



375 Elm Street, Deerfield, IL 60015

June / July 2018

A DEERFIELD PARK DISTRICT PROGRAM FOR ADULT ENRICHMENT IN PARTNERSHIP WITH THE VILLAGE OF DEERFIELD

Save The Date! Wednesday, August 8th

"Summer Jazz" Concert & Dance! with The Big Band Sound of Deerfield

Friday, August 17th

Cole Porter's "Anything Goes" at the Cahn!

Saturday, September 8th

PTC Healthy Senior Lifestyle Expo!

Friday, September 14th

Chicago Cubs vs. Cincinnati Reds!

Thursday, September 20th

John Singer-Sargent & Chicago's Gilded Age!
Art Institute of Chicago

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The Patty Turner Center is a Deerfield Park District program for adult enrichment in partnership with the Village of Deerfield.

Our mission is to support the independence and well-being of adults 50 years and older; to encourage their participation in all aspects of life; to provide programs which serve their social, recreational, intellectual, and physical needs and to further enrich their lives.

Special Events

NEW! "Star Spangled Hollywood!" with The Big Band Sound of Deerfield

The Big Band Sound of Deerfield has announced its return to the Patty Turner Center for a series of LIVE concert performances & dances! What better way to celebrate America's birthday than a night of Hollywood's best red, white, and blue big band dance music. Enjoy the music of Benny Goodman, Duke Ellington, and Cole Porter. Come listen OR dance to all your Big Band favorites! Light refreshments will be served.

Date: Wednesday, June 27th Time: 6:00 pm - 8:00 pm

Cost: \$10M / \$12NM

#413108-02

Register by: Wednesday, June 20th

"Shake, Rattle and Mix!"

A Fabulous Fifties Theme Dinner Dance featuring "The Original Rockin' Fenderskirts" Sponsored by Right at Home

Don't miss this year's 6th annual 1950's theme dinner event, "Shake, Rattle and Mix!" put on your Blue Suede Shoes and get ready to "Twist the night away!" as David Shamrock and his nostalgic band, "The Rockin' Fenderskirts" take to the stage! Enjoy jukebox hits from all the greats including Elvis Presley, Chuck Berry and Jerry Lee Lewis! Members and guests will enjoy a predinner reception followed by a retro diner-style buffet by Northern Fork Catering and Events. Tell a friend and get ready to Bop, Twist and Stroll!

Date: Thursday, July 26th Time: 5:30 pm - 8:00 pm

Cost: \$28M/\$38NM

#413226-03

Register by: Friday, July 20th

Excursions

The PTC offers a variety of new, fun and affordable, chartered day trips each month. "Happy Travels!"

June

Frank Lloyd Wright's Laurent House & Anderson Japanese Gardens

This trip involves moderate walking and standing
Decades before the Americans with Disabilities Act,
Frank Lloyd Wright designed this single-story, open
floor plan home for Ken Laurent, a World War II
veteran unable to walk, and his wife, Phyllis. With its
wheelchair-friendly layout, this is the only home the
prolific architect ever built for a person with a physical
disability. The couple lived in it for 60 years until 2012
when they both passed away. This property Wright
referred to as his "little gem" is an example of the
architect's simplified, modern and more affordable
Usonian houses, a precursor to the modern-day
ranch.

Date: Monday, June 18th

Departure: 9:00 am Return: 5:00 pm Fees: \$95M/\$105NM Registrations: 13

#413250-01

Register by: Monday, June 11th

Arlington Park Racetrack presents "A Day at the Races"

This trip involves moderate walking at your own leisure "And they're off!" Join us for a delightful afternoon of horse-racing fun as the PTC takes an excursion to Arlington Park Race Track! Place your bets often! Lunch on your own. This trip is a "sure bet!"

Date: Thursday, June 28th

Departure: 11:30am Return: 6:30 pm Fees: \$45M/\$55NM Registrations: 13 #413250-02

Register by: Thursday, June 21st

July

"Slice of Chicago" Gourmet Food Tour

This trip involves moderate walking at your own leisure Learn more about Wicker Park and the chance to sample foods from five of their most treasured... eateries! Jay's Beef: Serving Chicagoland area... ...since 1976, using a third-generation Italian Beef recipe. Hot Chocolate: James Beard Award finalist and Chicago's top-ranked pastry & dessert restaurant. Sultan's Market: Middle-Eastern food restaurant and authentic falafel delicatessen. Piece: New Haven thin crust pizzeria and international award-winning "brewpub" Stan's Donuts: California-style gourmet, donuts in dozens of flavors! "a Food-Lovers Feast!"

Date: Monday, July 16th Departure: 10:00 am Return: 4:00 pm Fees: \$105M/\$115NM

Registrations: 13 #413250-03

Register by: Monday, July 9th

Historic Milwaukee Skyline Boat Trip

This trip involves minimal walking at your own leisure
Travel through downtown Milwaukee underneath its
bridges, see historical landmarks and get a front-row
view of the Milwaukee skyline including the Milwaukee
Art Museum, Discovery World, Summerfest grounds,
and yacht clubs. This narrated tour focuses on
Milwaukee's architectural treasures, famous locals,
river sculptures, and local businesses around the city.
Enjoy lunch at Mader's on your own.

Date: Friday, July 27th Departure: 10:30am Return: 4:30 pm Fees: \$78M/\$88NM Registrations: 13 #413250-04

Register by: Friday, July 20th

UPCOMING in August

Broadway in Chicago presents "Heartbreak Hotel" at the Broadway Playhouse

This trip involves minimal walking at your own leisure
Heartbreak Hotel follows the story of Elvis Presley in
the early years of his career as he and Sam Phillips
create the music that will change their lives forever. As
Elvis's career skyrockets, both lifting and shattering
the lives of those he loves; a secret love story is
revealed, a betrayal, and how "Colonel" Tom Parker
changes the course of history in 18 months.

Date: Sunday, August 12th

Time: 12:30-6:00pm Reservations:19 Fees: \$65M/\$75NM

#413250-05

Men's Club

The Patty Turner Center Men's Club is a group of over 85 members who meet every Tuesday morning for high quality programs. Coffee, pastries, and camaraderie begin at 8:15am. Programs are from 8:45am – 10:00am. Members come to hear presentations by professional speakers on history, art, travel, science, government, and local, national, and international current events. Members consistently characterize the speakers as well informed, engaging, challenging, interesting, and educational. To join in the PTC Men's Club, you must be a member of the Patty Turner Center. For questions please contact, John Maxson at: (847) 945-3927 or the PTC at (847) 940-4010.

June

June 5th - "Refugee Crisis in Germany"

Speaker: Anette Issacs

June 12th – "Cole Porter" Speaker: Susan Benjamin

June 19th - "Being the Best You Can Be"

Speaker: Jerry Markbreit

June 26th – "The State of Both Political Parties"

Speaker: Julie Strauss

July

July 3rd – "DNA Testing and the 9/11 Attacks"

Speaker: Hal Tinberg

July 10th - "Chicago Sports: The Good, the Bad, and

the Ugly"

Speaker: Lester Munson

July 17th – "My three years in Colombia"

Speaker: Helene Turner

July 24th – "Current Events" Speaker: Lynne Samuels

July 31st – "Chicago River Bridges"

Speaker: Patrick McBriarty

Women's Club

June Luncheon & Program

"Julia Child: Her Life in France"

with Dramatist Lynn Rymarz Sponsored by Right at Home

Follow Julia's journey into the French culture, including cooking classes at the Cordon Bleu. Learn how she discovered her passion for cooking French food and how she became determined to learn how to cook it. She will share her struggles and her successes, including her own cookbook and tv show.

Date: Tuesday, June 12th

Time: Noon Luncheon (Doors will open at 11:45am)

Fees: \$18M/\$22NM

#413121-01

Register by: Friday, June 8th

July Dessert & Program

"Dangerous Damsels"

with Author and Lecturer Tori Telfer Sponsored by Sheridan of Green Oaks

You've heard of the notorious men who have committed crimes of passion either out of lust or love, but what about those women who have also done the same? Do the names Tillie Klimek, Moulay Hassan or Kate Bender come to mind? If not, join local author Tori Telfer as she presents a thrilling and engaging lecture on "Dangerous Damsels; Women and their Crimes through the Ages."

Date: Tuesday, July 10th

Time: 12:30 Dessert (Doors will open at Noon)

1:00 Program Fees: \$8M/\$12NM

#413121-02

Register by: Friday, July 6th

<u>UPCOMING! August Luncheon & Program</u> "The Music of Doris Day"

with Vocalist Laura Freeman

Sponsored by Brandel & Covenant Care at Home

Doris Day was not just a pretty voice and pratfall but, the spirit of us all at various times in history. She was the voice of the returning service men as well as the voice of the early women's lib movement!

Date: Tuesday, August 14th

Time: Noon Luncheon (Doors will open at 11:45am)

Fees: \$18M/\$22NM

#413121-03

NEW! Hickory Pit BBQ Lunch!

Sponsored by Home Instead

Don't miss this savory summertime treat as the PTC hosts a special Hickory Pit B-B-Q Luncheon as catered by "City B-B-Q" in Deerfield. Come and enjoy delicious B-B-Q favorites such as Brisket, Baked Beans, and sweet Cornbread.

Date: Friday, June 15th Time: Noon-1:00pm Fees: \$10M/\$12NM

#413209-01

Register by: Friday, June 8th Limited Reservations: 30

NEW! Summer Wine Tasting!

Sponsored by Brookdale of Vernon Hills

Enjoy a relaxing afternoon with friends while tasting wonderful wine and light appetizers. Let the experts at Asti Wine teach you about different varieties of both red and white wines and how to best enjoy and pair them.

Date: Wednesday, June 27th

Time: 2:00-3:00pm Fees: \$10M/\$12NM

#413102-01

Register by: Friday, June 22nd Limited Reservations: 22

NEW! Craft Beer Tasting!

with Tighthead Brewing Company

Sponsored by Brookdale of Vernon Hills

The craft beer brewers of Tighthead Brewery Company in Mundelein, Illinois are delighted to join us at the PTC for a special presentation on the history of beer, beer making, and, what to look for in a beer based on individual taste. Learn more about Tighthead Brewing Company and how their business has grown internationally! Light pairing items included.

Dates: Wednesday, July 25th

Times: 2:00-3:00pm Fee: \$10M/\$12NM

#413103-01

Fees: \$10M/\$12NM Register by: Friday, July 19th Limited Reservations: 22

Digital Drop-In!

In this FREE program, Deerfield Library staff will be on hand to answer any questions about your devices (iPhone/iPad, Android phone, Kindle, Nook, etc.) and give step-by-step instructions on how to download books, music, and movies from the Library's website. Feel free to bring your questions and devices!

Dates: Tuesday, June 12th

Time: 10:00am-Noon

Fees: FREE

"Friday with Friends"

The PTC is excited to continue with its monthly "Friday with Friends" program where friends of the center come together for an enjoyable afternoon program that's social, friendly and fun! Please join us!

June: "Independence Day Ice Cream Social"

This program will be partnered with our Independence Ice Cream Social program on page 6.

Date: Friday, June 29th Time: 1:00-2:30pm

July: "Summer BBQ Bash!"

Sponsored by The West Deerfield Township

Date: Friday, July 20th Refreshments: Noon Program: 1:00pm

Fee: \$5.00 #413117-02

Register by: Wednesday, July 18th

"Drive-In, Dine-In Movies!"

Sponsored by Home Instead

Join us in June and July for one of our favorite programs! These special summer afternoon events will coincide with our Thursday afternoon "Movies for Members" schedule and will include a B-B-Q lunch as prepared by the PTC's very own, David Shamrock. Lunch will be served at Noon.

Date: Thursday, June 28th

Fees: \$7M/\$10NM

#413230-01

Register by: Monday, June 25th

Date: Thursday, July 26th

Fees: \$7M/\$10NM

#413230-02

Register by: Monday, July 23rd

"Looking at Modern Art"

With Art Educator Debra Levie

Come and explore the world of art with host and art educator, Debra Levie.

June: "Overview and History of Portrait Painters and Paintings"

Come and explore the rich history behind the art of the portrait painting with Art Educator Debra Levie.

Date: Friday, June 1st Time: 10:00am – 11:30am

Fees: \$12M/\$15NM

#413127-01

Register by: Wednesday, May 30th Max. 25

July: "William Merritt Chase: Portrait Painter, his Art Circle, and Students"

As a follow-up to Debra's class on portrait paintings, learn more about William Merritt Chase and his catalog of portraits, students and studies.

Date: Friday, July 6th Time: 10:00am – 11:30am

Fees: \$12M/\$15NM

#413127-02

Register by: Tuesday, July 3rd Max. 25

"At the Conductor's Podium"

Join composer and music researcher Jim Kendros for this informative and entertaining series of immortal classical music.

June

The Moldau: A Musical Journey of Melodious Magic

On November 5, 1882, the world heard for the first time Smetana's timeless tone poem, "The Moldau." Join Jim Kendros as we recreate this amazing musical journey on the Moldau river as Smetana envisioned it-through the sonic possibilities of a modern orchestra! Discover the musical odyssey Smetana intended us to experience as we enjoy this beloved music.

This is the work which inspired Israel's National Anthem, "Hatikvah."

Date: Friday, June 22nd Time: 10:00am -11:00am

Fees: \$12M/\$15NM

#313235-01

July

American Classics

Celebrate America's Birthday with great American composers! Jim will highlight the works of Bernstein, Copland, Gershwin and Barber. Enjoy the shimmering tapestries of Bernstein's "Candide" Overture, the Americana musings of Copland, the blues and Latin inspired "Lullaby" of Gershwin and the timeless "Adagio for Strings" by Barber. Come and celebrate America's rich musical heritage with Jim Kendros!

Date: Friday, July 27th Time: 10:00am -11:00am

Fees: \$12M/\$15NM

#313235-02

RETURNING! Jim Kendros'

"Summer Solstice Music Festival!"

Join us as Jim Kendros returns for a very special series of summer concerts! Enjoy the sounds of popular hits, smooth jazz, light classical and Latin rhythms all performed with style and elegance! For each concert, Jim will perform on the piano and will host a guest artist.

"Glittering Guitar" with Thomas Clippert

Enjoy smooth jazz, light classical and Latin rhythms!

Date Tuesday, June 26th Time: 7:00-8:00pm Fees: \$12M/\$15NM

#413235-01

Register by: Friday, June 22nd

"Scintillating Strings" with Kjell Sleipness

Experience the beautiful sounds of the violin and viola as never before!

Date: Tuesday, July 24th Time: 7:00-8:00pm Fees: \$12M/\$15NM

#413235-02

Register by: Friday, July 20th



Film Series Class with Reid Schultz

French actress Juliette Binoche is one of film's most respected performers for the intelligence she brings to her complex roles and the risks she takes with her career choices. Join us as we watch and analyze these 6 films: Rendez-vous, Bad Blood, Damage, Three Colours: Blue, Cache, Certified Copy.

Dates: Tuesdays, 7/10-8/14 (6Tu)

Time: 6:00-9:30pm

Fee: \$215 #413216-01

Register by: Friday, July 6th

NEW! Current Events Discussion

Group with Ralph Bernstein

Ralph Bernstein will conduct our Current Events
Discussion group and, at each meeting, outline an
agenda setting forth the subjects that will be
discussed. These subjects will be newsworthy events
that occurred prior to the meeting. The events will
make for a stimulating and educational discussion on
the second Wednesday of each month.

Date: Wednesday, June 13th

Time: 9:00-10:30am

Fees: FREE! Come try out this class!

#413126-01

Register by: Monday, June 11th

Date: Wednesday, July 11th

Time: 9:00-10:30am Fees: \$10M/\$12NM

#413126-02

Register by: Monday, July 9th; Min. 10

Board & Table Games

Bring your friends and join the Deerfield Public Library in playing one of the many board or card games from their collection. Choose from classic games like Monopoly, Clue, or Yahtzee, or try one of our modern games like Catan, Pandemic, or Codenames. Don't know how to play? Don't worry, we'll teach you!

Date: Thursday, July 19th

Time: 1:00-3:00pm

Fees: FREE must register in advance

#412804-01

Movies for Members

Each week, members of the PTC are invited to join us on Thursday afternoons from 1-3 for a FREE movie, hot popcorn, and cold refreshments - all on the big screen!

June:

6/7 - "Roman J. Israel"

6/17 - "The Shape of Water"

6/21 - "Dunkirk"

6/28 - "Wonder Wheel"

July:

7/5 – "The Big Year"

7/12 - "Flipped"

7/19 - "The Darkest Hour"

7/26 - "The Post"



Independence Day Ice Cream Social A Salute to America's Songbook Featuring The PTC Hummers and Strummers!

The PTC nummers and Strummers

Sponsored by ActiKare

In celebration of the birth of our nation, the PTC invites you to a deliciously-delightful Ice Cream Sundae Social featuring a patriotic concert by PTC's very own Hummers and Strummers' ukulele band! Afterwards, enjoy ice cream with all your favorite toppings. Mark your calendars and don't forget to invite a friend!

Date: Friday, June 29th Time: 1:00-2:30pm Fees: \$5M/\$8NM #413225-01

Register by: Wednesday, June 27th

Mah-Jongg for Beginners

If you ever wanted to play the game of Mah-Jongg, this class is for you. Dale Solow will teach you the basic rules and strategies to learn beginning Mah-Jongg.

Dates: Thursdays, 6/7-7/5 (5Th)

Time: 1:00-3:00pm Fee: \$60M/\$75NM

#413106-01

Register by: Monday, June 4th; Min. 8 / Max 16

Fitness

50+ Light and Lively

Taught by experienced fitness instructor, Judy Samuelson; this class includes chair exercises, stretching, strengthening, and gentle impact aerobics. Students will increase their strength, flexibility, and mobility while improving their posture and balance. Exercises will be simple, easy, and fun!

Dates: Mondays 7/9-10/1 (12M)

Times: 9:00am - 10:00am Fees: \$140M/\$155NM

#413201-01

No Class 9/3; Min. 6 / Max. 13

Dates: Thursdays 7/12-10/4 (13Th)

Times: 9:00am - 10:00am Fees: \$150M/\$165NM

#413201-02 Min. 6 / Max. 13

NEW! "Forever Fit" Dance Fitness I

This is a fun and friendly dance fitness class for mature adult exercisers who love music, dancing and exercising. Combining chair fitness with standing barre work, this fun and energetic dance fitness class will introduce students to a variety of rhythmic steps, simple dance sequences and brief choreographed routines. Learning, remembering, and executing choreography is fitness for the brain and body. Taught by experienced senior fitness instructor, Judy Samuelson, this introductory class promises to be a great workout filled with fun and music! Perfect for all new students and those interested in taking Dance Fitness II.

*Dance Fitness I is a 5-week beginner/intermediate dance fitness class which introduces students to a variety of basic dance steps and choreographed routines. This class is a pre-requisite for Dance Fitness II and is perfect for all new students!

Dates: Tuesdays, 6/5-7/10 (5T) Times: 10:30am - 11:30am

Fees: \$60M/\$75NM

#413201-03 Min. 6 / Max. 12 No Class: 7/3

NEW! "Forever Fit" Dance Fitness II

For the intermediate dance fitness student, "Forever Fit" Dance Fitness II Class combines all the elements of Dance Fitness I into a rehearsal and performance experience. Students will take learned dance steps and choreography and join fellow students as part of a group dance ensemble. Dance performance opportunities will be available. Taught by experienced senior fitness instructor, Judy Samuelson, this class promises to be fun, fitness-friendly and filled with laughter!

*Dance Fitness II is the intermediate dance fitness class which introduces students to choreographed dance routines and performance opportunities.

Dates: Tuesday Afternoons, 6/19-9/4 (12T)

Times: 3:30pm - 5:00pm Fees: \$45M/\$60NM

#413201-04 Min. 8 / Max. 12

Hatha Yoga

Instructor Joy Luster will help you relax and release tensions from your body and mind through the practice of hatha yoga, which includes yoga postures, breathing practice, deep relaxation, and meditation.

Date: Mondays 4/23-7/30 (13M)

Time: 7:00pm - 8:15pm Fees: \$170R/\$200NR

#332801-01 No Class: 5/28, 7/2 Min. 6 / Max. 20

Tai Chi

Dates: Tuesdays, 6/26-8/21 (8T)

Times: 10:45-11:45am Fees: \$90M/\$110NM

#413217-01 No Class: 7/3

Dates: Thursdays, 6/28-8/23 (8Th)

Times: 10:45-11:45am Fees: \$90M/\$110NM

#413217-02 No Class: 7/5

Dates: Tuesdays & Thursdays, 6/26-8/23 (16T/Th)

Times: 10:45-11:45am Fees: \$180M/\$220NM

#413217-03 No Class 7/3, 7/5

Fitness

Health Coaching Pop-Up Stand

ACE Certified Health Coach and Deerfield Park District's Wellness Services Coordinator Jennie Michalik will be hosting a pop-up stand at the PTC! Come drop in with your fitness or nutritional questions, and Jennie can help you get the information you need.

Dates: Tuesday, June 12th

Time: 9:30-10:30am

Fees: FREE

Feldenkrais®

Joyce Ann, OT shows us through guided awareness and gentle persuasion, the Feldenkrais method® creates balance and unity in the body. Efficient movement generates more power with less muscular effort and less wear and tear on all connective tissues. All classes can be adapted to any skill level and will be taught in sitting, standing, walking, and other positions, if the individual desires.

Dates: Wednesdays, 5/9-6/20 (7W)

Times: 9:00am -10:00am Fees: \$80M/\$100NM

#313234-02 Min. 6 / Max. 12

Dates: Wednesdays, 7/11-8/22 (7W)

Times: 9:00am -10:00am Fees: \$80M/\$100NM

#413234-01 Min. 6 / Max. 12

Guided Meditation

With Sachs Wellness Coordinator, Jennie Michalik Join Jennie Michalik for some soothing meditation! No equipment required, just bring an open mind!

#413105-02: Thursday, June 14th #413105-03: Thursday, June 28th #413105-04: Thursday, July 12th #413105-05: Thursday, July 26th

Time: 10:00am - 11:00am

Fees: FREE

Tone & Firm

Improve your muscle tone and gain added strength and flexibility. Emphasis will be on the arms, hips, stomach, and legs!

Dates: Tuesdays, 6/19-8/14 (8T)

Times: 6:45pm - 7:45pm Fees: \$105R/\$145NR

#432804-01 No Class 7/3

Dates: Thursdays, 6/21-8/9 (8Th)

Times: 6:45pm - 7:45pm Fees: \$105R/\$145NR

#432804-02

Dates: Tuesdays & Thursdays, 6/19-8/14 (16T/Th)

Times: 6:45pm - 7:45pm Fees: \$210R/\$290NR

#432804-03

No Class 7/3, Min. 6 / Max. 20

Continuing Spanish Class

Ana Trbojevich teaches this continuation class with emphasis on basic speaking, listening, reading, and writing in Spanish. Story telling methodology is used to comprehend and grammar is taught in context. It is expected that the students in this class will have a basic familiarity with essential vocabulary.

Dates: Fridays, 6/15-8/17 (10F) Time: 10:00am – 11:30pm Fees: \$130M/\$145NM

413116-01 Min. 10 / Max. 15

Ping Pong

Do you enjoy playing ping pong? Test your skills, find opponents, and have fun! Drop-In play is welcome for PTC Members; just bring your own ping pong paddle!

Days: Tuesdays & Fridays Times: 1:00pm-4:00pm

2018 Pool Passes!

The Deerfield Park District is currently selling season pool passes and coupon booklets which are good at both Mitchell and Deerspring Pools. Patrons may also pay daily fees which include the use of all amenities. To purchase a Pool Pass, please visit the Jewett Park Community Center.

Card & Game Play

Private Member Card Play

Due to our busy program calendar, private member card play is only available on specific days when not in conflict of scheduled activities or events. All private game play must be conducted between the hours of 12:00 noon and 4:00pm. All game play must be scheduled in advance. Rooms will be assigned based on availability. We thank you in advance for your patience and understanding. To participate in private games, you must be a member of the PTC.

New Member Card Play

So that you are comfortable, we encourage you to first observe play to determine whether your skill level matches that of the established group(s). Please contact David Shamrock or Kailey Schwartzhoff and let us coordinate your first visit with us!

Duplicate Bridge

These games are held at the PTC and are for the serious player. Games are sanctioned by the ACBL (American Contract Bridge League) and are supervised by teacher and instructor Elaine Morrison.

Dates: Wednesday Mornings Times: 10:30am – 2:30pm Fees: \$10M/\$11NM per session

Open Canasta for PTC Members

Members of the PTC are invited to join us on Wednesday afternoons at 12:30pm for open canasta. Play is self-led. No private groups please.

Social Bridge for PTC Members

Social Bridge for Members is held on Monday afternoons at the PTC between 12:30 pm - 3:30 pm. Players must have a solid understanding of the game and equal play skillset. Please call: (847) 940-4010 for details.

Open Poker for PTC Members

Open Poker for Members is held at the PTC on Tuesday afternoons at 12:00 Noon.

Townley Bridge

The Townley Bridge Group meets on the first Tuesday of each month October through May, socializing starts at 11:30 and games begins promptly at 12:00 Noon. For more information, please contact Nancy Jaycox at: (847) 883-8855 or Doris Kurtz at: (224) 515-8053.

Women's Club Bridge "Round Robin"

Women's Club Round Robin Bridge meets the third Monday of the month January-November. We play the same partner the whole season. If you are interested in joining us or, would like to substitute, please contact Rita Kirby at: (847) 945-5639. Socializing starts at 11:30 and games begins promptly at Noon. All are welcome!

Women's Open Social Bridge

Open Bridge is played the fourth Tuesday of the month at Noon **except November and December**. If you are interested in playing, please contact Maxine Zelski at (847) 945-4931. All are welcome!

Men's Social Bridge

A new PTC Men's Social Bridge Group has recently formed. Game play is scheduled weekly on Friday mornings, year-round between the hours of 10:00 – Noon. Please contact John Charlton for details at (847) 955-1480

Table Top Game Corner

Looking for a fun new way to spend a Thursday or Friday morning? It's playtime!! At present, we have two full tables of Hand and Foot, and we are seeking new players for another Hand and Foot game, or even to play other games like Gin Rummy, Rummikub, Scrabble, puzzles etc. Join us at 11:00am.

Mah-Jongg for PTC Members

Mah-Jongg for Members meets every Monday and Friday afternoon at 12:00 Noon. This particular group is for advanced players only.

Social Services

At Your Service!

Our part-time staff member, Margie Fischer, M.A., offers a variety of helpful information to members of our community. Topics include in-home services, community resources, help with applying for benefits, Medicare information, caregiver support and more. Margie has compiled a handy resource booklet tailored to our local area. The 40-page Guide to Community Services for Older Adults and Their Families is available for free at the Patty Turner Center. It can be mailed out upon request. Margie is generally in the office on Tuesday and Wednesday. Stop in, call, leave a voicemail, or send an email to Margie@pattyturnercenter.org. PTC Social Services is a partnership between West Deerfield Township and the Deerfield Park District. Service is friendly, free, and confidential.

Grant Money Available!

The West Deerfield Township Accessibility Grant for disabled residents is aimed at improving quality of life through increased access to the community. Grants up to \$1000 per household per year may be awarded. Expenses which may qualify for this program include things like home modifications, mobility equipment, adaptive communication devices, some therapies, etc. Older adults are encouraged to apply!! The program is intended to assist those WDT residents with the greatest financial need, but there is no stated income limit. Application forms are available at PTC, the township office, and online. Grants are awarded quarterly; the next application deadline is June 30th. For more info, call the Township at 847-945-0614 or PTC Social Services.

Caruso "GrandFriends" Fund

There is a small fund available to assist lower income older adults to pay a portion of their membership and program fees at the PTC. The GrandFriends Fund was originated and is supported by the fundraising efforts of the students at Caruso Middle School. Margie can provide eligibility and program information. Participation is strictly confidential.

New Medicare Cards Coming!

The word is that Medicare is mailing new cards to ILLINOIS beneficiaries beginning in JULY! Instead of your Social Security Number, the new card will have a new number that's unique to you. You don't have to do anything to get your new card—Medicare will automatically mail it to you, so be sure your address is current with the Social Security Administration. Once you get your new Medicare card, destroy your old Medicare card and start using the new one right away. Mailing all of the cards will take time, so you might get your card at a different time than your spouse, friend, or neighbor. And, remember, no one from Medicare will call or contact you uninvited to ask for your personal information.

SHIP Answers Your Medicare Questions

PTC is a host site for the Illinois Department on Aging's SHIP (Senior Health Insurance Program). How convenient is that!? SHIP is a national program that provides FREE counseling and information on

- Enrollment
- Prescription Drug Plans
- Supplemental Plans
- Subsidies to offset the cost of Medicare
- Claims and Appeals

Trained volunteers are ready to answer your questions. Appointments are required and can be made by calling the Front Desk or Margie in Social Services. Smart beneficiaries use SHIP because "The Best Choice is an Educated Choice!"

Telephone Reassurance

Each business day, a West Deerfield Township staff member makes friendly calls to any homebound township resident who wants someone to check on them. Call the WDT office at 847-945-0614 to set up the service. A similar program is the Lake County Sheriff's Office "R.U. OK?" program. It, too, offers a personal telephone wellness check to those who are homebound and living alone. Interested in participating? Request an application by contacting the Lake County Community Services Team at 847-377-4211.

Social Services

Blue Bag Program Keeps Documents Handy

Be prepared! The Blue Bag is handy all-in-one packet containing your information ready to grab in an emergency-- health info, medication lists, POA, DNR, emergency contacts, and more. It comes with instructions to be placed where our local EMTs know to look for it. The Program is a collaboration between the PTC and the Deerfield-Bannockburn Fire Department. FREE for local residents.

ACES: Family Caregiver Support

Are you caring for your spouse, parent, or other relative? You're not alone! Join our vital group of family caregivers! You'll meet others in our community who, like you, are caring for an older adult loved one. You'll be with people who get what you're going through. You can learn useful resources, ask for advice, and vent frustrations. Studies show that caregivers reduce their stress, have improved health. and provide better care when part of caregiver group. C'mon over! We meet on the 2nd and 4th Wednesday of the month at 1pm in the PTC library. In addition, this summer we'll also meet as a group to attend two caregiver-related Community Education Events on June 20th and July 18th at 12:30PM at Highland Park Country Club. FREE. For more info call Margie at PTC 847-940-4010.

Do care obligations keep you from attending our Support Groups? Here's a solution! Through our treasured partnership with Faith in Action Volunteers, we are able to offer some respite options. On-site supervision of your loved one in our front lobby may be available during the Alzheimer and ACES meetings. Care recipients must be comfortable being apart from their loved one, have appropriate behavior, and be able to use the restroom on their own. Also, on a more limited basis, a trained Faith in Action volunteer may come to your home, if needed, while you attend the ACES meeting. For both services, prescreening and reservations are required. There is never a fee. Please call Margie at PTC for eligibility requirements and more information.

Dementia Support Group

Peggy Rubenstein of the Alzheimer's Association hosts a monthly group at the PTC. It is for family caregivers of individuals in the middle to later stages of dementia. Meetings offer emotional and educational support as well as camaraderie. Join us on the 1st Monday of each month at 2 pm. Just drop in! It's FREE and open to all family members. For more info contact the Alzheimer's Association Greater Illinois 800-272-3900 or go to alz.org/Illinois and click on Support Groups.

Save Money on License Plate Sticker, Local Vehicle Sticker, and Public Transit

If you are age 65+ or totally disabled AND have income less than \$27,610 as an individual or \$36,635 as a couple, you can apply for the Benefit Access Program. You may be entitled to a big reduction in your Secretary of State License Plate renewal sticker and get the RTA Senior Rides FREE card! If you're already part of the program, it is suggested you renew at the first opportunity, which is three months prior to expiration. The application is good for two years. ALL applications and documentation must be submitted online; no paper forms exist. You can do it yourself at the Illinois Department on Aging's website. Residents of Deerfield, West Deerfield Township, and PTC members may make an appointment with Margie and she will do it for you!! Also, the Village of Deerfield offers resident who are seniors LIHEAP recipients (monthly income <\$1471 for individuals) the village sticker for just \$1.

Low Vision Group

Meetings are enlightening and interactive; a place to share ideas and tools to live meaningfully and independently. The group meets every other month on the second Monday. It is FREE and open to the community. No matter your age or your town, if you are interested in coming, join us!! Next meeting will be held on **Monday**, **July 9th from 10:00-11:30**.

Wellness

The PTC offers an array of wellness services for both members and non-members. Please contact the Front Desk for details and appointments or call: (847) 940-4010. We will be more than happy to assist you!

Blood Pressure Testing

Free Blood Pressure / Blood Sugar testing is offered at the PTC on the first Tuesday of each month at 9:30 a.m. This service is FREE and offered through North Shore University Health Systems. No appointment!

Cholesterol Testing

Cholesterol testing will be offered (by appointment only) at the PTC on the second Tuesdays of every other month. Tests are \$25.00 per person. Checks are to be made payable to North Shore Health Systems. To make an appointment call: (847) 940-4010.

The next testing date are: Tuesday, June 12th & Tuesday, July 10th

Podiatry Appointments

The PTC offers podiatry services monthly by Dr. Nick Ivancevic and now, Dr. Elizabeth Pacocha. Dr. Ivancevik provides on-site podiatry services one Friday per month between 9:15am – 12:15pm. Dr. Pacocha provides on-site podiatry services two Thursdays per month between 9:30 am – 1:30 pm. To schedule an appointment please call: 847-940-4010.

Lending Closet

We lend, on a short-term basis, a variety of durable medical equipment. This service is available to our members and residents of Deerfield, Riverwoods, Bannockburn, and Lincolnshire. Items such as wheelchairs, walkers, canes, commodes, and bath benches, are generally available. Please call prior to your visit. We also accept your donation of clean, gently used equipment. Closet hours are Mon-Fri 9am-4pm. Please contact the PTC front desk for details!

The PTC would like to thank members Joan Gruchot and Eric Graepp for their continued efforts in keeping our closet running so well!

Massage Therapy

The PTC is proud to offer Massage Therapy as one of its many services. Make your reservation today for a private massage with the PTC's very own licensed massage therapist, Linda Walker. Linda joins us at the PTC every Wednesday from 10-3. Please call the Center to schedule your appointment.

Dates: Wednesdays throughout the month

Times: 10:00am - 3:00pm

Fees: Per 1/2 hour: \$35M-\$40NM Per 1 hour: \$65M-\$75NM

Arthrossage

Arthrossage is an acupressure-based technique that eases the pain and tension from osteoarthritis, rheumatoid arthritis, and fibromyalgia. A full body treatment that loosens joints and muscles and is performed while clothed.

Dates: Wednesdays throughout the month

10:00am - 3:00pm

Fees: \$45M/\$55NM - 45 minutes

Hand, Foot, Neck & Shoulders

New 1/2 Hour Massages!

Linda will be offering ½ hour hand, foot, neck and shoulder massages! This new service will be available by appointment only. Half-hour rates will apply. Please see Linda for details.

REMINDER! AARP Driving Course 2-Day Refresher Workshop

The next AARP Driving Course Workshop will be at the PTC in June. Mark your calendars for Thursday, June 21st and Friday, June 22nd. Learn defensive driving techniques, new traffic laws, rules of the road, and more in this 8-hour course. You must attend both days to complete the course requirements. Participants must register in advance. Please call: (847) 940-4010.

Dates: Thursday, June 21st

Friday, June 22nd

Time: 9:00 am – 1:00 pm Fees: \$15 AARP members \$20 Non AARP members

Center Information

Art Wall

Through the support of the PTC Members Council, the PTC Art Wall allows members and resident artists to display their artwork. Coming this month enjoy the artwork of Denis Rogers. In July, the PTC will welcome the photography of Nancy Bennett.

Book Club

Do you LOVE to read? Do you enjoy discussing good books? Join the PTC Book Club which meets the second Friday of each month at 10:30 am to discuss the current book being read. On Friday, June 8th, we will discuss the book, The Second Mrs. Hockaday" by Susan Rivers. On Friday, July 13th, we will discuss the book, "Camino Island" by John Grisham. If you have any interest in joining this group, please call Phyllis Wallach for more information (847)821-8229

Bocce Ball

Interested in playing Bocce Ball? The PTC Bocce Ball group will be taking the summer off but, returning in the Fall! We meet on the first and third Wednesdays at the Highwood Bocce Courts from November through March. For details call Bob Fincutter at 847-948-9523

Bulletin Board

Find a teen to mow your lawn. See where to attend a free education session on Parkinson's disease. Laugh at photos taken at PTC parties. Learn what income it takes to qualify for free Medicare Part B. Do all that and more by checking out the Bulletin Board in the alcove near the soda machine. It has a wide variety of ever-changing stuff you just might find interesting!

Copier Services

Copier services for small projects are available to all members of the PTC. If you need assistance, please contact the front desk.

Hummers & Strummers

Do you love music? If so, why not consider becoming a member of the PTC's very own "Hummers & Strummers" ukulele group! Practices are held at the PTC on Thursday afternoons at 12:45pm. Players of all levels are welcome!

Knitting Group

The PTC Knitting Group meets every Thursday in the PTC Atrium at 1:00 p.m. Please bring your knitting or crochet projects and join us for an afternoon of knitting fun, smiles and socialization!

Library

The PTC Library is available to all our members. Members have access to our computers, along with the use of books, CD's, and DVDs.

Notary Public

Notary Public services for members are available at the PTC. Please contact David Shamrock for details.

Puzzles for Fun!

The PTC is now featuring a puzzle of the month which everyone is invited to help put together. Come by the front lobby and spend some time putting in a piece, or two, or fifty! Once the puzzle is finished, it will be put out on display until the next puzzle is selected.

Room Rentals

The PTC offers rental space for adult groups,18 years of age and older. If you are interested in renting a room at the PTC, please contact 847-940-4010.

Donations

Donations to the PTC are graciously accepted. We wish to extend our many thanks to:

In Support of PTC Programs

Larry Dondaville Barry Davidson Bob Fincutter John Sanner

In Support of PTC Lending Closet

Diane Max

In Memory of Aaron Elster

Barry and Carol Davidson Patti Ellis Sid and Donna Moore Ann Moran Bob Zywicki

Member Information

Are you or someone you know interested in becoming a Member of the PTC? Fill out the Registration Form and Waiver in the back of our bulletin and drop it off at the Patty Turner Center <u>or</u> feel free to mail in your form with your payment. Join today!

Membership Fees

Per Person Costs: \$30.00 – Deerfield Residents \$45.00 – Non-Deerfield Residents

Registration Information

To ensure your registration is confirmed, and to help keep class cancellations to a minimum, we strongly recommend **registering at least one week prior** to the date of your program, trip, or event. Payment is due at time of registration. To accommodate busy schedules, we do accept registration and payments in person, via fax at 847-317-2564, or by mail. Our mailing address is 375 Elm Street, Deerfield, IL, 60015. For themed dinner events, or any event that is being catered, **please understand that we cannot accept walk-in registrations the day of an event**. If you are interested in attending, please register as soon as possible. Know that food orders must be placed in advance. If you have any questions, please contact the front desk at 847-940-4010.

Refund Policy

If you are participating in a trip but must cancel, please know that refunds will not be given unless a waiting list has been established and a replacement can be found for your spot. A refund may be obtained two (2) business days prior to the first day of a class/program; a 10% service charge (\$5 minimum-\$10 maximum) will be deducted from the amount paid for all classes, programs, and trips. Credits may be applied to household accounts.

Staying Connected to the PTC

The Patty Turner Center has its own website full of information on programs, trips, the most current PTC bulletin and more! It's a good place to keep current on happenings. You can find it by searching 'Patty Turner Center' in Google or type the following in your web browser: www.pattyturnercenter.org

PTC Monthly E-mail Newsletter

Stop by the front desk with your email address or provide it on your program registration form to see the monthly programs and events happening at the Patty Turner Center sent straight to your inbox!

LIKE us on Facebook!

We are posting pictures, and details on upcoming programs on our Facebook page! If you have a Facebook, "Like" us and you will receive PTC program announcements and event photos right to your Facebook newsfeed!

www.facebook.com/PattyTurnerCenter

Gift Cards

The PTC offers gift cards which are available through the Front Desk. Gift cards can be used for programs, events, excursions and classes at the PTC! For further information, please call: (847) 940-4010

New Members

The PTC Staff and Members Council wish to welcome our newest members!

Jack Butler Ellen Heim
Scott Mermel Pingping Rosen
Galina Silantyeora Arlyne Simmonds
Eugene Sollo Judy Wickert

Suggestion Box

The PTC has a Suggestion Box which is located near the soda vending machine. Please drop us your comments or suggestions!

Be Our Guest!

If you have a friend who might be interested in joining us for a program, please let us know. We certainly want to make your guest feel warm and welcomed. Additionally, if you know someone who might be interested in becoming a member of the PTC, know that we will be more than happy to tour your guest and discuss our many programs and services with them.

All our very best! David, Kailey, Margie, Marcella, Geri, Kay Antonio, David, Kevin, Marcus

June

Julie										
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday				
					1	2				
					10 "Looking at Modern Art" 10 Cont. Spanish 10 Men's Bridge 10 Scrabble 11 Hand & Foot 12 Mah-Jongg 1 Ping Pong 4 Village Retirement Party					
3	4	5	6	7	8	9				
11:30 Shower Rental 12 Deerfield Community Band Concert	9 Light & Lively M/U 12 Mah-Jongg 12:30 Social Bridge 2 Great Decisions 2 Dementia Support Group 7 Hatha Yoga	8:30 Men's Club 8:45 Pilates 9:30 Blood Pressure 10:30 Forever Fit 10:45 Tai Chi 12 Women's Club 12 Open Poker 1 Ping Pong 3:30 Forever Fit II 6:45 Tone & Firm	9 Feldenkrais 10:30 Duplicate Bridge 12:30 Open Canasta No Kailey	9 Light & Lively 10:45 Tai Chi 11 Hand & Foot 12:45 Hummers 1 Movies for Members 1 Sit & Knit 1 Beg. Mah-Jong 3 Braeside Rental 6 Denis Art Reception 6:45 Tone & Firm No Kailey	10 Scrabble 10 Cont. Spanish 10 Men's Bridge 10:30 PTC Book Club 11 Hand & Foot 12 Mah-Jongg 1 Ping Pong					
10	11	12	13	14	15	16				
1 CBO Rental	9 Light & Lively 12 Mah-Jongg 12:30 Social Bridge 7 Hatha Yoga	8:30 Men's Club 8:45 Pilates 9 Cholesterol 9:30 Digital Drop-In 9:30 Health Coach Pop Up Stand 10:30 Forever Fit 10:45 Tai Chi 12 Women's Club 12 Open Poker 1 Ping Pong 3:30 Forever Fit II	9 Feldenkrais 9 Current Events Discussion Group 10:30 Duplicate Bridge 12:30 Open Canasta 1 ACES	9 Light & Lively 9 Members Council 10 Guided Med 10:45 Tai Chi 11 Hand & Foot No Hummers 1 Movies for Members 1 Sit & Knit 1 Beg. Mah-Jong	10 Scrabble 10 Cont. Spanish 10 Men's Bridge 11 Hand & Foot 12 Hickory Pit BBQ Lunch 12 Mah-Jongg 1 Ping Pong					
		No Kailey	No Kailey	No Kailey						
17	18	19	20	21	22	23				
Church Reception FATHER'S DAY	9 Light & Lively 9 PTC Excursion: Frank Lloyd Wright Laurent House & Anderson Japanese Garden 11:30 Women's "Round Robin" Bridge 12 Mah-Jongg 12:30 Social Bridge 2 Great Decisions 7 Hatha Yoga	8:30 Men's Club 8:45 Pilates 10:30 Forever Fit 10:45 Tai Chi 12 Open Poker 1 Ping Pong 3:30 Forever Fit II 6:45 Tone & Firm	9 Feldenkrais 9 ESL Book Club 10:30 Duplicate Bridge 12:30 Open Canasta	9 AARP Driver Refresher Course 9 Light & Lively 10:45 Tai Chi 11 Hand & Foot 12:45 Hummers 1 Movies for Members 1 Beg. Mah-Jong 1 Sit & Knit 6:45 Tone & Firm	9 AARP Driver Refresher Course 10 Scrabble 10 Cont. Spanish 10 Men's Bridge 10 "At the Conductor's Podium" 11 Hand & Foot 12 Mah-Jongg 1 Ping Pong					
24	25	26	27	28	29	30				
	9 Light & Lively 11:30 Golf Lunch 12 Mah-Jongg 12:30 Social Bridge 7 Hatha Yoga	8:30 Men's Club 8:45 Pilates 10:30 Forever Fit 10:45 Tai Chi 12 Women's Open Social Bridge 12 Open Poker 1 Ping Pong 3:30 Forever Fit II 6 Summer Solstice 6:45 Tone & Firm	9 All Staff Meeting 10:30 Duplicate Bridge 12:30 Open Canasta 1 ACES 2 Summer Wine Tasting 6 Star Spangled Hollywood Band Concert	9 Light & Lively 10 Guided Med 10:45 Tai Chi 11 Hand & Foot 11:30 PTC Excursion: Arlington Racetrack 12 Drive-In, Dine-In BBQ Lunch 12:45 Hummers 1 Movies for Members 1 Sit & Knit 1 Beg. Mah-Jong 6:45 Tone & Firm	10 Scrabble 10 Cont. Spanish 10 Men's Bridge 11 Hand & Foot 12 Mah-Jongg 1 Ping Pong 1 Independence Day Ice Cream Social					

July

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
	9 Light & Lively 12 Mah-Jongg 12:30 Social Bridge 2 Great Decisions 2 Dementia Support Group No Hatha Yoga	8:30 Men's Club 9 Blood Pressure 10:30 Forever Fit No Tai Chi 12 Open Poker 1 Ping Pong 3:30 Forever Fit II No Tone & Firm FIREWORKS BEGIN AT DUSK	INDEPENDENCE DAY CENTER CLOSED	No Tai Chi 11 Hand & Foot 12:45 Hummers 1 Movies for Members 1 Beg. Mah-Jong 1 Sit & Knit 6:45 Tone & Firm 7 Braeside Rental	10 "Looking at Modern Art" 10 Men's Bridge 10 Cont. Spanish 10 Scrabble 11 Hand & Foot 12 Mah-Jongg 1 Ping Pong	
8	9	10	11	12	13	14
No Church	9 Light & Lively 10 Low Vision Group 12 Mah-Jongg 12:30 Social Bridge 7 Hatha Yoga	8:30 Men's Club 9 Cholesterol Testing 10:30 Forever Fit 10:45 Tai Chi 12 Open Poker 12:30 Women's Club 1 Ping Pong 3:30 Forever Fit II 6 Film Series Class 6:45 Tone & Firm	9 Feldenkrais 9 Current Events Discussion Group 10:30 Duplicate Bridge 12:30 Open Canasta 1 ACES	9 Light & Lively 9 Members Council 10 Guided Med 10:45 Tai Chi 11 Hand & Foot 12:45 Hummers 1 Movies for Members 1 Sit & Knit 6:45 Tone & Firm	10 Men's Bridge 10 Cont. Spanish 10 Scrabble 10:30 PTC Book Club 11 Hand & Foot 12 Mah-Jongg 1 Ping Pong	14
15	16	17	18	19	20	21
	9 Light & Lively 10 PTC Excursion: Chicago Food Tour 10 Low Vision Group 11:30 Women's "Round Robin" Bridge 12 Mah-Jongg 12:30 Social Bridge 2 Great Decisions 7 Hatha Yoga	8:30 Men's Club 10:45 Tai Chi 12 Open Poker 1 Ping Pong 3:30 Forever Fit II 6 Film Series Class 6:45 Tone & Firm	9 Feldenkrais 10:30 Duplicate Bridge 12:30 Open Canasta	9 Light & Lively 10:45 Tai Chi 11 Hand & Foot No Hummers 1 Movies for Members 1 Board & Table Games 1 Sit & Knit 6:45 Tone & Firm	10 Scrabble 10 Men's Bridge 10 Cont. Spanish 11 Hand & Foot 12 Mah-Jongg 12 Friday with Friends 1 Ping Pong	
22	23	24	25	26	27	28
	9 Light & Lively 11:30 Golf Lunch 12 Mah-Jongg 12:30 Social Bridge 7 Hatha Yoga	8:30 Men's Club 10:45 Tai Chi 12 Women's Open Social Bridge 12 Open Poker 1 Ping Pong 3:30 Forever Fit II 6 Film Series Class 6 Summer Solstice 6:45 Tone & Firm	9 Feldenkrais 10:30 Duplicate Bridge 12:30 Open Canasta 1 ACES 2 Craft Beer Tasting	9 Light & Lively 10 Guided Med 10:45 Tai Chi 11 Hand & Foot No Hummers 12 Dine-In, Drive In Movie BBQ 1 Movies for Members 1 Sit & Knit 5:30 "Shake, Rattle, and Mix" 6:45 Tone & Firm	10 Scrabble 10 Men's Bridge 10 Cont. Spanish 10:30 PTC Excursion: Historic Milwaukee Boat Trip 10 "At the Conductor's Podium" 11 Hand & Foot 12 Mah-Jongg 1 Ping Pong	
29	30	31				
	9 Light & Lively 12 Mah-Jongg 12:30 Social Bridge 7 Hatha Yoga	8:30 Men's Club 10:45 Tai Chi 12 Open Poker 1 Ping Pong 3:30 Forever Fit II 6 Film Series Class 6:45 Tone & Firm				