia. We are seeking participants for a FREE 6-week specially designed program with a music therapist. It requires those with dementia to attend along with their family member (husband/wife, parent/child). Together, you'll have fun using music, movement, and instrument play to promote better connection. The program is provided through a grant but requires a certain number of participants to do it. If we have enough interest, we hope to run the program later this winter. For further information and to get on the contact list, please talk to Margie at PTC 847-940-4010.

ACES: Family Caregiver Support

November is National Family Caregivers Month. 2018's theme is Supercharge Your Caregiving! Join our vital group of family caregivers! You'll meet others in our community who, like you, are caring for an older adult loved one. You'll be with people who get what you're going through. You can learn useful resources, ask for advice, and vent frustrations. Studies show that caregivers reduce their stress, have improved health, and provide better care when part of caregiver group. We meet on the 2nd and 4th Wednesday of the month at 1pm in the PTC library. For more info call Margie at PTC.

Do care obligations keep you from attending our Support Groups? Here's a solution! Through our treasured partnership with Faith in Action Volunteers, we are able to offer some respite options. On-site supervision of your loved one in our front lobby may be available during the Alzheimer and ACES meetings. Care recipients must be comfortable being apart from their loved one, have appropriate behavior, and be able to use the restroom on their own. Also, on a more limited basis, a trained Faith in Action volunteer may come to your home, if needed, while you attend the ACES meeting. For both services, pre-screening and reservations are required. There is never a fee. Please call Margie at PTC for eligibility requirements and more information.

Alzheimer Association

Family Support Group at PTC

Patty Turner Center proudly hosts an Alzheimer Association Support Group. It provides emotional, educational and social support for those family and friends of individuals with Alzheimer's and other related dementias. It's free and there is no need to sign-up; just drop in! The group, facilitated by Tania Herbert, meets on the 1st Monday of every month at 2:00 pm in the PTC conference room. It is intended for family caregivers of individuals in mid to later stages of dementia. For more information, call the Alzheimer Association, Greater Illinois Chapter at 800-272-3900 or go to alz.org/illinois and click on Support Groups.

Save Money on License Plate Sticker, Local Vehicle Sticker, and Public Transit

If you are age 65+ or totally disabled AND have income less than \$27,610 as an individual or \$36,635 as a couple, you can apply for the Benefit Access Program. You may be entitled to a big reduction in your Secretary of State License Plate renewal sticker and get the RTA Senior Rides FREE card! If you're already part of the program, it is suggested you renew at the first opportunity, which is three months prior to expiration. The application is good for two years. ALL applications and documentation must be submitted online; no paper forms exist. You can do it yourself at the Illinois Department on Aging's website. Residents of Deerfield, West Deerfield Township, and PTC members may make an appointment with Margie and she will do it for you!! Also, the Village of Deerfield offers resident who are seniors LIHEAP recipients (monthly income <\$1508 for individuals) the village sticker for just \$1.

Low Vision Group

Join the gathering that reflects the common and unique lifestyles of those with low vision! Meetings are enlightening and interactive; a place to share ideas and tools to live meaningfully and independently. We meet every other month on the second Monday. It is FREE and open to anyone. No matter your age or your town, if you are interested, join us! If you are reading this without magnification, please tell your friends who can't. Our next meeting will be held on **Monday, January 14th from 10:00-11:30.**

Center Information

Art Wall

Through the support of the PTC Members Council, the PTC Art Wall allows members and resident artists to display their artwork. Coming this month, enjoy the artwork of Renee Luskin.

AARP Drivers Refresher Course

Learn defensive driving techniques, new traffic laws, rules of the road, and more. **You must attend both days to complete the course requirements. Must register in advance.** Please call 847-940-4010.

Dates: Thursday, December 13th & Friday, December 14th

Time: 9:00am-1:00pm

Fees: \$15 AARP Memb. /\$20 Non-AARP Memb.

Book Club

Do you LOVE to read? Do you enjoy discussing good books? Join the PTC Book Club which meets the second Friday of each month at 10:30 am to discuss the current book being read. On Friday, December 14th, we will discuss the book, "My Name is Lucy Barton" by Elizabeth Strout. If you have any interest in joining this group, please call Phyllis Wallach for more information (847)821-8229

Copier Services

Copier services for small projects are available to all members of the PTC. If you need assistance, please contact the front desk.

Gift Cards

The PTC offers gift cards which are available through the Front Desk. Gift cards can be used for programs, events, excursions and classes at the PTC! For further information, please call: (847) 940-4010

Hummers & Strummers

Do you love music? If so, why not consider becoming a member of the PTC's very own "Hummers & Strummers" ukulele group! Practices are held at the PTC on Thursday afternoons at 12:45pm. Players of all levels are welcome!

Library

The PTC Library is open to all members of the PTC. Computers and printing services are available and FREE to use when the room is not in use.

Knitting Group

The PTC Knitting Group meets every Thursday in the PTC Atrium at 1:00 p.m. Please bring your knitting or crochet projects and join us for an afternoon of knitting fun, smiles and socialization!

Notary Services

The PTC offers FREE Notary Services. Please contact David Shamrock at: (847) 572-2652 for assistance.

Staying Connected to the PTC

The Patty Turner Center has its own website full of information on programs, trips, the most current PTC bulletin and more! It's a good place to keep current on happenings. You can find it by searching 'Patty Turner Center' in Google or type the following in your web browser: www.pattyturnercenter.org

PTC Monthly E-mail Newsletter

Stop by the front desk with your email address or provide it on your program registration form to see the monthly programs and events happening at the Patty Turner Center sent straight to your inbox!

LIKE us on Facebook!

We are posting pictures, and details on upcoming programs on our Facebook page! If you have a Facebook, "Like" us and you will receive PTC program announcements and event photos right to your Facebook newsfeed!

www.facebook.com/PattyTurnerCenter

Be Our Guest!

If you have a friend who might be interested in joining us for a program or, wish to become a member, please let us know. We will be more than happy to tour your guest as well as discuss our many programs and services with them.

Member Information

Are you or someone you know interested in becoming a Member of the PTC? Fill out the Registration Form and Waiver in the back of our bulletin and drop it off at the Patty Turner Center or feel free to mail in your form with your payment. Let us know how you heard about us and become a member today!

Membership Fees

Per Person Costs:

\$30.00 – Deerfield Residents

\$45.00 – Non-Deerfield Residents

Registration Information

To ensure your registration is confirmed, and to help keep class cancellations to a minimum, we strongly recommend **registering at least one week prior** to the date of your program, trip, or event. Payment is due at time of registration. To accommodate busy schedules, we do accept registration and payments in person, via fax at 847-317-2564, or by mail. Our mailing address is 375 Elm Street, Deerfield, IL, 60015. If you have any questions, please contact the front desk at 847-940-4010.

Refund Policy

If you are participating in a trip but must cancel, please know that refunds will not be given unless a waiting list has been established and a replacement can be found for your spot. A refund may be obtained two (2) business days prior to the first day of a class/program; a 10% service charge (\$5 minimum-\$10 maximum) will be deducted from the amount paid for all classes, programs, and trips. Credits may be applied to household accounts.

New Members

The PTC Staff and Members Council wish to welcome our newest members!

Stephen Alpert

Harriet Cohen

Alan D'Alba

Merrilyn Greenfield

Beverly Huber

Robert Morrison

Donations

In Support of PTC Programs

Bob Benton

Dorothy Collins

Marv Ehlers

Steve Jackson

Don Kanter

Bill Lutz

John Maxson

Bob Zywicki

In Memory of Ed Barth

Sue August

Kathleen Brauer

Briggs & Wilson

Barry Davidson

Sheila and Dwight Delattre

Dan Falotico

Lynda Trytek and Ed Goldberg

Adele Gutman

David and Rhonda Hulkonen

Judy and Thomas Hund

Anne Meyer

Jane Pence

Dr. Edward Szyman

Carol Wolfe

In Memory of Bernie Forrest

Sue August

Evelyn Cooper

Glenn and Betty Koets

Tom Gramins

Mayor Harriet Rosenthal

In Memory of Ed Seidman

North Suburban Vision Consultants

Barry Davidson

Patty Ellis

Federal Life Insurance Company

Esther Finne

Joan Forrest

Robert and Marianne Franz

Mayor Harriet Rosenthal

Stephen and Judith Gамbee

Lawrence and Anne Golding

C.A. Metzler

In Memory of Pauline Noland

Elaine Anderson

Lucy Berian

Jane Davies

Joyce Frehling

Barb Horwitz

Kay Seiss

Janna Wilson

December 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3	4	5	6	7	8
HANNUKKAH BEGINS AT SUNDOWN	9 Light & Lively 12 Mah-Jongg 12 Private Member Game Play 12:30 Social Bridge 7 Hatha Yoga	8:30 Men's Club 10:30 Forever Fit 10:45 Tai Chi 12 Open Poker 11:30 Townley Bridge 1 Ping Pong 1 Pearl Harbor Remembrance Day Lecture 3:30 Forever Fit II 6:45 Tone & Firm	9 Feldenkrais 10:30 Duplicate Bridge 12:30 Private Member Game Play 1 "Remember Then"	9 Light & Lively 10 Guided Meditation 10:45 Tai Chi 11 Hand & Foot 12 Private Member Game Play 12:45 Hummers 1 Movies for Members 1 Sit & Knit 5:30 PTC Members' Winter Party 6:45 Tone & Firm	10 "Looking at Modern Art" 10 Scrabble 10 Continuing Spanish 10 Men's Bridge 11 Hand & Foot 12 Mah-Jongg 1 Ping Pong 1 Closed Poker Game	
9	10	11	12	13	14	15
8 PTC Excursion: Brunch & Old-World Christmas Market at The Osthoff Resort 2:00 "A Sleighride of Song" Deerfield Community Band Winter Band Concert	9 Light & Lively 12 Mah-Jongg 12 Private Member Game Play 12:30 Social Bridge 7 Hatha Yoga	8:30 Men's Club 10:30 Forever Fit 10:45 Tai Chi 11 PTC Women's Club "Best Friends Champagne Brunch" 12 Open Poker 1 Ping Pong 3:30 Forever Fit II 6:45 Tone & Firm	9 Feldenkrais 10:30 Duplicate Bridge 12:30 Private Member Game Play 1 ACES	9 Members' Council 9 AARP Refresher Course 9 Light & Lively 10 Guided Meditation 10:45 Tai Chi 11 Hand & Foot 12 Private Member Game Play No Hummers 1 Movies for Members 1 Sit & Knit 6:45 Tone & Firm	9 AARP Refresher Course 10 Scrabble 10 Continuing Spanish 10 Men's Bridge 10:30 PTC Book Club 11 Hand & Foot 12 Mah-Jongg 12:30 Friday with Friends "Frosty Frolic!" 1 Ping Pong	
16	17	18	19	20	21	22
	9 Light & Lively 10:30 Holiday Decorating Traditions of Colonial Williamsburg 12 Mah-Jongg 12 Private Member Game Play 12:30 Social Bridge 7 Hatha Yoga	8:30 Men's Club 10:30 Forever Fit 10:45 Tai Chi 12 Open Poker 1 Ping Pong 3:30 Forever Fit II	9 Feldenkrais 10:30 Duplicate Bridge 12:30 Private Member Game Play	9 Light & Lively 10 Guided Meditation 10:45 Tai Chi 11 Hand & Foot 12 Private Member Game Play 12:45 Hummers Party 1 Movies for Members 1 Sit & Knit	10 Scrabble 10 Men's Bridge 10 Continuing Spanish 11 Hand & Foot 12 Mah-Jongg 1 Ping Pong	
23	24	25	26	27	28	29
30	9 Mah-Jongg 9 Social Bridge CHRISTMAS EVE PTC CLOSES AT NOON 31 9 Mah-Jongg 9 Social Bridge NEW YEAR'S EVE PTC CLOSES AT NOON	CHRISTMAS DAY PTC CLOSED	9 All Staff Meeting 10:30 Duplicate Bridge 12:30 Private Member Game Play 1 ACES	11 Hand & Foot 12 Private Member Game Play No Hummers 1 Movies for Members 1 Sit & Knit	10 "At the Conductor's Podium" 10 Scrabble 10 Men's Bridge 11 Hand & Foot 12 Mah-Jongg 1 Ping Pong	

