

PTC

BULLETIN



375 Elm Street, Deerfield, IL 60015

October / November 2018

A DEERFIELD PARK DISTRICT PROGRAM FOR ADULT ENRICHMENT IN PARTNERSHIP WITH THE VILLAGE OF DEERFIELD

UPCOMING!

Tuesday, October 9th

Women's Club "American Bandstand Diaries"

Thursday, October 11th

Nichols Concert Hall presents "Judy Garland"

Monday, October 22nd

"The Story of Motown"

Thursday, November 1st

"Cabaret Nights" Reel Love

Friday, November 9th

Veterans Day Pancake Breakfast

SAVE THE DATE!

Thursday, December 6th

PTC Members Winter Party

PTC Special Events!

Oktoberfest Celebration!

Sponsored by Whitehall of Deerfield

Come and join us as we celebrate the arrival of fall with our 6th annual grand Oktoberfest celebration! This year's event will feature an authentic menu of German fare as catered by Wisconsin's very own, "House of Gerhard." In addition to a delicious buffet of traditional favorites, sing, sway and waltz the night away to the Alpine sounds of Chicagoland's Johnny Wagner Trio. Enjoy a festive night of Oktoberfest fun, food and friends! "Prost!"

Date: Wednesday, October 17th

Time: 5:30pm - 8:00pm

Fees: \$28M/\$38NM

#113231-01

Register by: Friday, October 12th

"Cabaret Nights!"

"Reel Love" with Pianist Beckie Menzie

& Vocalist Tom Michaels

Sponsored by Whitehall of Deerfield

Fall in love all over again as the PTC proudly presents its final "Cabaret Night" of the season! Enjoy classic songs, both old and new, that you know and love from the movies. Join pianist Beckie Menzie and vocalist Tom Michaels as they put their unique twist on these romantic melodies. Enjoy such standards as "I Only Have Eyes for You," "Moon River," "An American in Paris", "That's Entertainment", and more! Please join us for a pre-concert reception at 5:30 p.m.

Date: Thursday, November 1st

Time: 5:30pm - 7:00pm

Fees: \$12M/\$15NM

#113251-03

Register by: Monday, October 29th

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The Patty Turner Center is a Deerfield Park District program for adult enrichment in partnership with the Village of Deerfield.

Our mission is to support the independence and well-being of adults 50 years and older; to encourage their participation in all aspects of life; to provide programs which serve their social, recreational, intellectual, and physical needs and to further enrich their lives.

Excursions

The PTC offers a variety of new, fun and affordable, chartered day trips each month. "Happy Travels!"

October

A Visit to the EAA Aviation Museum

This trip involves minimal to moderate walking at your own leisure

Located in Oshkosh, Wisconsin, the EAA Aviation Museum is one of the most extensive aviation attractions in the world. Marvel at aviation innovations in our collection of more than 200 historic aircrafts. We will check out the 'Trip Back in Time' exhibit to see more than 50 vintage airplanes that are displayed, to take you back to aviation's golden age of the 1920's and 1930's. This will be a unique "living history" re-creation of what airports were like during the early days of air travel. Lunch on own.

Date: Saturday, October 6th

Departure: 8:00am

Return: 6:00pm

Reservations:13

Fees: \$85M/\$95NM

#113250-03

Register by: Friday, September 28th

Nichols Hall Presents

"Judy Garland: Come Rain or Come Shine"

This trip involves minimal walking

Award-winning dynamo Angela Ingersoll (End of the Rainbow) superbly captures the emotional and vocal power of Judy Garland live in concert. With her great big voice and naturally winning humor, Ingersoll soars in this loving homage. Iconic songs include: ***Over the Rainbow, Get Happy and The Man That Got Away***

Date: Thursday, October 11th

Departure: 12:15

Return: 6:15pm

Fees: \$78M/\$88NM

Registrations: 13

#113250-07

Register by: Friday, October 5th

John Hancock Observatory & TILT

This trip involves moderate walking

By request of some of our very own members, here's a bucket-list trip that's certainly a thrill! Sponsored by 360 Chicago, be the first to brave Chicago's newest thrill-tilt experience! I Join us as we venture to the

...Windy City and ride the elevator to the top floor of the John Hancock Observatory! From there, step out, or rather, *tilt out* from the John Hancock Building 1,000 feet over the Magnificent Mile! Lunch on your own at The Signature Room at the 95th.

Date: Tuesday, October 16th

Departure: 9:30am

Return: 4:00 pm

Fees: \$55M/\$65NM

Registrations: 13

#113250-04

Register by: Friday, October 12th

November

A Visit to the Milwaukee Public Museum & Milwaukee Public Market

This trip involves moderate walking at your leisure

The Milwaukee Public Museum is a truly magnificent Museum with some of the finest treasures, collections and life-like dioramas you will ever see! From walking down the cobblestones of Old World Wisconsin to walking amongst the trees and sounds of Costa Rican rain forests, you will be amazed! This museum has escalators to take you from floor to floor! Enjoy lunch on your own at Milwaukee's "Public Market" which features a wide variety of lunchtime fare!

Date: Monday, November 12th

Departure: 9:00am

Return: 4:00pm

Fees: \$68M/\$78NM

Registrations: 13

#113250-05

Register by: Monday, November 5th

UPCOMING in December

A Visit to the Osthoff Resort Brunch at Lola's on the Lake and Visit to the Old-World Christmas Market

This trip involves moderate walking at your own leisure

Located in Elkhart Lake Wisconsin, enjoy this all-day excursion to the historic Osthoff Resort where we will enjoy brunch at "Lolas on the Lake" and a stroll through the resort's Old-World Christmas Market!

Date: Sunday, December 9th

Departure: 8:00am

Return: 5:30pm

Reservations:13

Fees: \$105M/\$115NM

#113250-06

Programs

PTC Men's Club

The PTC Men's Club is a group of over 85 members who meet every Tuesday morning for high quality programs. Coffee, pastries, and camaraderie begin at 8:15am. Programs are from 8:45am – 10:00am.

Members come to hear presentations by professional speakers on history, art, travel, science, government, and local, national, and international current events.

Members consistently characterize the speakers as well informed, engaging, challenging, interesting, and educational. To join in the PTC Men's Club, you must be a member of the Patty Turner Center. For questions please contact, John Maxson at: (847) 945-3927 or the PTC at (847) 940-4010.

October

October 2nd – **“6 Historic Houses”**

Speaker: PTC Member, Don Wroblewski

October 9th – **“Ethel Merman”**

Speaker: Susan Benjamin

October 16th – **“Fraud & Fraud Prevention”**

Speaker: Lake County Sheriff's Department

October 23rd – **“Chicago Cubs: Then and Now”**

Speaker: Chuck Billington

October 30th – **“The Art of John Singer Sargent”**

Speaker: Jeff Mishur

November

November 6th – **“Levi Strauss, the Gold Rush, and the World's Most Famous Pair of Pants”**

Speaker: Anette Isaacs

November 13th – **“Building the Brooklyn Bridge”**

Speaker: Gary Midkiff

November 20th – **“Discovering Iceland”**

Speaker: PTC Member, Steve Jackson

November 27th – **“Binding Our State Together”**

Speaker: Norm Moline

PTC Women's Club

October Luncheon & Program

“American Bandstand Diaries”

with Author Sharon Cutler

Sponsored by Brookdale of Vernon Hills

American Bandstand helped define a generation of music, television, and teenagers who spent their afternoons dancing in front of cameras. Sharon shares the inside story of the “Regulars” who danced on Dick Clark's show, including the fascinating life story of her co-author and popular Regular, Arlene Sullivan.

Date: Tuesday, October 9th

Time: Noon Luncheon (*Doors will open at 11:45am*)

Fees: \$18M/\$22NM

#113121-02

Register by: Friday, October 5th

November Dessert & Program

“Songs That ALMOST Got Away”

with Hilary Feldman & Pianist Beckie Menzie

Sponsored by Arden Courts

The world without Over the Rainbow? Crazy without Patsy Cline? Hard to imagine, but both songs just barely avoided oblivion before hitting their musical mark. In fact, many of our most valued musical treasures never would have been discovered if it weren't for the stars aligning just right. You'll love this trove of treasures untold!

Date: Tuesday, November 13th

Time: 12:30 Dessert (*Doors will open at Noon*)

1:00 Program

Fees: \$8M/\$12NM

#113121-03

Register by: Friday, November 9th

UPCOMING! December Bruncheon & Program

“Best Friend Champagne Brunch”

with Violinist Martin Lopez

Sponsored by Whitehall of Deerfield

The PTC Is thrilled to present its “Best Friends Brunch” which will feature the breakfast fare of Deerfield's very own Cherry Pit and the violin stylings of Martin Lopez!

Date: Tuesday, December 11th

Time: 11:00 Bruncheon (*Doors will open at 11:00am*)

Fee: \$15

#113121-04

Register by: Friday, December 7th

Programs

The History of Motown:

“The Music That Moved the World”

Presented by Professor Gary Wenstrup

In Detroit in the 1960's Motown Records produced hits as efficiently as the Ford Motor Company produced automobiles - 110 Top Ten hits to be exact! It was the "Sound of Young America" sung by performers like The Supremes, The Temptations, Marvin Gaye and Stevie Wonder. Using audio and visual content we'll trace the amazing musical journey from the power soul of "Dancing in The Streets" and "I Heard It Through the Grapevine" to the psychedelic soul of "Cloud Nine" and "What's Going On" to the pop soul of The Jackson 5!

Date: Monday, October 22nd

Time: 10:30-11:30am

Fees: \$12M/\$15NM

#113135-01

Register by: Friday, October 19th

Digital Drop-In!

In this FREE program, Deerfield Library staff will be on hand to answer any questions about your devices (iPhone/iPad, Android phone, Kindle, Nook, etc.) and give step-by-step instructions on how to download books, music, and movies from the Library's website. Feel free to bring your questions and devices!

Dates: Tuesday, October 2nd

Time: 9:30-11:30am

Fees: FREE

Bill Pack Magic Class!

Have you ever asked, "How did he do that?" While magicians don't often reveal their secrets, you'll find some here! You can use these easy tricks to amaze your friends and baffle family members. Depending on questions and interest, this program could run an additional 30 minutes.

Date: Wednesday, November 7th

Time: 1:00-2:00pm

Fee: \$15M/\$20NM

#113128-01

Register by: Friday, November 2nd

Veterans Day Pancake Breakfast!

Sponsored by NorthShore Compassionate Care

Join your hosts David Shamrock and Kailey Schwartzhoff for a delightful morning of pancakes, music and fun! In addition to a fluffy flapjack breakfast buffet as catered by "The Cherry Pit Café", enjoy a wonderful morning of patriotic favorites as performed by the PTC's very own "Hammers and Strummers!"

Date: Friday, November 9th

Time: 9:00am - 11:00am

Fees: \$10M/\$12NM

#113221-01

Register by: Tuesday, November 6th

AAUW Presents:

“Voting for Judges and Why it Matters”

Presented by Judge Wallace B. Dunn

AAUW and the League of Women Voters present Judge Dunn, who will speak about the different types of judges and courts, elected and appointed judges, and how to get information about judges that are elected. With less than a month before the Midterm Election, this timely program will inform all voters.

Date: Tuesday, October 9th

Time: 7:00-9:00pm

Fee: FREE

“Navigating the Second Half of Life”

with Ilene Berns-Zare, PsyD, MS, ACC, CMC

Ilene Berns-Zare, a Certified Professional Coach, Psychologist, Educator and Speaker, will present thought-provoking research showing the best ways to optimize happiness and fulfillment later in life.

Date: Tuesday, November 13th

Time: 7:00-9:00pm

Fee: FREE

“Remember Then” Discussion Group

Programs are hosted by PTC members, Donna and Bruce Stupple from 1:00-2:00pm. Please join us!

Date: Wednesday, October 3rd

Topic: “Names: Our Names to Nicknames”

Date: Wednesday, November 7th

Topic: “What We DON'T miss from the Good Old Days”

Date: Wednesday, December 5th

Topic: “Getting Here: Choice? Luck? Serendipity? Mishap?”

Programs

Walgreens Beauty Day

Join us as Deerfield Walgreens visits the PTC promoting "Beauty Day." As part of their promotion, register to learn more about cosmetics and how to better select and apply makeup best suited for your skin.

Date: Monday, November 5th

Time: 10:00am – 11:30am

Fees: FREE

“Looking at Modern Art”

with Art Educator Debra Levie

Come and explore the world of art with host and art educator, Debra Levie.

October: “*The Scream*” The Works of Edvard Munch

Edvard Munch was a Norwegian painter and printmaker whose intensely evocative treatment of psychological themes greatly influenced German Expressionism in the early 20th century.

Date: Friday, October 5th

Time: 10:00am – 11:30am

Fees: \$12M/\$15NM

#113127-02

Register by: Wednesday, October 3rd

November: “*American Gothic*” The Works of Grant Wood

Grant Wood was an American painter best known for his works depicting the rural American Midwest and the American Pioneer spirit!

Friday, November 2nd

Time: 10:00am – 11:30am

Fees: \$12M/\$15NM

#113127-03

Register by: Wednesday, October 31st

Big Band Sound of Deerfield Concert

The Big Band Sound of Deerfield will be playing all the “spooky” hits. Dance to “Witchcraft”, “Bewitched”, and “That Old Black Magic” and more!

Friday, November 2nd

Time: 10:00am – 11:30am

Fees: \$12M/\$15NM

#113108-02

“At the Conductor’s Podium”

October: Mozart in Autumn

This is the time of year for beautiful colors! What better way to celebrate this colorful season than with beautiful music by Mozart? Revel in the exquisite Clarinet Concerto, completed on October 30, 1791. Be uplifted by the glorious "Haffner" Symphony and charmed by youthful music for violin and orchestra! Jim will also provide us with rarified glimpses into Mozart's favorite instruments!

Date: Friday, October 26th

Time: 10:00am -11:00am

Fees: \$12M/\$15NM

#113208-02

Register by: Wednesday, October 24th

November: Romantic Music To Be Thankful For

November is the special time of year to give thanks and gratitude for the beautiful things in our lives. The great composers left us a priceless legacy of countless treasures!" Experience the highly expressive music of Tchaikovsky, the richness of Brahms, the mystique of Rachmaninoff and many more! Come for a beautiful morning of music to be thankful for with Jim Kendros!

Date: Friday, November 30th

Time: 10:00am -11:00am

Fees: \$12M/\$15NM

#113208-03

Register by: Wednesday, November 28th

“Friday with Friends”

The PTC is excited to continue with its monthly “Friday with Friends” program where friends of the center come together for an enjoyable afternoon program that’s social, friendly and fun! Please join us!

November: “Thanksgiving Feast!”

Enjoy a delicious Thanksgiving lunch and hear the story of the Lincolns through the eyes of Elizabeth Todd Edwards, sister of Mary Todd Lincoln. Learn more about the Lincoln Family in this intimate dramatization!

Date: Friday, November 16th

Lunch: Noon

Program: 1:00pm

Fee: \$5

#113117-03

Register by: Tuesday, November 13th

Programs

Studio Painting & Drawing

"In this studio class, we will explore different techniques in a variety of media including, pencil, watercolor, acrylic paint, pastel and more. Although the focus will primarily be on drawing and painting realistically, experimenting and trying new things is highly encouraged!"

Dates: Mondays, 9/17-11/19 (10Th)

Time: 12:30-3:00pm

Fee: \$158

#113233-01

Register by: Friday, September 7th; Min. 8 / Max 16

Continuing Spanish Class

Ana Trbojevich teaches this continuation class with emphasis on basic speaking, listening, reading, and writing in Spanish. Story telling methodology is used to comprehend and grammar is taught in context. It is expected that the students in this class will have a basic familiarity with essential vocabulary.

Dates: Fridays, 9/7-12/21 (15F)

Time: 10:00am – 11:30pm

Fees: \$185M/\$200NM

#113116-01

No Class 11/23, Min. 7 / Max. 15

Advanced Spanish

This course is designed for students who have taken the previous Advanced Spanish class, or three years of high school or college level Spanish. This class is conducted entirely in Spanish with an emphasis on speaking, listening, and reading comprehension. We will also continue to learn new grammatical concepts and new vocabulary. Course materials included in fee.

Dates: Tuesdays, 9/25-11/13 (8T)

Time: 7:00-9:00pm

Fee: \$95M/\$115NM

#113133-01

Register by: Tuesday, September 21st; Min. 8 / Max 16

Movies for Members

Each week, members of the PTC are invited to join us on Thursday afternoons from 1-3 for a FREE movie, hot popcorn, and cold refreshments - all on the big screen!

October: "Universal Studio Monster Stars"

10/4 – "Dracula"

10/11 – "The Creature from the Black Lagoon"

10/18 – "The Wolfman"

10/25 – "Abbott and Costello Meet Frankenstein"

November: "Friends and Family"

11/1 – "The Leisure Seeker"

11/8 – "The Florida Project"

11/15 – "Wonder"

11/29 – "My Favorite Wife"



"It's Trivia Time!"

Think you know it all? Prove it! The Deerfield Public Library will present an encore of its popular trivia night. Play individually or team up in groups of up to 4 people to test your knowledge of world trivia. Refreshments will be served, and prizes will be awarded to the biggest know-it-alls!

Date: Wednesday, November 14th

Time: 1:00-2:30pm

Fee: \$5M/\$8NM

#113120-01

Register by: Monday, November 12th

Learn about Cyber Security

Bring your devices and join Kyla Guru, Deerfield High School Safety educator, for an informative presentation and discussion on cyber security and internet safety. Kyla, the founder of Bits N' Bytes Cybersecurity, has been nationally recognized by the National Center for Women in Information Technology, Stanford University's Include Fellowship, the Deerfield Review, and Deerfield Village Board.

Date: Wednesday, November 21st

Time: 10:00-11:00am

Fees: FREE *must register in advance*

#113105-08

Register by: Monday, November 19th

Fitness Programs

50+ Light and Lively

Taught by experienced fitness instructor, Judy Samuelson; this class includes chair exercises, stretching, strengthening, and gentle impact aerobics. Students will increase their strength, flexibility, and mobility while improving their posture and balance. Exercises will be simple, easy, and fun!

Dates: Mondays 10/15-12/17 (10M)

Times: 9:00am - 10:00am

Fees: \$120M/\$135NM

#113201-01

Maximum: 15

Dates: Thursdays 10/18-12/20 (9Th)

Times: 9:00am - 10:00am

Fees: \$110M/\$125NM

#113201-02

No Class 11/22; Maximum: 15

“Forever Fit” Dance Fitness I

This is a fun and friendly dance fitness class for mature adult exercisers who love music, dancing and exercising. Combining chair fitness with standing barre work, this fun and energetic dance fitness class will introduce students to a variety of rhythmic steps, simple dance sequences and brief choreographed routines. Learning, remembering, and executing choreography is fitness for the brain and body. Taught by experienced senior fitness instructor, Judy Samuelson, this introductory class promises to be a great workout filled with fun and music! Perfect for all new students and those interested in taking Dance Fitness II. *This class is a pre-requisite for Dance Fitness II and is perfect for all new students!*

Dates: Tuesdays, 9/11-11/6 (8T)

Times: 10:30am - 11:30am

Fees: \$100M/\$115NM

#113201-03

9/18 M/U Class on 11/6; Min. 6 / Max. 12

Dates: Tuesdays, 11/20-12/18 (5T)

Times: 10:30am - 11:30am

Fees: \$65M/\$80NM

#113201-05

Min. 6 / Max. 12

“Forever Fit” Dance Fitness II

For the intermediate dance fitness student, “Forever Fit” Dance Fitness II Class combines all the elements of Dance Fitness I into a rehearsal and performance experience. Students will take learned dance steps and choreography and join fellow students as part of a group dance ensemble. Dance performance opportunities will be available. Taught by experienced senior fitness instructor, Judy Samuelson, this class promises to be fun, fitness-friendly and filled with laughter!

**Dance Fitness II is the intermediate dance fitness class which introduces students to choreographed dance routines and performance opportunities.*

Dates: Tuesday Afternoons, 9/11-12/18 (15T)

Times: 3:30pm - 5:00pm

Fees: \$60M/\$75NM

#113201-04

Min. 8 / Max. 12

Hatha Yoga

Instructor Joy Luster will help you relax and release tensions from your body and mind through the practice of Hatha Yoga, which includes yoga postures, breathing practice, deep relaxation, and meditation.

Date: Mondays, 9/10-12/17 (15M)

Time: 7:00pm - 8:15pm

Fees: \$195R/\$240NR

#132801-01

Min. 6 / Max. 20

Tai Chi

Dates: Tuesdays, 10/23-12/18 (8T)

Times: 10:45-11:45am

Fees: \$90M/\$110NM

#113217-04

Register by: Friday, October 19th; No Class 11/20

Dates: Thursdays, 10/25-12/20 (8Th)

Times: 10:45-11:45am

Fees: \$90M/\$110NM

#113217-05

Register by: Monday, October 22nd; No Class 11/22

Dates: Tuesdays & Thursdays, 10/23-12/20 (16T/Th)

Times: 10:45-11:45am

Fees: \$180M/\$220NM

#113217-06

Register by: Friday, October 19th; No Class 11/20, 11/22

Fitness Programs

Feldenkrais®

Joyce Ann, OT shows us through guided awareness and gentle persuasion, the Feldenkrais method® creates balance and unity in the body. Efficient movement generates more power with less muscular effort and less wear and tear on all connective tissues. All classes can be adapted to any skill level and will be taught in sitting, standing, walking, and other positions, if the individual desires.

Dates: Wednesdays, 10/3-10/31 (5W)

Times: 9:00am -10:00am

Fees: \$60M/\$80NM

#113234-01

Dates: Wednesdays, 11/14-12/19 (5W)

Times: 9:00am -10:00am

Fees: \$60M/\$80NM

#113234-02

Min. 6 / Max. 12

Tone & Firm

Improve your muscle tone and gain added strength and flexibility. Emphasis will be on the arms, hips, stomach, and legs!

Dates: Tuesdays, 9/4-12/11 (13T)

Times: 6:45pm - 7:45pm

Fees: \$170R/\$205NR

#132804-01

No Class 11/20

Dates: Thursdays, 9/6-12/13 (14Th)

Times: 6:45pm - 7:45pm

Fees: \$185R/\$225NR

#132804-02

No Class 11/22, Min. 6 / Max. 20

Dates: Tuesdays & Thursdays, 9/4-12/13 (27T/Th)

Times: 6:45pm - 7:45pm

Fees: \$355R/\$390NR

#132804-03

No Class 11/20, 11/22, Min. 6 / Max. 20



Men's Balance Workshop

This 2-part clinic, taught by MATTER OF BALANCE certified fitness instructor, Judy Samuelson, includes lecture/discussion, strength training, standing balance poses, and dynamic balance moves. Students will increase their strength and flexibility, while improving their posture and balance.

Dates: Wednesdays, 10/17-10/24 (2W)

Times: 9:00-10:00am

Fees: \$25M/\$40NM

#113103-01

Register by: Monday, October 15th

Women's Wellness Day

Empower yourself in your wellness journey. Health and wellness resources will be available including health screenings, fitness demonstrations, and more!

Date: Tuesday, October 2nd

Time: 9:00am – Noon

Location: Sachs Recreation Center

Fees: FREE

Pilates

Julie Cheifetz's Lifted™ mat classes promote strength, injury prevention and a healthy mind-body connection. Using Pilates-based movement with props and light weights, these group classes help improve posture, balance, and overall fitness. "Mat strong" means building core strength and stability without the assistance of equipment. Lifted™ functional-based classes teach you to take what you learn on the mat out into your day. All levels are welcome.

Date: Tuesdays, 9/25-11/20 (9T)

Time: 8:45am-9:45am

Fees: \$135R/\$175NR

#132805-01

Register by: Friday, September 7th; Min. 6 / Max. 12

Deerfield Walking Club

Are you looking for a way to get active, be social, and enjoy Deerfield's beautiful parks? Then join the Deerfield Walking Club! This club will meet twice a month for 30-minute walks that will start and end at one of the Deerfield Park District parks! No fee, no pre-registration, no equipment needed. For more information, please contact the Deerfield Park District's Wellness Services Coordinator Jennie Michalik at 847-572-2668.

Card & Game Play

New Member Card Play

So that you are comfortable, we encourage you to first observe play to determine whether your skill level matches that of the established group(s). Please contact David Shamrock or Kailey Schwartzhoff and let us coordinate your first visit with us!

Private Member Card Play

Due to our busy program calendar, private PTC member card play is only available on the following days/times:

- Mondays: Mixed card games – Noon-4:00pm
- Wednesdays: Mixed card games – Noon-4:00pm
- Thursdays: Mixed card games – Noon-4:00pm

All private card play, scheduling and cancellations must be made in advance with Kailey at 847-572-2653. Locations of play are pre-determined and are subject to change and/or cancel based upon Center activities and events. To participate in private games, you must be a member of the PTC.

Mah-Jongg for PTC Members

Mah-Jongg for Members meets every Monday and Friday afternoon at 12:00. This group is for advanced players only.

Open Canasta for PTC Members

Members of the PTC are invited to join us on Wednesday afternoons at 12:30pm for open canasta. Play is self-led. No private groups please.

Social Bridge for PTC Members

Social Bridge for Members is held on Monday afternoons at the PTC between 12:30 pm - 3:30 pm. Players must have a solid understanding of the game and equal play skillset. Please call: (847) 940-4010 for details.

Open Poker for PTC Members

Open Poker for Members is held at the PTC on Tuesday afternoons at 12:00 Noon.

Townley Bridge

The Townley Bridge Group meets on the first Tuesday of each month October through May, socializing starts at 11:30 and games begins promptly at 12:00 Noon. For more information, please contact Doris Kurtz at: (224) 515-8053.

Women's Club Bridge "Round Robin"

Women's Club Round Robin Bridge meets the third Monday of the month at Noon **except for December**. We play the same partner the whole season. If you are interested in joining us or, would like to substitute, please contact Rita Kirby at: (847) 945-5639. Socializing starts at 11:30 and games begins promptly at Noon. All are welcome!

Women's Open Social Bridge

Open Bridge is played the fourth Tuesday of the month at Noon **except November and December**. If you are interested in playing, please contact Maxine Zelski at (847) 945-4931. All are welcome!

Men's Social Bridge

A new PTC Men's Social Bridge Group has recently formed. Game play is scheduled weekly on Friday mornings, year-round between the hours of 10:00 – Noon. Please contact John Charlton for details at (847) 955-1480

Table Top Game Corner

Looking for a fun new way to spend a Thursday or Friday morning? It's playtime!! At present, we have two full tables of Hand and Foot, and we are seeking new players for another Hand and Foot game, or even to play other games like Gin Rummy, Rummikub, Scrabble, puzzles etc. Join us at 11:00am.

Duplicate Bridge

These games are held at the PTC and are for the serious player. Games are sanctioned by the ACBL (American Contract Bridge League) and are supervised by teacher and instructor Elaine Morrison.

Dates: Wednesday Mornings

Times: 10:30am – 2:30pm

Fees: \$10M/\$11NM per session

Social Services

At Your Service!

Our part-time staff member, Margie Fischer, M.A., offers a variety of helpful information to members of our community. Topics include in-home services, community resources, help with applying for benefits, Medicare information, caregiver support and more. Margie has compiled a handy resource booklet tailored to our local area. The 40-page Guide to Community Services for Older Adults and Their Families is available for free at the Patty Turner Center. It can be mailed out upon request. Margie is generally in the office on Tuesday and Wednesday. Stop in, call, leave a voicemail, or send an email to Margie@pattyturnercenter.org. PTC Social Services is a partnership between West Deerfield Township and the Deerfield Park District. Service is friendly, free, and confidential.

Increase your Access to the World!

The West Deerfield Township Accessibility Grant for disabled residents is aimed at improving quality of life through increased access to the community. Grants up to \$1000 per household per year may be awarded. Expenses which may qualify for this program include things like home modifications, mobility equipment, adaptive communication devices, some therapies, etc. Older adults are encouraged to apply!! The program is intended to assist those WDT residents with the greatest financial need, but there is no stated income limit. Application forms are available at PTC, the township office, and online. Grants are awarded quarterly; the next application deadline is December 31st. For more info, call the Township at 847-945-0614 or PTC Social Services.

Caruso “GrandFriends” Fund

There is a small fund available to assist lower income older adults to pay a portion of their membership and program fees at the PTC. The GrandFriends Fund was originated and is supported by the fundraising efforts of the students at Caruso Middle School. Margie can provide eligibility and program information. Participation is strictly confidential.

Did you Get your New Medicare Card?

New Medicare card mailings in Illinois are complete! If you did not receive a new card call 1-800-MEDICARE to find out if your address needs to be updated. You can also sign into www.MyMedicare.gov to check if your new card was already mailed and to print out your official card. Please note: You will need to create a MyMedicare account if you do not already have one. For more information, visit <https://www.cms.gov/.../Tear-Off-for-After-Card-Mailing-Ends>.

Medicare Open Enrollment: October 15-December 7

PAY ATTENTION!! Open Enrollment is the only time all Medicare beneficiaries can make changes to their Medicare Plans. What is best for you one year, is not necessarily best the next. It's important to evaluate and enroll in the Drug Plan that offers you the best coverage for the best price. Formularies change, costs change, and your health needs change. You can compare plans on your own using Medicare's Drug Plan Finder (we're offering a Do-It-Yourself Class, see next page) -- or call for an appointment with one of our knowledgeable SHIP (Senior Health Insurance Program) counselors. Don't delay, as slots always fill up--last year we served over 100 people! Call PTC for an appointment. When coming in be sure to bring your Medicare card, name of your current plan, and a list of your current medications.

NOTE: Open Enrollment is not about Supplement Plans. If you seek a change, you may consult with our SHIP counselors any time of year.

Blue Bag Program Keeps Documents Handy

Be prepared! The Blue Bag is handy all-in-one packet containing your information ready to grab in an emergency-- health info, medication lists, POA, DNR, emergency contacts, and more. It comes with instructions to be placed where our local EMTs know to look for it. The Program is a collaboration between the PTC and the Deerfield-Bannockburn Fire Department. FREE for local residents.

Social Services

Do-It-Yourself Part D Classes with Deerfield Library

Learn how easy it is to choose the BEST and CHEAPEST Medicare Drug Plan to meet your individual needs. Smart Medicare beneficiaries know they should re-evaluate and, if indicated, change their Part D prescription plans every year. But how? Come to our hands-on-computer session to learn about the online Medicare Drug Plan Finder!! Participants will be guided on how to find it, enter their drugs, interpret their results, and select and sign up for a plan. All participants must bring their Medicare card and list of their drugs, along with dosage and frequency and must be comfortable using a computer. This program, brought to you by the Patty Turner Center SHIP Volunteers, is offered Tuesday 11/13/18 at 2pm & Thursday 11/15/18 at 7pm. **Register through Deerfield Library at 847-945-3311.**

ACES: Family Caregiver Support

November is National Family Caregivers Month. 2018's theme is Supercharge Your Caregiving! Join our vital group of family caregivers! You'll meet others in our community who, like you, are caring for an older adult loved one. You'll be with people who get what you're going through. You can learn useful resources, ask for advice, and vent frustrations. Studies show that caregivers reduce their stress, have improved health, and provide better care when part of caregiver group. We meet on the 2nd and 4th Wednesday of the month at 1pm in the PTC library. For more info call Margie at PTC.

Do care obligations keep you from attending our Support Groups? Here's a solution! Through our treasured partnership with Faith in Action Volunteers, we are able to offer some respite options. On-site supervision of your loved one in our front lobby may be available during the Alzheimer and ACES meetings. Care recipients must be comfortable being apart from their loved one, have appropriate behavior, and be able to use the restroom on their own. Also, on a more limited basis, a trained Faith in Action volunteer may come to your home, if needed, while you attend the ACES meeting. For both services, pre-screening and reservations are required. There is never a fee. Please call Margie at PTC for eligibility requirements and more information.

Alzheimer Association

Family Support Group at PTC

There will be TWO leaders at the October 1st meeting: As Peggy "retires" from her role as facilitator, she is passing the baton to our group's new leader, Tania Herbert! Meetings offer emotional and educational support as well as camaraderie for family caregivers of individuals in the middle to later stages of dementia. Join us on the 1st Monday of each month at 2PM. It's FREE and open to all members of the community who have a friend or family member with Alzheimer's Disease and other related dementias. For more information go to alz.org/Illinois and click on Support Groups or for more info call Margie at PTC.

Save Money on License Plate Sticker, Local Vehicle Sticker, and Public Transit

If you are age 65+ or totally disabled AND have income less than \$27,610 as an individual or \$36,635 as a couple, you can apply for the Benefit Access Program. You may be entitled to a big reduction in your Secretary of State License Plate renewal sticker and get the RTA Senior Rides FREE card! If you're already part of the program, it is suggested you renew at the first opportunity, which is three months prior to expiration. The application is good for two years. ALL applications and documentation must be submitted online; no paper forms exist. You can do it yourself at the Illinois Department on Aging's website. Residents of Deerfield, West Deerfield Township, and PTC members may make an appointment with Margie and she will do it for you!! Also, the Village of Deerfield offers resident who are seniors LIHEAP recipients (monthly income <\$1508 for individuals) the village sticker for just \$1.

Low Vision Group

Join the gathering that reflects the common and unique lifestyles of those with low vision! Meetings are enlightening and interactive; a place to share ideas and tools to live meaningfully and independently. We meet every other month on the second Monday. It is FREE and open to anyone. No matter your age or your town, if you are interested, join us! If you are reading this without magnification, please tell your friends who can't. Our next meeting will be held on **Monday, November 12th from 10:00-11:30.**

Wellness

The PTC offers an array of wellness services for both members and non-members. Please contact the Front Desk for details and appointments or call: (847) 940-4010. We will be more than happy to assist you!

Blood Pressure Testing

Free Blood Pressure / Blood Sugar testing is offered at the PTC on the first Tuesday of each month at 9:30 a.m. This service is FREE and offered through North Shore University Health Systems. No appointment!

Cholesterol Testing

Cholesterol testing will be offered (by appointment only) at the PTC on the second Tuesdays of every other month. Tests are \$25.00 per person. Checks are to be made payable to North Shore Health Systems. To make an appointment call: (847) 940-4010.

The next testing date is Tuesday, November 13th

Podiatry Appointments

The PTC offers podiatry services monthly by Dr. Nick Ivancevic and now, Dr. Elizabeth Pacocha. Dr. Ivancevic provides on-site podiatry services one Friday per month between 9:15am – 12:15pm. Dr. Pacocha provides on-site podiatry services two Thursdays per month between 9:30 am – 1:30 pm. **To schedule an appointment please call: 847-940-4010.**

Lending Closet

We lend, on a short-term basis, a variety of durable medical equipment. This service is available to our members and residents of Deerfield, Riverwoods, Bannockburn, and Lincolnshire. Items such as wheelchairs, walkers, canes, commodes, and bath benches, are generally available. Please call prior to your visit. We also accept your donation of clean, gently used equipment. Closet hours are Mon-Fri 9:00am-4:00pm. Please contact the PTC front desk for details!

The PTC would like to thank members Joan Gruchot and Eric Graepp for their continued efforts in keeping our closet running so well!

Massage Therapy

The PTC is proud to offer Massage Therapy as one of its many services. Make your reservation today for a private massage with the PTC's very own licensed massage therapist, Linda Walker. Linda joins us at the PTC every Wednesday from 10-3. Please call the Center to schedule your appointment.

Dates: Wednesdays throughout the month

Times: 10:00am – 3:00pm

Fees: Per 1/2 hour: \$35M-\$40NM

Per 1 hour: \$65M-\$75NM

Arthrossage

Arthrossage is an acupressure-based technique that eases the pain and tension from osteoarthritis, rheumatoid arthritis, and fibromyalgia. A full body treatment that loosens joints and muscles and is performed while clothed.

Dates: Wednesdays throughout the month

10:00am – 3:00pm

Fees: \$45M/\$55NM – 45 minutes

Hand, Foot, Neck & Shoulders

New ½ Hour Massages!

Linda will be offering ½ hour hand, foot, neck and shoulder massages! This new service will be available by appointment only. Half-hour rates will apply. Please see Linda for details.

REMINDER! AARP Driving Course

2-Day Refresher Workshop

The next AARP Driving Course Workshop will be at the PTC in September. Mark your calendars for Thursday and Friday, December 13th & December 14th. Learn defensive driving techniques, new traffic laws, rules of the road, and more in this 8-hour course. **You must attend both days to complete the course requirements.** Participants must register in advance. Please call: (847) 940-4010.

Dates: Thursday, December 13th

Friday, December 14th

Time: 9:00 am – 1:00 pm

Fees: \$15 AARP members

\$20 Non AARP members

Center Information

Art Wall

Through the support of the PTC Members Council, the PTC Art Wall allows members and resident artists to display their artwork. Coming this month enjoy the artwork of the American Jewish Artists Club as they present "Small Work, Honoring A Great Woman, Rita Price."

Book Club

Do you LOVE to read? Do you enjoy discussing good books? Join the PTC Book Club which meets the second Friday of each month at 10:30 am to discuss the current book being read. On Friday, October 12th, we will discuss the book, "Commonwealth" by Ann Patchet. On Friday, November 9th, we will discuss the book, "Shotgun Lovesongs" by Nickolas Butler. If you have any interest in joining this group, please call Phyllis Wallach for more information (847)821-8229

Copier Services

Copier services for small projects are available to all members of the PTC. If you need assistance, please contact the front desk.

Hummers & Strummers

Do you love music? If so, why not consider becoming a member of the PTC's very own "Hummers & Strummers" ukulele group! Practices are held at the PTC on Thursday afternoons at 12:45pm. Players of all levels are welcome!

Knitting Group

The PTC Knitting Group meets every Thursday in the PTC Atrium at 1:00 p.m. Please bring your knitting or crochet projects and join us for an afternoon of knitting fun, smiles and socialization!

PTC Library

The PTC Library is available to all our members. Members have access to our computers, along with the use of books, CD's, and DVDs.

Notary Public

Notary Public services are available to members and guests at the PTC. Please contact David Shamrock for details.

Donations

Donations to the PTC are graciously accepted. We wish to extend our many thanks to:

In Support of PTC Programs

Bob Benton
Dorothy Collins
Barry Davidson
Tom Gramins
Steve Jackson
Scott Mermel
Sid Moore
Ed Seidman
Burton Snider
Bob Zywicki

In Support of the PTC Lending Closet

The Fiersteins

In Celebration of Paula Grasso

Jennifer Spinney

In Memory of George McQueeney

Sue August

In Memory of Bernie Forrest

The Berkowitz Family
Bill and Roberta Bockleman
Barry and Lorraine Clark
Julian Coleman
Charles and Earlene DeLine
Larry Dondanville
Barbara and Marvin Ehlers
Donald Engler
Robert and Marianne Franz
Honore Frumentino
Adele Gutman
Connie and Gretchen Pagano
Mayor Harriet Rosenthal
Bill and Jane Seiden
The Silberman Family
Steve and Carol Strauss
Dr. Edward Szyman
George and Sally Wiley

Member Information

Are you or someone you know interested in becoming a Member of the PTC? Fill out the Registration Form and Waiver in the back of our bulletin and drop it off at the Patty Turner Center or feel free to mail in your form with your payment. Let us know how you heard about us and become a member today!

Membership Fees

Per Person Costs:

\$30.00 – Deerfield Residents

\$45.00 – Non-Deerfield Residents

Registration Information

To ensure your registration is confirmed, and to help keep class cancellations to a minimum, we strongly recommend **registering at least one week prior** to the date of your program, trip, or event. Payment is due at time of registration. To accommodate busy schedules, we do accept registration and payments in person, via fax at 847-317-2564, or by mail. Our mailing address is 375 Elm Street, Deerfield, IL, 60015. For themed dinner events, or any event that is being catered, **please understand that we cannot accept walk-in registrations the day of an event.** If you are interested in attending, please register as soon as possible. Know that food orders must be placed in advance. If you have any questions, please contact the front desk at 847-940-4010.

Refund Policy

If you are participating in a trip but must cancel, please know that refunds will not be given unless a waiting list has been established and a replacement can be found for your spot. A refund may be obtained two (2) business days prior to the first day of a class/program; a 10% service charge (\$5 minimum-\$10 maximum) will be deducted from the amount paid for all classes, programs, and trips. Credits may be applied to household accounts.

Dietary Restrictions

If you have dietary restrictions or allergies to specific foods, please contact David Shamrock or Kailey Schwartzhoff. Let us know how we can better accommodate your needs so that you can better enjoy our programs, events and outings!

Staying Connected to the PTC

The Patty Turner Center has its own website full of information on programs, trips, the most current PTC bulletin and more! It's a good place to keep current on happenings. You can find it by searching 'Patty Turner Center' in Google or type the following in your web browser: www.pattyturnercenter.org

PTC Monthly E-mail Newsletter

Stop by the front desk with your email address or provide it on your program registration form to see the monthly programs and events happening at the Patty Turner Center sent straight to your inbox!

LIKE us on Facebook!

We are posting pictures, and details on upcoming programs on our Facebook page! If you have a Facebook, "Like" us and you will receive PTC program announcements and event photos right to your Facebook newsfeed!

www.facebook.com/PattyTurnerCenter

Gift Cards

The PTC offers gift cards which are available through the Front Desk. Gift cards can be used for programs, events, excursions and classes at the PTC! For further information, please call: (847) 940-4010

New Members

The PTC Staff and Members Council wish to welcome our newest members!

Pam Aitchison
David Colcher
Duke Daniels
Judy Fuller
Rae Luskin
Diane Ryan
John St. Peter

Bonnie Colcher
Doe Daniels
Evangeline Evanich
Phillip Grossman
Lynn Pivan
Linda Shayman
Milton Tornheim

Be Our Guest!

If you have a friend who might be interested in joining us for a program or, wish to become a member, please let us know. We will be more than happy to tour your guest as well as discuss our many programs and services with them.

October

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
	9 Light & Lively 12 Mah-Jongg 12 Private Member Game Play 12:30 Social Bridge 12:30 Studio Painting & Drawing 2 Dementia Support Group 7 Hatha Yoga	8:30 Men's Club 8:45 Pilates 9:30 Blood Pressure 9:30 Digital Drop-In 10:30 Forever Fit 10:45 Tai Chi 11:30 Townley Bridge 12 Open Poker 1 Ping Pong 3:30 Forever Fit II 6 Film Series Class 6:45 Tone & Firm 7 Advanced Spanish	9 Feldenkrais 10:30 Duplicate Bridge 12:30 Private Member Game Play 1 "Remember Then"	9 Light & Lively 10:45 Tai Chi 11 Hand & Foot 12 Private Member Game Play 12:45 Hummers 1 Movies for Members 1 Last Beginning Mah Jongg 1 Sit & Knit 6:45 Tone & Firm	10 "Looking at Modern Art" 10 Continuing Spanish 10 Men's Bridge 10 Scrabble 11 Hand & Foot 12 Mah-Jongg 1 Ping Pong	8 PTC Excursion: EAA Aviation Museum
7	8	9	10	11	12	13
	9 Light & Lively M/U 12 Mah-Jongg 12 Private Member Game Play 12:30 Social Bridge 12:30 Studio Painting & Drawing 7 Hatha Yoga COLUMBUS DAY	8:30 Men's Club 8:45 Pilates 10:30 Forever Fit 10:45 Tai Chi 12 Open Poker 12 Women's Club 1 Ping Pong 3:30 Forever Fit II 6 Film Series Class 6:45 Tone & Firm 7 AAUW Lecture 7 Advanced Spanish	9 Feldenkrais 10:30 Duplicate Bridge 12:30 Private Member Game Play 1 ACES	9 Members' Council 10:45 Tai Chi 11 Hand & Foot 12 Private Member Game Play 12:15 PTC Excursion: Judy Garland: Come Rain or Come Shine 12:45 Hummers 1 Movies for Members 1 Sit & Knit 6:45 Tone & Firm	10 Scrabble 10 Continuing Spanish 10 Men's Bridge 10:30 PTC Book Club 11 Hand & Foot 12 Mah-Jongg 1 Ping Pong 1 Closed Poker Game	
14	15	16	17	18	19	20
	9 Light & Lively 11:30 Women's "Round Robin" Bridge 12 Mah-Jongg 12 Private Member Game Play 12:30 Social Bridge 12:30 Studio Painting & Drawing 7 Hatha Yoga	8:30 Men's Club 8:45 Pilates 9:30 PTC Excursion: John Hancock Observatory & TILT 10:30 Forever Fit 10:45 Tai Chi 12 Open Poker 1 Ping Pong 3:30 Forever Fit II 6 Film Series Class 6:45 Tone & Firm 7 Advanced Spanish	9 Feldenkrais 9 Men's Balance Workshop 10:30 Duplicate Bridge 12:30 Private Member Game Play 5:30 PTC Themed Dinner: Oktoberfest	9 Light & Lively 10:45 Tai Chi 11 Hand & Foot 12 Private Member Game Play 12:45 Hummers 1 Movies for Members 1 Sit & Knit 6:45 Tone & Firm	10 Scrabble 10 Continuing Spanish 10 Men's Bridge 11 Hand & Foot 12 Mah-Jongg 1 Ping Pong	
21	22	23	24	25	26	27
	9 Light & Lively 10:30 History of Motown 12 Mah-Jongg 12 Private Member Game Play 12:30 Social Bridge 12:30 Studio Painting & Drawing 7 Hatha Yoga	8:30 Men's Club 8:45 Pilates 10:30 Forever Fit 10:45 Tai Chi 12 Open Poker 12 Women's Open Social Bridge 1 Ping Pong 3:30 Forever Fit II 6 Film Series 6:45 Tone & Firm 7 Advanced Spanish	9 Men's Balance Workshop 9 Feldenkrais 9 ESL Book Club 10:30 Duplicate Bridge 12:30 Private Member Game Play 1 ACES	9 Light & Lively 10:45 Tai Chi 11 Hand & Foot 12 Private Member Game Play 12:45 Hummers 1 Movies for Members 1 Sit & Knit 6:45 Tone & Firm	10 "At the Conductor's Podium" 10 Scrabble 10 Men's Bridge 10 Continuing Spanish 11 Hand & Foot 12 Mah-Jongg 1 Ping Pong DEERFIELD PARK DISTRICT HALLOWEEN HOOPLA	DEERFIELD PARK DISTRICT HALLOWEEN HOOPLA
28	29	30	31			
	9 Light & Lively 12 Mah-Jongg 12 Private Member Game Play 12:30 Social Bridge 12:30 Studio Painting & Drawing 7 Hatha Yoga	8:30 Men's Club 8:45 Pilates 10:30 Forever Fit 10:45 Tai Chi 12 Open Poker 1 Ping Pong 3:30 Forever Fit II 6 Last Film Series 6:45 Tone & Firm 7 Advanced Spanish	9 All Staff Meeting 9 Last Feldenkrais 10:30 Duplicate Bridge 12:30 Private Member Game Play			

November

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
				9 Light & Lively 10:45 Tai Chi 11 Hand & Foot 12 Private Member Game Play 12:45 Hummers 1 Movies for Members 1 Sit & Knit 5:30 Cabaret Night: "Reel Love" 6:45 Tone & Firm	10 "Looking at Modern Art" 10 Men's Bridge 10 Continuing Spanish 10 Scrabble 11 Hand & Foot 12 Mah-Jongg 1 Ping Pong	
4	5	6	7	8	9	10
	9 Light & Lively 10 Low Vision Group 10 Walgreens Beauty Day 12 Mah-Jongg 12 Private Member Game Play 12:30 Social Bridge 12:30 Studio Painting & Drawing 2 Dementia Support Group 7 Hatha Yoga	8:30 Men's Club 8:45 Pilates 9:30 Blood Pressure 10:30 Forever Fit 10:45 Tai Chi 11:30 Townley Bridge 12 Open Poker 1 Ping Pong 3:30 Forever Fit II 6:45 Tone & Firm 7 Advanced Spanish ELECTION DAY	10:30 Duplicate Bridge 12:30 Private Member Game Play 1 "Remember Then" 1 Bill Pack Magic Class	9 Members' Council 9 Light & Lively 10:45 Tai Chi 11 Hand & Foot 12 Private Member Game Play 12:45 Hummers 1 Movies for Members 1 Sit & Knit 6:45 Tone & Firm	9 Veteran's Day Pancake Breakfast 10 Men's Bridge 10 Continuing Spanish 10 Scrabble 10:30 PTC Book Club 11 Hand & Foot 12 Mah-Jongg 1 Ping Pong 1 Closed Poker Game	
11	12	13	14	15	16	17
VETERANS DAY	9 PTC Excursion: Milwaukee Public Museum and Market 9 Light & Lively 10 Low Vision Group 12 Mah-Jongg 12 Private Member Game Play 12:30 Social Bridge 12:30 Last Studio Painting & Drawing 2 Dementia Support Group 7 Hatha Yoga	8:30 Men's Club 8:45 Pilates 9 Cholesterol Testing 10:45 Tai Chi 12 Open Poker 12:30 Women's Club 1 Ping Pong 3:30 Forever Fit II 6:45 Tone & Firm 7 AAUW Lecture 7 Last Advanced Spanish	9 Feldenkrais 10:30 Duplicate Bridge 12:30 Private Member Game Play 1 ACES 1 Trivia with Deerfield Public Library	9 Light & Lively 10:45 Tai Chi 11 Hand & Foot 12 Private Member Game Play 12:45 Hummers 1 Movies for Members 1 Sit & Knit 6:45 Tone & Firm	10 Scrabble 10 Men's Bridge 10 Continuing Spanish 11 Hand & Foot 12 Friday with Friends 12 Mah-Jongg 1 Ping Pong	
18	19	20	21	22	23	24
	9 Light & Lively 12 Mah-Jongg 11:30 Women's "Round Robin" Bridge 12 Private Member Game Play 12:30 Last Studio Painting & Drawing 12:30 Social Bridge 7 Hatha Yoga	8:30 Men's Club 8:45 Pilates M/U 10:30 Forever Fit No Tai Chi 12 Open Poker 1 Ping Pong 3:30 Forever Fit II No Tone & Firm	9 Feldenkrais 10:30 Duplicate Bridge 12:30 Private Member Game Play	THANKSGIVING DAY PTC CLOSED	PTC CLOSED	
25	26	27	28	29	30	
	9 Light & Lively 12 Mah-Jongg 12 Private Member Game Play 12:30 Social Bridge 7 Hatha Yoga	8:30 Men's Club 10:30 Forever Fit 10:45 Tai Chi Social Bridge 12 Open Poker 1 Ping Pong 3:30 Forever Fit II 6:45 Tone & Firm	9 Feldenkrais 9 Townley Board Mtg 10:30 Duplicate Bridge 12:30 Private Member Game Play 1 ACES	9 Light & Lively 10:45 Tai Chi 11 Hand & Foot 12 Private Member Game Play 12:45 Hummers 1 Movies for Members 1 Sit & Knit 6:45 Tone & Firm	10 "At the Conductor's Podium" 10 Scrabble 10 Men's Bridge 10 Continuing Spanish 11 Hand & Foot 12 Mah-Jongg 1 Ping Pong	

