

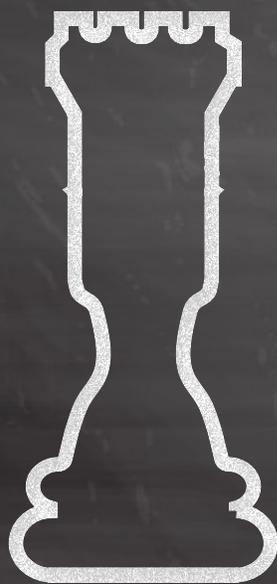


Deerfield Park District

After School

Enrichments

Spring 2018



Register online at register.deerfieldparks.org
Registration opens Monday, March 5 at 7 am

All Classes meet at South Park School

All students should meet in the multipurpose room for attendance.
Please contact Mark Woolums at 847-572-2623 with any questions

WEEK AT A GLANCE

MONDAY

Class	Instructor	Grade
Art with Mari	Mari Krasney	K-3
Thunderbolts Flag Football	Fit 4 Kids	1-4
Little Footlighters	Sarah Hall Theater Company	K-2
Amazing Minds	Amazing Minds	1-2
Boys Hip Hop	Soul 2 Soul	K-3
Sticky Fingers Cooking	Sticky Fingers Cooking	K-5

TUESDAY

Class	Instructor	Grade
Amazing Art	Sunshine Crafts	K-5
Triple Play	Hot Shot Sports	K-3
Cartooning and More	Susie Mason	K-5
Petite Poms	Soul 2 Soul Dance	K-3
Tinkrworks Droid	TinkRers	4-5

WEDNESDAY
2:35 - 3:35 pm

Class	Instructor	Grade
Fit 4 Kids	Fit 4 Kids	K-3
Guitar	Sasha Brusin	K-5
Girls Hip Hop	Soul 2 Sole	K-2
Physical Computing with Microbits	TinkRers	3-5
Gymnastics	Movement Junkies	K-3

THURSDAY

Class	Instructor	Grade
Ceramics	Richard Cohen	1-5
Karate	Focus Martial Arts	K-5
Boxing and Fitness	Ace Boxing and Fitness	2-5
Homework Club	Mrs. Keidan	2-5
Sticky Fingers Cooking	Sticky Fingers Cooking	K-5
Lacrosse	5 Star Sports	1-4
Pegasus FC Soccer Clinic	Pegasus FC Soccer	K-3

FRIDAY

Class	Instructor	Grade
Yoga	Movement Junkies	K-5
Chess	Chess Scholars	K-5
Science Made Fun	High Touch High Tech	K-5
Go For it Girls! Multi-Sports	Hot Shot Sports	K-4
Lil Dribbler Basketball	Hot Shot Sports	K-3

MONDAY

4/16 - 5/21 | Time: 3:35 - 4:35 pm

6 Classes

ART WITH MARI

Registration # 351610-01

K-3 Grade | Fee: \$104

Students will do multi-media projects, introducing them to a variety of media including pencil, watercolor, and acrylic. You will also learn to observe your surroundings, visualize a product, and conceptualize an outcome while drawing and painting. New projects will be offered each session!

THUNDERBOLTS FLAG FOOTBALL

Registration # 351610-02

1-4 Grade | Fee: \$162

Thunderbolts: Join us this fall for another fun season of flag football with Coach Steve and crew. We have a blast learning all about football in a safe environment. We team up with our buddies to play against kids from the other 3 Deerfield schools on Friday evenings. This year we are teaming up with USA football so every new participant will receive an NFL Flag football jersey!

LITTLE FOOTLIGHTERS

Registration # 351610-03

K-2 Grade | Fee: \$118

Little Footlighters helps develop creativity and confidence both onstage and off! Through a vocal and physical warm-up, improvisation, theatre games, and storybook theatre, students learn the basic tools for acting and performance. This class creates a safe and nurturing environment where students are free to explore and discover the magic of theatre while working individually and as an ensemble.

AMAZING MINDS

Registration # 351610-04

1-2 Grade | Fee: \$118

Explore interesting topics and learn to use tools that help you solve problems such as calculators, magnifying glasses, microscopes, tape measures and geology kits. Engage in science experiments where you dissect owl pellets, wear prism glasses, and make raisins bounce. Top it all off with exciting topic related take home prizes. Come and exercise your brain with us after school. All new lessons each session.

BOYS HIP HOP

Registration # 351610-05

K-3 Grade | Fee: \$114

Experience a fantastic class with the teachers at Soul 2 Sole dance. Hip hop is a fun and athletic form of exercise and dance. Learn techniques such as body isolations, pop-lock movement and how to execute style and attitude. No girls allowed!

STICKY FINGERS COOKING

Registration # 351610-06

K-5 Grade | Fee: \$162

Let your child release their inner chef as they prepare and eat healthy global inspired recipes! Our Chefs reinforce kitchen skills associated with our weekly recipes and each area of cooking terminology, foods and fun nutrition facts. Full recipes will be created each class with our master chef instructors. (Sticky Fingers Cooking is 100% nut free. We CAN and WILL accommodate ANY and ALL food allergies)

TUESDAY

4/17 - 5/29 | Time: 3:35 - 4:35 pm

7 Classes

AMAZING ART

Registration # 351610-07

K-5 Grade | Fee: \$147

Amazing Art combines all your favorite art projects and mixed media in this unique class. Kids will make Tie Dye shirts (art smocks for the session), experience pottery painting, create fired ceramic arts, paint a canvas acrylic painting, do recycled arts projects and more. Lessons will include concepts and techniques kids can use for a lifetime and the experience of creating awesome projects will result in great self-esteem and a sense of accomplishment. All new lessons for every session.

TRIPLE PLAY

Registration # 351610-08

K-3 Grade | Fee: \$107

This class features three sports: football, soccer and dodgeball. Participants develop skills associated with each sport and have opportunities to use these skills in game situations. Emphasis is placed on skill development, teamwork and sportsmanship.

CARTOONING AND MORE

Registration # 351610-09

K-5 Grade | Fee: \$120

Have you always wanted to learn how to draw your favorite animated characters? We will draw two–three characters each class following step-by-step instructions while mastering drawing fundamentals as they apply to both animation and realistic figure drawing. Students will explore different drawing styles and media including pencil, colored pencil, watercolor pencil, charcoal and pastel. New projects will be done each session!

PETITE POMS

Registration # 351610-11

K-3 Grade | Fee: \$132

Experience a fantastic class with the teachers from Soul 2 Sole dance. Poms is an energetic form of dance. Learn the basic aspects of pom performance while building confidence.

TINKRWORKS DROID

Registration # 351610-12

4-5 Grade | Fee: \$289

May the force be with you TinkRer! Join us on a journey far far away to build a one-of-a-kind Star Wars themed robot droid! In this camp, Discover the difference between autonomous robots and other machines, and also the similarities between robots and humans!

WEDNESDAY

4/18 - 5/30 | 2:35 - 3:35 pm

7 Classes

FIT 4 KIDS

Registration # 351610-13

K-3 Grade | Fee: \$137

Fit 4 Kids™: The original kid's fitness program. We get kids moving and show them that fitness can be fun!!! Forget push-ups and sit-ups, we play fun games like noodle tag, mousetrap, gladiator and much more.

Fun sports like dodge ball and kickball. Balls, hula hoops, jump ropes, parachutes and more will help guide us through our activities. The hour-long program will not only give kids a great workout, but will also let them have fun while learning new skills at the same time.

GUITAR

Registration # 351610-14

K-5 Grade | Fee: \$107

Welcome back to another great session of guitar with Sasha Brusin. Learn new, popular songs in this fun and instructional class that stresses fun and teaching the fundamentals of guitar. Students must bring their own guitar.

GIRLS HIP HOP

Registration # 351610-15

K-2 Grade | Fee: \$132

Experience a fantastic class with the teachers at Soul 2 Sole dance. Hip hop is a fun and athletic form of exercise and dance. Learn techniques such as body isolations, pop-lock movement and how to execute style and attitude. No boys allowed!

PHYSICAL COMPUTING WITH MICROBITS

Registration # 351610-16

3-5 Grade | Fee: \$178

The BBC microbit is a pocket-sized computer that you can code, customise and control to bring your digital ideas, games and apps to life. The microbit is a powerful mini-computer! Students will see their code come to life in a physical and tactile environment. They will create emoticon displays, games, messages, light and music. Kids will take home a Microbit kit at the end of class.

GYMNASTICS

Registration # 351610-17

K-3 Grade | Fee: \$127

Come join the flipfest! We will begin with a fun warm up, incorporating strength, flexibility and cardio. Each week a new tumbling skill will be introduced, and old ones reviewed. Next, jump head over heels into our obstacle course where gymnasts will practice cartwheels, rolls, handstands, backbends, etc. Our skill stations will focus on tumbling work, and will appeal to both the beginning and more seasoned gymnast. We will round out the fun each week with a cool down and a fun game. All levels welcome!

THURSDAY

4/19 - 5/31 | Time: 3:35 - 4:35 pm

7 Classes

KARATE

Registration # 351610-19

K-5 Grade | Fee: \$127

Build coordination, agility, strength and poise; release tension and get in touch with your body. Karate helps foster a strong, positive self-image. The mental aspect builds confidence, control and discipline while developing muscle tone, cardiovascular fitness and skills. Advanced students improve techniques and learn valuable self-defense skills.

HOMEWORK CLUB

Registration # 351610-21

2-5 Grade | Fee: \$120

Get a jump on homework before you get home! Mrs. Keidan will give you support on homework, and help develop study skills for tests. Students will have the opportunity to use math manipulatives, access XtraMath or Pearson Success Net, as well as one on one support. Students will receive individualized attention and receive help with their homework and specific skills based on their grade level in school.

STICKY FINGERS COOKING

Registration # 351610-22

K-5 Grade | Fee: \$188

Let your child release their inner chef as they prepare and eat healthy global inspired recipes! Our Chefs reinforce kitchen skills associated with our weekly recipes and each area of cooking terminology, foods and fun nutrition facts. Full recipes will be created each class with our master chef instructors.

LACROSSE

Registration # 351610-23

1-4 Grade | Fee: \$127

Lacrosse is the fastest growing sport in the world. New players will be taught basic rules and skills of the game, such as cradling, passing, catching, shooting, and ground balls. Taught by coaches who love and have played the sport for years!

CERAMICS

Registration # 351610-18

1-5 Grade | Fee: \$129

Learn basic techniques of hand-building. Create decorative items while learning different techniques of glazing, decorative and using surface treatments. Small classes allow for individual attention. Work on your own projects at your own pace.

BOXING

Registration # 351610-20

2-5 Grade | Fee: \$107

Marco Aceituno has over 20 years of experience as a leading athlete and coach. These experiences span from the Olympics 1996, Pan American Games 1995 and 1999 and the World Cup Boxing Tournament 1998. By participating in boxing training students will learn valuable boxing combinations, foot and hand speed, coordination, strength and balance. Boxing helps strengthen your body and mind, building strong character, discipline, confidence, respect and self-defense skills. There will be no Sparring.

PEGASUS FC SOCCER CLINIC

Registration # 351610-24

K-3 Grade | Fee: \$127

The Pegasus FC Soccer Clinic is a fun, energetic soccer program run by professional coaches from the Pegasus FC Soccer. Our age appropriate curriculum will allow all players to have fun developing their soccer skills. The fundamental techniques of dribbling, passing, shooting and defending will be taught during skill based activities and small sided scrimmages.

FRIDAY

4/20 - 6/1 | Time: 3:35 - 4:35 pm

7 Classes

YOGA

Registration # 351610-25

K-5 Grade | Fee: \$127

Come to Yoga to relax your bodies and brains after school with Movement Junkies! We will be learning beginning yoga practices, breathing techniques, and many poses that you can bring home with you to share! You may bring your own yoga mat or we can provide one.

CHESS

Registration # 351610-26

K-5 Grade | Fee: \$109

Chess Scholars is designed for both beginners and experienced young players. All participants will learn cool new strategies at the appropriate level from a renowned Chess Scholars coach. Each class will consist of a fun interactive teaching period and guided practice time.

SCIENCE MADE FUN

Registration # 351610-27

K-5 Grade | Fee: \$157

Science Made Fun: Everything you ever wanted to try and learn about Science! From Biology, Chemistry & Physics. Fun hands-on activities that include making insect habitats, flying air planes, erupting volcanoes, chemical reactions and More... Each week is a new topic and includes take home experiments/ activities.

GO FOR IT GIRLS! MULTI-SPORTS

Registration # 351610-28

K-4 Grade | Fee: \$107

This multi-sports program allows girls to try new sports and achieve goals in an environment tailored just for them. Young girls derive many benefits from participating in sports, such as confidence, higher self-esteem, and a positive body image. Participants are taught fundamentals as well as basic skill development in a variety of sports. Games and scrimmages encourage team play and interaction in a safe and active setting encouraging physical fitness and teamwork. Sports played include soccer, kickball, softball, floor hockey, basketball, football and more.

LIL DRIBBLER BASKETBALL

Registration # 351610-29

K-3 Grade | Fee: \$107

Children are introduced to the game of basketball in a safe, fun and exciting environment. Our curriculum uses age appropriate activities and games specifically designed to increase balance, body awareness, motor skills and hand eye coordination. All equipment provided by the staff of Hot Shot Sports!

Registration Information

www.deerfieldparks.org

Online Registration

You may register online for most activities. Web registration is quick and convenient. You can view real time availability and save time!

First time registering online?

Please follow the "Register Online" links at deerfieldparks.org to get started.

Who is eligible?

Any household with a valid email address is eligible to register online. For Deerfield Park District residents to receive resident rates, proof of residence (see information at right) is required.

What programs are available?

The majority of park district programs are available online, with a few exceptions. These are usually programs that require tryouts, prerequisites, or prior instructor approval.

Will I know right away if I get in?

Yes. Online registration works in real time, so, as soon as you complete the payment process and get a confirmation email your enrollment is confirmed. If a class is full, you may join the wait list online.

Program Cancellation

Please register early! At some point, we have to determine if enrollment is sufficient to hold a class. If enough participants are not registered, classes may be canceled. Those waiting until the last minute or for the first day of class may find it's too late.

Registration Forms

Additional registration forms can be downloaded online at www.deerfieldparks.org. Forms are also available at any of our facilities.

Waiting Lists

If you select a class and it's full, you will be put on a waiting list. We will notify you of all class placements, cancellations, and/or changes.

Financial Assistance

Residents experiencing difficulty paying program fees should contact the Park District.

Services for Residents with Disabilities

Deerfield Park District is a partner with Northern Suburban Special Recreation Association (NSSRA). Formed in 1970, NSSRA is an extension of ten park districts, two cities and one village in the northern suburbs of Chicago and provides and facilitates year-round recreation programs and services for children, teens and adults with disabilities. NSSRA offers recreation, sport, cultural, social, and leisure programs and events available throughout the year, creating new experiences, opportunities for skill development, leisure time, and perhaps most importantly, friendship. NSSRA has been creating an environment of belonging through play since 1970, and has the distinction of being the first Special Recreation Association in the country.

We believe that everyone should have the chance to try something new. This means you have the opportunity to participate in any one of NSSRA's nearly 600 annual programs, or that you have the opportunity to participate in one of the Deerfield Park District programs with the assistance of an NSSRA Inclusion companion.

Inclusion Services

Deerfield Park District program Inclusion services are available to residents with special needs at no additional cost to the family. Inclusion services may include, when necessary, staff training, program modifications/adaptations, modified equipment and program observations.

Reasons to Request Inclusion Services

- » A parent or family member recognizes that a participant would benefit from additional support in a Deerfield Park District program.
- » Deerfield Park District staff identifies a need for additional support, for safety and programmatic reasons, and communicates this need to the family.

Requesting Inclusion Services

- » When registering for a Deerfield Park District program for the first time:
- » Mark the accommodation Section of the registration form to indicate that the participant will require assistance from NSSRA.
- » Once your registration form is submitted, the Deerfield Park District will contact you to discuss the type of Inclusion support needed for the participant.
- » The Deerfield Park District will provide NSSRA with an Inclusion request that contains both program and participant information.
- » You will be contacted by NSSRA to discuss the needs of the participant and get input on the type of support required.
- » NSSRA will work with the Deerfield Park District to put the necessary Inclusion accommodations in place for participation in the desired program(s).

Communication between you, NSSRA, and Deerfield Park District staff continues throughout the Inclusion process.

For more information regarding Deerfield Park District Inclusion services contact:

Linda Anderson, Director of Recreation
Deerfield Park District

847-572-2615 • lindaa@deerfieldparks.org

Meggan Davies, Recreation Manager for Inclusion
NSSRA 847-509-9400 x6828 • mdavies@nssra.org

For more information about Northern Suburban Special Recreation Association (NSSRA) go to www.nssra.org/.

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Refunds for Recreation Programs

A recreation program is defined as a program in which park district personnel teach activities or skills over a period of two or more class meetings. Sports leagues, camps, preschool, After School Club, trips, special events, season passes and one-day classes and workshops are considered special refund categories.

- » A refund may be obtained two (2) business days prior to the first day of class/program. A 10 percent service charge (\$5 minimum; \$10 maximum) will be deducted from the amount paid for the program(s).
- » Once a program or class begins, and prior to it ending, you may request a prorated refund based on the number of classes attended and the date the refund request is received. A 10 percent service charge (\$5 minimum; \$10 maximum) will be assessed.
- » If a class is rescheduled, relocated, or changed by the park district, a total refund will be made if requested by the participant.
- » Refunds will be offered if a class is canceled or closed by the park district.
- » If a participant is dropped from a program at the request and discretion of the district staff, a refund will be made, less prorated cost of classes held.
- » In lieu of a refund, participants may transfer money to other currently offered activities. The amount to be transferred (refunded) will be prorated based on the number of classes that have already been held.
- » All requests for refunds and/or transfers must be in writing and turned in to the Registration Office.

Program/Participant Conduct

The Deerfield Park District reserves the right to suspend, expel or deny participation in any program or facility to any person whose behavior materially interferes or disrupts the quality of those offerings, the enjoyment of them by other participants or the ability of staff to conduct or manage the activities or facilities.

A child's parent or guardian will be notified of the first incident; the second incident shall require the presence of a parent at a meeting with the instructor and a Park District administrator/supervisor; a third incident may result in the expulsion or suspension of the

child from the program, event or facility.

If a child engages in behavior(s) which may result in bodily harm to others, an immediate meeting with the parent may be called. If such behavior warrants it, immediate suspension or expulsion may result. Temporary suspension from participation due to misconduct will not entitle participant to a refund.

An adult shall receive one verbal or written warning. The second incident may result in suspension from the program, event or facility. If an adult physically strikes a person or object or throws an object at another person, or takes any other action that may pose a real threat of bodily harm to others, or is verbally abusive to others, s/he may immediately be suspended or expelled from the program or facility.

Insurance

Deerfield Park District cannot assume responsibility for injuries or accidents occurring at programs, activities, parks and facilities within our jurisdiction. To do so would make our program and user fees prohibitive. Certain activities, facilities and equipment may, when used improperly, cause harm or personal injury. We make every effort to notify you of potentially dangerous situations and to provide rules for the proper use of equipment and facilities. You can avoid injury by following the rules, using good sense and being considerate of both Park District property and others using it.

Infectious Diseases, Food Allergies, Medication, Illness

Infectious Diseases: To prevent the spread of communicable diseases, such as strep, pink eye and fifth's disease, parents should report any diagnosed cases to the Park District office. If exposure to other participants occurred, a notification is sent home.

Food Allergies: Many of our preschool, as well as cooking and other classes, will serve food; therefore, it is imperative that you notify the full-time Recreation Supervisor of any food allergies or dietary restrictions your child may have.

Medication: If your child requires medication (inhaler, epi-pen, etc.) during class, medication administration forms must be completed. Please call our registration office (847-945-0650) for details.

Illness: Please do not attend class nor send children who are ill to class.

Photo Permission

Our staff or designees often take pictures or video at programs and events for: brochures and other marketing materials; website; and other print, electronic and online publicity. Most people are delighted to see pictures of themselves or their family members in our publicity. Photographers from print or other media outlets may also take pictures or video on occasion. We welcome the coverage and hope you do too; it is frequently how the public learns what is happening at the Park District. We cannot guarantee that a photo taken will be used or not be used, nor promise that it will only be used in certain circumstances. If you prefer your family members' pictures not be taken, please notify us in writing. NOTE: If you do see a photo posted to our website, Facebook page, or other Park District site of you or your family member that you would like removed, just request the photo to be taken down by commenting on the picture or by emailing Sherry@deerfieldparks.org. For questions or more information, you may also call our Communications Manager at 847-945-0650.